

# Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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## Town petitions for another bridge replacement

With the never ending Flat Run Bridge replacement project at an apparent standstill - with its completion date being pushed back on multiple occasions, and now slated for the end of this year, Emmitsburg town officials have decided to petition the Maryland State Highway Administration (SHA) to replace a second bridge in town.

The bridge in question is the North Seton Avenue Bridge, located on the North Seton Avenue. According to Town Manager Cathy Willets, Mayor Don Briggs and the town's previous manager had discussions with the SHA regarding the safety and design of this bridge. Understanding that it may take four to five years before this project may even into fruition, town staff felt it was time to take the next course of action in hopes of garnering the attention of the SHA to come out and take a look at the bridge.

Commissioners were shown pictures of the North Seton Bridge as Willets described several safety concerns. There is a large crack on the north side of the bridge as

well as several parts that are starting to fall apart. An overgrowth in vegetation on either side of the bridge is also causing many issues, especially in the way in which the water flows.

According to SHA staff, the North Seton Bridge was built in 1927, has never had any significant repairs, and is in "fair" condition. The 92-year-old bridge has gradually fallen into disrepair in the last several years. Most importantly, the bridge can no longer handle the flow of storm water from the local streams. Town staff report their main concerns pointing to the bridge's frequent flooding during periods of heavy rains, which entrap the residents of the Northgate Development.

"Everything falls on the state... which is why this first letter is imperative to get your voice heard that we need this to be taken seriously," commented Willets to the Board of Commissioners. Commissioner Cliff Sweeney noted his approval of the letter but noted that since it may take several years for this project to begin, town may consider asking the state to



The apparent abandonment of work on the main street bridge has raised the ire of many residents.

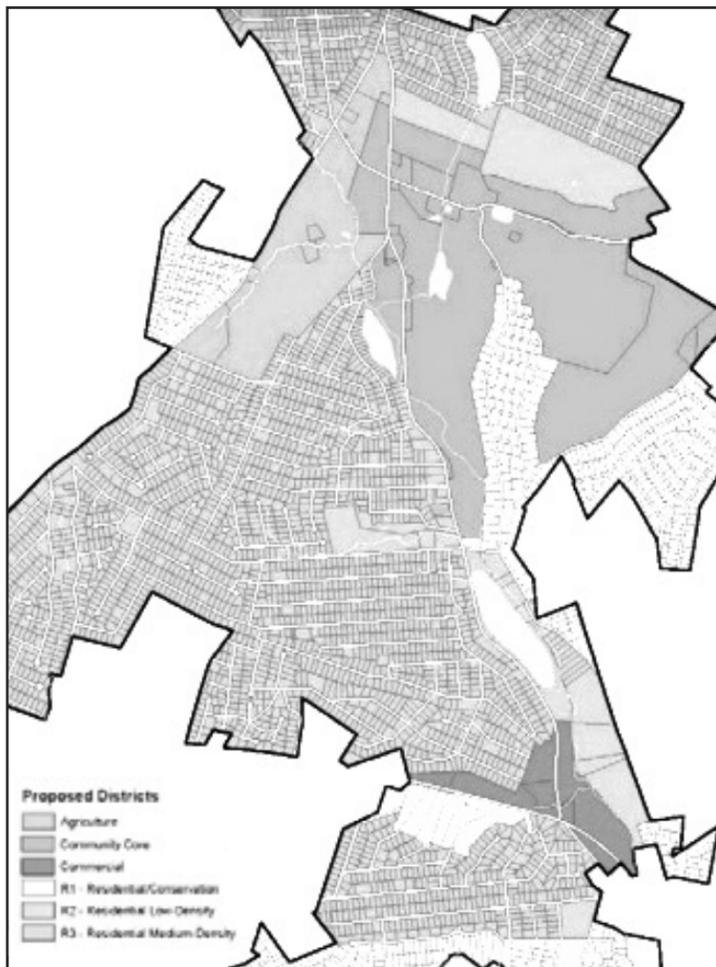
maintain some of the overgrown vegetation in the meantime. Letters of consideration were sent to several members of the state government, including local representatives as well as members of SHA

In regards to the Flat Run Bridge project, as mentioned last month, completion of the project has been delayed until December. Residents have expressed frustration with the project's delay. Willets read an email from the SHA during the September 3 town meeting stating that the contractor had requested some plan revisions regarding sed-

iment control, and the SHA was in the process of evaluating the request. The SHA stated in the email that they were "trying to keep the contractor on schedule."

A representative from the SHA will be in attendance at the October 7 town meeting to provide a detailed update on the bridge project. All residents are encouraged to attend. While staring at the bridge one resident quipped: "It's taking them longer to finish this stupid bridge then it took to build the Hoover Dam, and now they want to replace another?"

## Proposed Borough zoning changes unveiled



Carroll Valley held an open house on September 18 in which the new zoning map and changes were presented to the public. One new proposed change includes the addition of the Community Core District, which will function as a multi-use district. For a full zoning map, contact the Borough office.

On September 18th, Carroll Valley's Planning Commission held an open house at the borough building to discuss the newly proposed zoning plan for Carroll Valley. The revisions to the zoning ordinance have been years in the making, with hard work set forth by the Planning Commission members. Residents of the borough and property owners were invited to attend the open house in order to learn more about the proposed zoning changes as well as ask zoning related questions.

The borough's current zoning ordinance was adopted back in 1976, meaning it has been nearly 43 years since any changes were made to the existing ordinance. The Planning Commission hopes that the newly proposed zoning ordinance will be more user friendly while meeting both the current and future needs of the borough and its residents.

The overarching goal of these revisions is to accomplish four key objectives. The new changes hope to: protect individual property owners from harmful or undesirable uses of adjacent properties; correct inconsistencies throughout the code from previous revisions; assist economic growth by helping to reserve adequate and desirable sites for commercial uses; and provide an orderly and systematic transition in land use that benefits all property owners throughout the borough.

There are three main changes proposed in the revised zoning ordinance. Firstly, the new ordinance utilizes three types of Residential Zoning Districts, which reflect the different types of neighborhood characteristics that have developed over the past 43 years. Within the current zoning ordinance these three residential areas

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# EMMITSBURG NEWS

## Backflow preventers raises ire

After the approval of mandated backflow preventers in both residences and businesses in Emmitsburg, residents have shown frustration with the town's decision and regulations regarding these devices.

The state mandated backflow preventer device was approved by the Board back in April, requiring all properties in town to install this device within five years of the ordinance enactment. A permit is required for installation and the device has to be tested and approved by a certified plumber. The permit must be renewed by residents every ten years, commercial businesses every two years. In July, Commissioners voted to approve contractors for the installation of these devices in residences and businesses.

"On behalf of the community I am one of the many people who watch the meetings online and I represent them this evening.... I'm frustrated with the backflow preventer," stated Ebaugh. Ebaugh currently works as the Facilities Manager at St. Joseph's Catholic Church in town and is also a long time resident of Emmitsburg.

Ebaugh recently used one of the approved/contracted plumbers to evaluate St. Joseph's Church and rectory. Throughout this interaction Ebaugh commented that he "got a run around from the town. The way this is set up is not right, and there is too much mixed information going on. Even the plumber said he didn't know why the town was doing this."

According to Ebaugh the plumber who he worked with at St. Joseph's

Church stated that residential backflow preventers can't be tested, and after reaching out to the county, Frederick County said they don't test them either. "Most plumbers recommend throwing them away every 2-3 years," added Ebaugh. As feared by many residents and some Commissioners, this mandate has the potential to run a lot of money for the residents of Emmitsburg, money that many don't have.

He continued to voice his frustration noting that residents were only given part of the information, but it's a "goose chase" trying to get any more information or clarity on what was mandated.

Ebaugh mentioned that it would be helpful to see a copy of the state mandate and explained that every citizen in town should have a copy of that mandate too.

## Glass etching installation underway

Installation of a large 3-panel glass etching, featuring a 1920's-era fire engine departing the old Independent Hose Company (IHC) fire station in Frederick, got started during mid-August at the Frederick County Fire/Rescue Museum on South Seton Avenue. Measuring over 15 feet across and nearly 9 feet tall, the impressive display is to be dedicated on Friday evening, October 4th during National Fallen Firefighters Memorial Weekend.

The etching had originally arrived here in March 2018 by way of the Emmitsburg Glass Company (EGC). The day prior, they had removed it

while in the process of installing new window panels at the historic original IHC engine house formerly located at 12 West Church Street in Frederick.

Created by well-known designer William N. Cochran of Frederick in 1988, the etching is made-up of 3 panels weighing a total of 1,500 pounds (the largest of the panels is 900 lbs.). Cochran is responsible for Carroll Creek bridge murals in downtown Frederick among many other art projects. The new owners of the West Church Street building donated the large etching to the Museum working in concert with members of the IHC

and the Museum.

Emmitsburg Mayor Don Briggs, a strong supporter of this opportunity as well as the Museum, too, had earlier stated, "having a piece of artwork done by Mr. Cochran will be a wonderful addition to the Town." The overall transfer included coordination with the new owner of the W. Church St. building, the Emmitsburg Glass Company, IHC Member Dewey Foreman, etching designer William Cochran, the Town of Emmitsburg and several Museum personnel.

The current installation is being overseen by John Wantz of S&W



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## Emmitsburg area news-briefs...

### 2019 - best year yet for community pool

Town staff presented the Board of Commissioners with the stats for this summer's turnout at the community pool. Attendance was up from last year's pool season as the town saw an increase of people from out of town utilizing the pool. Residents from Fairfield, Gettysburg, Taneytown and even Frederick travelled to Emmitsburg to use the new pool.

In 2018, 8,404 people attended the pool over 86 days. This year, 9,911 people attended over the span of 88 days. Funds increased from \$21,000 in 2018 to \$28,000 this year. This was also the first year that the pool's

concession stand was open. Commissioner Cliff Sweeney, who ran the stand for a majority of this season, explained that the concession stand was open for a total of 35 days for three to four hour periods. The stand made approximately \$2,700 this year; approximately \$75 per day. All the money generated will go toward the town's Community Heritage Day. Sweeney noted that the Lion's Club is seeking volunteers to run the concession stand next year.

### Firewood access policy accepted

A firewood access policy that will allow residents in the 21727 area

code to obtain firewood from the town's watershed area was approved unanimously by town officials during the September 3 town meeting.

The area in which residents may acquire downed trees and plant material borders Hampton Valley Road. Only downed trees and plant material may be harvested, no live trees may be cut down. All interested residents must obtain a permit, at no cost, from the town office, and only one permit will be granted for every household. Every member granted a permit must carry a copy of the permit on his or her person while collecting fire-

wood and must display a copy on the dashboard of their vehicle.

Collection dates will be from June 1 - August 31, and permits must be renewed each year. Anyone who chooses to utilize this policy must remove materials by hand or with a non-motorized cart or wheelbarrow.

No off road equipment or vehicles will be permitted.

The enactment of this policy is two-fold: it keeps the forest healthy but will also allow residents in town who heat their homes exclusively with wood to have access to firewood at no cost. The policy will be re-evaluated in one year.

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# FAIRFIELD/CARROLL VALLEY NEWS

## Gettysburg Rec Park welcomes new playground

A brand new, fully funded playground will be coming very soon to Gettysburg's Rec Park located at 545 Long Lane.

Earlier this year grant funds were secured for the construction of a new playground, which will be, located right next to the American Legion Pavilion. There was an older playground in that spot which members of the Gettysburg Area Recreation Authority (GARA) removed in the middle of September. The new equipment will include two new slides, monkey bars, ladders and other climbing structures.

The total monetary cost of the entirety of this project was \$25,000 with an additional \$10,000 in the form of in-kind services performed by GARA,

Cumberland Township, and the Borough of Gettysburg. The project is fully funded through the Pennsylvania Department of Conservation and Natural Resources, Borough of Recreation and Conservation, which is funded by the National Park Service Land and Water Conservation Fund Act.

In order to be eligible for the grant funds, and as required in the application process, the Borough of Gettysburg had to submit their deed for the Rec Park. The Rec Park, as discussed by one Borough Council member, is comprised of two deeds: a 1958 deed and a 1986 deed (which included the latest land addition to the Rec Park). Both deeds provided proof that the Rec Park is being used for recreation and play-

ground use only. For ease of this submission Borough staff and Council decided to consolidate both deeds into one.

GARA is asking for approximately 50 volunteers from the Gettysburg area community to help install the new equipment. Installation of the new playground will occur on Thursday, October 3, between 8 a.m. and 2:30 p.m. This group of volunteers will be joined by members of the Pennsylvania Municipal League. Installation of the playground will happen rain or shine. All volunteers are asked to please come dressed for the weather in clothes you don't mind getting dirty or a bit of paint/stain on. Closed-toe shoes are required for this project for safety reasons; sneakers or



Gettysburg Area Recreation Authority welcomes a brand new playground, fully funded through grant resources. Volunteers are asked to stop out to the Rec Park to help install the new playground equipment on October 3. All volunteers are welcome.

work boots are advisable. Breakfast, lunch and plenty of water will be provided by GARA. Gloves and other safety materials will be available for the projects that need them.

A ribbon cutting ceremony will follow the installation of the equipment on October 3. The playground will be open to members of the public following the ribbon cutting ceremony.

## Borough revitalizes Junior Council Member program

Carroll Valley's Borough Council voted during their September 10 meeting to reinstate the Borough's Junior Council Member Program.

Wesleyville Borough, located in Erie County, Pennsylvania was the first municipality to establish the Junior Council Member back in 1999. The program was originally created to provide youth in the community with an opportunity to engage in borough government while developing leadership skills. It also allows borough officials to serve as mentors to students who will be future leaders in their communities. Junior Council members are given the opportunity to learn critical skills

including team building and collaboration, public speaking, public engagement, budgeting, and running effective meetings. It also gives students the opportunity to deliberate on issues that are affecting his/her community and engage with current officials on these matters.

Carroll Valley first approved a resolution to establish this program back in 2002. According to Borough Manager Dave Hazlett, it has been more than fifteen years since the Council had a Junior member. Hazlett also mentioned via email correspondence, "There is no particular reason the Borough hasn't been utilizing the program;" it has been

many years since it was even discussed. "However," replied Hazlett, "I suspect that the Borough found a lack of interest among students." Borough staff, Mayor Ron Harris and current members of the Borough Council are hopeful that they will be able to find interested and engaged young leaders who would be willing to share their time and knowledge with the Carroll Valley community.

With the approval from Council members, Hazlett will work with the Fairfield Area School District to find qualified and interested high school students to participate in this program. A list of eligible individuals will be

compiled and will be brought back to Council for discussion and interviews may follow before appointing a member(s). Students must be residents of the Borough of Carroll Valley and they may be appointed to a one to two-year term to coincide with the school year.

Students would have the opportunity to be seated amongst present Council members and participate in discussions as well as give their feedback on topics discussed during the course of the meeting. Junior members will be expected to attend monthly Borough Council meetings,

budget sessions and any other "special" meetings. Junior members would not, however, be allowed to vote or participate in executive sessions.

Council discussed appointing someone as early as January 2020 or next September, at the beginning of the 2020 school year. Council is currently accepting applications from juniors or seniors at the high school level for this position. Any interested students are encouraged to reach out to Carroll Valley Borough staff and/or fill out an application online at [www.carrollvalley.org/](http://www.carrollvalley.org/).

### Proposed Zoning Changes Continued from page 1

all fall within the same zoning district, but will now be separated into three separate entities. These separate districts will be: R1 Residential/Conservation, R2 Residential Low Density, and R3 Residential Medium Density.

The second proposed change would allow for the simplification of the Commercial District that is located near the Rt. 116/Rt. 16 intersection. As it currently stands, there are two different types of commercial districts in this area with different sets of rules for each. A simplification of rules and the division within the Commercial District will be revised.

Lastly, the new ordinance includes the creation of a Community Core District located at the Rt. 116/Sanders Road intersection. The Community Core District will be classified as a multi-use district and is intended to provide an area that would permit uses that

may complement the nearby existing commercial-recreational uses through several ways. It is the hope that this new district will provide a mixture of neighborhood serving non-residential functions clustered closely together as well as provide a zoning district with higher density residential options to ensure that development occurring within this particular zoning district is of a scale and design that enables a variety of transportation modes to be used. Additionally, this new district hopes to promote the development of an internal street system that focuses on local travel and connectivity between developed sites rather than accommodating higher velocity thru traffic while encouraging property design that focuses on building design, placement and pedestrian scale. Planning Commission members also hope that this new district will help encourage a consistent architectural approach that is both reflective of and enhances the existing Carroll Valley community.

Each zoning district will have new individualized site requirements, such as building setbacks, impervious area maximums, and lot size, all based upon the character of the neighborhood. Permitted uses within each district, although similar to the existing ordinance, have been modified to reflect the character of each neighborhood/zoning district.

Residents of the borough should not expect to see any changes to their property's tax assessment if the zoning changes are accepted. As described, the tax assessment is based upon the use of the property as opposed to the zoning district in which it is located. Additionally, if the property's use is already established before the zoning changes are made, and the use is allowed under the old/current zoning, it will be grandfathered in and will be permitted to continue.

The newly revised zoning ordinance must come before Borough Council for approval. Further news regarding this topic will follow in future editions.

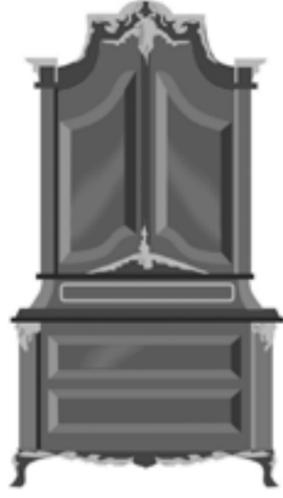
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## THURMONT NEWS

# Five candidates vie for two Commissioner seats

Thurmont's election is coming up fast as two seats for Commissioner are open for election this fall. Compared to other local elections, Thurmont's election runs a bit differently. The Thurmont election process begins with a nominating convention, which was held on September 24 at 7 p.m.. The room was full of residents from town wishing to nominate candidates for the upcoming election.

A total of five candidates were nominated this year, all vying for two Commissioner seats currently held by Commissioners Bill Buehrer and Wes Hamrick. Bill Buehrer and Wes Hamrick were nominated for re-election this year and newcomers Elliot Jones,

Sabrina Massett and Kenneth W. Oland were also nominated. To be eligible for Commissioner, a candidate must be a registered voter in Thurmont, and must have lived in the town for at least one year. Thurmont Commissioners serve four-year terms, meet every Tuesday, and are paid \$5,500 per year.

All five nominated candidates were given the chance to speak during the nomination convention. Current Commissioner, Wes Hamrick will be running for his third term as Commissioner. "It has been six years that I have been a Commissioner... It would be my thrill and honor to continue serving this town for another four years. I thank you for the support you have given me thus far. Thur-

mont is a great town," stated Hamrick. Commissioner Bill Buehrer is also running for his third term as Commissioner, having served Thurmont for eight years. Buehrer remarked, "I have been honored to serve this town for eight years [and] we do live in the number one municipality of Frederick County. I look forward to serving you [the community] again. I would appreciate you considering a vote on my behalf."

Newcomer Sabrina Massett said in short, "We have a great town here. I look forward to working with Vickie Grinder and the Main Street Center. People come here for a reason - we have something unique here - our small town identity. I have a 30-year career

with human services in Washington County, and it has taught me how to ask questions, and how to listen for the answer, the concerns, solutions and the vision. I look forward to the next five weeks of this campaign. It is an honor to be considered for this."

Kenny Oland remarked, "I started my public service career at the young age of 21 and like Sabrina Massett I have been in public service almost my entire adult life. I look forward to the entire campaign period over the next few weeks, and I look forward to your support."

The final newcomer, Elliot Jones, is the youngest candidate vying for the position. "I moved to Thurmont three years ago...

and have not questioned my decision to move here once. The town cares about its community, cares about its history and its natural splendor. I bring forth a different perspective of life and I have some new ideas that may take us in a different direction. It's time to see some new faces in these seats."

Approved candidates face election on October 29 at the Guardian Hose Activities building. Polls will be open from 7 a.m. - 8 p.m. the last day to register to vote is October 1, and absentee ballot applications will be available starting on October 4. The Thurmont's Lions Club will be hosting a candidate's forum for a date yet to be announced in October.

## Town addresses invasives in municipal code

During the September 17 town meeting, Thurmont's Board of Commissioners unanimously voted to approve amendments to the town's Municipal Code addressing the issue of invasive plant species throughout town.

Lt. Allen Droneberg from the Thurmont Police Department brought this topic to the Commissioners because, as noted, the department has been having the same issues continuously popping up with the property maintenance code. More specifically, the changes will help address invasive species of grass such as bamboo. The town's Attorney

added some modifications to Chapter 84 - Property Maintenance, of the Municipal Code. Changes include added definitions and lists of invasive species of plants.

As defined within the code, an invasive plant is a species of plant that has become a weed pest, a plant that grows aggressively, spreads and displaces other plants. Invasive plants shall include all plants classified as Tier 1 or Tier 2 invasive plants by the Maryland Department of Agriculture including, but not limited to, bamboo. A list of invasive species categorized into these two tiers can

be found online, within the newly revised Chapter 84.

The Property Maintenance section now also states that residents shall not plant, cultivate or permit any invasive plant, shrub/bush on any property or have it encroach onto any adjoining properties within the corporate limits of the town of Thurmont. It will also be a violation of the amended code to blow cut grass, weeds, tree limbs and/or leaves into the street, sidewalk or gutter of any town street. Sidewalks and tree limbs were added as violations.

In other code and zoning related news, Thurmont is looking to make

minor amendments to the town's Zoning Ordinance, addressing corner lots within town limits. In 2019 the town updated its Zoning Ordinance, expanding on definitions for lot lines. At the time of adoption the town, without realizing it, had created an issue for corner lots. The revisions defined corner lots as consisting of two front yards that lie along public streets, while the lines that opposed the front lot lines were considered rear lot lines. This opened up the possibility for homeowners to have sheds place within the setbacks of the property.

The town's Zoning & Utility Inspector, Kelly Duty, asked Commissioners to consider amending the definitions of corner lots, restoring them to the way they were written prior to 2019. The amendment will change the definition of a corner lot to having two front yards and two side yards. This will address proper setbacks within these types of properties but could potentially pose an issue for fencing yards, as corner lots will no longer be defined as having rear yards.

No vote was taken on these proposed amendments during the meeting. Further discussion on this topic will continue at the next meeting held on October 1.

## Thurmont news-briefs . . .

### CYA proposes new press box for Eyer Field

Jerry Ferson, Vice President of CYA Catocin Youth Football and Cheerleading, brought forth a proposal for a new press box and storage area to the Thurmont Board of Commissioners during the September 17 town meeting. The new press box would be placed at Eyer Road Park along with shipping containers to be used as storage for the lacrosse and football teams.

As discussed, there are currently four buildings located at Eyer Park that have been there for many years and are in bad shape. The current announcer booth is an old garden

shed, and Ferson mentioned that it has severe termite issues with holes in the ceiling. The plan, if approved, would include the removal of the current announcers' booth, snack shack and ticket booth. Two shipping containers would be installed underneath the new press box, which would be raised up on stilts. Electricity currently runs out to the announcer's booth, so it is already available and in place.

Although the CYA is ready to pay for the new press box, Ferson asked if the town would consider helping with securing grant funds for this project. Project Open Space grants may be available but the application pro-

cess begins in May. Approximate budget for this project is projected to be \$10,000, with approximately \$3,000 in lumber and with the donation of the shipping containers.

Commissioners asked Ferson to consider looking into making this a larger project with a press box that would be two stories, allowing for the snack shack, elevated press box and storage all in one building. Ferson noted that he looked into constructing a larger building but it would cost upwards of \$30,000 and the CYA does not have that kind of money budgeted. Commissioners and Mayor John Kinnaird asked Ferson to

scope the project for both the larger end and the smaller end and see what grant funding may bring. This project, if grant funding is received, may not occur until next fall.

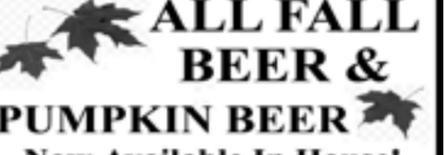
### Officials discuss impact fees deferral program

Commissioners stewed over a program that could potentially help new construction in town. Currently, builders must pay their impact fees upfront before they even begin to break ground on a project. Impact fees include: water service connection fees, sewer connection fees, water and sewer impact fees, roads and parks impact fees. Mayor Kinnaird asked Commissioners to consider delaying the col-

lection of these impact fees that total approximately \$7,000 per unit.

As discussed, this could serve as an incentive for builders looking to build in Thurmont. Commissioners and residents in attendance seemed split on this topic, noting this should not be used for larger companies looking to build. One resident, recommended the town consider making this an incentive for small business or small growth only. Another resident stated that he doesn't believe builders are struggling to put forth the money for these impact fees up front.

No decision was made in regards to this topic, but it will be discussed at future meetings.

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## 100 YEARS AGO THIS MONTH

## October 1919

## October 3

**Romance Blasted**

A wedding romance of a trifle over three months has been blasted following the application of Mrs. Mary Horner in Frederick court for the divorce from her husband Dr. Arnold Horner, a prominent druggist of Emmitsburg. The couple was married after a brief courtship and lived together until September eleventh.

Mrs. Horner states in her filing that on one occasion her husband choked her, and on another threatened her with bodily harm. She declares that he has, conservatively estimated, an income of \$3,000 a year and that she is without support. She asked counsel fees and funds to defray the expense of divorce proceedings. In reply, Dr. Horner denies the ill treatment charge and says that Mrs. Horner left him and returned to her home in Germantown, despite his pleadings. He makes counter charges of various conduct, on her part, but does not specify them. He asks a reduction in counsel fees, charging his income has been grossly over estimated.

**Boozers' Rocked Romance**

The membership of the Former-Former Boozers association were rocked by the revelation that Jack "Stinky" Deatheridge has been in a secret romance with one of Emmitsburg's new lady farmerettes. When confronted by his fellow Boozers, Deatheridge defended the illicit romance by stating that he was simply following his natural God given duty by providing the farmerette what every woman needed - a man to "cook and clean up after." "For without that," Deatheridge said, "women folk waste their limited mental capacity thinking up useless things like prohibition and suffrage." Deatheridge went on to blame the success of the prohibition movement on men who picked up after themselves as opposed to letting their womenfolk do it.

## October 10

**Community Show For Emmitsburg**

On Friday, October 31 and Saturday, November 1, Emmitsburg will hold a community show. Entries of livestock,

grain, fruit, poultry, cured meats, preserves, marmalades, jellies, canned and dried fruits and vegetables - in fact, anything possible to raise on a farm or in a garden - will be displayed. In the home economics department there will be shows of needlework, woven rugs, baskets and the like.

The merchants in Emmitsburg and many individuals have offered prizes for the best entries and decided enthusiasm is being shown throughout the community. Farmers, merchants and town people throughout the entire district are manifesting the keenest interest in what promises to be the banner event in Emmitsburg.

The public school house will be the show place for the undercover entries, and the Firemans' field, on which there is already a large pavilion, will be the scene of the livestock judging. Stalls and pens will be erected within the enclosure and the different entries judged on the diamond.

**Newsboy Beating Article Incorrect-** Conspicuous articles appearing in local newspapers last month stated that Lawrence Porter, of Emmitsburg, had attacked and beaten Richard Ervin, an Emmitsburg newsboy, are absolutely incorrect according to a statement made by Mr. Porter. "How they managed to get my name connected with that affair I cannot understand," said Mr. Porter. "I was in Gettysburg and Fairfield on Monday afternoon and was never in Emmitsburg. Through the carelessness of some newspaper reporter I have received criticism for an act I never committed."

**Driver's Hard Luck**

Hard luck came in quantities for Joseph Lynn of Harney, driver of a six-ton truck, Tuesday afternoon. The climax came when the heavy truck broke through the bridge over Plum Run on the Taneytown Road just outside of Harney. Lynn started from Baltimore on Monday with a load of metal, but hard luck overcame him quickly. First he had engine trouble and then the drive chains broke. While repairing the engine his coat became saturated with gasoline and later became ignited and severely burned his right arm. He continued to drive until he came to the Plum Run Bridge where the weight of the truck resulted in him breaking

through the decking. It took hours for a large gang of men to extract the truck from the bridge and repair the decking.

## October 17

**Former County Commissioner Dies**

David Rhodes, one of the oldest and most respected citizens of Emmitsburg, died Friday at the age of 83 years old. He was born in Freedom Township. He resided in Pennsylvania until March 1915, since which time he lived in Emmitsburg. He served as an Adams County Commissioner for many years and owned and operated the Middle Creek Flowering Mill, which had been in ownership of the Rhodes family for more than a century. He was a member of the Reformed Church in Emmitsburg and served as an Elder in the congregation for many years.

**Motor Company Loses Suit**

A verdict of \$400 was returned by jury in a suit by Charles Sanders against the Emmitsburg Motor Company. The case is a result of a mishap of a year ago. The accident occurred on the public road leading from Emmitsburg to Gettysburg. According to Sanders, he was driving a horse attached to a buggy when an agent of the motor company, operating an automobile, struck his team, throwing him out and injuring him and the team.

## October 24

**Murder In Thurmont**

The authorities are on the lookout for an escaped murderer who shot and instantly killed Leo Creager, age 35, a lumber and coal dealer of Thurmont, when the latter, with a small band of men, attempted to close in on him in a peach orchard just outside of the town on Saturday.

Creager and his companions have been notified to be on the lookout for two young men who had fled in that direction after dynamiting safes in the offices of Marshall & Ford and the wholesale establishment of George Kehne in Frederick, earlier that day. The men arrived in Thurmont on the trolley car and were arrested upon their arrival. As they were being escorted to the lockup, one of them upset the Deputy Sheriff and both darted away. One



got on the Western Maryland Railroad train but was recaptured a little later. The other made for the open country and took a stand in a peach orchard.

The fugitive was pursued for ten minutes until he was a mile from the railroad station and entered the peach orchard. Two of the posse had made a detour and it was beginning to look to the fugitive as if it was time for his gun-work or to surrender peacefully. The latter, however, was apparently far from his mind, for he whipped out a long, blue steel service revolver and shot Creager, who had started in to tackle the man barehanded.

The murderer then disappeared. It is supposed that he is trying to reach Baltimore. The murderer is described as a 25-years old, white man, with a dark shallow complexion, weighing 175 pounds. He is 5' 2" tall and was wearing a dark green felt hat and a dark green suit; the trousers are torn. \$1,000 reward has been offered by the County Commissioners in Frederick County for the murderer, dead or alive.

Sherriff Klipp stated that the search for the murderer has been exhaustive. The Sherriff has deputized practically every farmer in the Thurmont, Detour and Rocky Ridge area and plans to patrol the Western Maryland Railroad and guard all the turnpikes and public roads.

The murderer had an hour head start on the main body of searchers on the account of tending to Creager. Reports continued to come in all weekend of an unidentified man in the woods, but when the posse showed up, no trace of the fugitive could be found.

While no excitement exists, calm indignation prevails all over the northern part of the county and it is felt that

the fugitive will be dealt with on the spot when captured. The opinion has been freely expressed that officers will have a hard time getting the man to surrender in the event he is caught and the citizens can save the courts a lot of time by simply killing him on the spot.

Many in the community, however, believe that the murderer has successfully escaped. They are of the opinion that the posse and bloodhounds would have closed in on him by now. A number of officials are of the opinion that the murderer received some assistance. They believe mountaineers gave him food and information through fear, knowing that he was heavily armed and that he had killed another to make his escape.

Sherriff Klipp, however, thinks the murderer is still holding up in the heavy woodlands adjoining the Thurmont, Rocky Ridge and Detour railroad right of way. He believes the man will eventually hop a train and escape to Baltimore unless the citizens are able to apprehend and kill him locally.

## October 31

**Autobus Wrecked**

The Thurmont and Emmitsburg bus crashed into a fence along the Pike in the vicinity of Dr. Fredman's home Tuesday evening. While the driver and the four passengers escaped injuries, the machine was damaged considerably. The driver was attempting to pass a calf in the road; the action that caused the accident. The wayward calf was struck, but not hurt.

To read past editions of 100 Year Ago this Month, visit the History section of [Emmitsburg.net](http://Emmitsburg.net).

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# GOVERNMENT—SOUTH OF THE BORDER

## County Executive Jan Gardner

### A Favorite Time of Year

Cool temperature and hints of orange in the trees can only mean one thing – autumn has arrived! It's the time of year when people flock to northern Frederick County to admire the area's beauty.

October kicks off with the always touching National Fallen Firefighters Memorial Weekend in Emmitsburg. This year, the weekend includes a special local touch with the long-awaited dedication of the etched glass display of firefighters at the Frederick County Fire & Rescue Museum. Thanks to the efforts of Museum President Chip Jewell, the 1,500-pound etching will be dedicated at the museum on Friday, October 4th. I hope you can join us for the ceremony that evening.

Thurmont residents are getting ready for the huge crowds that fill the streets for Colorfest. One of the largest outdoor craft shows on the East Coast, Colorfest has showcased our community to the region for the past 59 years. It's a great place to pick up holiday gifts or enjoy a homemade apple dumpling. See you there the weekend of October 12 and 13.

### Good News for the Fire Service

I'm excited to share that Frederick County has received a \$5.5 million federal grant to pay for 38 additional career firefighter positions. This is fabulous news! We will be able to improve response times, reduce overtime, and better support our volunteer companies. Our fire service is excited and grateful for the funding for these needed positions.

The grant is from the U.S. Department of Homeland Security's Staffing for Adequate Fire and Emergency Response (SAFER) program. Frederick County's grant is one of the largest SAFER grants awarded in the country. The funds allow us to add positions earlier than would have been possible otherwise. The County budget already includes the local cost share for this grant.

Last year, the County's combination volunteer and career fire service responded to about 35,000 calls. Frederick County is committed to delivering high quality public safety services to our residents.

### Saving Money – Lowest Interest Rate in County's History

One of my top responsibilities is to protect taxpayers and save money. That's why I'm proud that the County will save millions of dollars as a result of receiving the lowest interest rate in our county's history when we sold bonds last month. The savings, well over \$10 million, allows the County to do more – like build another fire station or branch library or to improve a road.

We will pay an incredibly low 2.16% in interest on our bonds. That's because Frederick County has earned the highest possible bond rating, AAA, from all three New York bond-rating agencies. It's like having the best possible credit score. We will save millions of dollars as we pay for the construction of needed schools, roads, and more. We also saved nearly \$2 million by refinancing some older bonds, just like a homeowner might refinance a mortgage to save money.

Our savings are a direct result of our excellent bond ratings. Fewer than 50 of the nation's 3,000 counties can boast three AAA bond ratings. The New York rating agencies visited Frederick County this summer to see all the good things happening in our community. They were impressed. After their visit, they wrote about our excellent management and expressed their confidence in us. The historically low interest rate indicates that the market agrees: Frederick County is well managed, fiscally conservative in our budgeting, and a great place to do business!

### Livable Frederick Wins Award

Over the past few years, I've written several times about Livable Frederick, a new and innovative way to plan for Frederick County's future. Livable Frederick looks at our health, economy, transportation, the arts, education, and the environment, and how all these areas work together to deliver a high quality of life in our community. In September, we celebrated the official adoption of the plan with a special signing ceremony. I was joined by members of the County Council, the Planning Commission, the Livable Frederick Steering Committee, work group participants and staff.

We were excited to learn that the plan has been recognized as the "2019 Outstanding Plan" by the American Planning Association's Maryland Chapter. Livable Frederick was shaped by the people who live and work in Frederick County. It will serve as a model for other communities in Maryland.

Livable Frederick was developed through unprecedented public input with over 200 public meetings, surveys and the plan incorporates over 15,000 individual comments. For the first time, we used computer modeling and scenario testing to see the impact of our choices on our transportation network, the environment, and job growth. Instead of focusing on

zoning, like previous plans have done, Livable Frederick is built on a shared community vision.

The Livable Frederick Plan includes no new growth areas and no new zoning. How we will implement the plan is by conducting small area plans or corridor plans with lots of public input. The first area to be reviewed will be our primary business corridor along MD 85 and MD 355. The second area of focus will be protecting the environmental and natural resources around Sugarloaf Mountain. Staff has already started gathering data and background information to kick off these two efforts.

Livable Frederick also provides a framework for county government operations with many of the goals and

initiatives wrapped into the strategic plan for county agencies and departments. Some of the goals and initiatives will also be community efforts with non-profits and other organizations working to implement some of the ideas in the plan.

Livable Frederick will help manage growth better, support preservation of our agricultural areas, protect our cultural amenities and historic assets, and avoid costs or negative impacts to our budget through good decision-making.

There is a lot of good news in Frederick County! As always, if you have questions or concerns or a good idea, you can contact me at 301-600-3190 or send an email to [jgardner@frederickcountymd.gov](mailto:jgardner@frederickcountymd.gov).

## Thurmont Community Ambulance Service

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## Friday Nights

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# FROM THE DESK OF...

## Carroll Valley Mayor Ron Harris

**G**ood News! A number of Carroll Valley citizens volunteered and have been appointed by Council to serve on the Planning Commission and the Tree Board. Congratulations to Frank Henry, Sara Laird, and Thomas Schubring on their appointment to the Planning Commission. Congratulations is also extended to Emily Faalasi who joined the Tree Board. One of the most common distinctive traits of these individuals was their desire to better the quality of life for those living in Carroll Valley.

On Wednesday, September 18th, the Planning Commission held an "Open House" in the borough conference room to unveil for the first time the new, proposed zoning plan for Carroll Valley. As background, it has been 43 years since the Borough's Zoning Regulations have been adopted, without any significant changes.

It is Planning Commission's intention that this proposed change will provide a code that is much more user friendly and meets the current and future needs of the Borough and its residents. Specifically, the goal of the rewrite is to accomplish the following: (1) Protect individual property owners from harmful or undesirable uses of

adjacent properties; (2) Correct inconsistencies through out the code from previous revisions; (3) Assist economic growth by helping reserve adequate and desirable sites for commercial uses; and finally, (4) Provide an orderly and systematic transition in land use that benefit all property owners.

This rewrite was not accomplished over-night. It has taken the Planning Commission over two and one-half years (monthly meetings) before the commission members determined the proposed code was ready to be presented to, reviewed and commented by the residents. The "Open House" is the first step in the process to gather public comments. For further information, visit the Carroll Valley website at [carrollvalley.org](http://carrollvalley.org) and on the home page, scroll down to the Meeting/Events Calendar, then click here to continue the script about the New Proposed Zoning Update.

It is October. The leaves will start to change into brilliant colors – a last "hoorah" before they fall. The farmers in the area will finish harvesting their crops. The birds will migrate south. We celebrate Columbus' arrival in America on Oct 12, 1492 and cele-

brate this event on Monday, October 14th. And then, on October 31st children and adults will dress up in "strange looking" costumes to celebrate Halloween and go around the community proclaiming, "Trick or Treat". The Carroll Valley Blood Drive will be held on Wednesday, October 2nd in the Borough conference room from 4 - 7 p.m.. Remember, a form of ID is required to donate. For more information call 800-771-0059 or call the Borough office at 717-642-8269.

The last E-Waste Event for 2019 will be held on Saturday, October 12th from 8 to noon at the Highland Township Building, 3641 Fairfield Road. This event is for current Park's Garbage Service customers in the boroughs of Carroll Valley and Fairfield and the townships of Freedom Hamiltonban, Highland and Liberty. Proof of residency required.

Movie in the Park will be held on October 18th. The movie is "Monster's Inc." Since it was so successful last year, before the movie, a Trunk or Treat event will be held. The tentative schedule for the activities are: 5 - 5:45 p.m. Trunk or Treat setup, 6 p.m. is the Trunk or Treat, Halloween Costume Contest and new

this year, a "Haunted Pavilion" to travel through created by the Teen Book Club – Adams County Library. The Costume judging ends at 7 p.m. and the movie begins at approximately 7:30 p.m.. Can't wait to see those costumes!

On Saturday, October 19th the first Mother and Son Glow Party will be held at the Fairfield Fire Hall from 6:30 to 9:30 p.m. For more information and to make reservations/tickets go to [2019cvglow.eventbrite.com](http://2019cvglow.eventbrite.com). The Fairfield Fire & EMS Open House is scheduled for Sunday, October 27th from 1 - 4 p.m..

Medicines that languish in home cabinets are highly susceptible to misuse and abuse. Rates of prescription drug abuse in the United States are at alarming rates, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that many abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. Flushing them down the toilet or throwing them away is a health hazard. In response, the "17th Medicine Take Back", a collaborative program between local law enforcement, adults, agencies and businesses, the Adams County Environmental Services, and Collaborating For Youth, will be held on October 26th from 10 a.m. to

2 p.m. in front of the Carroll Valley Community & Education Complex.

Community members are encouraged to participate in the disposal of any expired, unused, and/or unwanted prescription medications (liquids, pills, powders) during the disposal hours. The disposal allows community members to dispose of their medicines properly, reducing both the availability to youth and the contamination of water sources. Pet medications will be accepted. No needles. For more information about the "Medicine Take Back", including opportunities to volunteer, contact Eileen Grenell, at 717-357-4439.

Borough meetings to be held in October are: Tree Board (Oct 3rd), Planning Commission (Oct 7th), Finance Committee (Oct 8th), Council Borough (Oct 15th), Finance Committee and Council Borough Workshop (Oct 22nd), Sewer/Water Authority (Oct 28th), Finance Committee and Council Borough Workshop (Oct 29th), and Parks/Recreation (Oct 23rd). Please reduce your driving speed when you are in the Valley. Remember, Halloween Night (Oct 31st) there will be young people walking the trails – be careful. If you have any questions call me at 301-606-2021 or email at [May-RonHarris@comcast.net](mailto:May-RonHarris@comcast.net).

## State Senator Doug Mastriano

**O**ur Commonwealth's foster care and adoption system is in a crisis.

For over a century, faith-based organizations have played a pivotal role in ensuring children and families have access to a range of services that

best suit their personal needs in Pennsylvania. However, Pennsylvania's religious-affiliated adoption providers are now subject to punitive policies that limit opportunities for children to find permanency and for families to provide the stability, love and sup-

port they desperately need.

Last year, the PA Dept. of Human Services (DHS) – which receives significant federal funding under the Title IV-E Foster Care Program – changed the Statewide Adoption & Permanency Network (SWAN) affiliate contract language after Governor Wolf issued an executive order. The Order created a de facto religious litmus test that excludes any organization or group from providing adoption and foster care ser-

vices, if their beliefs are 'out of step' with the capricious ideals of biased bureaucrats. This decision by the Wolf administration has forced faith-based adoption and foster care organizations to choose between their First Amendment rights or participating in the Federal Title IV-E program in Pennsylvania.

The changes also exceed the scope of non-discrimination provisions in federal statutes. By prohibiting religious organizations to participate in foster care and adoption programs – a service that some faith based organiza-

tions have provided for over a century – DHS is violating federal law protections for religious liberty.

In previous centuries, persecuted groups found safe haven and the freedom to live without retribution or punishment in Pennsylvania. Pennsylvania was renowned as one of the most tolerate of the original thirteen colonies, and was a place of refuge for a variety of religious groups including Mennonites, Amish, Quakers, Puritans and Catholics, among others.

Continued on next page



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6 Shirley Tr., Fairfield, PA - 1/2 acre, perc approved, building lot at a great price. Seller is a licensed PA realtor..... <b>\$6,900</b> 15 Brown Tr., Fairfield, PA 0.54 ac., level lot with a few trees, low perc rate, near skiing & golf courses..... <b>\$16,900</b> 53 & 55 Mason Dixon Tr., Fairfield, PA 1.74 acres in woods, property line is on the historic Mason Dixon line..... <b>\$19,900</b>	64 Meadowlark Tr., Fairfield, PA Lovely double lot, perc approved, near skiing and golf..... <b>\$23,900</b> 46 Snowbird Tr., Fairfield, PA Ready to build? 0.52 acre lot is prepared to go! Public sewer..... <b>\$33,500</b> 76 & 78 Eagles Tr., Fairfield, PA - 1 acre corner lot, perc approved, cleared, septic area marked. Perfect lot build on!..... <b>\$35,000</b>	15904 Manahan Rd., Millersville, MD - Great location for a home site. Perc approved, includes well..... <b>\$64,900</b> Lot A Cold Springs Rd., Gettysburg, PA - 1.48 ac., perc approved, level lot, great building site..... <b>\$64,900</b> 2 Hilltop Tr., Fairfield, PA - Well, perc appr., septic design done, 1.76 ac., close to Ski Liberty and golf courses..... <b>\$86,500</b>

# GOVERNMENT—NORTH OF THE BORDER

## County Commissioner Jim Martin

Volumes could be written about all the inter-related actions within county government. It ranges from Elections and Voter Registration to Prisons, from Finance to Emergency Services, and Maintenance to Tax Services, and more. Among all those activities are the efforts to control or reduce expenses. Since we are in the process of developing the budget for 2020, the topic of expenses is very relevant this time of the year. But, you may ask, why do you start so early to put together next year's budget? (We actually begin the end of July). The main reasons are: 1.) we have more to do than budgets, 2.) so that it is carefully done and accurate, and 3.) to complete it according to a mandatory process with milestone dates such as its tentative adoption date.

Getting to the final product requires properly analyzing each line item in each department based upon history and projected expenses and/or needs. One of our budget functions is to examine how and where we can reduce expenses. It can be as simple as changing a supplier or as involved as working through a long-term process to reduce insurance premiums.

There are situations where we will never have the opportunity to impact

the coming year's premium costs unless we take action nearly a year in advance. As I saw our worker's compensation insurance multiplier trending higher and higher I said, "This trend needs to be reversed". To address this, I took advantage of our carrier's risk management advisory team services. Near the end of 2018 I had them make a visit to our county operations and discuss with us what opportunities exist to reverse the upward trend.

As a result of the meeting, coordinated efforts to reduce accidents and injuries we instituted. For example greater awareness and preparedness for icy conditions were followed along with greater attention changing temperatures. We also analyzed floor care and cleaning materials as they related to slip hazards during inclement weather. These measures along with other practices will have a positive impact on the 2020 expense budget. How do I know this detail in advance? I am a member of the CCAP Worker's Compensation Board of Directors and at our recent annual meeting the actuaries presented us with the new multipliers for 2019. The good news is that Adams County's multiplier decreased by more than 10% and the base premium decreased by 6%.

These decreases represent thousands of dollars of savings. That sounds good, but what we gained in savings will be lost through the county's new rain tax assessment (MS-4) from the Borough of Gettysburg. I felt good when I left CCAP headquarters (Harrisburg), but when I arrived in Gettysburg I saw Broadway Street being demolished for the MS-4 program. That visual reminded me of the MS-4 assessment Adams County Government will have to pay for its Gettysburg Borough impervious surfaces.

Following that depressing outcome, there came a positive reminder. That reminder was, the Human Services Building is outside the Borough of Gettysburg; no borough MS-4 fee there. We are thankful for the opportunity to avoid the fee. If we had listen to the naysayers, we would have stayed in the Borough with higher expenses.

Some residents of Adams County do not have the opportunity to avoid the fee. This is reminiscent of an elderly woman that PA St. Rep. Dan Moul spoke to about her MS-4 assessment. She told Dan she will have to decide between paying the MS-4 fee or purchasing her medication. How about the elderly that are struggling to pay their real estate taxes and then get hit

with the MS-4 fee? In reality, this "rain tax" will be added to the county's budgeted expenses and in turn property owners will actually be paying tax on a tax. Sounds like double taxation. Worse yet, we are dealing with a program that has been perpetuated on a model and not on empirical data.

To counter this new financial burden, I have a proposal similar to nutrient credits that was endorsed by DEP. Essentially credits are given for action taken elsewhere as remediation for runoff effects on the assessed property. My proposal would do just that. The County of Adams would use agricultural easements it owns through the agricultural preservation program as runoff abatement traded for runoff on the County of Adams's borough impervious surfaces. The above easements along with best management practices have improved the watersheds in and surrounding the Borough of Gettysburg. Taxpayer moneys have made these improvements possible. I want to see our taxpayers receive the benefit of what they contributed to for years rather than paying additional taxes. Besides, it is very difficult to accept taxation for something that has no empirical basis. Representative Moul and I will be meeting at a later date to discuss the issue further.

To end with something positive, I would like to mention two things that

speak to the financial strength of Adams County Government as stated in the Comprehensive Analytical Financial Report (CAFR). They are the General Fund Balance and the County Net Position. The minimum standard for General Fund Balance is that it would be sufficient to cover two months of expenses without any revenues coming to the county. Adams County's general fund exceeds that standard by two and a half months of funds.

The analytical report also presents a long-term trend of the county's continually improving Net Position. This position represents the value of the county assets less liabilities. This net has shown a healthy growth since the present commissioners took office in January of 2012. I am sure the improving economy was a factor, but cooperation, dedication, and leadership at all levels in adhering to fiscal responsibility was the overriding factor. Through diligence and dedication, the Controller's Office Staff, for the second year in a row, produced a Comprehensive Analytical Financial Report (CAFR). The CAFR is recognized as a Gold Star Level product detailing the county's financial position. Combining this with the work of our Finance Department, we have a great team monitoring our financial activity. I am thankful to be a part of these inter-workings of good county governance.

**Continued from previous page**

Sadly, our 338 years of tolerance ended abruptly with the stroke of a pen. Now, the Wolf administration is punishing religious groups who do not abdicate their beliefs in exchange for the fickle mandates of bureaucrats, bent on imposing their views on others. Not only is this a radical turn from Pennsylvania's three-plus centuries of tolerance, but it is a violation of federal and state constitutions.

Section 604a of Title 42 of the Constitution states that "neither the federal government nor a state receiving funds [for the provision of foster and adoption services] shall discriminate against an organization which is or applies to be the contractor to provide assistance, or which accepts certificates, vouchers or other forms of disbursements, on the basis that the organization has a religious character."

The U.S. Health and Human Service regulations explicitly declare that "neither the HHS awarding agency, nor any state or local government and other pass-through entity receiving funds under any...program shall, in the selection of service providers, discriminate for or against an organization on the basis of the organization's religious character or affiliation."

As the Wolf administration discriminates against religious institutions, thousands of children need help. For example, in 2018, the Philadelphia Department of Human Services conducted a state-wide appeal, calling for 300 more foster parents. There was no need for this desperate call for help, as scores of religious organizations could have joined in finding homes for these dear children. Instead of putting our children first, state bureaucrats chose to only allow organizations that embrace their narrow ideas on culture. These bureaucrats preferred to deprive children of

loving homes rather than allow religious organizations to find homes for them. This was a crisis created by the Pennsylvania government and swift action is needed.

I am proposing a two-prong process to remedy this violation of our Pennsylvania freedoms and to help our children.

First, the state's Department of Human Services must immediately reverse its unethical and illegal changes to the Statewide Adoption & Permanency Network (SWAN) affil-

iate contract language, so that faith-based organizations can again assist in the placement of children in foster care and adoption services. The infringement of religious liberties is unconscionable and illegal.

Second, I am urging the Trump Administration to safeguard the religious liberty that the Constitution affords the citizens of the United States of America, as well as our Commonwealth, and to protect the faith-based organizations that provide such critical services by enforcing federal

statutes and federal law.

What happened to the tolerance and freedoms that the Common-

wealth was historically based upon?

Our state's foster care and adoption agencies deserve better.

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## COMMENTARY

# Words From Winterbilt

## Economics vs. Ethics or, what's not to like?

Shannon Bohrer

The country we live in seems to be divided along party lines. We hear complaints about the president from the opposition party and sometimes from members of his own party. We also hear praise from members of the president's party, telling us how good things are. His supporters say they like his policies, but wish he did not tweet so much. Defending complaints about him is almost becoming routine for some of his supporters. From my perspective there is really no defense for his constant dishonesty and words that seem to divide us. But, everyone is entitled to their own opinion. We are a free nation with the freedom to criticize our own government, which is a good thing.

President Trump supporters mention that they like his policies and deregulations and some say they really like the economy. His supporters like to give him credit for the economy but they should also give former President Obama some credit. Our economy grew for eight years under the previous administration and has continued to grow under Trump. So, with those facts maybe both deserve credit.

A number of people defend the president by saying "My 401K is doing very well," as if nothing else matters. What I have noticed is that when people mention how well their 401 is doing

under Trump, they never mention the trillion dollar deficits. Apparently, their 401K performance justifies everything else that he has been accused of doing. Not everyone may agree with that, it's just my opinion. I think at times we can all be guilty of justifying our positions, finding what we want to believe and rationalizing what we see to support our position(s).

In a recent issue of the Emmitsburg News Journal, the author of the "American Mind," whose column appear to the right of this one, wrote his column supporting the President. The title was "On your mark, get ready..." and toward the end of the article he says, "What's not to like about this Presidency?" While I disagreed with much of what was said, the article was well written. After reading the article my first thought was that sometimes people are willing to trade the things they may not agree with for an economic value. I am not accusing this author of being disingenuous; he may believe everything he said in the article. What I am saying that there are some president's supporters who have chosen economics over ethics.

The article touts the low unemployment numbers, the re-worked NAFTA trade deal and the tax cuts. He says that blue-collar workers are optimistic, job satisfaction is up and there is optimism in manufacturing. What he does

not say, actually says a lot. While the good news is related to economics, not all of the economic numbers are good. The federal budget deficit projection for fiscal year 2020 is \$1.10 trillion. In the 2019 budget the deficit was \$1.09 trillion. Adding over a trillion dollars a year, is not good fiscal news. Under the Obama administration the first year deficit was 1.4 trillion, which occurred during the financial meltdown. His budget deficit for 2016, his last year in office was 548 billion; about half of what this president has for just this year.

A major factor adding to President Trump's deficits, include his tax cuts. Sure, the economy is good, if you borrowed a trillion dollars each year you can live well. The problem is what happens with the bills come due. There is a lot - not to like about the fiscal management of this presidency.

Aside from the fiscal issues, there are other reasons to be disappointed with this Presidency. The following list is not all inclusive, that would take a much longer article.

"President Trump's refusal to even use the phrase alt-right has many white supremacist gleefully praising him as their ally in the White House" I don't believe that all of his supporters are white supremacist, but his refusal to call them out, is not the ethics I can support.

Under this administration, our civil rights have been under attack. Our Justice Department has been seeking out of court settlements, instead of going to court, over consent decrees. The justice department has been trying to cut the civil rights division, including the Environmental Protection Agency's environmental justice program.

Rolling back civil rights for the LGBT community. This included a ban of transgender persons in the military. Civil rights are only important, when everyone is entitled. You may not think that is important, until someone comes for your civil rights.

Not standing for the rule of law. At one speech the President encouraged the police to assault those being arrested. He has criticized federal law enforcement and the courts when they have ruled against him. The rule of law is the centerpiece for a civilized society.

The President's failure to acknowledge the Russian interference in our election. He not only refuses to acknowledge it was done, he said in a press conference that believes Putin, and disbelieves our intelligent agencies. He said that Putin offered Russian services to help investigate our voter fraud and the hacking of the Democratic Party computers. Think about that.

Over 1,000 former federal prosecutors signed a letter, stating that the Muller report outlines 10 instances of obstruction of justice and that if the president was a citizen, he would be charged with crimes.

The President complains about the lack of patriotism of his detractors, but he disrespects a Gold Star family. Then he disrespects and complains about Senator McCain, a man who served his country for 60 years, 5½ of which as a prisoner of war. That is not patriotism.

The President and his family are prohibited from sitting on non-profit charitable organizations in the state of New York. The president collected monies for charities and then used them for himself and his family as personal slush funds. Literally - that is stealing from the poor.

The President clearly admires dictators, thugs and tyrants, and then is openly displeased with our democratic allies. He has no knowledge of history and we are likely to stumble into war, because of his actions.

In May of this year it was reported that the President made false and misleading claims 12,019 times in just 928 days. You can say that everyone has lied or mislead someone, but 13 times a day for 2 ½ years. How can anyone tell when he is not lying?

The president of the United States chooses economics over ethics, and that dictates his actions. From my perspective, "What's not to like about this Presidency?" is substantial because of his lack of ethics.

*To read past editions of Words From Winterbilt, visit the Author's section of Emmitsburg.net.*

## Common Cents

### Wage gains for American workers?

Lawrence Wittner

On June 19, 2019, President Donald Trump bragged at his re-election kickoff rally in Orlando that, thanks to his leadership, the wages of American workers "are rising at the fastest rate in many decades."

The reality, however, is that they are not. Indeed, wages rose at a faster rate only a few years before, under his predecessor. And a key reason for the very limited wage increases since Trump entered the White House is his administration's success in blocking any wage increases for some workers and in reducing wage increases for others.

In fact, Trump has never been enthusiastic about increasing the pay of America's workers. "Our wages are too high," the billionaire businessman complained back in November 2015, during his campaign for the presidency.

Naturally, then, Trump and his fellow Republicans have blocked any increase in the federal minimum wage during his time in office. In 2016, Trump stated his opposition to setting any federal wage floor and, since then, has never proposed raising it. As a result of years of Republican resis-

tance in Congress and the White House, the federal minimum wage has remained stuck at a poverty level—\$7.25 an hour—for a decade and has lost much of its purchasing power, making it the lowest minimum wage throughout the industrialized world. The minimum wage for waiters and other workers relying on tips is even lower: \$2.13 an hour.

Moreover, the Trump administration and Republicans in Congress continue to oppose any minimum wage increase. In early May 2019, Trump's Secretary of Labor, Alexander Acosta, testified before two Congressional committees, declaring: "We do not support a change in the federal minimum wage at this time." In response, Senator Patty Murray, alluding to the 10-year gap since the last increase, asked: "If workers do not deserve [a raise] at this time, then when do they?" But Acosta did not answer her question.

In July 2019, the new, Democratic-controlled House of Representatives passed legislation to phase in an increase in the minimum wage to \$15 an hour, thereby—as the AFL-CIO noted—giving "40 million Americans a raise." But only three House

Republicans voted for the measure, while Republican Senate Majority Leader Mitch McConnell declared that he would prevent a Senate vote on it. Although, in mid-June, Trump said he was "looking at" the idea of a \$15 an hour minimum wage, he quickly countered that by stating, falsely, that he had "already created a minimum wage because wages have gone up more than . . . in many decades" under his administration. Since then, nothing about a minimum wage increase has been heard from the president, and the Democratic wage raise legislation remains banned from consideration in the Republican Senate.

Trump has also gone out of his way to undermine the income of public sector workers. In August 2018, he announced that he would scrap a scheduled 2.1 percent pay raise, plus locality paycheck adjustments, for two million federal employees. "Federal agency budgets cannot sustain such increases," he declared, avoiding any mention of the fact that he had previously secured a sharp reduction in federal income through legislation for a \$1.5 trillion tax cut that largely benefited the wealthy and their corporations. In late December 2018, Trump followed up by issuing an executive order to freeze the pay of federal workers. But, subse-

quently, Congress overrode his action and partially restored the pay increase—raising the pay for federal employees by 1.4 percent (two-thirds of the scheduled increase), with additional money factored in for locality pay adjustments.

In the winter of 2018-2019, Trump attacked the livelihoods of public workers once again, when his shutdown of the federal government forced 800,000 federal employees to go on unpaid leave or to work without pay.

One of the factors advancing the income of American workers, as well as helping to safeguard them from excessively-long workweeks, is the provision in the Fair Labor Standards Act that guarantees them time-and-a-half pay for more than 40 hours of work per week. But coverage is based upon workers remaining under a specific income level and, thanks to inflation over the past few decades, fewer and fewer workers remained below that level. Recognizing that only seven percent of American workers were still covered by the law, the Obama administration raised the income level for eligibility substantially. But, upon taking office, the Trump administration severely cut back Obama's expansion of eligibility, thereby depriving as many as 8.2 million workers of the overtime coverage they had previously been promised.

Despite these actions taken by

Trump and his administration to reduce wage gains, what economists call real wages (that is, wages and salaries adjusted for the rising cost of living) have been rising in part because many states and localities have passed laws raising their minimum wages far beyond the pathetic \$7.25 level set by the federal government.

But, overall, increases in real wages during the Trump presidency have remained minuscule. According to the Bureau of Labor Statistics of the U.S. Department of Labor, the real average weekly earnings for American workers increased by just 0.2 percent between June 2019 and June 2018. From June 2018 to June 2019, the increase in their real average weekly earnings was only 1.2 percent. Consequently, as Senator Bernie Sanders has stated, correctly, the average American worker earns less today than he or she did 45 years ago.

Although the pundits say the U.S. economy is booming—and it certainly is for the country's billionaires—it's not doing much for the incomes of American workers. And much of the responsibility for this situation lies with Republican officeholders, especially Donald Trump.

*Dr. Lawrence Wittner is Professor of History emeritus at SUNY/Albany.*

# The American Mind

## Return of the Black Death

William Hillman

The clown show known as the Democratic Presidential debates has given us a sneak preview of our future government. There are a few things all the candidates agree upon: open borders with mass immigration, an insanely increased welfare state, massive tax increases on the middle class, and an omnipotent government. All are fighting for the support of the socialist extreme of their party.

This endorsement of socialism and extreme progressivism will either be devastating for the Democratic Party or our Republic.

Never has generous welfare and open borders succeeded. In years past, I would point to the European countries as examples, but now we can look inside our own borders.

We are hanging on by a thread. The demographic changes through immigration has California past the point of no return and Texas moving purple and trending blue. When Texas flips, we will be under one party rule. Prepare for a drastic and jolting shift to the left.

California is a model of what our country will look like. The Golden State was once the richest state with the largest middle class in the nation. Today, the middle class in California has all but disappeared. Twenty two percent of residents in that state live in abject poverty and that number is rising. California spends more per person on welfare than any other state in the

union. Instead of helping, the welfare state perpetuates the poverty by locking the poor into an unbreakable cycle. It affects the poor in two ways. First, the cost of getting off welfare is high. Second, the welfare program is paid for by the highest tax system in the country. These high taxes discourage business and the creation of new jobs. Their welfare system is a job destroying cycle.

One quarter of the nation's homeless population lives in California. Much of this group immigrated to the state specifically because of the generous welfare state. Proving, once again, a generous welfare state is incompatible with open borders.

Today, California is a playground for the rich and a holding pen for the poor. The Golden State reminds me of many third-world countries I've visited. They all have a very defined economic and social strata, with a huge gap between the rich and poor, with no middle class. You find a super-rich class, an administrative class made up of lawyers and software technicians who service the state, and then the poor. If California was its own nation it would be the 17th most unequal nation in the world, worse than Honduras. Canada in comparison is number 111. California ranks dead last in the quality of life of any state. The state has the highest income and sales tax of any state. Sales tax is the most regressive tax, making life much more difficult for those who can least afford it.

How did California get here? The population has exploded in the last 30 years from 16 million to 40 million. The vast majority of the new population is foreign immigrants. I don't mean to disparage immigrants or immigration; it is simply a fact of life. The problem is immigrants vote at a rate of two to one, democrat. And the democrats will give away anything to keep that power base. (The first rule of power is maintaining that power by any means necessary.)

Even more disturbing are warnings of outbreaks of medieval diseases like typhus and the bubonic plague, also known as "The Black Death" from the fecal covered streets of its cities. There are reports of widespread tuberculous outbreaks in Los Angeles. The rat problem is out of control and the entire sanitation system in LA has broken down. The last time there was widespread outbreaks of these diseases, millions of people died.

As California goes, so goes the nation. Our future is a one-party system.

At some point, when one party rule is absolute, it turns its fight inward and shifts the center drastically. We see that today. Many ideas that were once seen as moderate or slightly right of center are now considered radical. Who would have thought ten years ago that making the argument that only two genders exist would get you labeled a hater? Or using a plastic straw would be immoral. In today's media, talk of free college, universal free health-care, minimum government guaranteed income, reparations, and other wild social giveaways are not

discussed in terms of right and wrong, but when.

California may be past the point of no return. Other areas of the country need heed the warning. At greatest risk are large urban areas which have been under one party rule for generations.

The best-known member of the Socialist Democrats is Alexandria Ocasio-Cortez. In the last two elections, this radical socialist group claimed 48 election victories and an active membership of over 50,000, and still growing at a rapid rate. Their target is not the Republicans but the Democrats, hoping to move that party further to the left.

In Philadelphia, for example, a long time, one party rule city, the democrat machine is facing its biggest challenge in years, not from the Republicans, but from the progressive "Socialist Democrats". The socialists are challenging the party in both primary and general elections. Last spring, long-time Democrat City Councilwoman, Loucinda Blackwell, was defeated by a primary challenge from socialist, Jamie Gauthier. Democrat Socialists, Elizabeth Fiedler and Kristin Seale, won legislative primaries for House Districts 184 and 168. Fielder does not have a GOP opponent in the general election, while Seale will take on Rep. Christopher Quinn.

In the Pittsburgh area, Summer Lee and Sara Innamorato, Democrat Socialists, won Democrat primaries for State House Districts 34 and 21.

These socialists are not without support in the party structure, including Presidential candidates like Elizabeth Warren and Bernie Sanders.

The unions, which are the financial and foot soldiers of the party, are split on this issue. The most powerful unions are the trade unions and they are sticking with the traditional Democrat party. All the others, including the state and local workers, are backing the socialists.

Bob Brady, head of Philadelphia's Democrat Party, feels the heat of these attacks and the threat to the existing power structure. Brady half-jokingly suggested the remedy might be to remove names of candidates who support the Socialists from the party's sample ballot. "It's something we can do if we want," Brady said.

Elizabeth Warren and Bernie Sanders have put their weight behind the Socialists. Both of these presidential candidates have come to Philadelphia to raise money for, and support the socialist candidates.

This rise of the socialists in the Democratic Party repeats itself in Pittsburgh, Denver, Boston, and almost every city with a history of Democrat party monopoly.

Brady understands the negative implications of the rise of the socialists in his city and he has been vocal with his criticism of Warren and Sanders meddling in the city. If Elizabeth Warren receives the party's nomination will Brady and the machine choose to sit out the election like they did four years ago?

The fight for the future of this country may now be inside the Democrat Party.

*To read past editions of The American Mind, visit the Authors section of Emmitsburg.net.*

# Down Under

## Breaking the puppet strings

Submitted by Lindsay Melbourne, Australia!

*"But what is Freedom? A universal license to be good."*

-Hartley Coleridge, 1833

A lot of people believe that Donald Trump is the savior not only of America, but of the world. An equal number are sure he's more likely to be the destroyer of America, and maybe the rest as well.

Both are wrong. Both see the surface, the media-run personality, but never ask 'how did he organize this? How could a wheeler-dealer, showman and real estate gambler beat a well-oiled professional bureaucratic machine? A candidate despised by many Republicans, written off by the Democrats and the pollsters, and laughed at by the pundits? Scandals, cover-ups and lies that were common and widely reported.

The answer is simple. President Trump is only in the White House because the puppet master set it up. Even before the beginning of the campaign his fingerprints appeared, the Murdoch media was brought into the game, the Electoral College quietly influenced, and the coaching begun. Such a ready pupil, so obses-

sively ego driven that he could not see how the manipulation was being done. (Well, maybe he could and didn't care.)

Having passed the tests, the master knew the strings could be pulled, that his creature would behave exactly as programmed, would rant and rave, bamboozle everyone with nonsense tweets, and show the world that he was unafraid of diving into the things that would get attention, such as jobs and trade, as well as the murky world of international relations - and he would never have to answer for his impossible statements.

Remember how he sometimes turns to look off into the distance? Well, that's him channeling his controller so he can give his little puppet grin and speak with the wisdom and flamboyance of the electronic age. It shows that he is not actually mad, inept or stupid, but is making things happen for his unseen master, the evil genius named Steve Bannon.

It is why he never genuinely smiles, cannot grasp subtleties, falls back on blatant lies and treats members of his staff and cabinet with disdain. Appearance is all, genuine feeling and concern for others is foreign country.

Dear Mr. Bannon has only one declared aim: To win. To win at any cost, no matter the stakes or probably the consequences. To see the world as the biggest game in town, to pit nation against nation, undermine trust and wield ultimate power. He saw Donald as the perfect agent and today we have the results.

These are not pretty. The world is facing unprecedented problems on every front. Climate change in particular is causing more angst than the dropping of atomic bombs on Japan or the Cuban missile crisis, and will do what those problems could not - destruction of much of the world; the drift to totalitarianism is eroding freedom and Democracy pretty well everywhere; the determination of Russia and China to carve up the world to suit their own aims, irrespective of the rights of other countries, is allowed to go on unchecked, and the trade war that he introduced is trying to undo problems that were created by America decades ago.

Foreign relations are a stage show, free trade deals are 'bad', Europe is brushed off while Australia gets the royal treatment - we are one of the few nations who depend on the notion that America will come to their aid if things go pear shaped.

Domestically his policies are doing the opposite of the promise. Things are not great. Your opioid consumption is through the roof, the NRA goes from strength to strength and

you are dying as a result. Life spans in America are declining, not because of lack of care, but because of stress, worry and feelings of hopelessness. And most of that stress comes not from any of the above, awful and all as they are, but from a much simpler problem: Neo-liberal economics.

This blight was unleashed on an unsuspecting, trusting population about 60 years ago, when the idea that those that got rich would look after those that didn't. The top 5% of the richest knew that lies like this work if they are so big, so garbed in economic jargon that they will be seen as truth, because no one understands the reality. Very few people care about policy; they care about their ability to stay afloat in the community, but now that has diminished. And the Bannon/Trump idea is to be in the 5%. The American Dream is alive and well for the rich.

The real disappointment is that the one person who had the ability to reform the world, to make America truly great again is intent on making just himself great. He is, of course, building on a firm foundation that has been prepared by a succession of Presidents who have equated greatness with reputation, have seen America as all the world that matters, who have believed that being the biggest and strongest nation means they can dictate to the rest of the world what they will do.

That is nothing more than

hubris. The world could have been saved from itself if just one person had a vision, not for America, but the world.

But not even President Obama had that, and we have descended into a race to the bottom. Steve Bannon is leading the way. Not only with his talkative puppet, but with his other love - breaking up the European Union. Cambridge Analytica was the Trojan Horse in that strategy, using the bogey man of refugee invasion to panic the uninformed in Britain to go Brexit.

You ask why would he want that? It's a game, stupid. Big power needs big prizes, and going down in history as the most infamous manipulator, the one who sank the whole world is a prize no one else would ever be able to claim. He is the finest example of total power corrupting totally.

And he can't be voted out. He's less democratic the Putin or Xi Jinping, and he makes Machiavelli look angelic. Fortunately, the forces of true Democracy have a way of overcoming such things: The big city Blues are diluting the small town Reds as they desert the rat race, and the knife edge 2020 vote will tip to the left. Just enough to restore America to its rightful place as the leader of the free world.

*To read past editions of Down Under, visit the Authors section of Emmitsburg.net.*

# THE PASTOR'S DESK

## Finding peace in the midst of adversity

**Pastor Richard Long**  
**Catoctin Church of Christ**

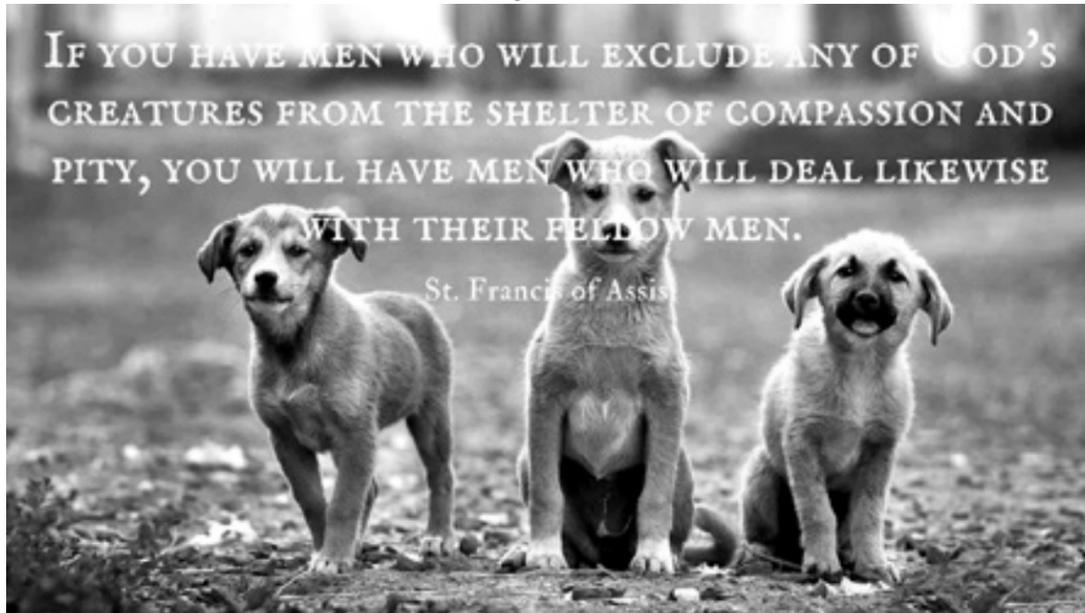
Finding forgiveness from God starts us on the road to peace! Peace is obtainable to everyone, but God must be in the equation for finding it. Peace will not come without believing and trusting our God to the fullest by accepting His Word as what is best for us. Without faith it is impossible to please God. That faith is built on hearing and accepting what God has to say in His Bible. So then faith comes from hearing and hearing through the word of Christ. By building a faith from hearing God's Word, by trusting and obeying it, thus allowing us to draw closer and closer to God.

The beginning of peace is knowing that the Word of God will guide us through the adversities of life, trusting that God knows what is best for us. All Scripture is given by the inspiration of God. As hard as it might be for us to accept adversities that come our way, when they do our faith is tested and steadfastness is produced. Suffering the adversities of life can help us to learn true obedience and a dependency on God. God allows adversities to come our way to bring about patience and true obedience in our lives and the result is that we grow and mature in Christ. No one can escape adversities, they come to the good and the bad but there can be a great blessing when we are enduring these trials of life

and that is peace!

Maybe a good question to ask is, "What is peace?" There can be peace between two individuals or two nations when fighting ceases, if there was war. There is freedom from strife and a feeling of security and safety that makes peace possible. There is the concept of peace between human beings, peace with God and also peace within the person. Job said, "Man that is born of woman is of few days and full of trouble." It seems we are being constantly challenged to face all kinds of adversities, whether we are a Christian or non-Christian. Our lives are shaped to some degree by how we handle them. Romans chapter 12 urges us to get along with our fellow man and gives the reason. If possible, so far as it depends on you, love peaceably with all. James adds, "And a harvest of righteousness is sown in peace by those who make peace."

But more importantly than being at peace with our fellow man is peace with God. Our problem with God is that we want to do our thing rather than do what God says for us to do. How many times do we think that we know better than God who created us. Peace with God requires two basic factors, first, a Redeemer that can reconcile God and man. Second, a willingness on our part to be reconciled to God. Jesus the Son of God had to come to earth and pay the penalty of our rebellion against God in order for God to forgive us. That forgiveness comes only with obedi-



ence to God's plan for our salvation and that reconciles us with God. II Corinthians 5:19 in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting to us the message of reconciliation.

The second part of that reconciliation and have peace requires both parties to be willing and do their part to make peace. God has done His part and is willing to be reconciled to man. Now it is up to us to want this peace and to do our part to have peace with God. For the most part our biggest stumbling block is that men have tried to change what God has instructed us to do to be reconciled. Jesus said, "Truly, I say to you unless you turn and become like children, you will never enter the kingdom of heaven." What did Jesus mean to become like children? He meant we are to have the faith of children. Children believe loving parents or grandparents can do anything and so it is with our relationship with God. We must obey God's plan for reconciliation to have peace with God. Do you not know that all of us who have been baptized into Christ Jesus were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father,

we too might walk in newness of life. If we want peace with God, we must have the right relationship with God and that comes by obeying His instructions on how to have our sins forgiven.

The reconciled person dies to the old life of rebellion and becomes an obedient servant of God. This peace with God comes from having a right relationship with God. God must become and stay a part of our lives for peace. We can have peace with our fellow man, but it is not always possible because they may not want peace, but we can choose to have peace with God and no one can prevent that. It is a choice we make personally. When we have peace with God the result will be peace within us. This should bring us a calm assurance that "all is well within my world." When we are trying to have peace with others and we have chosen to have peace with God by obeying Him will people notice a change in us? Yes they will and this can bring anger, jealousy and a desire on their part to bring us back to their world, but God has an answer for that.

Philippians 4:6-7 says "do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God." The word anxious does not mean we are not concerned about the adversities that

come to our lives. It means not to let the adversities draw us away from our Lord and Savior. Do you believe this? This is the reason we must have faith in God and His Word. Where is your faith? In yourself, or someone or something else because if it is you will never find the peace that God is offering. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Being at peace with ourselves and God is one of the greatest blessings offered "in Christ." God has promised those that are willing to accept Christ as their Savior, then choosing to follow the plan He brought to earth with Him from His Father in heaven, will have a great life. The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly. I encourage you to think seriously about being at peace with God by following His instructions recorded in His Bible. The result will be peace but also an abundant life as long as you live on earth. The greatest life to live is the life God has planned out for us in His Bible. Study with us to learn more about how to have the greatest life possible filled with peace!

*To learn more about Catoctin Church of Christ join them for Sunday service at 140 N Carroll St, Thurmont.*

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## THE BOOK OF DAYS

## St. Francis of Assisi



## October 4

The memory of no saint is held in affection so mingled with reverence by the Roman Catholic Church as St. Francis, 'the gentle and the holy.' He was born in 1182, in the romantic town of Assisi, in Umbria. His father was a merchant, and a hard moneymaking man. Francis he took into partnership, but he wasted his money in gay living, splendid dress, and banqueting, and made the streets of Assisi ring at night with song and frolic.

When about twenty-five, he was seized with a violent illness, and when he rose from his bed, nature looked dreary, and his soul was filled with loathing for his past life and habits. He resolved to be religious, and of course religious after the fashion of his generation. He determined never to refuse alms to a poor person. He met a troop of beggars, and exchanged his dress for the rags of the filthiest. He mortified himself with such severity, that Assisi thought he had gone distracted. His father had been distressed by his luxury, but now he thought he should be ruined by his alms-giving. To bring him, as he thought, to his senses, he beat him unmercifully, put him in fetters, and locked him up. Finding him, however, incorrigible, he carried him before the bishop; and there and then he renounced all his rights of ownership and inheritance, and stripped off his clothes in token of his rejection of the world, and his perpetual choice of poverty.

Francis, thus relieved from all entanglement, pursued his way with a simple energy which nothing could withstand. The fervour of his devotion diffused itself like an epidemic, and crowds parted with their possessions, and followed him into poverty and beggary. He went to Rome, and offered himself and his comrades to the service of the pope Inno-

cent III, in 1210, incorporated the order, which grew into the mighty and wide-spread fraternity of Franciscans, Grey Friars, or Minor Friars. The first name they had from their founder, the second from their gray clothing, and the third from their humility. Their habit was a loose garment, of a gray color reaching to the ankles, with a cowl of the same, and a cloak over it when they went abroad. They girded themselves with cords, and went barefooted.

The austerities related of Francis are very much of a piece with those told of other saints. He scarcely allowed his body what was necessary to sustain life. If any part of his rough habit seemed too soft, he darned it with packthread, and was wont to say to his brethren, that the devils easily tempted those who wore soft garments. His bed was usually the ground, or he slept sitting, and for his bolster he had a piece of wood or stone. Unless when sick, he rarely ate any food that was cooked with fire, and when he did, he sprinkled it with ashes. Yet it is said, that with indiscreet or excessive austerity he was always displeased. When a brother, by long fasting, was unable to sleep, Francis brought him some bread, and persuaded him to eat by eating with him. In treating with women, he kept so strict a watch over his eyes, that he hardly knew any woman by sight. He used to

"To converse with women, and not be hurt by it, is as difficult as to take fire into one's bosom and not be burned. He that thinks himself secure, is -undone; the devil finding somewhat to take hold on, though it be but a hair, raises a dreadful war."

He was endowed, say his biographers, with an extraordinary gift of tears; his eyes were as fountains, which flowed continuously, and by much weeping he almost lost his sight. In his ecstatic raptures, he often poured forth his soul in verse, and Francis in among the oldest

## Annual Mother Seton School Blessing of the Animals.



In honor of St. Francis and his love for animals, Mother Seton School invites everyone to bring their furry, feathery, scaly, and stuffed friends to be blessed. The ceremony will take place on October 3 and begin at 1:30 with a brief opening prayer followed by the blessing. All creatures great and small welcome! Visit [www.mothersetonschool.org](http://www.mothersetonschool.org) for more information.

vernacular poets of Italy. His sympathy with nature was very keen. He spoke of birds and beasts with all the tenderness due to children, and Dean Milman says the only malediction he can find which proceeded from his lips, was against a fierce swine which had killed a lamb. He had an especial fondness for lambs and larks, as emblems of the Redeemer and the Cherubim. When his surgeon was about to cauterize him for an issue, he said: 'Fire, my brother, be thou discreet and gentle to me.' In one of his hymns, he speaks of his brother the Sun, his sister the Moon, his brother the Wind, his sister the Water. When dying, he said:

'Welcome, Sister Death.' While in prayer it is said that he often floated in the air. Leo, his secretary and confessor, testified that he had seen him, when absorbed in devotion, raised above the ground so high that he could only touch his feet, which he held, and watered with his tears; and that some-times he saw him raised much higher!

In his ardor for the conversion of souls, he set out to preach to the Mohammedans. A Christian army was encamped before Damietta, in Egypt. He passed beyond its lines and was seized and carried before the sultan, and at once broke forth in exposition of the mysteries of faith. The sultan is reported to have listened with attention, probably with the Mohammedan reverence for the insane. Francis offered to enter a great fire with the priests of Islam, and to test the truth of their creeds by the result. The offer was declined. 'I will then enter alone,' said Francis. 'If I should be burned, you will impute it to my sins; should I come forth alive, you will embrace the gospel.' This also the sultan refused, but with every mark of honour conveyed the bold apostle to the camp at Damietta.

The crowning glory of the life of Francis is reputed to have occurred in the solitude of Mount Alverno, whither he had retired to hold a solemn fast in honour of the arch-

angel Michael. One morning, when he was praying, he saw in vision a seraph with six wings, and in the midst of the wings the crucified Saviour. As the vision disappeared, and left on his mind an unutterable sense of delight and awe, he found on his hands and feet black excrescences like nails, and in his side a wound, from which blood frequently oozed, and stained his garment. These marks, in his humility, he hid with jealous care, but they became known, and by their means were wrought many miracles. Pope Alexander IV. publicly declared that, with his own eyes, he had seen the stigmata.

These are a few instances out of

the mass of legends which made the name of Francis a great power in Europe in the Middle Ages. He died at Assisi, in 1226, on the 4th of October, which day was appointed as his festival.

On October 4, people all over the world will be celebrating St. Francis Day in honor of the Patron Saint of Animals, Saint Francis of Assisi. In remembrance of his love for all sentient beings, guardians sometimes take their animal companions to church for a Blessing of the Animals.

To read other selections from Robert Chamber's *The Book Of Days* visit [www.thebookofdays.com](http://www.thebookofdays.com)

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## ECOLOGY

# Earth's creepy crawlies

Lizzy Ryan,  
Strawberry Hill Education and  
Outreach Coordinator

October. The month of Halloween. The month where all the stores are selling fake spiders, bats, and other notoriously “creepy” things. The weather is turning crisp. Fall festivals are kicking off.

I'd like to take a moment to talk about these “creepy” things that become the focus of October. From bats to spiders, and ravens to rats, find out additional information on just why these eerie creatures are so cool.

### Bats

There are nine species of bats that can be spotted in Pennsylvania. These include the little brown bat, northern long-eared bat, Indiana bat, small-footed bat, silver-haired bat, tri-colored bat, big brown bat, red bat, and the hoary bat. Six of these bats hibernate here in the winter and three travel south. The

species of bats that hibernate here find a nice cave to rest in. During this time, they eat nothing. They survive off the fat they accrued throughout the year.

Many people find bats creepy because they perceive them as dirty carriers of the rabies virus. However, other mammals are just as likely to carry rabies as bats. They also keep themselves relatively clean. Many also think of the fearsome vampire bat that feeds on blood. Luckily, the common vampire bat isn't found around here, but instead is found in Mexico and South America. Our local bats feed on insects; eating an estimated one million insects per bat per year. Bats are also nocturnal, meaning they feed at night.

Bats have been known to live up to 30 years. With only one litter a year, most bear one single young per litter. Some larger bats may have a few more.

One of the greatest threats to bats is the white-nose syndrome.

This terrible fungus has a high death rate and affects the bats mostly during hibernation. Bats become infected with the fungus through contact with other infected bats or from surfaces where the fungus might be (i.e. cave walls, or from humans carrying the fungus on shoes and clothes).

### Spiders

These valuable creatures are in the class Arachnida. They eat other insects - many which can be a nuisance to humans.

One common species of spider is the wolf spider. These little guys are anywhere between 18 and 35 millimeters in length and are brown in color. Wolf spiders typically live in tunnels in the soil and under wood and rocks. Female wolf spiders can live several years, and males die before winter. They can bite when they are threatened.

Another common family of spiders are the orbweavers or Araneidae. Some of the orbweavers found in the area include the yellow garden spider, banded garden spider, cross orbweaver, marbled orbweaver, fierce orbweaver, and the spined micrathena. Like the name implies, orbweavers build large and beautiful webs or orbs. They are normally found in gardens and fields. Orbweavers are generally harmless. They just appear to be mean and scary because of their large size, bright colors, and big webs.

There are two species of spiders in our area that are considered venomous to humans. These are the black widow and brown recluse.

The brown recluse is a light



**The Marbled Orbweaver is the perfect Halloween creature. Its orange and yellow coloration makes it look like a pumpkin! It may look scary, but it's actually a harmless and helpful organism.**

brown spider with a small body and long legs. They are typically found in places that are warm - such as your house - because they are not native to this area. This species is actually native to the south. Bites from these spiders are uncommon, however they will bite if they feel threatened (such as being trapped between your skin and clothing). However, be warned as a bite from one of these critters might cause lesions on the skin.

The black widow spider has the iconic jet-black body with the red hourglass shape on their abdomen. The females will normally kill the males soon after mating, hence the name “widow.” Adult females have fangs that are large enough to pierce human skin. If bitten by a black widow, symptoms can range from tingling in the extremities to the risk of anaphylaxis (although rare).

Maybe it's their eight legs that

makes them creepy, or maybe their tiny fangs, but either way, there is no need to fear these awesome creatures!

### Ravens

Edgar Allen Poe made this bird famous with his poem. Perhaps that is why this bird gets the bad rap of being ominous and creepy. These jet-black birds can be 20-25 inches in length with a wingspan of four feet. Ravens are known to have quite the varied diet. They feed on carrion, insects, berries, nuts, and even eggs. Ravens are thought to mate for life and often like to build their nests along cliffs and will usually lay four to five eggs per year.

Ravens are considered songbirds as they have a large repertoire of calls they are able to make - sometimes even mimicking other birds. Although many are not aware, ravens are also one of the most intelligent birds known to mankind.

### Rats

In this area, we have the Norway rat, also known as the brown rat. These rats came from Europe on ships in the late 1700s. They range in several different shades of brown and can reach up to one pound in weight. They can have six to eight litters per year with six to nine young per litter. The brown rat feeds on a variety of foods including human food, grains, plants, and insects.

Part of the reason why these creatures are creepy is because they have gained a reputation of being dirty animals. Rats are common carriers of several diseases. The famous Black Death, which occurred in 14th century Europe was spread quickly thanks to the help of rats. Fleas would jump from rat to rat and human to human spreading the plague quickly.

As we all celebrate Halloween this year, dressing up in costumes, trick or treating and decorating our homes with pumpkins, ghouls, skeletons and even some of these critters remember that even though these creatures become “in vogue” during the month of October, they are around us every day. There is no need to fear them, just understand and appreciate these amazing and unique organisms from a distance.

To read past Ecology articles, visit [Emmitsburg.net](http://Emmitsburg.net).

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# IN THE COUNTRY

## Biodiversity and land use

Tim Iverson, Naturalist

When it comes to financial management the old adage advises that you diversify your assets. By spreading investments individuals can protect themselves from losses. When it comes to ecology and the environment the same advice rings true.

The food we eat, the water we drink, and the air we breathe all depend upon healthy and diverse communities of plants and animals. Biological diversity, or biodiversity, includes every living thing on the planet at every level, from entire ecosystems all the way down to genetics. It's the myriad forms of life and the countless ways they all interact with one another.

Just like financial assets the diversity of our ecological assets insulate the planet and everything on it from potential impacts and losses in other sectors. A recent United Nations report on climate change, released in July 2019, paints a troubling picture for the climate at large. However, of particular note is a stark decline in biodiversity and land use issues.

Environmentalists, conservationists, and others would argue that biodiversity has an inherent value that can't necessarily be quantified. However, biodiversity also has important utilitarian value as well. There are environmental services that are provided to humanity. Medicine, food, climate regulation, water and nutrient cycling, carbon and air purification, and countless other ways rich and diverse ecosystems provide benefits to us and the world. The dollar value of services provided is estimated in the trillions, which is double the gross-domestic product (GDP) of the entire world combined.

Forests are bastions of biodiversity. The Amazon rainforest is the largest most biologically diverse forest in the world. The amount of life contained within is unparalleled. The tragedy of their loss is unfolding in real-time. The significant loss of diversity housed within is unsettling, but worse yet are the tons of carbon dioxide (CO<sub>2</sub>) being thrown into the atmosphere. Trees not only pull CO<sub>2</sub> from the air and turn it into breathable oxygen, they also lock it away keeping it out of the atmosphere.

As greenhouse gases accumulate

in the atmosphere spurring climate change this can become a vital tool for us. The US Forest Service estimates that American forests store up to 750 million metric tons of CO<sub>2</sub> each year, which is about 10% of the country's carbon emissions. Carbon sequestration is a process where CO<sub>2</sub> is removed from the atmosphere and stored for an extended period of time. The carbon is stored within the leaves, stems, roots, and body of a tree.

Because trees live for so long this banks the carbon potentially for hundreds of years. Additionally, products made from wood will still contain the carbon stored within extending the sequestration period until that product either decomposes or is burned. Scientists and policy makers are trying to figure out if we can harness this ability of trees to slow or reverse climate change. By not deforesting and reforesting areas we can potentially bank excess CO<sub>2</sub> for some time. Utilizing carbon sequestration may not be the solution to the climate change problem, but it may buy us some time.

Forests can help forestall long-term climate change, but they also help to regulate local climates and weather patterns too. Globally, vegetative cover accounts for about 20-30% of total land. Within forests or areas of vegetative cover plants release water vapor and absorb and emit energy used to drive weather. Forests create their own micro-climates with leaves through transpiration, or evaporative cooling, which reduces the humidity and temperature in the surrounding area. As water vapor is evaporated back into the air it condenses into clouds and eventually rain.

Livestock production is one of the leading causes of land degradation, biodiversity loss, pollution, and other climate change drivers. As forests, both locally and globally, are razed for development or livestock use (as is primarily the case for Amazonian deforestation) we are curtailing the services and biodiversity they provide. With a warming and drying climate these are all the more valuable. Additionally, land is a finite resource. We have all the land we will ever have. It can't simultaneously grow trees, house people, and be farmed. As a society we need to seriously consider how to allocate and maximize the way we use this finite resource.

The single largest impact an individual can have to affect climate change is to reduce their meat consumption. By curtailing the production and consumption of meat (especially red meat) a person can dramatically lower their personal carbon and water footprint. Even small commitments like sticking to a single meat-free day per week or making the effort to ensure one meal a day is completely meat-free go a long way.

Additionally, by investing in natural infrastructure we can double the impact of ecological services. By investing in forested stream buffers we improve fishing and water based recreation, clean drinking water, improve the overall habitat and capacity of the Chesapeake watershed, and restore biodiverse ecosystems. The much decried "rain tax" in Maryland was established to address these same issues by managing stormwater flows. Flooding in Ellicott City has cost taxpayers and the state millions. By effectively utilizing natural and man-made infrastructure similar catastrophes could be avoided in the future.

Biodiversity is the shield that buffers any blows that disaster may bring. Large scale ecosystem diversity allows for adjustments to fires and floods. Plant and animal diversity means more types of food and sustainability. Genetic diversity helps ward off and resists the spread of disease. Over the long arc of earth's timeline there have been a total of five major extinction events where nearly all biodiversity and life were lost. Some researchers think we could be on the precipice of a new sixth mass extinction event. With the alarming loss of habitats and species combined with the effects of a globally changing climate this could be the case. It's likely too early to make a definitive call like that, especially while our collective course could be altered.

The bottom line is that a robust and diverse ecosystem provides stability. Just as we seek financial stability climatic patterns ought to be measured and considered. The problem is real. The impact is real. The solutions are not always easy. However, the pivot towards actionable change must occur.

To read past In the Country articles, visit [Emmitsburg.net](http://Emmitsburg.net).



Forests can help forestall long-term climate change, but they also help to regulate local climates and weather patterns. By focusing on reforesting areas we can potentially bank excess CO<sub>2</sub> for some time, which may help stall climate change.

### Thurmont tree planting

Tree planting season is here and local reforestation efforts are underway in Frederick County, Maryland. Stream-Link Education, a non-profit organization dedicated to connecting community to conservation, is seeking volunteers to plant trees in Thurmont on October 5, 19, and 26 from 9 – 11 a.m., and is hosting a Trick-or-TREEt Virtual 5K race to raise funds to support local reforestation which will have a positive and lasting impact on the environment globally.

Maryland DNR awarded Stream-Link with a grant to plant 24.5 acres of forest on agricultural land in the Monocacy River watershed. SLE and volunteers will plant trees along Big Hunting Creek, Linganore Creek, and Glade Creek to reduce erosion, mitigate flood damage, create healthy wildlife habitat and to improve water quality. "The hard work of our volunteers pays off because we make sure those trees survive and thrive," says Stream-Link's Program Director, Lisa Baird. "We maintain each site for 3 years to guarantee an 85% survival rate".

Frederick local, Stream-Link's volunteer and Ms. Eco International 2019, Rose Buckley, teamed up with Ms. Baird to

organize the first local Trick or TREEt Virtual 5K - a fun way to support the work of planting riparian forests. Everyone can participate no matter where you are and no matter your athletic abilities.

Its only \$30 to register, you get a glow-in-the-dark spooky finishers medal, your own personalized runners bib, and you can complete the 5K on your own terms. This means you can walk it, run it, swim it, bike it, skateboard it - all at once or over a few days - alone or with friends. Get a free Ghost Tour to explore Maryland's most haunted city, historic Frederick, when you recruit 10 friends.

These events are fun for all ages so bring your family and friends, and together we can make our streams cleaner and stream sides greener. For more information or to sign up, call 443-538-6201 Or visit [www.streamlinededucation.org/plantings](http://www.streamlinededucation.org/plantings).

The mission of Stream-Link Education is to connect community to conservation through educational and meaningful volunteer tree planting experiences. Volunteers walk away from a planting not only feeling good about their contribution, but also understanding the importance of their effort.

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## REAL SCIENCE

# Let there be light

Michael Rosenthal

LED lighting technology is a solid-state lighting that uses light-emitting diodes (LEDs) as the light source, rather than electrical filaments (incandescent bulbs), mercury-vapor gas discharge (fluorescent lamps) or halogen (iodine or bromine) lamps. LED lamps consume significantly less energy and produce little heat or UV light. They last much longer than incandescent, fluorescent, or halogen bulbs. Changing to the use of these bulbs is a real positive move in terms of environmental practice. They can be utilized in homes and in commercial use, indoors and outdoors. So why aren't we converting our lighting uses to LED more extensively than we have done?

During the previous national government administration a commitment was made to move to LED as the usual lighting source. However, the current national administration has rolled back a policy of our previous government administration that would advance the use of LED lighting via The Appliance Standards Awareness Project, which advocates stronger national efficiency programs. This is the cancellation of the move to the more efficient lighting by 2020, as mandated by Congress. The Project says that eliminating the new standards will cost consumers in

the United States about \$14 billion annually, increasing climate-change emissions by about 38 million metric tons annually...equivalent to the amount emitted by 8 million automobiles. Though LED lighting initially costs more to purchase, the added cost is made up over time by lower electric bills.

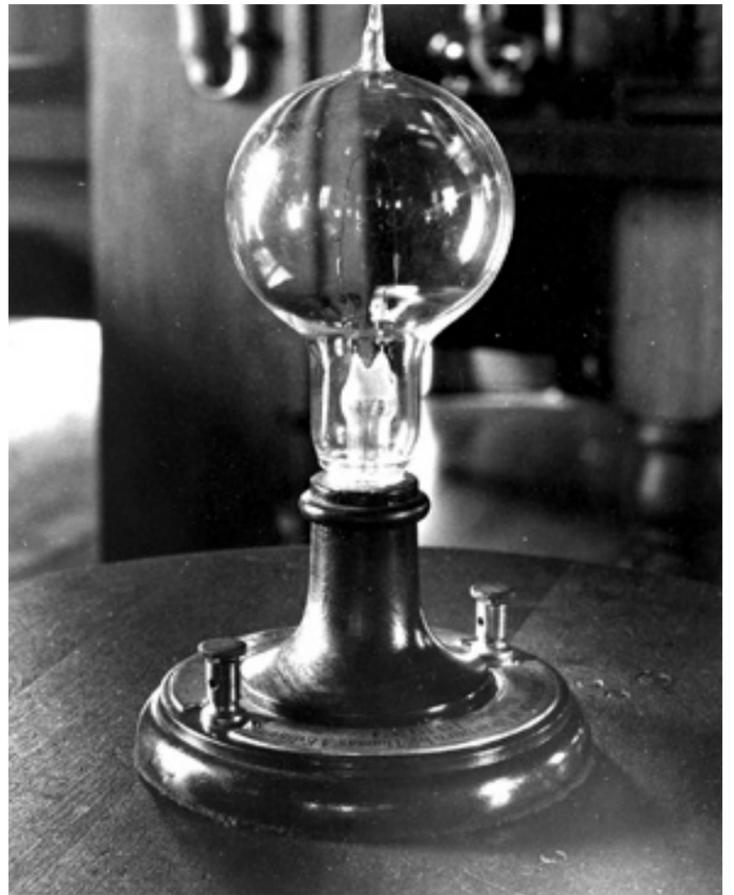
Fifteen states, New York City, and the District of Columbia oppose the rollback of this change and question whether the Department of Energy has the authority to negate aspects of the mandated changes, passed by Congress in 2007. California, Colorado, Washington State, and Vermont have enacted appliance standards of their own, apart from federal legislation. The bulbs in use now are essentially the same as invented by Thomas Edison and defined in an 1880 patent! Perhaps more states will take charge of this situation to move to a less energy wasting and more modern future.

California continues its leadership in developing more efficient and environmentally friendly energy sources. They are building a solar farm backed up by one of the world's largest batteries. This farm would produce 7% of the electricity used by the city of Los Angeles at a cost lower than that generated with fossil fuel. It will be a 400 megawatt solar array, producing 876,000 megawatt hours annually, which

is enough to power 65,000 homes during daylight hours. It will utilize an 800 Megawatt hour battery to store energy for use after the sun sets. Progress that has led to price declines has made renewable energy coupled with battery storage more practical. There has been great progress in battery development to provide power for long periods of cloudy and winter weather that will make solar power with battery storage more practical. In 2010 California passed a mandate that the state's utilities must install electricity storage equivalent to 2% of their peak electrical demand by 2024.

New York has declared the end of the measles outbreak, the largest there in nearly 30 years. New York City spent more than \$6 million dollars, deployed more than 500 staffers, and ordered mandatory vaccination for people living and working in four Brooklyn neighborhoods. The problem was a spread of misinformation about the safety and effectiveness of the measles, mumps, and rubella vaccine.

A total of 654 people were infected, 52 of them were hospitalized, and 16 required intensive care due to serious complications. There have been 1,234 measles cases nationwide; no new cases have been reported since mid-July. Vaccination coverage has increased significantly since the emergency order, and the anxiety has been somewhat reduced.



**Thomas Edison did not invent the first light bulb. In 1802, Humphry Davy invented the first electric light, but it burned out after a few minutes. What Edison invented was the first incandescent light that did not burn out almost immediately.**

The area has been a favorite target of anti-vaccine groups, who held rallies and distributed misinformation through pamphlets and recorded conference calls. There were, however, those in the community who took valuable action to counteract the anti-vaccine group. A volunteer group, called The Vaccine Task Force, wrote and distributed booklets to parents to tell the story correctly, and they organized sessions to answer questions. New York State has also strengthened vaccine laws, revoking the privilege of parents to refuse childhood vaccination. There had been a law allowing religious exemption for school vaccination, and some 26,000 children were unvaccinated under this law. The law was revoked in June!

Publicity has made the plastic waste situation in the oceans better known, and some action is being taken to reduce waste plastic. Marriott International, the world's largest hotel chain, announced that they will phase out miniature plastic bottles of shampoo, conditioner, and bath gel in favor of pump-topped bottles by 2020 at its 7,000 properties worldwide. The company estimates that the move will keep 1.7 million pounds of plastic from ending up in landfills each year. Plastic takes more than 400 years to decompose. Some 8.8 million tons of plastic are dumped annually into the world's oceans. Last year Marriott cut out the use of plastic straws and stirrers.

A topic that is very important and personal to me is water quality. During my 19 years at Bard College in the Hudson Valley of New York state, I organized a stream study project for the Sawkill Creek, a stream that runs through the Bard campus and which produced campus drinking water and received treated aqueous waste.

In 2015 a rule gave the Environmental Protection Agency

broader authority over the waterways of the United States. It has been reported that the federal government plans to redefine what water bodies deserve federal protection. It is expected that the new rules, a return to 1986 standards on water pollution, will seriously reduce wetlands protection. This effort is one of many of the current government reducing federal authority on wetland protection under The Clean Water Act.

I like to end on a positive note. In mid-September, The House of Representatives passed a bill banning oil and gas drilling in most federally controlled waters, and in particular voted to ban drilling in an ecologically sensitive oil rich section of northeast Alaska. Though this legislation is unlikely to be passed by the Senate or to be signed by President Trump, it indicates that there still is a portion of the population and government sensitive to environmental protection. Perhaps this passage will draw enough attention to move us toward more sensitivity to environmental protection. I purposely named this column Real Science in order to focus upon making decisions that reflect scientific fact. I believe we must look at our actions in a way to protect the environment – to slow global warming, to avoid the spread of disease, and to show wisdom in protecting limited resources. A recent Pew poll from early 2018 indicated that 51% of Americans oppose more offshore oil and gas drilling, indicating that the portion of Americans who support offshore drilling declined 10% in the four years 2014-2018. Whatever your political affiliation, I urge you to consider environmental protection as both a practical and a moral goal.

*To read past articles by Michael Rosenthal visit the Authors Section of Emmitsburg.net.*

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## The state mandates

Jack Deatherage

The citizenry toil to comply. As I've settled into my dotage I've taken to wandering down the hill to the town office to sit in meeting rooms listening to the Mayor, the commissioners, the town staff and the appointed committee members discuss, argue, recommend and vote on the various ordinances that I'm supposed to live by. Most of what I see and hear zips right by me as I expect it should- me having the mental capabilities and the attention span of a nectar drunk butterfly. What little I think I grasp often leaves me more confused.

For instance, I've sat through several Green Team (GT) meetings wondering what the hell was going on. Someone involved with the Frederick watershed came to a meeting and spoke of that city's efforts at reforestation. Stream banks and tree planting, composting and a community garden. Rain barrels and rain gardens- whatever rain gardens are?

I was asked if I wanted to be a formal member of the team. I declined. I still hadn't a clue about why the town had a Green Team. Though I liked the idea of gardens, composting and planting trees. Still, why was the town government getting involved in what, to me, were private affairs of the town folk? (There were niggling hints the state had triggered this interest, but I hadn't heard the why of that either.)

At the latest GT meeting someone mentioned Municipal Separate Storm Sewer System (MS4) and everything I'd heard previously fell into place, sort of. From the town government website: "MS4 is a system of conveyances including roads with drainage systems, municipal streets, catch basins, curbs, gutters, ditches, man-made channels, or storm drains. As stormwater runs over driveways, lawns and sidewalks it picks up debris, chemicals, dirt and other pollutants."

What the site doesn't mention is MS4 is part of an unfunded Maryland mandate to restore the water quality of the Chesapeake Bay! One of "Mother" O'Malley's parting gifts to the peasants of Maryland before he made a run at the Democrats' primary for the presidency. I wasn't surprised to learn the Environmental Protection Agency (EPA) had dumped on Maryland its own unfunded mandate to clean up the Bay. Nor am I surprised that both the elected and appointed rulers at

the state and federal levels have taken to unfunded mandates to avoid the appearance of raising taxes on the peasants- ummm... voters? Yeah, let's call us voters. Sounds so much more egalitarian, don't it?

Also from the town government's website: "Listed below are the six minimum control measures that the Town must incorporate into the stormwater management program. These measures are expected to result in significant reductions of pollutants discharged into receiving waterbodies.

- Public Education and Outreach
- Public Participation/Involvement
- Illicit Discharge Detection and Elimination
- Construction Site Runoff Control
- Post-Construction Runoff Control
- Pollution Prevention/Good Housekeeping"

Each measure has a summation of what the town is expected to accomplish (written in plain English so even semi-literates, such as myself, can almost understand them), or suffer a fine from the state's version of the EPA- somewhere between \$200,000 and \$375,000 if I heard aright at a meeting. (As of the composing of this rant I haven't gotten a confirmation from the town planner.) Which brings another result of the state mandate to mind. Our town planner now spends up to 50% of his working hours trying to bring the town into compliance with this mandate! At least one other member of the town staff is also giving over about half the work day to seeking and applying for grant moneys to avoid the state fine and having to raise taxes on the peasants- errr... citizens.

A document that sheds light on MS4 can be found by searching the town government website using "MS4" then looking for "Links/Additional Information" and under that- "annual reports" and the link: "01/2016 - 12/2019". The document is 88 pages long, but much of it is photographs and generally understandable reporting by town planner Zack Gulden. (The document is in pdf format.)

Back to the purpose of the state's mandate- the Bay cleanup. I don't give an environmentalist's fart about the Bay. I haven't eaten a crab, an oyster or a fish from that water in decades! The closest I've been to the Bay was a visit to the Inner Harbor in

Bal'm'r', which actually impressed me with its unimpressiveness. (I'd sooner sit under the pines at Rainbow Lake- enjoying the occasional lack of monkey people sounds and cool breezes rippling across the lake's surface.) Other than the EPA and Maryland's mandates, which will likely increase my taxes through fines at the least, I would have to struggle to care less if the Bay filled up with sediment and became another coastal marsh.

As it seems impossible to remove the politicians and bureaucrats from the offices that create unfunded mandates, and fighting them in courts seems a waste of time and money given the news media's (if not the general public's) hysteria over the environment, joining the effort to meet the government's minimum requirements makes the most sense. If I can figure out how to profit while joining the compliance efforts so much the better.

And there are profitable opportunities. While nut and fruit trees may not be on the state's list of recommended plantings to reduce rain runoff and lower the area's summer temperatures with shade (cutting down on household cooling costs) they would be of value to a property owner for their produce and eventual lumber. I haven't yard enough for trees towering 50 and 60 feet above the weeds or there would be hickory, walnut, heart and butter nut trees interspersed with paw paws, persimmons, plums and cherries. What I do have is a yard that slopes to an alley



The purpose of the MS4 Federal mandate is to reduce pollution in the Chesapeake Bay - something we consider a worthy effort.

that funnels stormwater down to the rill behind the Creekside apartments and into Flat Run- occasionally adding to the flooding at Northgate's sole entrance/exit.

Placing a straw bale garden across the lower end of my yard would slow the runoff from the yard and allow me to reduce the watering I have to do to get a few delicious tomatoes each summer. Building a mushroom bed above the tomato bales would make use of a shaded area caused by invasive trees I haven't the wherewithal to remove. Beyond making use of the shade, 'shroom beds would catch the runoff from the dog run section of the yard.

I had planned a mushroom experiment under the trees before I understood what MS4 was about. While the first trial would be of

Stropharia rugosoannulata, a tasty, supposedly "easy" 'shroom to grow at home, the next trial 'shroom could be a more profitable- psilocybin. Though I suspect "Momy" Maryland might object to the growing and selling of those.

Anyhow, there are useful and practical ways of dealing with the rulers' mandates. In my case "Public Education and Outreach" seems a natural fit for this column, though I don't think the mayor had this particular rant in mind when I told him after the last Green Team meeting I'd press for this news-journal to help get the word out. But hey. Let an idiot into the public meetings and get an idiot's thoughts as a result.

To read past articles by Jack Deatherage visit, the Authors section of Emmitsburg.net.

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# THE MASTER GARDENER

## Green buzzwords

Mary Ann Ryan,  
Penn State Extension,  
Consumer Horticulture

In the gardening world there are some “Buzzwords” frequently used, like “native,” and “sustainable,” even “organic.” These words are thrown around without really knowing what they mean. These buzz words are often misrepresented and misunderstood.

I think most of us want to be able to eat safe produce, grow beautiful plants without maintaining them and have an opportunity to reduce our costs as a result of our gardening practices. But understanding the words or phrases that we all use and representing good gardening practices becomes important when trying to succeed at these goals. We must be careful that marketing does not mislead us.

By definition, according to the PA Department of Conservation and Natural Resources (DCNR), “native

plants are one which occurred within the state before settlement by Europeans.” As we become more global, our native species of plants are becoming less present in our landscapes, and unfortunately in our natural habitat. As plants from other parts of the world come into our landscapes, things happen. For instance, barberry and burning bush – now found in our forests – are reducing the herbaceous material that typically grows in forested areas. No natural predators, no natural controls.

Our concern about native plants has come about for a few reasons. Research shows that native plants attract native species. Not a difficult concept to grasp. The less native plants in our ecosystems, the less food support for the native wildlife. The native wildlife declines, the food chain changes substantially, which impacts human life (food sources, economic decline, etc.).

The decline in honeybees (a Euro-

pean species) has brought the pollinator issue to the forefront in agriculture. Without insects to pollinate our crops, fruits and vegetables are not formed, hence limited food sources for our tables. We would be limited to corn and wheat! Yikes!

Another concern is our water resources. As we became landscapes of non-native species, so did our insects. These insects have become a problem because we do not have predators that control these non-native problems. So we spray, to get rid of the insects and diseases that make our plants look bad, or even die. Many of us use sprays without understanding the implications of those sprays, better known as pesticides. Many people may incorrectly apply pesticides, thinking that if the label calls for 1 tsp per gal, why not try two? That should get rid of the little bugger!

When misused, pesticides can wash into our water sources. This is a concern because we drink water and I’m pretty sure we don’t want to drink water that is contaminated. Proper use of pesticides and fertilizers is so very important. Companies invest lots of money and time to be sure that the labels reflect proper use of their products so water contamination does not occur. So therefore, we must be sure to follow label instructions. Pesticides include insect sprays, disease sprays, weed killers, foggers, mice poisons, and others.

Native plants like our soils. They naturally grow here. They tolerate native insects and attract native predators for those insects. This has a direct impact on our wallets. With less insect and disease damage and harder, tougher plants that naturally grow here, we will be spraying less pesticides, protecting our



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water, and replacing plants less frequently. Watering will be reduced, thus conserving the water we have. Our native insects will provide the needed food source for the native wildlife, thus keeping our natural environment in balance.

“Sustainable” is a word often used in the agriculture industry. Webster’s definition is: able to be used without being completely used up or destroyed. That’s it. When we use this term, we should remember that we’re talking about not using up our natural resources, like soil and water. These two resources are two of the most important things for plants and human existence. “Sustainable landscaping” indicates the use of native plants: plants which attract native insects, plants that don’t require added fertilizers, plants that use less water, plants that are adapted to our area, plants that can be used without completely using up or destroying our environment.

Sustainable vegetable growing is the same idea. Using less pesticides, more compost for enriching

the soil, and irrigating smartly are all reasons we might use the word “sustainable.” It doesn’t mean “organic,” it doesn’t mean “natural,” just simply growing food so that our natural resources are not used up completely or destroyed.

Let’s define “organic.” For an organic farmer, it means certification that follows rules as to what is applied to the crops and how they must be managed. Organic farming does not mean that pesticides are not used. Organic farmers use pesticides but they are natural products and not synthetic. We don’t want to be misled to think that organic gardening is pesticide free. I try to garden organically by using pesticides like horticultural oil and insecticidal soap, both of which are organic pesticide. Although on occasion, products like glyphosate are used to manage weeds, but used always according to label instruction.

Heirloom is a term often used, whether describing vegetables or ornamentals (like trees, shrubs and perennials). This term is used rather loosely in the trade. If referring to vegetables, like tomatoes, melons, beans, these are typically thought to taste better. Which, in my opinion, is true. However, as an example, the heirloom tomatoes often don’t produce as many fruit, or may have some disease issues, which is what brought about hybrid varieties. Heirloom doesn’t mean organic, as we can spray synthetic pesticides on these plants and they would still be heirloom.

Heirloom has many connotations, depending on whom you ask. Things that may come to mind may be old, hardy or passed down. In my research, I have not found a clear definition of this term. In the vegetable world, it’s typically thought of as seeds collected from plants that are traced back prior to World War II. After WWII, the industry started hybridizing plants to produce higher yield and better disease resistance. In the flower and shrub world? Not so sure. There is no real definition to the term “heirloom.”

Once we understand the words used in the industry, we can make better choices when it comes to selection of plants and the purpose of those plants. Understanding “native,” may help you to choose a larger variety of native plants in your landscape, which may result in less and more efficient pesticide usage, better success with growing the plants, less water usage, and attract-

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# THE MASTER GARDENER

ing more pollinators to your garden, which then makes for a sustainable landscape.

If you choose to grow a sustainable landscape, your vegetable garden will prosper. It should make it much easier to grow organically, since you are attracting pollinators and good bugs into your yard. Be sure you can identify the good bugs; taking advantage of the natural predators is all a part of sustainable practices.

Remember that choosing heirloom seeds and plants will not contribute to the organic or sustainability of the environment, since heirloom simply has to do with the variety of the plant, not how it's managed and grown.

As already stated, sustainability has to do with not using up our natural resources, and soil is one of those resources. This makes composting an important step in your plan. This simply requires a space where you can dump garden debris and green

kitchen scraps into a pile and letting it break down into compost that can be used on the garden (vegetable or ornamental) as a mulch or soil additive. Compost could replace mulch as a top dressing, and also enhances the soil, replacing additives like peat moss. Compost is free, raised on your property from yard debris and kitchen scraps, costs nothing, and is applied to your plants and crops. It adds drainage, water-holding capacity, and has a little bit of nutrient value. It's a win-win!

When the marketing world latches on to a word or phrase, be sure you take the time to really understand what it means. This will allow us to be better gardeners and stewards of our environment. We can make better decisions, save a few bucks, and live in a healthier environment.

To read other gardening articles, visit the Gardening section of [Emmitsburg.net](http://Emmitsburg.net).

## Small Town Gardener

Fall colors: still

Marianne Willburn

October and all is mums and asters. Or not.

I am constantly pushing gardeners towards good foliage plants and combinations for the simple reason that blooms, however lovely, are fleeting. If you are lucky, you get both in one package (such as 'Autumn Glow' toad lily with its strong variegated foliage and exquisite fall flowers), but that's not always the case. Like it or not, foliage takes up more space – if it's dull, it's hard to mask. So, it pays to work with good (and easy) foliage plants that stand the rigors of a three – maybe even four – season garden.

Fall is the season to plant. 'Nuff said.

### Fall Color for Shady Sites

*Dryopteris erythrosora* (Autumn Fern) – The beauty of this vigorous, evergreen fern does not hinge, surprisingly, on those first two adjectives. The newest fronds unfurl in shades of orange-yellow, and whether it's spring or autumn, those colorful fronds just keep coming.

*Mahonia* spp (Oregon grape) – I didn't fall in love with evergreen mahonia (*aquifolium*) until *M. eurybracteata* came to my attention in the form of the Southern Living Collection selection 'Soft Caress.' Now suddenly I'm finding a great deal to love. However, protected from wind, the former does deserve a space in shadier gardens with adequate moisture. Grown well, it's imposing and unusual (even though it really isn't), and makes a terrific backdrop for other textures such as a golden false cypress (which also copes quite well with light shade).

*Carex oshimensis* 'Everillo' (Golden sedge) – What happens

when the first freeze crumples all the Sun Power hosta upon whose collective back you based your front planting schemes? Those who planted 'Everillo' carex instead (another Southern Living offering) will still have foliage, color and all the attendant joys thereof. This really is a superb sedge for part shade and still grows fairly well as the shade gets deeper. Light, texturally fine, and eye-popping color.

*Hydrangea quercifolia* (Oak-leaf hydrangea) – This remarkably beautiful native hydrangea is one grown for its large, oak-like leaves as much as its cream-to-pink panicles of flowers in mid-summer. If mildew hasn't taken its toll in a wet season, most are still holding onto dried versions of those flowers by autumn and begin to frame them with foliage turning glorious shades of red, orange and sometimes yellow. I grow the species, 'Little Honey' (a chartreuse cultivar), 'Snow Queen' and 'Pee-Wee.'

### Fall Color for Sunny Sites

*Miscanthus sinensis* 'Morning Light' (Maiden grass) – My only criticism of this stunning grass is the fact that it is so lovely I want to use it too much, thus undermining the effect of using it as a specimen elsewhere. Each 3-5mm white-margined blade is also striped with creamy white – which catches and reflects light – so important as the daylight hours dwindle. If that's not enough for you (and it should be), in autumn it's topped with russet-red flowering plumes. I have yet to see a seedling.

*Itea virginica* 'Henry's Garnet' (Virginia sweetspire) – Sweetspire has sweet smelling panicles of bloom that droop lazily from strong stems in early summer, but the word 'garnet' in this particular cultivar should give you an idea of what's in store foliage-wise come autumn.

*Amsonia hubrichtii* (Bluestar) – I almost feel like this one is a given, as it has been so popularized in the last few years, not least of all by the National Arboretum when it used this and native asters in a stunning planting scheme around the National Capitol Columns. There are many amsonias (I originally fell in love with *A. tabernaemontana*), but I defy most of them to come up with the color goods like this one. It can get a little pushy, and is hell on wheels to dig up and divide, but if you find it a good situation with good drainage in full sun, it will last a remarkably long time and reward you every year with lovely blue flowers in spring. Great for meadows if you're formulating a plan.

*Stachys byzantina* 'Helene von Stein' (Lamb's ear) – Just before the end of the season, I am usually cutting my standard lamb's ear to the crown to allow for some new growth and to clean up the shabby mess of rotting leaves. 'Helene von Stein' – a cultivar with larger leaves and almost no awkward flowering to speak of, is still looking good and can be minimally tidied without losing too much bulk in the autumn garden. A terrific ground cover around roses, particularly those with bright scarlet blooms.

Using strong foliage possibilities in your fall garden is the best way of supporting your fall blooms, whether those blooms come in the form of asters or something more exotic.

Marianne is a Master Gardener and the author of *Big Dreams, Small Garden*. You can read more at [www.smalltowngardener.com](http://www.smalltowngardener.com) or follow *The Small Town Gardener* on Facebook.

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# PETS

## Behind-the-scenes folks

**Jennifer Vanderau**  
**Cumberland Valley**  
**Animal Shelter**

There are so many instances when good people do really great work and don't always get the recognition for it.

I'm reminded of the scene in Titanic where Leo and Kate are running through the boiler room and you see those hard-working guys in front of the coal engines, all grungy and sweaty and looking pretty worn out, shovels full of coal, just doing their job.

When you think about it, in those days, no one would have crossed the Atlantic without those guys. I don't care if the luxury liner had three tennis courts and four grand staircases – it wasn't going anywhere without the guys in the boiler room working their hind ends off to power the ship. The same is true for this animal shelter.

Part of my job is talking to folks about what the Cumberland Valley Animal Shelter does in a day – the services we provide, the programs we have, the efforts we make to help homeless animals. I'm out and about. People see me and know me (sometimes whether they want to or not).

However it's the people who do the day-to-day work that really keep this place going. I'm talking about the folks who come in every day, for not much compensation, who have to answer angry phone calls from people who don't understand animals, who scoop and clean and rinse and mop the same floors and pans and kennels over and over – they're the ones who truly allow CVAS to continue its mission.

They're the ones in the proverbial boiler room holding the shovels loaded with coal, making sure it's "full steam ahead."

I may be the one people see, but they are the ones who keep this ship afloat.

If you want it straight, the truth of the matter is, if I went packing tomorrow, just took off for parts unknown (full disclosure, it would probably be a beach somewhere), do you know what would happen at CVAS? The exact same thing that happened today and yesterday and the day before that and the day before that...you see what I mean.

These animals would get food, water, medicine and clean beds; the laundry would be done, the dishes washed and the floors swept and mopped; phone calls would be answered, adoptions would be processed and strays would be taken in out of the elements; animals waiting for adoption would be spayed and neutered, paperwork would be completed and the place would keep running.

Do you know why? Because of the behind-the-scenes folks who are doing all that as I type these words, who have done it every day since this shelter has been around and who will do it into the future, whether I'm here or not.

These are the folks who are in the trenches, digging through the metaphorical coal bin to care for these animals every day, making sure that even though the pets are homeless, it doesn't mean they aren't loved.

And I'm so proud to be able to say I'm even just a small part of that team.

They come in to the same

thing, day in and day out, and it's not easy work. You have to lift and scrub and sweep and mop. You are wiped out when you're finished. You have to clean stuff that overwhelms the senses – that's the nicest way I can say it.

And they do it for the four-legged animals in our care.

Recognition is a funny thing. Some folks crave it to the point where it could be detrimental. Some folks search it out to the point where it's blatantly obvious (take an afternoon to peruse social media and you'll see exactly what I mean). Some folks legitimately don't want it – their good deeds stand for themselves. Some folks get it, but truly realize they didn't receive it alone.

For some people, recognition can be fleeting and not terribly plentiful. For shelter workers, sometimes the only recognition they get is in the photographs of happy pets or in the letters from adopters who never would have met their best friend if it hadn't been for their help. Sometimes the only "good job" or "thank you" they can hear is found in the grateful eyes of a four-legged baby looking up from a comfy bed in a new, forever home.

Well guys, I hope you're listening because I want to say thank you and good job. The loyalty and dedication of this staff continues to amaze and awe me. The bottom line to this organization, the reason to get up in the morning when the alarm goes off isn't for a paycheck, isn't for a pat on the back, isn't to move up the corporate ladder.

It's so that one more animal can have a chance. One more sweet, loving pet can finally be free of a kennel and into a warm home.

So we can save. One. More.

To my coworkers, thank you for keeping enough coal in the proverbial boilers to make sure that can happen.

*Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter in Chambersburg, Pa., and can be reached at [cvascomm@cvas-pets.org](mailto:cvascomm@cvas-pets.org). The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website [www.cvas-pets.org](http://www.cvas-pets.org).*



**Wait until you hear about Claudia. Claudia is a Chihuahua and we think she's about 12 years old. Claudia likes to be the boss. She can be aloof with strangers, but once she gets to know you, she's a lovebug. Because of this bossy tendency, there may be an age restriction for children, so talk to shelter staff about that. We're looking for someone who understands what it's like to live with a bossy Chihuahua. If that's you, come meet Claudia!**



**Diana came into the shelter as a stray after she decided to make a home in someone's garage. No one came to claim her, so now she's looking for a second chance. If you're looking for a special companion, she might be your girl!**



**Little Rosco came into the shelter as a stray, so we know very little about his past. He's doing well now, but will bark at strangers, so he might need to meet with potential adopters more than one time to see if he's the right fit. Rosco will need regular grooming to keep from getting mats and because of our lack of knowledge about his past, an age restriction for children might apply, so be sure to discuss this with shelter staff. If you think you might be able to help him, please fill out an application.**

**For more information about Claudia, Diana, and Rosco, call the Cumberland Valley Shelter at 717-263-5791 or visit them online at [www.cvaspets.org](http://www.cvaspets.org) or better yet, visit them in person at the shelter.**

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Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...  
The love I left behind.

-- Author Unknown



petco foundation

# East Coast Exotic Animal Rescue

Cindy Arentz

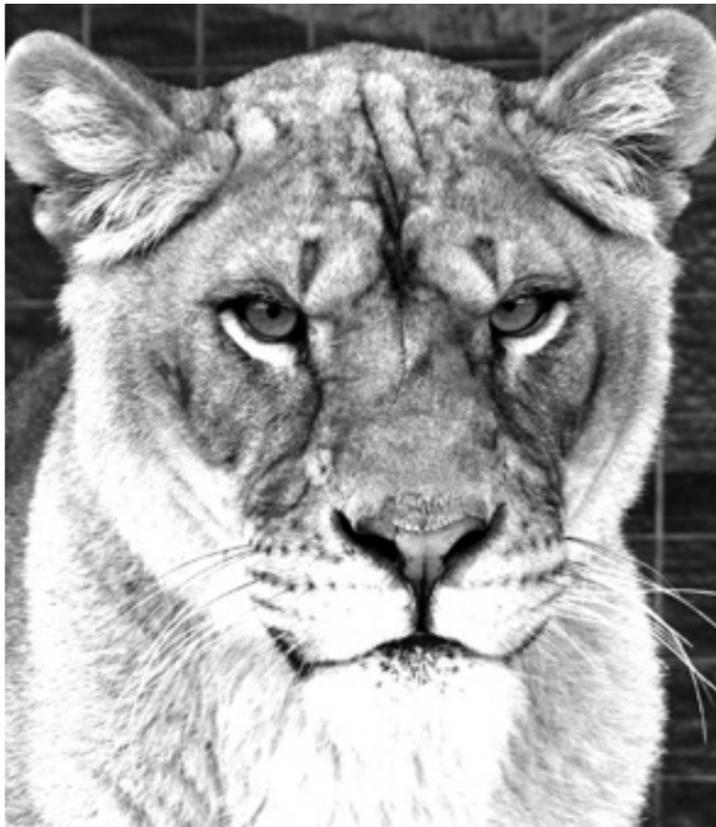
The exotic animal rescue is the dream of Suzanne T. Murray come to fruition. Many years ago the rescue was a zoo. As a worker and helper to the original owner of the property Suzanne Murray witnessed what she considered abuses and mistreatment of animals that she knew had feelings and needs that were being exploited not met. She started trying to find permanent homes for the animals that were a burdensome off season cost to a for profit owner. Her dream was to provide a forever home to the animals in her care.

The mission statement for the rescue is "To provide the best home we can for the animals in our care. In addition, to reduce the number of exotics that suffer the fate of abuse, abandonment or extinction by teaching people about the plight of exotics."

The zoo was purchased 1998 and immediately started transitioning the animals to living forever at her now exotic animal rescue. She received her non-profit status in 2001. The rescue is run fully on donations and volunteers. All monies received go directly to the housing and care of the animals. The rescue currently houses over 150 animals. For all of them, the rescue provides a lasting refuge where they can live their days in peace and safety. The animals here are vetted thoroughly, fed well and have toys and activities in their enclosures to occupy their time.

The rescue has suffered some serious catastrophes since 2013 when I became involved in it. A fire in 2014, flooding in 2019, the loss of animal advocate, volunteer, friend and force of nature Melissa Bishop.

They had to close to the public and rebuild in 2014 after a fire started by a router. No animals were lost in the fire due to the alert of a pet dog on the premises, Sadie. They re-opened in 2016 and then the flooding of 2019 caused the rescue to be closed again to



Angel, an African Lioness and one of the many exotic animals who have found refuge at the East Coast Exotic Animal Rescue where they will always have a home and be cared for.

reroute water away from buildings and redo the bird room to keep them from becoming ill from mold. The loss of Melissa still to this day has us in a cloud of grief as she was friend to all of us and central to the running of the rescue.

In spite of the problems and setbacks the care of the animals comes first always which is one of the things that drew me to them and having taken the time to get to know them I can tell you that not one of them wants to have this job to do. All the volunteers wish these animals were left alone to live in their individual habitats for their lives, but as long as they are exploited there is a need for them to continue.

The rescue is open to the public May thru October on Saturdays and Sundays 11am-5pm weather permitting. The fees collected at the gate also help with the housing and care of the

animals. Sitting there educating visitors and witnessing the generosity they bestow towards the animals is reaffirming that not all humans mean harm to animals in this world. Unfortunately there has been malicious attacks on some of the animals at the rescue and since there have been security measures put in place to prevent such attacks to go unpunished in the future.

Some of the ways to help are by purchasing an individual and family membership. We offer symbolic adoptions of the animals in our care and try to educate about the animals plight in life. The rescue holds an auction fundraiser annually on site, 320 Zoo Rd. Fairfield, Pa. 17320, the second Sunday of October annually. We are accepting donations to auction off now and hope to have a full house of guests on October 13th. We encourage anyone shopping on amazon to use smile.amazon and add us as your charity of choice for a small donation to be sent our way. Direct donations are always appreciated and can be sent thru the mail, by PayPal on the rescues website <https://www.eastcoastexoticrescue.org> by clicking "Join the Pride" button in the upper right hand corner.

## Life lessons from a cat...

Keira Wisdom

... Appreciating our time with others. Just a few weeks ago my family cat, Woofie, had to be put down due to a disease called Feline Infectious Peritonitis, which caused a quick decline in his health. I'd never realized that while everything in my life moved along, Woofie was always my reminder to slow down. The reminder morphed into a new one after his death; I had learned how to appreciate my time with others and their role in my life.

Learning to appreciate my time with my cat caught on only after his death. There was never a realization that Woofie had been there for me. As I got older and faced more of the real world I'd begun to feel hopeless. I matured and lost friends and crushes, I'd gotten bad grades and scoldings. I noticed that coincidentally, every time I'd be in pain, the old cat would sit next to me and rub his neck against my leg. Even if it wasn't because Woofie could sense my sadness or understand human emotion, the gesture still brought me comfort.

Besides my cat's excellent timing, he also became a source of stability in my life. As my family and I moved from state to state, time seemed to never catch up to Woofie. Growing up can be a difficult time for teens, but I had a rock in my raging sea that kept my head leveled. While the Earth kept changing and evolving, Woofie sat without a care in his little corner.

In my times of sadness and confu-



sion, not only did Woofie bring stability, but he also made me happy. I can remember sitting on the front porch of my childhood home, watching as Woofie pounced on the blades of grass that blew in the Amarillo wind. It seemed trivial and stupid, but as a young child that little bit of silliness made my life more colorful.

It was in these times that I could feel my time slowly ticking down. I watched as Woofie was euthanized and suddenly all those memories came flooding back to me in a storm of unrelenting sadness. I had learned through the pain of seeing my cat go limp in my sister's arms, to cherish my time. Not only with pets, but also with others because you never know when it'll be the last time you say goodbye.

In addition we need: Paper towels, Bleach, Laundry soap, Nuts in shells (such as almonds, Brazil nuts and hazelnuts), Natural spray cleaners, Gift cards to Lowes and Tractor Supply, Sweet Feed Grain, Contractors trash bags, 950 ink Hewlett Packard, Stamps, Fruit, Veggies, Bird toys, Baby toys, Plastic Exotic animal toys, Cat food!

They usually only accept applications for volunteers willing to commit to a minimum of a year, one day a week. Having several applicants on deck it will be quite some time before they have time to train anyone else.

The rescue is not only the passion of Suzanne Murray but her youngest son

Zach Murray is picking up the torch and will carry on into the future. He has grown up at the rescue and interacted with animals from a very young age. His compassion and empathy for the animal's plight is touching to witness.

East Coast Exotic Animal Rescue is a worthy recipient of any and all help anyone wants to give them. Please help them care for the animals medically tested on, discarded, mistreated and exploited for financial gain. My husband and myself are regular contributors of labor, money and trying to help as we can. I personally love this rescue. To see the love and care that these animals receive daily is emotionally rewarding to me.



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## COMMUNITY NOTES

### 21st annual LCAC road rally

Marti Shaw  
Land Conservancy  
of Adams County

*"There is a place, like no place  
on earth,*

*A land full of wonder, mys-  
tery and danger!*

*Some say, to survive it, you  
need to be as mad as a hatter ..."*

It's time again to rally through wonderful Adams County! Our 21st Annual Fall Classic Road Rally is set for Saturday, October 19—and we'd love for you to be part of the adventure!

Each year the Road Rally fundraiser guides more than 50 driver-navigator teams on an exciting road trip over the county's most beautiful, least-traveled roads at the peak of fall foliage colors. Teams follow numbered route instructions, participating in activities at stops along the route, and searching for clues to answer questions relating to land conservation in the county—all with the aim of sparking community interest in preserving the county's rural lands and character.

Those who prefer not to drive the route may participate aboard the Rally bus, which includes complimentary refreshments and commentary from a special tour guide.

Every Road Rally has a theme, and this year's is "A Mad Hatter's Taste of Adams County." We'll follow Alice into Adams County's wonderland, visiting some magical, mysterious places that are sure to challenge your imagination—and your taste buds!

Costumes are highly encouraged! Our Rally planning committee has already chosen theirs—you just might see The Mad Hatter on the course this year (of course!), or the March Hare, Cheshire Cat, Tweedledee, Tweedledum, and who knows who else? Prizes will be awarded for the best-dressed team at the Finish Line Party. This year, each stop along the Rally route will feature a tasting from one of Adams County's favorite food purveyors.

You don't have to pay, you know—your team can drive for free! Sign up just one Road Rally sponsor, and you and your team will receive free entry for up to four people to the Road

Rally and everyone's favorite Finish Line Party. So talk to your employer, a friend of the Land Conservancy, or your favorite local business about sponsoring your team. We have four categories with various rewards for sponsors, so there's something for everyone.

Then get your Rally team organized and brush up on your Alice in Wonderland trivia—and we'll see you in Wonderland! Be sure to register early because space is limited—only 60 teams will participate this year! See you at the Rally!

The Rally offers an excellent opportunity for community organizations to connect with land preservation enthusiasts by sponsoring the event. Organizations and individuals are encouraged to participate in the Road Rally as community sponsors. Sponsorships start at \$300 (\$200 for nonprofits) and includes free registration and Finish Line Party tickets for up to four people, recognition in the Rally's full-color event program, linked recognition on the Land Conservancy website, print recognition in The Gettysburg Times



"Road Rally planners getting into the spirit of the Mad Hatter's Road Rally: Ruthmary McIlhenny, Jeff Glahn, Mark Clowney, Sarah Kipp, and Queen of Hearts Ellen Dayhoff."

following the event, the opportunity to contribute branded items to team "goodie bags," and more. All sponsorships contribute to advancing the Land Conservancy of Adams County's mission of preserving the county's rural lands and character.

For more information and complete sponsorship benefits, interested community organizations and individuals are invited to contact the Land Conservancy at

LCAC@adamscounty.us.

The Land Conservancy is an accredited, member-supported non-profit organization committed to helping landowners preserve farms, orchards, stream valleys, and outdoor recreational resources for our children and generations to come. For more information about the Land Conservancy—and sponsoring and/or participating in its 21st annual Road Rally, visit LCACnet.org.

### VHC's 64th annual open house

The men and women of the Emmitsburg community's fire, rescue and emergency medical services will hold their Annual Fire and Life Safety Open House on October 10th, from 6 p.m. to 8:30 p.m. at the Fire Station located at 25 West Main Street.

Fire and injury prevention in Emmitsburg is a year-round effort done in concert with area residents, businesses, schools, institutions and

governmental agencies, but it's during 'Fire Prevention Month' that department personnel seek to especially underscore the importance of prevention and preparedness. The theme for this year's Fire Prevention Month is, "Not Every Hero Wears a Cape: Plan and Practice your Escape."

As part of the Vigilant Hose Company's (VHC) continuing efforts to educate everyone in the community

about essential elements of smoke alarm safety, this year's Fire Prevention Open House will include a vast array of information and activities related to fire prevention. Information and demonstrations will be available to help families and individuals prevent unwanted fire. Fire and life safety preparedness information will also be available to help attendees prepare for fires and other emergencies at home, at work or

at play. Information will be provided regarding the countywide "Gear-Up" Campaign – a volunteer recruitment initiative – on how one can serve in emergency response or non-operational roles to help their community.

Emergency Medical Services providers will be on hand to showcase their life-saving skills and as well to conduct Blood Pressure Checks on request. VHC personnel will be showcasing smoke detectors and offer information on disaster preparedness plus also provide keen

insights on assistance provided following major emergencies. Frederick County Resident Deputy Sheriffs will also be on hand offering crime prevention materials and a range of important safety insights.

For children, fire truck rides will be available. The evening will also include keen insights and displays including Scouting (courtesy of Scouts BSA, Troop 270, Thurmont) and the Frederick County Fire/Rescue Museum (based here in Emmitsburg).

### A small preservation project with a huge impact

Some preservation projects undertaken by the Land Conservancy of Adams County are more impactful than their acreage might suggest. A recent project preserving just 17 acres of woodland in Huntington Township is one example.

The Sauble and Weaver families work their land together as a partnership. Together, they donated an easement to the Land Conservancy on a 17-acre patch of woodland surrounded on both sides by farmland that was preserved at the same time through Adams County's Agricultural Land Preservation Pro-

gram. The county's farmland easement preserves 106 acres, which in turn adjoins a 127-acre farm that the owners had previously preserved through the county. Thanks to the Sauble and Weaver families, a beautiful patch of 250 acres in Tyrone Township will be preserved forever as farmland and woodland.

The farm has been in the families for generations, and the owners' thoughtful stewardship is evident everywhere, from careful stream bank fencing and reinforced stream crossings, to wide riparian buffers, grassed waterways, and no-till farming—all best land-management

practices for modern farms.

The two families are serious about improving water quality in nearby Bermudian Creek—which in the past had deteriorated due to pollution—and they are conscious of the fact that their actions have a direct impact on the Susquehanna River downstream.

And so the families are proud that their careful farming practices have helped improve the creek's water quality to the extent that trout—which can only flourish in cool, pristine waters—now thrive in the Bermudian Creek again. Two tributaries of the creek weave through

the newly preserved woodland, which in turn forms part of a wildlife corridor stretching along these streams to the Bermudian Creek proper, and then all the way to the edge of the county.

"We want to preserve the beauty of the farmland and provide a balance between that beauty and development," Brenda Weaver said of the families' motivation for preserving their farm. "They aren't making any more land."

But the families preserve more than land—they preserve history as well. In the early 1960's, two covered bridges near the farm were

slated for replacement with modern flat bridges. One was replaced, but Brenda Weaver and Roxey Sauble's father worked to preserve one of the bridges, swapping some of their land for the covered bridge. Today the historic covered bridge still spans the Bermudian Creek, thanks to the ongoing stewardship of these two far-sighted families.

The Land Conservancy of Adams County is a fully accredited, non-profit land trust dedicated to preserving the rural lands and character of Adams County, Pennsylvania. For more information, visit LCACnet.org.

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# COMMUNITY NOTES

## ESP's 9th Annual Autumn 5K



### Superheroes On The Run Fighting Through Breast Cancer

ESP would like to invite all to come and participate in the 9th Annual ESP 5k "Superheroes On The Run Fighting through Breast Cancer". We are again proud to use this event to honor our dear ESP friend who lost her battle with breast cancer in 2010. Pamela Gray Hobbs was a dancer, teacher, and parent affiliated with ESP for over 20 years. She remains in our hearts.

In memory of Pam, a portion of the proceeds from this event will be donated to help support Maggie Kudirka, aka "The Bald Ballerina". Maggie is a Maryland native who was diagnosed with stage 4-breast

cancer at the age of 23. Maggie has been a strong advocate for breast cancer awareness. The money raised will help with the cost of Maggie's increasingly large medical bills as she has already received 85 maintenance treatments.

We always like to have a little fun with this event! So besides running a beautiful course lined with dancers cheering you on, this year we will be holding a contest for the most creative, most powerful and the cutest costumes! Runners and volunteers will be entered into this contest and the winners will receive a prize! Please register at ESP Dance Studio, 15 Water St., Thurmont. For more information call 301-271-7458 or register on-line at [espdance.com](http://espdance.com).

**Boys & Girls & Safe Places & Guidance & Leadership**



**Whatever It Takes to Build Great Futures.**



Boys & Girls Club of Frederick County exists to prove every kid has what it takes.

We believe it takes a safe environment, skilled staff, and high-quality programs to ensure kids have a great future. Visit our website or call us at 240-831-4330 to learn more about our after school program in Emmitsburg today!



# Turn Your Pink On!

The 6th Annual Gateway to the Cure Campaign is underway!

Thanks to the following businesses for their generous donations to the Patty Hurwitz Fund at FMH! For more information about the Patty Hurwitz Fund at FMH go to: <http://www.pinkribbonfrederick.org/about-us>

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You can support the Gateway to the Cure in several ways!

1. Purchase a Pink Light Bulb at Cousins Ace Hardware, Hobbs Hardware, or the Town Office for \$4.00. Turn on your pink light every night from 6 - 8 p.m. through the month of October.
2. Purchase a Pinwheel at the Town Office to be placed in Mechanicstown Square in the Garden of Love.
3. Purchase a Gateway to the Cure shirt, water bottle, or tote bag & vote for your favorite pumpkin in the window at the Main Street Center. All Votes \$1.00. Merchandise and votes are at the Town Office.

## HEALTH NOTES

# Join the fight against Breast Cancer

**Kelsey Shupe**  
Frederick Regional  
Health System

October is Breast Cancer Awareness Month. Have you had your mammogram recently? Do you know the common risks of breast cancer, including age, age of first menstrual period, and family history of breast cancer? Could you recognize changes in your breast that can aid in the early detection of breast cancer?

Breast cancer occurs when there is an uncontrolled growth of cells in the breast. These cells typically create a tumor that can feel like a lump in the breast or is visible during a screening X-ray. This tumor is cancerous if the cells grow into surrounding breast tissue or spread to other areas of the body. While women are more likely to get breast cancer, it does occur in men.

According to Maryland Department of Health 2019 Cancer Data, breast cancer is the second leading cause of cancer death among women in Maryland, after lung cancer. The American Cancer Society estimates

5,290 new cases of breast cancer in females in 2019—with 830 resulting in deaths.

Early detection is key in the fight against breast cancer. The most common symptom of breast cancer is a new lump or mass. A cancerous mass is likely to be painless and hard with irregular edges. Other symptoms include:

- Breast or nipple pain
- Nipple discharge or retraction
- Redness, scaling, or thickening of the nipple or breast skin
- Skin irritation or dimpling

Being aware of changes in your breasts can aid in the early detection of breast cancer. Routine screenings for breast cancer are your best defense against the disease. While breast cancer is sometimes detected after symptoms develop, many women experience no symptoms at all.

“I see a lot of younger patients, just starting their lives,” says Dr. Susan Bahl, surgeon and medical director at Monocacy Health Partners Center for Breast Care. “We treat about 260 breast cancers per year. If you look at age pyra-

mids, the most common is 55-65. I see my share of that population that are just about to become grandmothers—just about to retire and then they're diagnosed. I see women at different peaks in their lives, and all of a sudden, they get diagnosed with this disease.”

She adds, “That emphasizes the importance of early detection and screening that can save lives if caught early.”

Mammograms are probably the most important breast-cancer screening and diagnosis tool, says Dr. Bahl. It is recommended that mammograms be performed each year, beginning at age 40. Women with a higher risk of developing breast cancer may be advised to begin annual screenings at an earlier age.

FMH Imaging Services is proud to be the only provider to deliver same-day breast imaging services to the Frederick community. A patient-friendly workflow allows us to reduce callbacks for additional images (when needed), ultimately reducing stress for patients and the need for additional follow-up appointments.

The latest Hologic 3D Mammog-

raphy screening technologies are available at the Rose Hill and Crestwood facilities, providing convenient access to FMH Imaging Services, no matter where you live and work within Frederick County.

“First and foremost, if you're 40, you should talk to your doctor about getting a mammogram,” says Dr. Bahl. “Also, women should examine themselves once a month, looking for any changes in the breast tissue, and get an exam by a physician once a year.”

To promote breast cancer awareness, screening, and prevention, and encourage support for Frederick Memorial Hospital's Hurwitz Breast Cancer Fund, which provides innovative options for the early detection and treatment of breast cancer in Frederick, Frederick Regional Health System (FRHS) has planned a series of events for the community throughout October.

Saturday, Oct. 5 - Pink Ribbon 5K Run/Walk at Hood College. 8 a.m.: Registration, 8:40 a.m.; Survivor Ceremony, 9 a.m.; Official Race Begins. Last year's event raised more than \$70,000 for the Hurwitz Breast Can-

cer Fund! The 11th annual Pink Ribbon 5K event kicks off at 9 a.m. with a 5k run/walk. This year's event has moved to a new neighborhood at the beautiful Hood College campus. Registration begins at 8 a.m., and a special survivor ceremony follows at 8:40 a.m. Cost (Timed Event): \$37 for adults (before Sept. 14), \$5 per child ages 10 and under with participating adult (race t-shirt not provided) Cost (Untimed Event): \$35 for adults (before Sept. 14), free for children ages 10 and under with participating adult (race t-shirt not provided)

Saturday, Oct. 26 - Pink Ribbon Gala: A Reflection of Hope, New Spire Stages, 15 W. Patrick St., Frederick. This year's event at New Spire Stages celebrates 20 years of the Hurwitz Breast Cancer Fund! Enjoy dancing and singing with Cutting Edge Dueling Pianos, be amazed by master magician Aaron Fisher, enter for a chance to win a beautiful diamond in Frederick's first Diamonds in Champagne contest, join a silent auction, enjoy hors d'oeuvres by Roasthouse Pub and drinks from Tenth Ward Distillery Company, and more. Purchase tickets online (they're \$75 per person and include open bar, heavy hors d'oeuvres, and unforgettable entertainment) or call 240-566-3186.

Wednesday, Oct. 30 - 15th Annual Breast Cancer Symposium, The Arc of Frederick County, Inc, 620A Research Drive, Frederick. Learn from the experts what you need to know about breast health in today's healthcare environment. Bring a friend, and let's talk! Cost: Free and open to the public. Call 301-418-6735 to pre-register.

The Hurwitz Breast Cancer Fund was established in 1999 by Jeff and Patty Hurwitz after Patty was diagnosed with breast cancer. Early diagnosis was the key to Patty's successful outcome, so the fund provides the most innovative options in early detection and treatment of breast cancer.

After 20 years of health and hope, more than \$1.8 million has been donated through community support and occasions like the Pink Ribbon events. Every dollar donated is used for direct patient benefit—there are no administrative costs. Thanks to the Hurwitz Breast Cancer Fund, a number of items have been purchased and serviced throughout Frederick County for cancer patients, including the healing space for patients and families at the Monocacy Health Partners Center for Breast Care, 3D and CAD mammography systems to detect breast cancer at an earlier stage, funds to make the James M Stockman Cancer Institute a reality, and more.

By attending the Pink Ribbon events, supporters are helping save lives here in Frederick County. To learn more about or to register for the upcoming Pink Ribbon events, visit [fmh.org/2019pinkribbon](http://fmh.org/2019pinkribbon). Interpreters are available by advance request. Please call 240-566-4370 at least one week prior to each event to request an interpreter.

For more information on staying safe in or around the water this summer, check out the American Red Cross for more tips and training courses, or contact one of our doctors today.

**This October, join us in the fight against breast cancer at these upcoming breast cancer awareness events:**

**SATURDAY 10/5, HOOD COLLEGE, FREDERICK**  
**Pink Ribbon 5k Run/Walk**

**SATURDAY 10/26, NEW SPIRE STAGES, FREDERICK**  
**Pink Ribbon Gala 20<sup>th</sup>**  
**Anniversary Celebration**

**WEDNESDAY 10/30, THE ARC OF FREDERICK COUNTY**  
**FMH Breast Cancer Symposium**

For more information or to register for an event, visit [fmh.org/2019pinkribbon](http://fmh.org/2019pinkribbon).



Interpreters are available by advance request. Please call 240-566-4370 at least one week prior to each event to request an interpreter. • **ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 240-566-4370. • **ATTENTION:** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 240-566-4370.

**JOIN US**

**EARLY DETECTION SAVES LIVES**

Call 240-566-3400 to schedule your mammogram today!

## Catoctin Furnace

Elizabeth Comer  
Catoctin Furnace Historical Society

For more than 46 years, the Catoctin Furnace Historical Society, Inc. (CFHS) has restored, preserved, interpreted, and shared the rich history of the industrial village. Founded in 1973 to halt the planned destruction of the historic iron furnace during roadway construction, the historical society has maintained an activist agenda of community leadership in the historic preservation field for four decades. The unique industrial village maintains the layout and structures built between 1774 and 1820, with remarkably few modern intrusions.

Visitors to the circa 1810 Collier's Log House, which serves as CFHS headquarters, step into a microcosm of the lifeway of an early industrial worker in the young United States and are introduced to the area's historic importance and heritage resources. Annual events such as "Traditional Village Christmas" and the "Maryland Iron Festival" enrich the lives of those who visit and participate. The history and architecture of the industrial past in Maryland is important, and the worker housing, restored and preserved by the historical society is accessible to the public.

In 1981, the society purchased the ca. 1810 log collier's house and began planning and fundraising to restore and preserve this unique structure. CFHS successfully restored the structure to the Secretary of the Interior standards and has continued to maintain and improve the log house.

In 2013, the society purchased the stone worker house at 12525 Catoctin Furnace Road and began fundraising for restoration and renovation.

The building, now known as the Forgerman's House, retained a remarkable amount of original building fabric, including portions of the flooring, plaster, fireplace, interior framing, and interior cupboard shelving. The society undertook a number of research projects to inform the restoration. Studies included dendrochronological research to accurately date the house, a Historic Structure Report to document the condition and characteristics of the original stone structure prior to any demolition and renovation work, careful removal of interior 20th century alterations characterized as "above ground archaeology" within the house which yielded more than 100 pieces of historic clothing, a Phase I archaeological identification survey within the parcel to map sensitive areas for avoidance, and extensive archaeological data recovery excavations under the floor of the main structure which resulted in the recovery of more than 30,000 artifacts.

Bell Architects, a firm with extensive experience working with historic structure renovation and adaptive use design, prepared the architectural plans to permit use of the building as a rental bed-and-breakfast facility providing revenue to the society for ongoing maintenance and programming. Interior wall finishes are whitewashed plaster and exposed stone, and wood floors and structure framing remain exposed. The completed restoration/renovation has returned the main portion of the structure to its original condition and reconstruction of a small frame addition provides code-compliant kitchen and bathroom facilities without requiring alteration to the historic fabric of the original stone structure. The innovative "Everyday

Treasures" program ensures that visitors can experience life in 1820.

In 2017, the society leased the state owned structure at 12610 Catoctin Furnace Road in order to restore and operate it as the Museum of the Ironworker. The building retains a remarkable amount of the original historic building fabric, including portions of the flooring, plaster, fireplace, and interior framing. The Catoctin Furnace Historical Society is currently working to return the main portion of the structure to its original condition, which will provide museum and educational space, and has replaced the frame rear addition in order to provide code-compliant kitchen and bathroom facilities, which will be accessible to visitors. When complete, the structure will serve as the museum and visitors' center for the Catoctin Furnace area of Cunningham Falls State Park, attracting group and individual visitors to the area. Exhibits within the museum will include the forensic facial reconstruction for two African American individuals buried in the Catoctin Furnace cemetery and excavated during highway construction in 1980.

An interpretative trail connects the furnace area to the Museum of the Ironworker and the center of the village. The restored Forgerman's House will soon be available for overnight rental. A graveyard containing the remains of some of the enslaved workers is located in the Catoctin Furnace area. Self-guided walking tour brochures for the furnace area and the village of Catoctin Furnace are available.

Seven years ago, CFHS established a partnership with the staff and students of Silver Oak Academy, providing vocational and educational opportunities to the academy students in an innovative historic pres-



The Catoctin Furnace Historical Society celebrates, studies and preserves the Catoctin Furnace's rich history.

ervation building trades program. CFHS benefits from both their labor and their younger and culturally diverse viewpoints. This innovative program as recently awarded Preservation Maryland's Phoenix Award. In September, the society was awarded two inaugural 2019 Frederick County Landmarks Foundation Awards: the Community Leadership and County Executive Awards.

An important part of the historical society's preservation work are its seasonal festivals and heritage tourism holiday events. This year we are hosting:

Fall Fest - October 11 and 12: Spend a day celebrating autumn in historic Catoctin Furnace at the 9th Annual Fallfest! Watch apple butter boiling over an open fire and purchase a pint fresh from the kettle. Traditional food, including soup and scones will be available for purchase. Tour the historic furnace and houses, see the newly completed Forgerman's House, and preview exhibits in the Museum of the Ironworker. Watch

a blacksmith at work. Make a traditional handkerchief doll, sip apple cider, and enjoy an heirloom-recipe baked good. Free Admission.

Spirits of the Furnace - October 19: "Spirits of the Furnace" is a guided night tour through the historic Catoctin Iron Furnace and Village, with stops in historic structures and along the landscape. Refreshments will be served. Visitors are encouraged to bring a flashlight and wear shoes appropriate for walking on uneven terrain. Admission is \$10 for adults, \$5 for children 12 and under. All proceeds will benefit the preservation and interpretation of the historic village. Admission is limited to 75 (15 per group beginning every half hour) and must be purchased in advance. To purchase tickets, visit [www.catoctinfurnace.org](http://www.catoctinfurnace.org), or call 443-629-8661.

To learn more about Catoctin Furnace history, activities and special events call 443-463-6437 or visit [www.catoctinfurnace.org](http://www.catoctinfurnace.org).



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### OCT. 19 | 10 a.m. - 4 p.m.

LIVE AUCTION WITH LARRY SCHWARTZ, PIT ROASTED PORK & TURKEY MEAL- ADULTS-\$12 KIDS(12 + UNDER) \$8, 4 + UNDER FREE, SILENT AUCTION, APPLE BUTTER, STRAWBERRY HILL NATURE CENTER, VENDORS, EDER'S FALLFEST FRIES & SANDWICHES, KID'S GAMES & PRIZES, CANDY TREASURE HUNT & BOUNCE HOUSE, FOOD COURT & BAKE SALE, LIVE MUSIC WITH WERNER FAMILY BLUEGRASS BAND, FACE PAINTING BY ELIZABETH, MICHAEL PELUSO GLASS DEMO, BEE KEEPING DEMO, FIBER ARTS DEMO, AND MORE.

[www.campeder.org](http://www.campeder.org)

## FAIRFIELD FIRE & EMS

# OPEN HOUSE

### Sunday, October 27

### 1 - 4 p.m.

Including Fountaindale Fire Department & Adams Regional Emergency Medical Service

Fire Truck & Ambulance Rides  
LifeNet Helicopter



Police Dog Demonstrations  
Local Police Departments  
Will Be On Hand To Answer Questions

### Help Serve Your Community!

Become a Fairfield Fire & EMS Volunteer. Together we can protect our loved ones!

FREE Hot Dogs and Sodas!

A Fun-Filled Day Of Activities For The Whole Family!



# WWI NEWS REPORTS FROM THE FRONT

## The Division of the Ottoman Empire

*Editor's Note: This will be the 4th to last article in our series on the ramifications of the actions taken by the Allies following the collapse of the Central Powers. While the intent of the Allies - on paper at least - was to free the numerous people enslaved by the Imperial Courts of Germany, Austro-Hungary and the Ottoman Empire - in reality, all they traded was one master for another. The implication of this "bait and switch" lives with us today in the artificially drawn boundaries in the Middle East that have led to almost non-stop wars, including those occurring today. So we continue with this series out of the hopes that the old maxim: "Those who forget history are bound to repeat it" will hit home.*

### Background

The Ottoman Empire was a state that controlled much of Southeast Europe, Western Asia and North Africa between the 14th and early 20th centuries. After 1354, the Ottomans crossed into Europe, and with the conquest of the Balkans, it was transformed into a transcontinental empire. The Ottomans ended the Byzantine Empire; the last ruminates of the 1,600-year-old Roman Empire, in 1453 with the conquest of Constantinople.

During the 16th and 17th centuries, at the height of its power, the Ottoman Empire was a multinational, multilingual empire controlling most of Southeast Europe, parts of Central Europe, Western Asia, parts of Eastern Europe and the Caucasus, North Africa and the Horn of Africa. At the beginning of the 17th century, the empire contained 32 provinces and numerous vassal states.

With Constantinople as its capital and control of lands around the Mediterranean basin, the Ottoman Empire was at the center of interactions between the Eastern and Western worlds.

The empire maintained a flexible and strong economy, society and military throughout the 17th and much of the 18th century. However, the Ottoman military slowly fell behind that of their European rivals, the Austrian-Hungarian and Russian empires.

The Ottomans consequently suffered severe military defeats in the late 18th and early 19th centuries, which at the time were styled as military campaigns to free Christian people from the yoke of Muslim rule. The military efforts of the Austrian-Hungarian and Russian empires, which at the time worked as allies, resulted in the freeing of the peoples in Greece, Bulgaria, Serbia, and the creation of their respective nation states. Meanwhile, the British Empire attacked it in the South, capturing Egypt, bringing that nation under its control.

The Ottoman Empire In WWI

In the early 20th century the Ottoman Empire allied itself with Germany, hoping to escape from the diplomatic isolation which had contributed to its territorial losses, and thus joined World War I on the side of the Central Powers. While the Empire was able to largely hold its own during the conflict, it was struggling with internal dissent, especially with the Arab Revolt in its Arabian holdings.

The history of the Ottoman Empire during World War I began with the Ottoman surprise attack on the Russian Black Sea coast on October 29, 1914. Following the attack, Russia and its allies, France and Britain, declared war on the Ottomans. There were several important Ottoman victories in the early years of the war, such as the Battle of Gallipoli and the Siege of Kut.

In 1915 the Ottoman government started the extermination of its ethnic Armenian population, resulting in the death of approximately 1.5 million Armenians in the Armenian Genocide. The genocide was carried out and implemented in two phases: the wholesale killing of the able-bodied male population through massacre and subjection of army conscripts to forced labor, followed by the deportation of women, children, the elderly and infirm on death marches leading to the Syrian desert. Large-scale massacres were also committed against the Empire's Greek and Assyrian minorities as part of the same campaign of ethnic cleansing.

The Arab Revolt began in 1916 and turned the tide against the Ottomans

on the Middle Eastern front. The Arab Revolt, which was in part orchestrated by T. E. Lawrence (aka: Lawrence of Arabia) and resulted in British forces under General Edmund Allenby defeating the Ottoman forces in 1917 in the Sinai and Palestine Campaign and occupying Palestine and Syria.

By 1917, following the collapse of the Russian Empire, the attention of the Allies shifted away from defeating the Ottoman Empire to turning back the German offensive on the Western Front. With the defeat of the German offensive, the Ottoman Empire found itself without its key benefactor, and quickly became a 'side show' in the final months of the war. Like Germany and Austria-Hungary, the terms of its peace treaty were dictated to it.

### The Sykes-Picot Agreement

The Sykes-Picot Agreement was a 1916 secret treaty between England and France, with assent from the Russian Empire and Italy, to define their mutually agreed spheres of influence and control in an eventual partition of the Ottoman Empire. The agreement was based on the premise that the Allies would succeed in defeating the Ottoman Empire and formed part of a series of secret agreements outlining its partition. The primary negotiations leading to the agreement occurred during the winter of 1915-1916, which was ratified by their respective governments on 9 and 16 May 1916.

The agreement effectively divided the Ottoman provinces outside the Arabian Peninsula into areas of British and French control and influence. The agreement allocated to Britain control of what is today southern Israel and Palestine, Jordan and southern Iraq, and an additional small area that included the ports of Haifa and Acre to allow access to the Mediterranean. France got control of southeastern Turkey, northern Iraq, Syria and Lebanon.

As a result of the agreement, Russia was to get Western Armenia in addition to Constantinople and the Dardanelles. Italy assented to the agreement in 1917 via the Agreement and received southern Anatolia. The Palestine region, with smaller boundaries than the later Mandate of Palestine was to fall under an international administration.

The agreement was initially used as the basis for the 1918 Anglo-French Modus Vivendi, which was an agreement for a framework for the Occupied Enemy Territory Administration in the Levant. More broadly it was to lead, indirectly, to the subsequent partitioning of the Ottoman Empire following their surrender in 1918.

Shortly after the war, the French ceded Palestine and Mosul to the British. Mandates in the Levant and Mesopotamia were assigned at the April 1920 San Remo Conference following the Sykes-Picot framework; the British Mandate for Palestine ran until 1948, the British Mandate for Mesopotamia was to be replaced by a similar treaty with a mandate for Iraq, and the French mandate for Syria and Lebanon lasting until 1946.

The Ottoman Empire's posses-



**Kemal Atatürk a Turkish Field Marshal, became the founder of the Republic of Turkey, serving as its first President from 1923 until his death in 1938. His leadership undertook sweeping liberal reforms, which modernized Turkey into a secular, industrial nation.**

sions in the Arabian Peninsula became the Kingdom of Hejaz, which was annexed by the Sultanate of Nejd (today Saudi Arabia), and the Kingdom of Yemen. The Empire's possessions on the western shores of the Persian Gulf were variously annexed by Saudi Arabia, or remained British protectorates (Kuwait, Bahrain, and Qatar) and became the present Arab States of the Persian Gulf.

### Mandates

Syria and Lebanon became a French protectorate (thinly disguised as a League of Nations Mandate). French control was met immediately with armed resistance, and, in order to combat Arab nationalism, France divided the Mandate area into Lebanon and four sub-states. Greater Lebanon was the name of a territory created by France. It was the precursor of modern Lebanon. It existed from 1920 to 1926. France carved its territory from the Levantine in order to create a "safe haven" for the Maronite Christian population. Marionettes gained self-rule and secured their position in the independent Lebanon in 1943.

The British were awarded three mandated territories by the League of Nations, with one of Sharif Hussein's sons, Faisal, installed as King of Iraq and Transjordan providing a throne for another of Hussein's sons, Abdullah. The mandate of Palestine was placed under direct British administration, and the Jewish population was allowed to increase, initially under British protection. Most of the Arabian peninsula fell to another British ally, Ibn Saud, who created the Kingdom of Saudi Arabia in 1932.

Mosul, the capital of the old Turkish Kurdish population, was allocated to France under the Sykes-Picot Agreement but was subsequently given to Britain by the League of Nations. Great Britain and Turkey disputed control of the former Ottoman province of Mosul in the 1920s. In 1923 Mosul fell under the British Mandate of Mesopotamia, but the new Turkish republic

claimed the province as part of its historic heartland. A three-person League of Nations committee went to the region in 1924 to study the case and in 1925 recommended the region remain connected to Iraq, and that the UK should hold the mandate for another 25 years, to assure the autonomous rights of the Kurdish population. Mosul stayed under the British Mandate of Mesopotamia until Iraq was granted independence in 1932.

### Ramifications From The Partition

The secret agreements between England and France to divide up between themselves the spoils of the Ottoman Empire is seen by many as a turning point in Western and Arab relations. It negated England's promises to the Arabs regarding a national Arab homeland in the area of Greater Syria in exchange for supporting the British against the Ottoman Empire.

The agreement, along with others, was exposed to the public by the Bolsheviks in Moscow in November 1917 such that "the British were embarrassed, the Arabs dismayed and the Turks delighted". The agreement's legacy has continued to bolster mistrust among Arabs over present-day conflicts in the region.

The forcible carving out of nations like Iraq (from three disparate provinces of the Ottoman Empire), Palestine, and forcible division of Syria along communal lines is thought by many analysts to have been a part of the larger strategy of ensuring infighting in the Middle East, thus necessitating the role of Western colonial powers (at that time Britain, France and Italy) as peace brokers and arms suppliers.

### Independence Movements

When the Ottomans departed, the Arabs proclaimed an independent state in Damascus, but were too weak, militarily and economically, to resist the European powers for long, and Britain and France soon established control.

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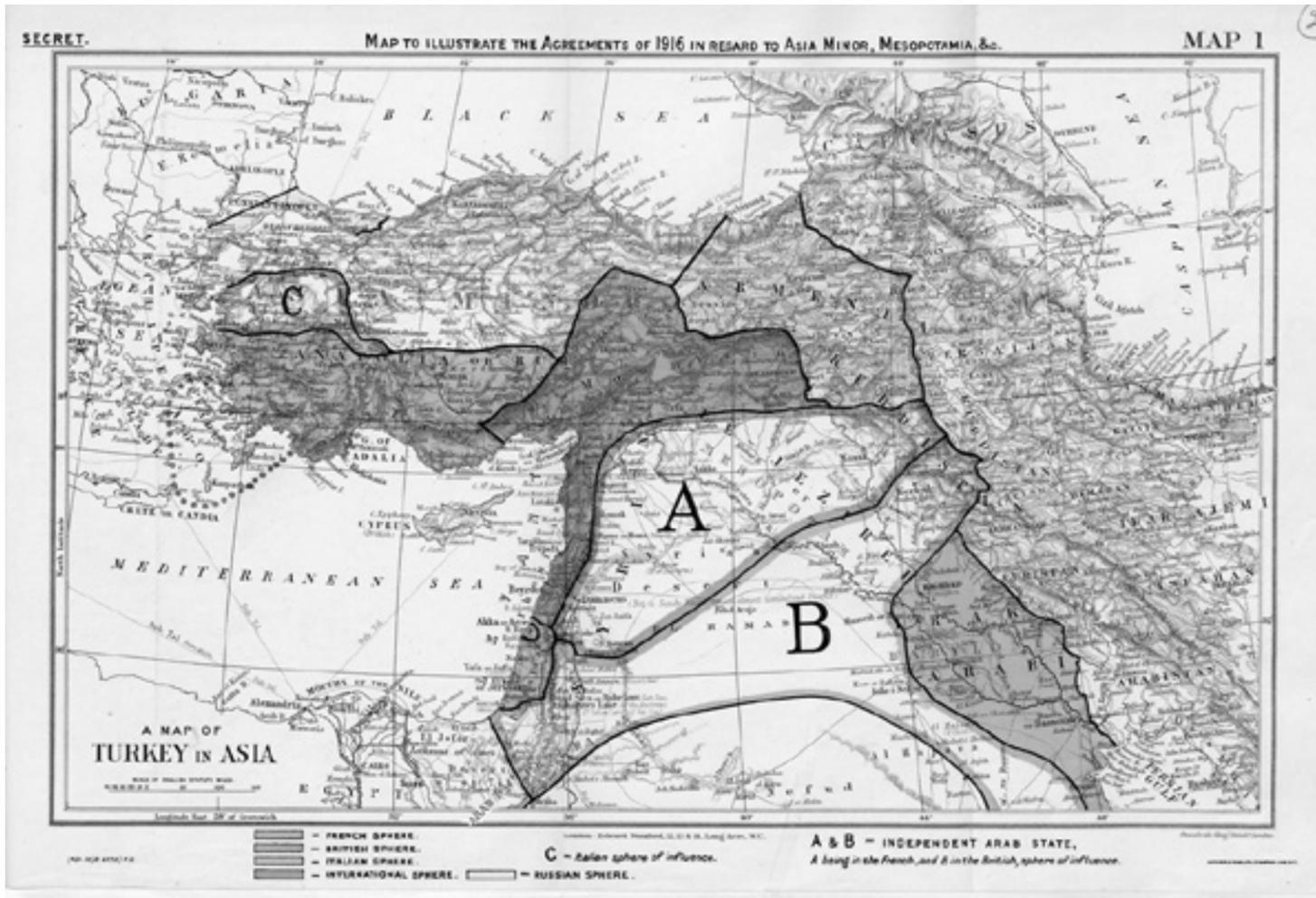
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Following the end of WW1, the Ottoman Empire lost its Middle Eastern territories, which were subsequently divided between England and France.

Syria and Egypt moved towards independence, although the British and French did not formally depart the region until after World War II.

In Palestine, the conflicting forces of Arab nationalism and Zionism created a situation which the British could neither resolve nor extricate themselves from. The rise to power of Nazism in Germany created a new urgency in the Zionist quest to create a Jewish state in Palestine, leading to the Israeli-Palestinian conflict.

On the Arabian Peninsula, the Arabs were able to establish a number of independent states as the Ottomans withdrew. In 1916 Hussein bin Ali, Sharif of Mecca, established the Kingdom of Hejaz, while the Emirate of Riyadh was transformed into the Sultanate of Nejd. In 1926 the Kingdom of Nejd and Hejaz was formed, which in 1932 became the Kingdom of Saudi Arabia. The Kingdom of Yemen became independent in 1918, while the Arab States of the Persian Gulf became de facto British protectorates, with some internal autonomy.

The British seeking control over the Dardanelles led to the occupation of Constantinople, with French assistance, from November 1918 to September 1923. After the Turkish War of Independence and the signing of the Treaty of Lausanne, the British troops left the city.

The Allies, particularly British Prime Minister David Lloyd George, promised Greece territorial gains at the expense of the Ottoman Empire if Greece entered the war on the Allied side. The promised territories included eastern Thrace and parts of western Anatolia.

In May 1917, after the exile of King Constantine of Greece, Greek Prime Minister Eleutherios Venizelos returned to Athens and renounced Constantine's planned alliance with Germany and instead, allied Greece with the Allies. Greek military forces began to take part in military oper-

ations against the Bulgarian army, thereby turning the tide of the war in that part of the world, and eventually leading to the defeat of the Austrian Empire.

At the Paris Peace Conference, based on the wartime promises, Venizelos lobbied hard for expanded Greek control of the islands in the Aegean Sea as well as the small Greek speaking community in Southern Albania, the Orthodox Greek speaking community in Thrace (including Constantinople) and the Orthodox community in Asia Minor, as well as Greek control of Bulgarian land along the Aegean Sea. In 1919, despite Italian opposition, he obtained the permission of the Paris Peace Conference for Greece to obtain those areas.

At the Paris Peace Conference, the Armenians argued that historical Armenia, the region which had remained outside the control of the Ottoman Empire from 1915 to 1918, should be part of the Democratic Republic of Armenia. Arguing from the principles in Woodrow Wilson's "Fourteen Points" speech, the Armenians argued that Armenia had "the ability to control the region," based on the Armenian control established after the Russian Revolution.

The Armenians also argued that the dominant population of the region was becoming more Armenian as Turkish inhabitants were moving to the western provinces. The president of the Armenian National Delegation told the peace conference that: "In the Caucasus, where, without mentioning the 150,000 Armenians in the Imperial Russian Army, more than 40,000 of their volunteers contributed to the liberation of a portion of Armenia, and where, under the command of their leaders, they, alone among the peoples of the Caucasus, offered resistance to the Turkish armies, from the beginning of the Bolshevik withdrawal right up to the signing of an armistice."

President Wilson accepted the

Armenian arguments for drawing the frontier and wrote: "The world expects of them (the Armenians), that they give every encouragement and help within their power to those Turkish refugees who may desire to return to their former homes ... remembering that these peoples, too, have suffered greatly." The peace conference agreed with his suggestion that the Democratic Republic of Armenia should expand into present-day eastern Turkey.

Before being overrun and forced into the Soviet Union, the Democratic Republic of Armenia signed the Treaty of Alexandropol, on December 1920, agreeing to the current border between the two countries, though the Armenian government had already collapsed due to a concurrent Soviet invasion. Afterwards, Armenia became an integral part of the Soviet Union and only re-emerged as an independent country following the fall of the Soviet Union in 1989.

After the fall of the Russian Empire, the Christian population of Georgia became an independent republic and sought to maintain control of the areas with Muslim Georgian elements, which had been acquired by Russia from the Ottomans in 1878. Soviet Russia and Turkey launched a near-simultaneous attack on Georgia in February-March 1921, leading to new territorial rearrangements by divided Georgia between the two victors.

Like its neighbor Armenia, Georgia became an integral part of the Soviet Union and only re-emerged as an independent country following the fall of the Soviet Union in 1989. In 2008 it was invaded by Russia resulting in the occupation of two Russian-speaking provinces - the self-proclaimed republics of South Ossetia and Abkhazia.

#### Formation Of The Republic Of Turkey

Between 1918 and 1923, Turkish resistance movements led by Mus-

tafa Kemal Atatürk forced the Greeks and Armenians out of Anatolia. The Turkish revolutionaries also suppressed Kurdish attempts to become independent in the 1920s.

Turkey and the newly formed Soviet Union, along with the Armenian Soviet Socialist Republic and the Georgian Soviet Socialist Republic, ratified the Treaty of Kars in September 1922, establishing the north-eastern border of Turkey and bringing peace to the region, despite none of them being internationally recognized at the time. Finally, the Treaty of Lausanne, signed in 1923, formally ended all hostilities and led to the creation of the modern Turkish republic under the leadership of Mustafa Kemal.

Kemal would go on to become Turkey's equivalent to America's George Washington. He steered the country away from foreign entanglements, drew a sharp separation between church and state, thereby ending 500 years of Muslim rule, and

provided for freedom of religion and the press. In short, he transitioned what at one time was a backward 3rd world country into a modern western republic. While technically a Republic, Kemal established the military as the guarantors of Turkey's new non-secular institutions.

Under these institutions, Turkey remained neutral in World War II, thereby blocking Nazi Germany's ability to coordinate Rommel's drive on the Suez Canal with a drive from the North, allowing the Allies to defeat Rommel, resulting in the first defeat of a German army, and eventually bringing about the capture of North Africa.

During the Cold War, Turkey allied itself with the western powers against the Soviet Union, joining NATO, and forming the eastern most front in the western power efforts to block the spread of Communism. With its control of the Dardanelles, Turkey, for all intents and purposes, controlled the passage of Soviet naval forces to and from the Black Sea and the Mediterranean, thereby assuring NATO dominance of this sea.

In 1962 NATO stationed medium range nuclear armed missiles in Turkey. The closeness of the missiles to the Soviet heartland led to the Soviet decision to attempt to station nuclear tipped missiles in Cuba, leading to the Cuban Missile Crises.

Following the collapse of the Soviet Union, Turkey continued on its western looking approach, with the ultimate goal of joining the European Union, turning its back on Asia and forever casting its lot with Europe. Turkey's European Union aspirations, however, reached a roadblock in the past decade with the rise of an Islamic oriented government that challenged many of the principles required for entry into the Union.

Since that time, sadly, all of Kemal's checks and balances to keep church and state separate, have been undone, leading to a on-going spiraling of Turkey into the religious and tribal wars that are consuming the present Middle East.

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# HISTORY

## Gateway to the Mountains

George Wireman  
Originally published in 1969

### Chapter 3 The Catoctin Iron Works

Located about three miles south of Thurmont, on US Route 15, is the thriving little community of Catoctin Furnace. Nestled in the valley at the base of the beautiful Catoctin Mountains, this little village was once the scene of much activity, for it was here that the Catoctin Iron Works was first established and in later years it contributed much to the history of early America.

In 1768, a grant of land consisting of 7,000 acres was given by Leonard Calvert to Thomas Johnson and Launcelot Jacques for the specific purpose of establishing a forge mill. This operation soon became very successful and gave employment to many persons in the immediate area.

The discovery of iron ore in the Catoctin Mountains soon led to the building of a smelting furnace. A dozen or more houses were built along the turnpike for the workers and the village of Catoctin soon became a behive of activity. Great open spaces were made in the mountain where the old trees were burned into charcoal, and then hauled down the mountain by four-mule teams to the hearths of the furnace, where

it was used in the process of turning the ore into pig-iron.

By 1773 Launcelot Jacques withdrew his interests at Catoctin and built his own furnace across the mountain. Thomas Johnson was then joined by his brothers, Baker, Roger and James and a second furnace was constructed to meet the growing demands for pig-iron.

During the American Revolution, this prosperous little industry had the honor of making cannon, shot and shell for General George Washington's army while he was engaged in the battle of Yorktown. It was several years later while conducting experiments with a steam-boat that James Rumsey visited the "Furnace" and personally supervised the casting of several parts for his ship, the first vessel propelled by steam in American waters. A large imperfect casting stood for years imbedded in the ground near the cross-roads.

As the iron works grew in importance, Catoctin House was built for Thomas Johnson, who was the leading figure and superintendent of the furnace. Today this house is a pitiful ruin, staring with vacant eyes upon what was once the scene of great activity. In 1803 Baker Johnson took over the operations of the business and Thomas Johnson withdrew his

interests and entered politics, later becoming the first governor of the State of Maryland. What a shame that some of our historical societies haven't taken enough interest in the site to preserve Catoctin House as a monument to the first governor of Maryland.

Baker Johnson, like his brother Thomas, wanted a big home and in 1805 he built a beautiful house at Auburn Farm where he lived for a number of years. Near the gateway to the driveway to Auburn was a small forge where castings were made. Several years ago when the State widened the road, a number of cannon balls were plowed out of the old site along with several iron wedges used to direct the flow of molten iron when it was run off in the casting house. To the left of the driveway, stood a warehouse of charcoal. Even today, the soil at this site is still blacker than anywhere else in the area.

Baker Johnson at one time leased the iron works to Blackford and Thornburg, but before the expiration of their lease, Mr. Johnson died and the business was sold to Welloughly and Thomas Mayberry in 1813. Seven years later the property changed hands again and was purchased by John Brien and his brother-in-law John McPherson, who made many improvements which increased its capacity. Tin plate

stoves and the popular Franklin stoves were cast at Catoctin during the Brien ownership. The tin plate stoves were very popular at the time for they permitted the burning of full-length cord wood. The Franklin stoves were made to fit into fireplaces, some of which are still preserved and bear the inscription "McPherson and Brien, Catoctin Furnace."

By 1852 the Catoctin Iron Works was under the ownership of James P. Fitzhugh and Jacob M. Kunkel. In 1855 the Fitzhughs decided to go to California and shortly after their departure, Jacob Kunkel sold the business to his two sons, John B. and John M. Kunkel. In 1885 John B. Kunkel died and John M. continued the business alone. He later added 4,000 more acres to the property and another furnace was erected. Abundant iron ore of the best quality of hematite was found on the land and it was during this period that the Catoctin Iron Works produced about 12,000 tons of fine pig-iron annually. This was used in the manufacture of car wheels and for all foundry and rolling mill purposes.

March 9, 1862 was a very important day to the people of Catoctin, for it was on this day that the Monitor engaged the Merrimac in the battle at Hampton Roads, Virginia.

The Monitor, an armored naval vessel, was designed by and constructed under the direction of the American engineer, John Ericsson. The vessel was propelled by steam and had guns mounted in a revolving armored turret. The freeboard of the vessel was low and the turret was small in comparison with the over-all length; because of its shape the vessel was divisively called by the Confederates the "Yankee cheese box on a raft."

On March 9, 1862 the Monitor met up with the Merrimac at Hampton Roads, Virginia, where the previous day the Merrimac

had destroyed several wooden Federal vessels. The Monitor, lighter and less unwieldy than its opponent, was able to outmaneuver the Merrimac. The battle between these two ships lasted several hours, with the Merrimac finally withdrawing up the Elizabeth River. Although the relative fighting capacity of the two ships was not conclusively determined by the battle, it was a strategic victory for the Monitor, as the ships of the Federal fleet were protected from further attack by the Merrimac. Furthermore, the battle showed the superiority of ironclad ships over the wooden ships used up to that time.

The people of Catoctin Furnace were deeply impressed by the results of this Civil War battle and rightfully so, for the plates of the Monitor were made from the iron produced at the Catoctin Iron Works.

During the Civil War, work at the furnace was never interrupted, even when the Union Army marched through Catoctin on its way to Gettysburg. For days after the Battle of Gettysburg, many tired soldiers from both sides wandered back through the countryside and were fed and comforted by the citizens of Catoctin. Some were even offered jobs at the furnace.

Following the war, a new industry — a paint mill — was established at Catoctin. This brought an influx of people to the village and a number of new homes were built in the area. By this time Kunkel had over 440 men on his payroll.

To transport supplies to the furnace and pig-iron to Thurmont for shipment via the Western Maryland Railway, six and eight teams of mules would haul sturdy wagons over the dirt roads. In snowy and rainy weather the weight of the wagons made traveling very difficult. The need for a smoother and faster means of transportation necessitated the building of a railroad.

**Emmitsburg Chronicle.**

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# HISTORY



The Catocin Iron Works - 1893

In 1886 the Monocacy Valley Railroad was organized by L. R. Waesche of Mechanicstown and Dr. Steiner Schley of Frederick. Work was begun immediately and the four mile road connecting the Catocin Furnace with the Western Maryland Railway at Mechanicstown was completed the same year. The teams of mules continued to be the source of power until 1898 when a steam locomotive was purchased. The engine took over the hauling to and from the Western Maryland Railway at Mechanicstown and was also used in moving the standard gage cars about at the furnace.

Around 1900 there was great activity at the Catocin Iron Works and the Monocacy Valley Railroad purchased a narrow gage engine to haul the cars that delivered the ore to the washers at the upper level. Here the ore was washed and then moved by the standard gage engine to the stock house. At one time there were fourteen sidings at the Furnace to handle the raw materials and the finished products. This expansion necessitated the construction of a third siding by the Western Maryland Railway at Thurmont in order to handle the large volume of business there.

As an indication of the large volume of business handled by the Monocacy Valley Railroad, a copy of the Catocin Clarion, dated June 7, 1900, revealed that in May of that

year the Western Maryland delivered to the Monocacy Valley, 91 cars of coke, 23 cars of limestone, 1 car load of coal, 1 car of rails and two cars of supplies. In turn Monocacy Valley delivered to the Western Maryland, 128 cars of pig-iron produced at Catocin.

In June 1905, tragedy struck Catocin. A flat car loaded with workers was being hauled up the line and as a result of an error in signals, a fast train crashed into it. Almost every family suffered the loss of a father, a son or a brother.

On April 20, 1898, in a letter to Mr. Frank Hesson, Agent for the Western Maryland Railway at Thurmont, Steiner Schley clearly indicated that a move was being considered to place the Catocin Iron Works into the hands of receivership. He requested information concerning how much iron, ore, wood, rails, and posts were shipped from Thurmont from January 1, 1897 to April 20, 1898. Mr. Schley's letters, reproduced here in their original form indicated that this information was not available from the books at the Furnace and he needed them to show that it would benefit the stockholders to close out.

This letter, found by the author in the ruins of the old Western Maryland station when it was being demolished in 1967, is proof that business conditions were not what they seemed to be. Work was slowing down at the Furnace. Other plants of this nature

were being established near the great industrial centers where operating costs were cheaper and transportation problems fewer. The paint mill closed and many of the village men found work on the Western Maryland Railroad.

Finally by 1907, the Catocin Iron Works went into the hands of receivership and was sold, this time to a Pennsylvanian, Mr. Thropp, who soon closed it completely. The end had finally come. All of the machinery was moved to his other plant near Pittsburgh.

On December 7, 1907, the Frederick Railroad Company was chartered under the laws of Maryland. Among the railroads absorbed by the Frederick Railroad Company were the Monocacy Valley Railroad, and the Washington, Frederick and Gettysburg Railroad. The Monocacy Valley as a corporation went out of existence and the operation of the Monocacy Valley as a separate segment ceased.

In 1923 the furnace property was sold on a mortgage to Launcelot Jacques, a descendant of the first owner, and his partner Stanley Hauer. The tenants of the houses on the property were given the option to buy their homes and today, many of them are still owned by the third and fourth generations.

Several years later some of the furnace acreage was sold, a portion of which was purchased by Lawrence Richey, then secretary to Pres-

ident Herbert R. Hoover. A camp was built on the site and a cabin was erected for the President. President Hoover spent many weekends here, but disliked the publicity which he received every time he came to Catocin. Since he was unable to close the country road which led to the Richey camp, he withdrew to Rapidan, near Madison, Virginia, where he spent his weekend outings.

In the early part of the 1930's, the Federal Government purchased 5,000 acres of the mountain land including Catocin House, for the purpose of establishing the Catocin Recreation Demonstration Area. Catocin House had been vacant for many years prior to this and was badly in need of repair. Many citizens were led to believe that the National Park Service would restore the old Thomas Johnson home as a memorial to Maryland's first governor, but this has never materialized. The beautiful boxwood which lines the walk at Catocin House was removed. Some of it was re-planted at the White House and some at the Lincoln Memorial. The old house itself was found to be in such bad condition that nothing was ever done to preserve it. Today all that remains of this historic site is the old stone walls which can hardly be seen from the road for the thick undergrowth that has grown up around it. Nature has almost oblit-

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erated all trace of its former activity and the important part it must have played in the development and progress of the once famous Catocin Iron Works.

*Editor's note: New technology has brought to light new information on the Furnace that George was not aware of when he wrote this piece. To get the most updated and accurate history of the Catocin Furnace visit [www.catocinfurnace.org](http://www.catocinfurnace.org).*

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# MOM'S TIME OUT

## How prepared are our kids for adulthood?

Mary Angel

So, I got into an odd conversation with my best friend the other day. We were talking about the kids (it is either that or husbands or for us maybe Disney) and how prepared or not prepared we felt the college kids were for adult life.

The fact is that since we both have kids ranging from 12 to 20 years old we have seen the good, the bad, and the ugly of what is required for graduation and what is taught to our children to prepare them for the real world. I have written many articles with praise towards the teachers and schools my kids have attended, however there are a few things in the way of curriculum and rules that I would question. Let's face facts, there is never going to be a school that you love 100% (from elementary to college). The question is does the good outweigh the bad and are you trying to make changes for the better.

In our public school system there are a few classes that are required for graduation that came up in our conversation. There are many graduation requirements that did not come up, like the ELA, History, or Science requirements (the extent to which the kids have to go in Math was a topic for debate). The first class we discussed was Foundations of

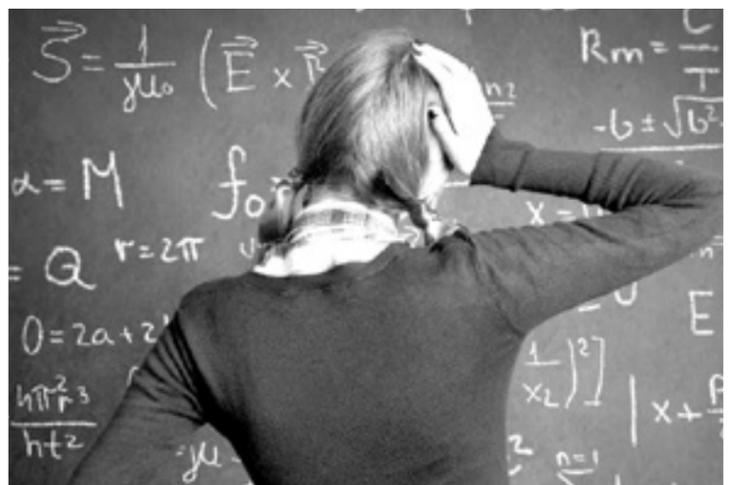
Tech. We both assumed it might have something to do with computers or apps or maybe even take the place of what was woodshop in our day. It is actually none of these, it turns out that Foundations of Tech is more of a beginner engineering class. You know, a build this and test that kind of a class. For many kids this is a fun easy "A", but we are not sure how it in any way prepares them for adulthood and their future.

The next class that we discussed was personal finance. Again, we assumed incorrectly that this class would go over bank accounts (checking vs. savings), the dangers of credit card debt, building good credit, budgeting, paying bills, and maybe even a few life lessons in rent and utility bills (we both thought of the episode of The Cosby Show when Theo gets a life lesson in the real world called "Theo's Holiday" I believe). My kids brought home a lot of homework on compound interest and investments and quite a bit. There was also a huge statistics piece centered on deadly diseases (weird I know). The questions went something like this... If you were diagnosed with cancer and drug A was 75% effective but cost \$10,000 and drug B was 50 % effective but cost only \$2,000 would you choose A, or B, or A and then B, or B and then A. I told my son to ask if they had

a more effective drug! I know sarcasm is not the best direction but really?!?!?!?

During our conversation we started discussing a class or group of classes that would be much more helpful to these kids than a homemade roller coaster and making decisions about an imaginary disease. What if there was a class that really taught our kids the ins and outs of micro soft office. Not a voluntary class but a mandatory one and not the basics but more in depth. There are so many things you can do with Excel, for example, which could benefit them in their future. Creating a budget and having the spreadsheet calculate for you, linking certain cells or columns from your spreadsheet to other documents, the possibilities are endless. The kids do learn many things through trial and error but the amount of tricks and tips that are not learned would be very beneficial in their futures, whether they go to college or open their own business or start a vlog.

What if they left high school and knew how to change a flat tire, check their tire pressure, and top off all of their fluids in their vehicles? What if part of the class spelled out the dangers of credit card debt while touching on the importance of building credit and good credit at that? What if there was a section of one of the classes



that talked about designing a budget and what to include and how to plan for that unexpected car repair? What if more time was spent on writing a resume and interviewing? What of there was time devote to preparing the kids for how different college will be (no retakes, no late work, loose points if you don't show up for class, etc.).

I am sure I am going to have people up in arms saying that their school did talk about credit cards and that their school does offer a computer class, but on an in depth, prepare them for the future level there is nothing. I also know some parents touch on some of these things at home but let's face facts, a lot of kids at this age don't hear what their parents are saying nearly as quickly as when a teacher says it and their grade depends on

it. I believe as parents we should always be educating our children and preparing them for adulthood. Not only do I believe it but I think it is our responsibility and job. I also believe if we are going to have graduation "requirements" they should be important to the future of our children.

In closing I need to reiterate that I believe our public school system does a great job. I also think maybe these two requirements need updating and refining. I now have two college students (how did that happen!) in my house and I know that the school and I could have prepared them much better for the college experience and adulthood. I hope this wasn't too much of a rant for some of you and that you take this for what it is, the advice of an experienced, flawed mom.



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# Pears-a-plenty welcome fall

Kay Hollabaugh  
Hollabaugh Bros., Inc.

Happy Fall! Among the various fruits and vegetables that are harvested this time of year, fresh pears are easily one of the favorite autumn crops, here at Hollabaugh Bros., Inc. Before I began working here, my knowledge and taste for pears was limited to what was available at the grocery store... so minimal, at best. Since I am now surrounded by many different pear varieties during my work day, I have had the wonderful opportunity to try them and learn a bit more about this juicy autumn fruit. So here's your "Pears 101" crash course; information provided from 3rd generation Hollabaugh Family.

Varities: There are European varieties of pears (Bartlett, Seckel, Bosc, etc.) and Asian varieties of pears (Hosui, Yoinashi, Olympic, etc.). They are very

different in taste and texture! All originated from wild forests that existed in those areas over the millennia.

Ripeness: Often people don't know when to eat a pear, or when it will taste best. Different varieties are different, but generally, you don't want to wait until the whole pear (European) is soft before eating - you just want the stem-end to be a bit soft. A lot of the European varieties will also shift from an undertone of green to more yellow. Asians are best when their undertone is more of a golden bronze. The skin color always tells the story. Due to some of the growing challenges, there is some meaningful pear breeding going on in the country.

As "potentially good" varieties start to emerge, one of the biggest challenges growers have is knowing not just when to eat a pear but also how to ripen it. Interestingly, not all European

pears ripen best on the tree. In fact, some really won't ripen unless harvested at a certain stage of maturity and then stored in the cold storage for a time. On the tree they just kind of go from green and hard to soft and mushy. So what do we mean by being "ready"? Well, it depends on taste.

Some pears will get sweet and then their flesh will mellow and become "melting" - Bartlett is a great example. However, there are pears that must be eaten "crisp" or the flesh just turns to mush. With new varieties, one never knows which is "right" - except through trial and error. To add further confusion, some varieties won't really get "good" on the tree but become wonderful after being stored for a period (and that period can vary). It's truly a much more complicated beast than most other tree fruits!

## Poached Pears

You can poach the pears in halves or whole. Note that the poaching time will be longer if the pears are in larger pieces than quarters. The best way to test if the pears are done is by poking one with a paring knife; if it meets no resistance, it's done. Recipe courtesy of: [www.davidlebovitz.com](http://www.davidlebovitz.com).

## Ingredients: (Makes 4 servings)

1 quart (1l) water  
1 1/3 cup (265 g) sugar  
4 Bosc pears; peeled, cored, and quartered

Additions: One cinnamon stick, 2 teaspoons whole cloves, black peppercorns or allspice berries, one lemon half, one split vanilla bean, 2-3 star anise, 6-8 fresh ginger slices

## Instructions:

In a large saucepan, heat the water and sugar until warm and the sugar is dissolved. Add any of the additions that you wish.

Slide in the pears and cover with a round of parchment paper, with a small hole cut in the center.

Keep the liquid at a very low boil and simmer the pears until cooked through, 15 to 25 minutes, depending on the pears.

Remove from heat and let the pears cool in their liquid.

Optional: After poaching the pears, while the liquid is still warm, add approximately 1/2 cup (120 g) dried sour cherries, cranberries, raisins, or dried currants and let them plump.



Among the various fruits and vegetables that are harvested this time of year, fresh pears are easily one of the favorite autumn crops.

## Serving:

Serve the pears warm or at room temperature. Accompany with perhaps a scoop of Vanilla ice cream and some dark chocolate sauce, a spoonful of crème fraîche, Milk chocolate & black pepper ice cream, fresh raspberries, or alongside a wedge of spice cake or gingerbread.

## Storage:

Store the pears in their liquid in the refrigerator, in a covered container, until ready to use. Remove the pears from the refrigerator a few hours prior to serving, and re-warm them gently in the liquid, if you wish. The pears will keep for up to 5 days.

## Autumn Spice Pear Cobbler

Sweet pears and a wonderful, warm blend of spices combine for this simple and delicious Autumn Spice Pear Cobbler. Recipe courtesy of: [www.bakeorbreak.com](http://www.bakeorbreak.com). Yield: 6 to 8 servings. Prep Time: 25 minutes.

Cook Time: 35 minutes

## Ingredients for the fillings:

3 tablespoons unsalted butter  
4 medium pears, peeled and chopped into about 1/2-inch pieces  
3/4 cup granulated sugar  
1/4 cup all-purpose flour  
1/2 teaspoon ground cinnamon  
1/4 teaspoon salt  
1/2 teaspoon vanilla extract

## Ingredients for the topping:

1 & 1/2 cups all-purpose flour  
1/2 cup firmly packed light brown sugar  
1 teaspoon baking powder  
1 teaspoon ground cinnamon  
1/2 teaspoon ground cardamom  
1/4 teaspoon ground ginger  
1/4 teaspoon ground allspice  
1/8 teaspoon ground nutmeg

pinch of salt

1/4 cup unsalted butter, cold and cut into 1/2-inch cubes

1/4 cup milk

sanding sugar, for garnish (optional)

## Instructions to make the filling:

Preheat oven to 350°F.

Melt the butter in a skillet over medium heat. Add the pears, sugar, flour, cinnamon, and salt, and stir to combine.

Continue cooking, stirring frequently, until the sugar has dissolved and the mixture is bubbly. Allow the mixture to bubble for 2 or 3 minutes, or until thickened.

Remove from heat. Stir in the vanilla.

Transfer the filling to a 1-quart baking dish. Set aside while you make the topping.

## Instructions to make the topping:

Combine the flour, brown sugar, baking powder, cinnamon, cardamom, ginger, allspice, nutmeg, and salt.

Add the butter, and mix with a pastry blender, a fork, or your fingers until the butter is about the size of peas.

Add about 3 tablespoons of the milk, and continue mixing the dough. Add the remaining milk, a small amount at a time, and mix just until the dough comes together.

Drop the dough by tablespoonfuls over the top of the filling. Sprinkle with sanding sugar, if using.

Place the baking dish on a lined, rimmed baking sheet to catch any potential spills.

Bake 30 to 35 minutes, or until the topping is browned and the filling is bubbly. Serve warm or at room temperature.



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# LIBRARY NEWS & EVENTS

## Blue Ridge Free Library

Monday - Story Time starts at 4:30 p.m., immediately followed by Legos and Wee Build Imagination until 5:30.

Wednesday - Coffee club from 4 - 5:30 p.m., mingle with the gang for coffee, tea, puzzles, board games, coloring books, &c.

Wednesday- VITT (very important teens and 'tweens) night. The community room is reserved for teen use from 6 - 7:30 p.m., just hang out or play Wii, play board games, do puzzles, eat snacks, watch movies, make movies, etc.!

Saturday - Join us at 11 a.m., for Story Time and all of its festivities! What could be better than a great book and a fun craft?

### Upcoming Special Events

Zero, our wonder therapy dog, will be at the library from 5:30 - 6:30 p.m. on October 15 for the ever popular "doghouse sessions". He loves a good book and great company so stop on by and get a fuzzy cuddle! He also has a brand new book to preview and coloring pages and business cards to share.

The Summit Stitches Quilt Club is also meeting at 5:30 p.m. on August. New members and new projects are always welcome! Any skill level may attend. If you have always wanted to learn how to quilt, now is the perfect time to start! The group is currently working on this year's gorgeous raffle quilt.

The Dining Car Food Club will be meeting at 6 p.m. on Oct. 17. The theme this month is "Farmers Market Festival" so please put on your creative cap and bring a dish of seasonal foods to share.

The Train of Thought Book Club will meet on Oct. 24 at 6 p.m.. This month's discussion will be about Tolkien and the Great War: The Threshold of Middle Earth" by John Garth.

## Frederick County Library Emmitsburg Branch

Family Storytime - Every Tuesday and Thursday at 10:30 a.m.

Pete the Kitty Party - Oct. 3, 10:30 a.m.. Listen to stories about the Pete the Cat when he was just a little kitty, then enjoy activities and crafts.

STEM Saturday - Oct. 5, 12, & 19, 10 - 11 a.m.. Learn, play, and explore with a variety of fun STEM activities.

Basics of Bread Baking -Saturday, Oct. 5, 1 - 2 p.m.. Discover the basics of bread making.

School Skills for Preschoolers - Oct. 10, 17, 24, 11:15 a.m.. Practice school-readiness skills with cutting, tracing, play, and other literacy activities.

R.E.A.D. with Wags for Hope - Oct. 17, 5 - 6 p.m., children read to Reading Education Assistance Dogs.

Frankentoy - Oct. 19, 1-3 p.m., dismantle old toys and

reuse the parts to build odd and creepy creations.

Autumn Color Science - Oct. 26, 10 - 11 a.m.. Learn the science behind the colors of autumn leaves and participate in a fun hands-on activity.

Fall Costume Celebration - Oct. 31, 10:30 - 11:30 a.m., come to Storytime dressed in your favorite costume. Enjoy fun fall stories, activities and crafts.

## Thurmont Regional Library

Little Picassos - Mondays at 2 p.m., little ones will express themselves through painting, drawing and more.

Preschool Storytime - Tuesdays at 10:30 a.m., songs, stories and fun for preschoolers and their grownups.

School Skills for Preschoolers - Tuesdays at 11:15 a.m., practice school-readiness skills with cutting, tracing, play, and other literacy activities.

Toddler Storytime - Wednesdays at 10:30 a.m., songs, stories and fun for toddlers and their grownups.

Preschool Coding Club (Ages 3-5) - Wednesdays at 1 p.m.. Join us weekly to learn early coding technology concepts through a variety of activities and games.

Baby Storytime -Thursdays at 10:30 a.m., songs, stories and play for babies and their grownups.

Family Storytime - Saturdays, Oct. 12, 19, 26, 10:30 a.m.,

songs, stories and fun for the whole family.

ILR: Medically Curious: Health Tips - Wednesdays, Oct. 2, 9, 16 & 23, 10 - noon, A dozen simple topics from earwax to exercise. Dr. Larry Romane will talk about what's behind TV drug ads and medical breakthroughs seen on the news. Presented at no charge courtesy of a partnership with Frederick Community College's Institute for Learning in Retirement.

Friends, Food, and Fun - Oct. 2, 4 p.m., hang out with friends while enjoying snacks and games.

Getting Organized Make & Take: Managing the IFSP & IEP Paperwork - Oct. 3, 10:30 a.m., get organized at this work session with Frederick County Infants and Toddlers Program staff. Bring your paperwork.

Dig into Archaeology - Oct. 3, 10 & 17, 11 a.m., learn the skills and techniques an archaeologist uses in the field.

Washi Tape Crafts to Keep - Oct. 3, 6 - 7 p.m., decorate light switches for your room, journals and more with this Japanese rice paper tape.

Open STEM Lab - Oct. 3, 6, 13 & 20, 2-3 p.m., explore Science, Technology, Engineering and Math concepts in the STEM Lab.

On-site at Catoctin Mountain Park: Storytime and Hike - Oct. 4, 10 - noon. Storytime followed by a short hike led by a Park Ranger. Meet at Visitor Center, 14707 Park Central Rd, Thurmont.

On-site at Catoctin Mountain Orchard: Family Storytime - Oct. 5, 11 a.m., enjoy the fresh air at this Apple Storytime. Visit the orchard afterward. Meet at Catoctin Mountain Orchard.

Lunchtime Yoga for Adults - Oct. 7, noon - 1, join us and Sol Yoga for a 60 minute all levels welcome afternoon pick me up. Wear comfortable clothes and bring a yoga mat.

Owls Aren't Spooky - Oct. 7, 6:30-7:30 p.m., live animal show and stories on the Deck.

School's Out Block Party and Virtual Reality Experience - Oct. 9 & 25, 1:30 - 3:30 p.m., build, explore tech and more.

Slime Lab - Oct. 9, 6 p.m., try new slime recipes every month with new colors, textures, and additions.

Steampunk Stuff - Oct. 10, 6 p.m., transform old bits and pieces, gears and gadgets into jewelry and accessories.

Family Bingo Night - Oct. 10, 6:30 p.m.. Play Bingo and win prizes!

Archival Techniques - Oct. 10, 7 - 8:30 p.m., learn how to safely store and preserve your precious photos and documents with Mary Mannix, Maryland Room Manager and Archivist.

My First Book Club - Oct. 11, 10:30 a.m., sharing a new picture book each month with related activities. Children do not need to know how to read but need to be accompanied by a caregiver.

Photo Fun - Oct. 16, 6 p.m., edit photos and create a frame to showcase your work.

Switched on Game Night - Oct. 17, 6:30 p.m., kick back and enjoy Nintendo Switch, Minecraft or retro Wii games

Fire Safety Storytime and Fire Engine Visit - Oct. 18, 10:30 a.m., join us for a Fire Safety Storytime followed with a visit by a local firefighter in his fire engine.

Chess Club - Oct. 19, 11 a.m., stop in to learn, play, or sharpen your skills. All ages and skill levels welcome.

Halloween Escape Room - Oct. 19, 1 - 4 p.m., team up with a group and see if you can break out of the spooky puzzle in time.

On-site at Cunningham Falls State Park Nature Fit Geology Hike - Oct. 20, 2 p.m., a Park Ranger will lead a tour of the park's coolest geological sites. Meet at the Lower Falls Trailhead in the William Houck Area near the lake, 14274 William Houck Drive, Thurmont. Bring water, dress appropriately, and wear comfortable shoes as the trail may be rocky and steep

Bats Aren't Spooky - Oct. 21, 6:30 p.m., bats are superheroes of the night. Learn about echolocation superpowers and how important bats are to the environment.

Art Attack! - Oct. 22, 4 p.m., express yourself through art. Kindness Rocks!

Medicare Coverage Explained, Oct. 22, 7 p.m., representative from Vineros Financial Services will simplify and explain the complexities of Medicare coverage.

In Your Backyard: Fountain Rock's Critter Friends - Oct. 24, 11 a.m., Fountain Rock Naturalist will share stories of animals native to Maryland in this live animal program.

Fright Night - Oct. 24, 6:00 p.m., we welcome wizards, witches, warlock - in fact all teens in costumes or not. Food, games, music and prizes.

Slime Time - Oct. 24, 6:30 p.m., any time is slime time! Use a variety of ingredients to make and explore slime.

R.E.A.D. with Wags for Hope - Oct. 28, 11 - noon, children read to Reading Education Assistance Dogs.

STEM Lab: Chemistry Science - Oct. 27, 2 p.m., what happens when we mix things together. Explore with some simple ingredients!

Mindful Movement for Families - Oct. 28, 6:30 p.m.. Stretch, pose, breathe and more. Yoga mats provided.

Frankentoy - Oct. 30, 6:00 p.m., dismantle old toys and reuse the parts to build odd and creepy creations.

Code It! - Oct. 31, 11 a.m., learn beginning coding concepts. 10/31: Binary Coding; 11/7: Scratch Coding with LEGO WeDo 2.0; 11/14: Coding Algorithms with Bee Bots.

Happy Halloween Party - Oct. 31, 6:30 p.m., wear your costume and drop in for some fun games at the library!

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# SCHOOL NEWS

## FCCC's Associate Degrees

Frederick County high school students will soon have a unique opportunity to earn their high school diploma and an associate degree simultaneously through a new partnership between Frederick Community College (FCC) and Frederick County Public Schools (FCPS).

The program, called Early College, was created to increase participation and completion of students from populations historically under-represented in higher education, and is open to all FCPS high school students. Students in the program will attend FCC full-time during their junior and senior years.

This new program will enhance the current Dual Enrollment offerings at FCC, which are Open Campus and High School Based.

As full-time undergraduate students, Early College students will follow the

FCC academic calendar and have the option to take day, evening, online, and weekend courses. Early College students receive a discounted tuition rate at FCC.

"By partnering with FCPS to offer the Early College program, we are breaking new ground when it comes to educational opportunities available to students in Frederick County," said FCC President Elizabeth Burmaster. "Not only can students complete their associate degree by the time they finish high school, they can do so at a discounted rate, affording them the opportunity to enter the workforce sooner and with less college debt."

The program will be offered beginning in fall 2020 for students who are sophomores during the 2019-2020 school year.

"FCPS is committed to providing a variety of pathways for high school

students to become career and college ready," said Dr. Theresa Alban, FCPS Superintendent. "The collaboration with FCC has already created many opportunities for our students. I am delighted to see the launch of yet another option to support our students."

FCC will host two Early College Information Nights this fall - October 17 and November 13. All sessions will run from 7 - 8 p.m. in H111, located on the first floor of the Student Center.

Early College admission applications will be due in spring 2020. Students who apply will be scheduled for an interview by Early College staff at their high school as part of the application process. Enrollment for fall 2020 (graduation class of 2022) may be limited, based on capacity of Early College staff. All students who meet the qualifications outlined here under "Early

### FAFSA Finish Events Announced

To lower barriers to post-secondary education, a coalition of local organizations known as the Frederick County FAFSA Coalition announces eight workshops to assist students in completing the FAFSA form. The Free Application for Federal Student Aid is the first step in accessing a variety of scholarships and federal funding. Financial aid experts will be present to answer questions. The workshops are free; registration is strongly recommended. Visit [www.FrederickCountyGives.org/FAFSAFinish](http://www.FrederickCountyGives.org/FAFSAFinish) to register for a specific time slot.

FAFSA Finish events for 2019 are scheduled for October 7 at Catoctin High School, from 7 to 8:30 p.m. The FAFSA Coalition includes Frederick Community College, Frederick County Public Schools, Hood College, Mount St. Mary's University, The Housing Authority of the City of Frederick, United Way of Frederick County, and The Community Foundation of Frederick County.

Questions may be directed to the Community Impact Department at The Community Foundation of Frederick County by calling 301-695-7660.

College" are welcome to apply.

For more information about Early College at FCC, click here and select the "Early

College" tab. If you have questions about the program, you can contact the Dual Enrollment Office at 301-624-2893 or [DualEnrollment@frederick.edu](mailto:DualEnrollment@frederick.edu).

## Greenmount's Venture Crew 230

On the 1st and 4th Mondays of each month, Venture Crew 230 gathers at Greenmount Fire House. This is a newly formed youth group that is an extension of Boy Scouts of America (BSA) however, this group is open to young men and women from the age of 14 through 21. There are members from Gettysburg, Fairfield and Carroll Valley so far. WE would love to have members from Northern Frederick County join!

Venturing ideals emphasize Adventure, Leadership, Personal Growth and Service. Youth members run the crew with

adult advisors to help. This system allows youth to gain leadership skills and explore personal growth in the structured environment of a BSA group. The more experienced youth help the less experienced to gain very useful life skills as they navigate various roles within the crew. Adult advisors are on hand to offer help and guidance if it should be needed.

As the name implies, venturing is a key component of the crew. The youth plan how to budget their crew funds on activities designed to explore new places and try things they have not done before. In September they went

for a weekend of camping down to Colonial Beach VA. The youth planned the menu (they always eat well!) decided what to do and when, and they also helped each other to have fun! They swam, played mini-golf, had a boat tour of the Norfolk Naval Yards, went fossil hunting and made S'mores around the campfire. Not only did they have fun but they became a more bonded group.

Service is also an important element of venturing. Crew 230 is chartered by the Greenmount Fire House, so they are helping with whatever the fire house needs. Crew members have helped with the fire house feeds and have enjoyed washing the fire trucks. If there is a need for help within the community, Crew 230 will always do their best to help.

Crew 230 is actively looking for new members to help plan their next adventure. They love to meet new people so would like to invite the youth of the Greater Gettysburg/Fairfield area to come and plan with them. Who knows what the next adventure will be! For more info information Herb Milligan at 717-778-1867



Members of Gettysburg's new Venture Crew 230 - new junior members welcome!

### FCC Students show off culinary skills

This fall, the Frederick Community College's restaurant, 200 Monroe, will be open to the public for an exclusive three-course dinner service prepared by students under the guidance of culinary and hospitality instructors.

The restaurant delivers a capstone learning experience for Hospitality, Culinary, and Tourism Institute (HCTI) students who work in the open-kitchen restaurant setting during their final semester of the program.

The restaurant is open on Thursday evenings, from 5:30 to 8:30 p.m., October 3 through December 5, with the exception of November 28.

In past seasons, 200 Monroe has

been named to numerous OpenTable Diners' Choice lists, including the best overall, best value, fit for foodies, great for lunch, and best food lists. It was also recommended by 100% of diners.

The menu includes numerous options for first, second, and third course selection, as well as a choice of beverage, for \$35, including tax and gratuity. All restaurant revenue directly supports HCTI student training and instruction in the program.

Please note, while reservations are not accepted by phone, reservations are accepted online anytime. For additional restaurant inquiries please call 301-624-2768.

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**Teen Job Skills Program - Thursdays 6:30 p.m.**

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## FOUR YEARS AT THE MOUNT

*This month, we asked our writers to watch a selection of videos on how communication has recently changed and reflect on how technology affects how we communicate in today's day and age.*

### Freshman Year

#### Pocket sized morality

Emmy Jansen  
MSMU Class of 2023

I have never lived in a world without technology. While I didn't have the newest of everything growing up, it was a foundation of my education and I spent formative years learning how to increase my typed words per minute and use certain software. Most Americans my age can attest to this same elementary education. Middle school was met with the surge of Apple devices, our clammy hands gripping our iPods on the school bus. We continued this trend in high school, documenting teenage drama and relationships all over our Instagrams. Classroom teaching became paperless, trading books for power points and videos. Every club, organization, or team had a Facebook, Instagram, or Twitter to go with it. College and job applications are almost selectively online, saving time and money. This is not only the life we live, but the life we were born into. So, when those of older generations ask us if we can imagine a world without our cell-phones, as they always do, we honestly can't. But I challenge the older generation with a statement I once heard said about the cell phone epidemic: "I'm not here to yell at your generation

about being on your phones. After all, my generation invented them, and they were made to be used."

We live in an age where technology is rapidly advancing, and as the technology advances, so does the fear. Grandparents watch their grandchildren trade toys for video games and fear what it means for their mental growth and development. Artificial intelligence is created, and we fear it becoming sentient and destroying the human race. What we should be asking in that scenario isn't, "How will we fight back?" but, "What makes them want to destroy our race in the first place?" Many of the dystopian novels that are popular on bookshelves involve the misuse of technology. From *The Hunger Games* to *1984*, it is the technology that gives the oppressors power over the oppressed. Here at the Mount, every first-year student reads *Brave New World* by Aldous Huxley, which is a fatalistic take on the industrialization of America, leading to an immoral society built on technology similar to those used in eugenics. The main question we're tasked with answering is, "Are we living in a *Brave New World*?" Somehow, the answer always comes down to the technology and the meaning behind it. And nearly a century later, we are close to having the technologi-

cal capability to do what Huxley feared of. While this fear of losing our morals in return for technology is present in many first-year students, professors, and people all over the world, I counter it. We have the technology to do almost anything, but we have the morality not to do any of it.

This speaks to all of technology, even something as harmless as calls, emails, and text messages. We have the power to use it and the power to misuse it. Whether we like it or not, technology has impacted every aspect of our lives. At the end of every chapter in every textbook I've read in my first month of college, there is some statement along the lines of, "Technology has changed \_\_\_\_\_." Whether it be mass weapons changing international relations, social media changing the peace industry, or household devices changing the way we communicate, technology has left the world entirely different than how it was before its existence.

Social media is the most obvious example but if you look deeper, you can see the impact technology has had on our communication and how we view the world. Twitter has replaced the presidential Fireside Chats. Battlefield letters and diaries are now long-distance Skype calls. Violence is livestreamed and war is in our living room. We are more connected than we have ever been, but we have never felt more alone. This, I believe, is the problem with technology: not the use of it

by teenagers, but the isolation we feel as a result. We have the power to talk to virtually anyone in the world with a few clicks of a button, which should unite us. But the internet and social media are instead full of hate, negativity, and despair. Suicide skyrockets globally and mental illnesses are becoming more prominent in teens and young adults. And when we wonder why, the evidence all points to the screens. Is this a reflection of human nature? I don't want to believe so. But you have to wonder, when our televisions are full of thousands of channels of meaningless talk that we don't ever watch, and our throats are choking on words we can say to anyone in the world but don't dare to speak.

With this new technology, communication has struggled to catch up. Nonverbal expressions, tone, and context are lost when you trade face to face interaction with the online version, even with video chats and pictures. While the internet makes things efficient and easy, it complicates even the simplest of conversations. The true meaning of words is lost, and we often forget that there is a human being on the other side of the screen. Is the existence of the internet entirely negative? Of course not. The mere fact that we can talk to people on different continents in seconds is powerful enough to speak for itself. Separated families are connected, long distance relationships can thrive, and knowledge once

resigned inside borders has spread globally. A core trait of humanity has developed around the world, and it will continue to grow as we become more interconnected with our counterparts across the oceans. The benefits of technology outweigh the consequences but not enough for us to ignore them entirely. As we charge our phones, we should recharge our brains and hard-wire our hearts to translate compassion into code. The virtual world does not have to be different than the real world. Instead, we should learn to combine the two. But there is a learning curve that comes with this new power and we must revisit our foundations of society to truly understand how it should and shouldn't be used.

Yes, communication has changed, significantly, as a result of technology. But humans have not. As we adapt to the newest iPhone, we should learn how to adapt our humanity and morality to also fit in our pockets. Industries like politics, journalism, and others struggle to catch up to the everchanging technology and we should grant it that delay. But we should recognize the immense opportunity we have to use technology for good and not let it be a meaningless luxury item. We, as a human race, deserve more.

*To read other articles by Emmy Jansen, visit the Authors section of Emmitsburg.net.*

### Sophomore Year

#### Innovate or introspect?

Harry Scherer  
MSMU Class of 2022

"Technological progress has merely provided us with more efficient means for going backwards." This is the case, at least for 20th century writer Aldous Huxley. In this quote, Huxley mentions the concepts of technology, progress, regress and the relationship between these three meaningful ideas. As we live through the technological revolution, it is important for us to consider these concepts with even greater intention.

The cultural age of rapid technological advancement was germinated and continues to grow without very much intentionality or reflection. One of the symptoms of this lack of concern is evident today in an apparent inability to communicate interpersonally. The public square is cluttered with

insults and attacks because of a fundamental misunderstanding of what "the other" truly believes and desires. Our political debates quickly derail into raucous fights because of a lack of clarity and a great discomfort in opponents giving each other the benefit of the doubt.

Technology certainly plays a great role in this interpersonal disconnect. Technological advancement, though, is a symptom of our discomfort with intrapersonal communication. The culture demands that we only think about ourselves, or if we think about others it is so that we may further satisfy our self-esteem. Within this warped philosophy is a poor understanding of who we are supposed to be.

Consider, for example, the vocation of a mother. Her calling is to painfully bear children in her womb for nine months and then dedicate her life to their growth with undistracted atten-

tion for years. A true mother is a giving woman who does not live for herself or her betterment, but for that of her children. True and good mothers raise good men and women.

How does this definition fit with the cultural expectation that we live primarily for our own benefit? They are immediately at odds with one another. The caring mother can only be so if she, in the words of Socrates, knows herself. She has to understand the limits of her patience, the extent of her energy and the scope of her knowledge. Without a penetrating self-awareness, the mother yields ineffective to the children into whose care she has been placed.

It seems that there is a crucial misunderstanding today about the purpose of living for God and the other after a painful understanding of oneself. This cultural phenomenon is made evident when contrasted to the suffering involved in the monastic life. I spent about a week over the summer with the Trappist monks of New Melleray Abbey in Peosta, Iowa. At the retreat-seminar properly entitled the Monastic Wisdom Seminar, one of the monks said, "that's the tough thing. You have to look yourself right in the mirror." The monastic life is an other-centered life, contrary to the belief that it is an escape from the troubles of the world. The hours of time spent in silence and meditation seem to inevitably lead to the mirror effect which the monk succinctly expressed.

The rapid technologization of the past 70 years indicates a symptom of our discomfort with look-

ing inward. This makes sense based on our anthropology and our nature because looking inward requires that we examine our failures as much as our successes, our sorrows as much as our joys and our vices as much as our virtues. Because sin infects our human nature, a discomfort with a radical introspection is not specific to our generation or century. Rather, it seems that our blind obsession with technological advancement, regardless of the cost, is the way in which our generation responds to this perennial discomfort.

After we have found that it is better to live for God and others by recognizing who we are, it would be appropriate to describe some cultural effects of either being ignorant of this precept or disregarding it altogether. The habit of walking around with earbuds in, for example, has become easier with the invention of AirPods. This is an example of a technological advancement which was created for the sake of convenience and comfort but has little function other than tuning out every sound that is going on around us except for the song we want to listen to. Events as seemingly trivial as listening to the birds chirp or the traffic wizz by has been discarded because of the self-interested habit.

Another example of a needless technological innovation is the ability for us, students, to see our grades at any time during the semester. Just because it is easily possible to allow us to follow along with our progress on a numeric basis does not mean that

it is preferable. Data-driven administrators are encouraged by the feature because they are better able to track how we perform throughout the semester compared with other data which is being collected about us, but students are left limiting the value of their education to a number which increases and decreases through the weeks. This constant attention which is given to grades does not lead to an increase in knowledge, but an increase in emphasis which is placed on the game of succeeding in school. Much like the prevalent trend to disregard standardized testing because the examinations do not test knowledge, but rather the ability to take tests, the constant ability to track grades makes students more intent on cunningly overcoming the obstacles of schoolwork, rather than pursuing growth in knowledge, wisdom and understanding.

The disregard for external surroundings which is made evident in the incredibly popularity of AirPods and the shift in the purpose of secondary and higher education are two unfortunate symptoms of our understandable discomfort with introspection. In 2019, technology is our medication to overcome and distract from this discomfort. Regardless of our influence in the tangible world of technology, we are called to overcome our cultural malaise and respond with the example of the best mother we know with a look inside so that we may better serve for the other.

*To read other articles by Harry, visit the Authors section of Emmitsburg.net.*

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## UNPLUGGING

## Junior Year

## Big screen life

Angela Guiao  
MSMU Class of 2021

Sometimes, I sit in bed and wonder how the world would work if we didn't discover technology. It wouldn't be too crazy right? I mean, we didn't always have technology. It's crazy to think about just how integral a part technology plays in our daily lives today.

Every person I know owns a cellphone. Not having a cellphone is like being cut off from the rest of the world. How would you communicate with your friends? With your parents? With your family? How would you know how to get anywhere? Or here at the Mount, how would you know what assignments were due? Now that I come to think about it, how would I even write this article?

Technology plays a part in almost every single aspect of our lives. And in my personal opinion is that it's gotten to the point that its presence in our lives is just a little excessive. I mean, come on, do we really need WIFI in our cars? Or do we need cars that can

drive themselves? I understand the argument that the reason for technology's existence is to make life easier. But it does beg the question that if technology becomes too advanced, will technology even need us?

While it has certainly played a giant, vital part in human progress, hasn't it also diminished human usefulness? I just feel like there are some things that do not need technology involved. For example, as a rule, my family does not use technology on vacations. That means no work or school emails, no handheld games, no portable movies or disrupting group chats. Possibly the only electronic we ever use on vacation is our digital camera. And even that, we do not use very often.

Now, I know that for some people that may sound crazy. I mean how can we not post our vacation goals on Instagram? And honestly, the answer is simple. We just don't. I found that holidays I had where I did not use technology were 100 times more relaxing than the holidays I had where I did use technology. That just brings up another question for me. Why are we so obsessed with sharing every single little thing that we do?

Recently, I attended my cousin's

birthday party. I held the cake. And as I stood there singing happy birthday, I looked around and noticed every single person at the party was holding their phone and recording. Now before you all react and ask me whether I have ever done any of those things, the answer is yes. I am guilty of over-using technology. And if we are being totally honest, sometimes I regret focusing so much on getting the perfect shot or taking another video instead of just enjoying the moment. I mean, sure, by taking a video or photo, I have a keepsake of things that have been happening to me for the last few years. But sometimes, just looking at a picture isn't as satisfying as actually remembering an experience.

I know what you are thinking. Why am I even bringing it up? A person without technology would fall behind. Technology connects. It connects people from all over the world. It connects employers to jobseekers. It connects future lovers. It connects long lost family. It connects those with the ability to help to those in need,

I just want to be completely clean. I am not bashing technology. How can I bash something that I use every single day? And I understand that while technology

may have affected us negatively when it comes to real life interactions and social skills, it impacts us positively by exposing us to real world issues.

At the tap of our fingers we can access news reports from all over the world. We can choose to make injustices or acts of violence go viral and be brought to national attention. We have more of a say in how we want the world we live in to be. Without technology we are ignorant. We do not know so we are not hurt. With technology, we are forced to be hurt. We are faced with cruelties and discrimination, poverty and abuse that we would not be aware of were it not for technology.

We created machines that enabled us to discover more, that allows us to deal with molecules so small we can reengineer certain cells or viruses and find a cure. We built aircrafts so strong that we are able to discover space. Technology enables.

So, now that I have established that technology can be both a good and a bad thing, I guess the only thing I can ask now is if the good things make the bad things worth it? And that is a question that I cannot answer myself.

All I know is that in my life

today, I don't need to use technology as much as I do. In fact, whenever I get really overworked at school or my life just feels like a mess, I would often take a hiatus from technology. And, for me, those are some of the most peaceful moments of my life.

But that's just me. And right now, I'm just a college student if you're out there and you're a scientist, an engineer, a writer, a surgeon, continue using technology! Keep innovating, keep developing, keep trying to make our world's better place.

But if you're just like me, stop and think to yourself if you really need to check your phone. If you really need to watch the next episode. If you really need to finish that final level. Because usually the moments of our lives that we'll remember when we get older are not the ones where our eyes are glued onto our screens, but rather the ones spent with the ones we love doing the things we love.

Technology is important. It is important in more ways than I can list, but don't let the screen take your eyes off your life.

To read other articles by Angela, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

## Senior Year

## Balanced connection

Morgan Rooney  
MSMU Class of 2020

The world is forever changing. Thinking back to my childhood memories, I am certain that it's a different world now. First of all, I would say that I had a happy childhood. Sure, there are some little things I would change. I wish I practiced piano more when my grandma used to give me lessons in elementary school and I wish I was a little more outgoing in certain areas and less shy around family members, but I also wouldn't say that I have had any regrets when it comes to my childhood.

Technology did have a place in my childhood. I remember sitting at my dad's computer when I was five years old. I would put in a disc and load up a fun, interactive game made for kids, some even being for learning. I had the tv shows I liked. I remember having a flip phone once I got a little older so I could keep contact with my parents.

My life wasn't full of electronics, though. I would go outside to play in the sandbox my parents built for me. I would play with my dog, Reggie. I was always there when it was time for dinner and when it was time to do something as a family. When I was three, my sister was born and I would prop her up on a pillow and try to play with her, even though she was too young to reciprocate the fun I was trying to have.

I loved watching certain tv shows, and playing my computer

games, and talking to my friends on my flip phone, and later when I got my first smartphone. I don't feel like any of those things have taken away from my childhood. They seemed like a good balance. I could escape for a little while and come back and see people face to face.

Of course, a lot of things have changed throughout the last two decades. I am a person who believes in balance and moderation with most things. Of course, there's certain things that shouldn't even be messed with at all. You know, hard drugs, dangerous activities, other self-explanatory things. I see some kids today who can work computers, smartphones, and tablets much better than I can, and I have to use them on a daily basis to keep updated with my classes and keep in contact with the people who mean most to me. I think that says a lot about how things are today.

I know of some teenagers who hardly ever leave the video games in their room to come out and socialize. Some of my friends even seemed like that when I was a teenager. Again with my comment on moderation, I don't think it's a horrible thing to have days like that. I've had days where I wasn't feeling well, stayed home from school and played a game or binge watched my favorite show all day. There are days when I've been snowed in (we don't have snow plows in Texas) and spent most of my time using technology. I am guilty, but I always try to unplug and bring myself back to my non-virtual reality.

Over the past few years, I have created some very strong relation-

ships through the internet which I wouldn't trade for the world. It isn't a virtual world I strive for, or a completely disconnected one, but one of balance and happiness.

Over this weekend that just passed, I attended a wedding in West Virginia for my cousin. It was in a cute little barn which was out in the country a little bit. It was nice and cool out. It had all sorts of nice decorations. Something I didn't realize till about thirty minutes after my arrival was how weak the cell signal was so I could not easily contact anyone outside of the little barn. At this point, I put it away and began socializing with the people around me.

It was a long, exciting night and I didn't even make it back to my hotel room till four in the morning. I spent time with people all night, even the ones I didn't know very well and I feel like I really strengthened a lot of relationships by putting my phone away and having a few drinks with the family who I don't get to see as often as I like to. Something I realized is that I should do this more often. Sure, there's not everyday that there's a wedding to attend but when I'm out with friends on the weekend, it may be beneficial to just put it away. Pretend I can't get a signal and focus on what's right in front of me.

After watching the United Airline video, I did begin to think about how much communication has changed in the past few years. It went from a handshake, to a phone call, to an email, to a text message. Certain things I find much more convenient through a text, or a phone call. Sometimes

I don't want to have to drive all the way across town to deal with something that I could easily deal with through the phone. Some things however, I think are done much better in person.

I have heard of some people doing phone interviews, which can be effective especially if someone is very far away and it's impossible to meet up face to face. With fairly new developments like video chatting, you can get somewhat close to the real thing without actually having to be there. Nothing, however,

can replace being with someone in person, face to face. This is something that will never lose importance. The presence of another human is something we require as social beings. This is something I learned in many of my philosophy classes at the Mount. Without these face to face connections, we can't function as well as the people we are meant to be.

To read other articles by Morgan, visit the Author's section of [Emmitsburg.net](http://Emmitsburg.net).

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# FASHION

## Fall fashion

Valerie McPhail  
MSMU class of 2015

The concept of fashion has taken colorful approaches this fall season. New meanings to color have quickly translated into the nature of design at the start of New York Fashion Week's Fall/Winter 2019. Gold evening gowns, a fashion to TOME's Fall/Winter 2019 Collection, and the bubblegum pink pantsuit and jacket from Phillip Lim, are images of the bold moves made with color this season. The most blatant of these statements is the "power red" look – a head to toe uniform in a shade Pantone Color Institute identifies as Grenadine Red. With heightened sensibility for color, the presentation of fashion has become a reason flamboyant designs are recontextualized from the practical styles quintessential for the season.

Naturally, as the season's change, so does the idea of fashion. Most recently, runway collections have guided larger, and "more mainstream" fashion distributors towards the energetic, and sometimes outlandish, creations from the fashion shows. As we consider the color palate introduced during New York Fashion Week, the reasons for dramatic, and abstract runway looks begin justifiable.

We have graduated from the days when practicality was "in season." A time when my Calvin Klein quilted black leather ankle boots and sporty meets technical

fabricated DKNY double insulated rain jacket were classic statements of the season designing for colder –weathered atmospheres, no longer seems relevant, even to the far removed suburbia luxury department stores.

Far from the maximized fashion statements pushed for in the New York City scene, these pieces identified my uniform for fall. Times have drastically changed. Now, the world has expanded into moments where even the most minimal, and practical perspectives for designs have become maximalists. The same transition can be addressed in the reconsideration for color. Hues that have classically announced the fall season - apple red, gold and shades of the brown and green replicating the colors of leaves changing on the trees have become merely a reference to an old fashion way of considering fall. Fundamental, nonetheless, as the colors in our world change, so does our perspective on fashion.

According to the Patone Color Institute, an authority and resource for color news, trends, insight on product design: the standard color hues of fall are Tawny Port, Butterum, Neutral Gray and Navy Peony. In the wake of New York Fashion Week Fall/Winter 2019, a new palette of energetic colors has silenced these warm, vintage hues. Grenadine Red Tawny Autumn Maple, Pale pink Ballet Slipper, Golden Lime and Marina blue are the new and improved color story.

A curiosity for why lime green, periwinkle blue, and pale pink now represent the colors of the fall lends a greater opportunity to explore the unconventional approach to fashion taking the industry by storm. Acknowledging the abstraction of color correlates to the heed for experimental designs in a community of fashion once focused on functionalism, communicated in both color and design. For just like the expression of color, jackets and boots are tangible ways to express fall fashion. As the colors for fall have changed, so has the perspective on classic fashion found new meaning.

### Jackets

Coats, and jackets are an important statement to the New York fashion scene. When it comes to style on the streets, these are article of clothing is the first sight of fashion. Light weight styles have popularized as pieces that translate from outdoor statements, to indoor outfits, Pilot bomber jackets, cropped suit jackets and double breasted blazers by Zimmerman are popular fashions that comfortably interchanged from outdoor to indoor activity, accommodating to the New Yorker lifestyle as they run around the city.

Outerwear garments styled with waist ties at Marissa Webb, and trench coats of plasticity – particularly applauded in Raf Simmon's first public Collection for Calvin Klein Fall/Winter 2019 where statements that carried into the fashion week season. A shopping companion to the classic fall boot, jackets are a true accessory of fashion. It's current function and creativity of design has placed new value on the meaning of this item of fashion for fall. That is, the power of a naturally designated outerwear item of design has profited for it's statement. It's power found in the ability to surpass from outerwear to ready-to-wear.

### Boots

Footwear is a peculiar fashion for New York. In a city accustomed to traveling by foot around and

about and on the subway, rationalizing the investment for high priced fashion-forward footwear is a reasonable question in mind. As a pair of Stuart Weitzman tug at your heart, the necessity for functionalism is consuming. That being said, fashion forward shoe styles were not a strong focus at the New York Fall 2019 Fashion Week Scene. In the defense for functional fashion, this is a win. Although brands such as Coach and Alexander Wang excited the scene with footwear in New York, most of the footwear fashion herald from Europe, where sparkly boots showed at Isabelle Marant and romantic velvet styles at Erdem.

Cowboy boots reinstated at Louis Vuitton as Balenciaga's Demna Gvasalia showed aggressive presentations of color with his stretch jersey thigh high boot.

Although quieter colors of crème and black, Nina Ricci supported the trend in similar style with a fiber and soft leather created slimming knee length boot. Arguably the loudest boot trend of the season is the slouchy boot, Yves St Laurent carried the trend into fall by almost every look represented in the brand's Fall/Winter 2019 runway show. Ever since, fashion followers have been obsessed. As the European, high fashion luxury marked leads the conversation about fashion footwear a sense of practicality has been lost in translation. This season, the practicality of a fall boot has been reinvented to identify as a piece of art, coveted and admired. Its purpose has trailed far from its original sense of functionalism.

In the same way colors dictate the experience of the fall season, boots and jackets are further manifestations that embrace this time of the year. The passions of red, comforts of maples and navys complement the function of ankle leather boots and trench coats climate of the season. Just as there is a fresh start to anticipating a the season, so to is there an excitement for novel exploration of color and clothing definitive to this season.

As the weather change spurs a desire for new clothes, the fashion industry has elevated that enthusiasm into reinstating new colors, and meanings to key fashion for fall. As a result, boots and jackets have become true accessories, far from the practical sensibility of its original design. In the fall season the relationship between color and design are one in the same: as color exaggerates, so will the invention of clothing.



Outerwear garments such as the trench coats of plasticity – particularly applauded in Raf Simmon's first public Collection for Calvin Klein Fall/Winter 2019.



**Leaves are changing colors...**

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## ARTS

## Majestic brings best in British theater

Jessica Rudy  
Majestic Theatre

Literary adaptations, a Shakespearean classic, and appearances by award-winning Hollywood stars highlight the vibrant National Theatre Live programming scheduled to light up the cinema screen at Gettysburg College's Majestic Theater during the 2019-2020 season. National Theatre Live is a groundbreaking project to broadcast the best of British theater to cinemas around the world, including the Majestic. The new season kicks off September 23. All plays are shown at noon and 7 p.m.

"London's National Theatre is simply the finest producing

theater in the English-speaking world, full stop," explained Majestic Theater Founding Executive Director Jeffrey Gabel. "These high definition performances will make you feel as though you're sitting in the best seat in the house where you can almost reach out and touch the actors."

Andrea Levy's award-winning novel "Small Island" comes to life from London's National Theatre on Sept. 23. The play follows three intricately connected stories. Hortense yearns for new life away from rural Jamaica, Gilbert dreams of becoming a lawyer, and Queenie longs to escape her Lincolnshire roots. Hope and humanity meet reality as the play traces the tangled history of Jamaica and the UK.

On Oct. 7, Academy Award-winner Sam Mendes directs Simon Russell Beale, Adam Godley, and Ben Miles in "The Lehman Trilogy," which explores the rise and fall of legendary financial firm Lehman Brothers. The play is presented from London's West End.

Gwendoline Christie ("Game of Thrones") stars as Titania in William Shakespeare's famous romantic comedy "A Midsummer Night's Dream," on Nov. 11. Presented from London's Bridge Theatre, the play follows along as a feuding fairy King and Queen cross paths with four runaway lovers and a troupe of actors trying to rehearse a play. Along the way, the couple meddle with mortal lives producing love triangles,

mistaking identities and transformations with hilarious, but dark consequences.

"Hansard," a brand new play by Simon Wood, comes to the Majestic cinema Jan. 13. In a summer morning in 1988, Tory politician Robin Hesketh returns to the home he shares with his wife of 30 years, Diana. But all is not as blissful as it seems. Diana has a hangover, a fox is destroying the garden, and secrets are being revealed. As the day continues, what starts as familiar marital bickering quickly turns to blood-sport.

Andrew Scott ("Fleabag," "Sherlock") features as a star actor in "Present Laughter" on Feb. 3. As he prepares to embark on an overseas tour, his colorful life is in danger of

spiraling out of control. Filmed at London's Old Vic, "Present Laughter" is a modern reflection on fame, desire, and loneliness.

Arthur Miller's "All My Sons" comes to the Majestic cinema from London's Old Vic on Feb. 24. Starring Sally Field and Bill Pullman, this blistering drama depicts a couple reckoning with long buried truths and the price of the American Dream in the aftermath of World War II.

Further offerings from National Theatre Live are expected in Spring 2020. Tickets for National Theatre Live shows are \$23 (\$21 for seniors, \$12 for students) and are available at the Majestic Theater Box Office, 25 Carlisle St., Gettysburg, by calling 717-337-8200, or online at [www.gettysburgmajestic.org](http://www.gettysburgmajestic.org).

## Free Range Humans' present 'Jekyll &amp; Hyde'

Innovative environmental production of the Broadway musical Jekyll & Hyde takes over Centennial UMC in Downtown Frederick.

Free Range Humans takes a giant step into immersive narrative with a site-specific staging of the Broadway musical Jekyll & Hyde, where the audience will follow the action through the winding back rooms of an historic downtown Frederick church.

Jekyll & Hyde has mesmerized audiences the world over

with its pop rock hits from multi-Grammy- and Tony-nominated Frank Wildhorn and double-Oscar- and Grammy-winning Leslie Bricusse. The Free Range Humans production is a thrilling 90-minute adaptation that streamlines the narrative while highlighting the songs audiences' love.

Producing Artistic Director Elizabeth Lucas says, "Immersive, compelling, shared experiences are our mission, and this Jekyll & Hyde is a big step further into all of those things for us. Aside from

being a dark thriller, the story explores the dualities and conflicts of the human condition, examining good vs. evil, rich vs. poor and hypocrisy vs. morality, themes we are confronting now as individuals and as a community. Putting the audience on their feet following the action from room to room in our labyrinthine venue will heighten the audience connection to the story and push the boundaries of the audience experience."

Based on the classic story by Robert Louis Stevenson, a devoted man of science, Dr. Henry Jekyll is driven to find a chemical breakthrough that can solve some of mankind's most challenging medical dilemmas. Rebuffed by the powers that be, he decides to make himself the subject of his own experimental treatments, accidentally unleashing his inner demons along with the man that the world would come to know as Mr. Hyde.

This production features returning Free Range Humans Matt Hirsch as Jekyll/Hyde (Murder Ballad, 35MM, Helen-Hayes-Award-winner), Kylie

Smith (Murder Ballad, Signature Theatre's ASSASSINS), and Camryn Shegogue (35MM), welcomes Frederick favorites Michael E. Mason and Surasree Das, both Endangered Species Project alumni, and introduces to Frederick Russell Rinker (Blue Man Group), Matty Montes (Toby's Dinner Theatre), Benjamin Eisenhower (Amazing Grace at Museum of the Bible), Zoë Velling (Barter Theatre), Danie Harrow (Rockville Music Theatre), and Kenny Rodriguez (The Free Theatre).

Originally produced in Atlantic City by Broadway on the Board-

walk, this 90-minute adaptation is edited by director Elizabeth Lucas and is being done with the permission of the writers. Free Range Humans veterans music director Marci Shegogue, lighting designer TJ Lukacsina, and sound designer Brent Tomchik return, and are joined by fight choreographer Russell Rinker.

Free Range Humans' Jekyll & Hyde opens October 18th and runs for ten performances through November 3rd at Centennial Memorial United Methodist Church, 8 W 2nd St, Frederick. Tickets must be purchased in advance. Visit [experience-human.com](http://experience-human.com) for more information.



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The 3rd Annual Thurmont Plein Air is for spectators too! This event is the perfect opportunity to visit these picturesque vineyards and watch the artists paint outdoors. Spectators, return to the Thurmont Main Street Center to meet artists, and watch the judging and awards to the artists.

For an artist application for Plein Air and spectator information visit [thurmontmainstreet.com](http://thurmontmainstreet.com) or [vgrinder@thurmontstaff.com](mailto:vgrinder@thurmontstaff.com)

## Autumn artistry and antics!

Chloe Corwin  
MSMU Class of 2020

The leaves are changing and the air is growing crisper in Northern Maryland meaning the campus of Mount St. Mary's University is transitioning into its most beautiful season, autumn.

The Mount's Visual and Performing Arts Department is hosting a myriad of events that can provide the perfect reason to come take a look at the breathtaking views of the mountains in the fall over the next few weeks.

Firstly, Mount Theatre will be hosting a "Student One-Act Festival" on the weekend of October 24-26. Students will participate as either performers or directors as they work together in building experience in both positions. This is great for students to perform and work outside of the rigorous and demanding rehearsal schedule that comes with working on Mainstage Productions. Smaller opportunities like these allow students of all majors with different or difficult schedules to experiment and work on their artistic ability whether it be technical, acting, or directing. Look to the Mount St. Mary's Visual and Performing Arts social media accounts for specific times for performance as the date approaches.

Then, on October 26 at 7:30 p.m. in the Knott Auditorium, the Wind Ensemble will hold its Fall Concert. The students of the Wind Ensemble have been working vigorously on these beautiful and difficult pieces. Dr. Andrew Rosenfeld, Professor of Music and Chair of the Visual and Performing Arts Department, mentions the theme of this semester's concert is "music from and related to Russia. Besides this nationalist theme the program highlights works that are historically important to the development of the wind ensemble." The music will come from an assortment of composers. Pieces include, Shostakovich's Festive Overture arranged for band by Donald Hunsberger, Alfred Reed's Russian Christmas music, Houseknecht's transcription of Salvation is Created by Tschokoff, and Ira Hershen's Symphonic Dances from the iconic musical Fiddler on the Roof. This event is free admission and open to the public.

The music subject area has more events to come later in the semester pertaining to their other groups such as the Chorale and Lab Bands in addition to professional performers. The first-year class of 2023 has proven to be a monumental one for the Mount, bringing in one of its biggest classes yet. This has been great for the V&PA as there is a large pool of new talent added into their groups and majors. Dr. Rosenfeld comments, "We are excited about a concert season that will showcase not only world class guest performers, but especially our incredibly talented student musicians. The talent and ability of this year's new students is particularly noteworthy, and points to a bright future for the music program."

Finally, on November 1, The Mount Chorale will hold its concert Darkness to Light at 7:30 p.m. in the Horning Theater. The music selected for the concert include pieces from Gluck's Orfeo ed Euridice and Mozart's Requiem and other works. The MSMU Chorale will be joined by the Frederick Symphony Orchestra Camerata to bring to life these incredible pieces. The vocal and instrumental talent of this event is going to be remarkable. Furthermore, in the Horning Theater, audience members will have the opportunity to have an intimate and compelling experience with the music performed, as the venue is on the smaller side. The audience's close proximity in addition to the skillful and talented performance will result in an experience that cannot be missed! Darkness to Light is free admission and open to the public.

As the upcoming events comes to a close, let us look back at what has been going on at the V&PA the last month.

September held a lot of important events, especially concerning the invitation of new students. Auditions for this semester's Mainstage were held on Sept. 3 and 4. This audition season for the Mount Theatre Mainstage Production of The Trojan Women adapted by Amlin Gray was very fruitful, producing a cast of twelve with one junior, one sophomore, and ten first year students. Associate Professor of Theater Dr. Blaugher states, "We're

very optimistic about the health of Mount Theatre!" The November Mainstage production will showcase plenty of new faces to get to know, as their acting careers at the Mount are just beginning.

Since then, students of the Theater Production class have been building, pulling costumes, fixing lights, and so on to prepare for the show in November. But, in addition to working on The Trojan Women, the Technical Director of the Horning Theater, Ben Buhrman has been working on the Spring Mainstage production. The spring show will be very technically challenging, warranting the early preparations. Costumes, props, and design has been in the works for a few months now. Working on two shows at the same time for Mount Theater has been difficult, but very rewarding. The Department is anticipating a great show season for the upcoming year.

Also, Mount Theatre was involved with the Family Weekend festivities on Sept. 14 the Mount holds every year with a showcase headed by Buhrman. He provides commentary on the Improvisation presentation by stating, "An hour-long presentation of amazing students, from several differing majors, entertained parents and friends during the Family Fest. Improv games involving light audience participation book-ended monologues presented by these talented performers. Laughs and heartfelt moments were shared and enjoyed by all, even those who



Students at the Family Weekend Festival performing Improvisational Games and Monologues with Professor Ben Buhrman.

could not stay and simply passed by. In addition, the audience had a chance to see the upcoming events that the department will be offering. Another chance to see these students working hard."

The accomplishments the Mount St. Mary's University's Visual and Performing Arts Department have made so far this semester have been great! Welcoming students and giving them a place to practice and

perform their talents has been of highest priority of the beginning of this new year. The V&PA Department invites everyone to come celebrate the artistry and talents these students have in the upcoming months as their showcases and concerts approach this fall.

To read other articles by Chloe, visit the Author's Section of Emmitsburg.net.

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## LOCAL SPORTS

# Persistence pays off

Mia Ferraro  
CHS Class of 2022

Things are looking up this season in Catoctin sports. The girls soccer team has a very optimistic outlook on its season, is working extra hard, and is very proud of their improvements. With this winning attitude and teamwork, it's not surprising that the team is seeing progress each week.

The head coach for the girls varsity soccer team at Catoctin is Megan Olson, a Catoctin High School alumni. She's been playing soccer for a long time, and played on the team when she was a student at Catoctin High School. Her father, Mark Olson, was the head soccer coach for about seven years at Catoctin, from 2011 to 2019. Eventually Megan became the assistant coach for the players. She was always very involved in the team and learned a great deal as assistant coach. She then became head coach last year, with her dad as her assistant. Megan enjoys coaching the girls very much. When asked about her position, Coach Olson says, "I love it. It's amazing to give back to the community and school where I came from."

This is assistant coach Dave Zentz's first year with the team. He takes time at each practice to work with the goal keepers and has been a huge help to them this year. Coach Olson is happy to have him working with the girls. "He has been a nice asset to the team and has been a huge help to me. We work together during practices to make sure we are preparing for the next game."

The team is well balanced with several experienced players, as well as newcomers who are learning quickly. The team is made up of three seniors, Alissa Zentz (#6), Morgan Cato (#14), and Abigail Weagley (#15), and six juniors, Rylee Burd (#3), Adriana Archila (#7), Grace Kovalcik (#8), Alyssa Malasky (#9), Kira Jenkins-Miesner (#12), and Lily Smith (#18). There are two sophomores, Jenna Zentz (#1) and Emily Williams (#4), and the rest are freshmen, Emily Williams (#2), Molly Parsons (#5), Lea Williams (#10), Kacey Perhach (#11), Payton Troxell (#20), and Nicole Andrew (#21). The number of Sophomore and Freshman players is promising for future seasons. Other than the six



CHS girls soccer team.

freshmen, the girls have all played on varsity in previous years.

Morgan Cato is a senior at Catoctin who has been on the varsity girls' soccer team since 9th grade. She is a captain on the team, and, "has improved tremendously the past four years that she's been at Catoctin, and her work ethic is just amazing," commented Coach Olson. Cato is described as "a hustler who is working extremely hard all of the time." She is a versatile player, as she plays many different positions on the field depending on what is needed for the team that day. Abby Weagley is another senior who has been on the team since 9th grade. She is also a captain. Coach Olson describes her as "a work horse" and says she is someone who "just never stops. She goes and goes like an energizer bunny. Defensively, she is an incredible player." She mainly plays as the center defender. Last but not least Alissa Zentz rounds out the seniors on the team. She has been on varsity since she was a freshman. Coach Olson says, "She is a very hard worker who gets along well with everyone, and her experience really contributes to the team." Alissa usually starts

as an outside defender but pushes up if needed to play a 7 or 11.

On their very first scrimmage of the 2019 season, the girls soccer team won 11-0 against St. John's Catholic Prep High School in Buckeystown, MD. Senior, Morgan Cato, scored one goal, Sophomore Jenna Zentz scored two goals, Junior Alyssa Malasky made one goal, Sophomore Emily Williams made five goals, and Junior Grace Kovalcik scored two more. Although it doesn't exactly count toward their season wins, it definitely shows their progress! They haven't won a game in two seasons, but they are improving with every practice and game. Coach Olson explains, "Even though we haven't won a game, it doesn't feel like we've lost a game. Our team morale and attitude is always positive. We don't look at it as wins versus losses really, just the chemistry and the attitude of the girls... that is a positive after every game".

The Cougars' first game was away at Frederick Scott Key High School. They lost 6-3, but they were in no way discouraged. In fact, they are very proud of how they played. Jenna Zentz chalked up two goals and Adri-

ana Archila scored one. Their next two games were against Walkersville High School, and then Frederick High School. Within only the first three games, the girls caught their opponents' offside 30 times. This means they had an average of ten per game! In addition to this, they scored a total of six goals within these games alone. They scored three goals against FSK and three more against Frederick. This is already one more goal than they scored throughout the entirety of the season last year, and double the amount of goals from 2019. The girls' fourth match was their first game played on their home field, and they played against Oakdale. They had likely caught their opponents' offside at least twenty times, and the goalie had ten incredible saves. Although they were defeated in the game, the girls' attitudes remain undefeated. As junior Grace Kovalcik states, "The game didn't discourage us whatsoever. We're still super optimistic for the rest of our season, and we only plan to get better." Coach Olson adds, "We're always improving on something, and then we take it and use it on the next game." The girls are always very optimistic before and after every game.

The team works just as hard during practices as they do during their games. Practice is held every Monday through Friday. It is pretty routine but always challenging. They always begin with a warm up to stretch. Then they move on to a technical part of their game where they work on touches, passing, and moves, etc. The team often finishes this with a more tactical session, and ends with a scrimmage to work on their approach for the next game, and to focus on what they need to improve most before their next game. The hard work is paying off. The team is improving on its communication, they're having more passes connecting from one player to another, they're winning the ball and they're doing an outstanding job with their back line in getting offside calls.

Off the field, the players have worked to support the team as well through fundraisers, selling cookies, soup and snacks, and are considering another fundraiser in the near future. With all the hard work the Cougars are doing, let's show our support by cheering them on at their home games. They compete against Williamsport on Thursday October 3rd, and Brunswick on Friday, October 11th. They'll be celebrating their senior players at a game against Saint Maria Goretti on Wednesday, October 16. They're then scheduled to have a game at home on Thursday October 17th against Saint James.

Good luck and keep up the great work, Lady Cougars! We'll be rooting for you!

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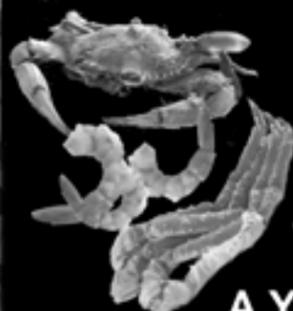
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# MOUNT SPORTS

## Late-fall sports preview

Collin Riviello  
MSMU Class of 2020

The month of October means the start of a new season for the men's and women's swim and dive team and the women's bowling team, but that doesn't mean that the fall sports are over! In fact, many of them just getting started with NEC competition.

The women's swim & dive team's schedule has been released, and on the slate for October is the Catholic Invitational from the 4th to the 5th. Then in November, the team will travel afar to swim against Monmouth on the 1st and Saint Francis Brooklyn on the 2nd. A three-day swim meet, Franklin & Marshall Invitational, will then play host to the Mount's next trip from November 22 through the 24. January meets include visiting Howards on the 18th, and then hosting a home meet against VMI from the 24th to the 25th. The team's senior night will take place on the 24th. The team's last tune-up before NECs will be at Loyola on February 1. The team will then travel to the Northeast Conference Women's Swim & Dive Championships at the Nassau County Aquatic Center in East Meadow, New York from February 19 through the 22. The women will then compete in the National Invitational at Cleveland State from March 12 through the 14.

In women's bowling action, the runner-ups at last season's NEC Championship games and currently the number 19th ranked team in the nation according to the National Tenpin Coaches Association April Poll, seeks to capture their first NEC Championship title in just their second year as a Division I program. The first tournament the team will compete in will be the Bud Whitman Memorial in Reading, Pennsylvania from October 12 through the 13. The team will then host the annual Mount Shootout in Frederick, Maryland on October 19 and 20. In November the Mount will partake in the Virginia Union Invitational from November 1 through the 3. The first of three NEC sanctioned meets will take place from November 9 to the 10. Then, the Mount will travel to Greensboro, North Carolina to play in the Stallings Invitational hosted by North Carolina A&T from November 15 through the 17. In December the second NEC-sanctioned meet will take place on both the 7th and the 8th. When January rolls around the Mount will compete in the Stormin' Blue and White Vegas Classic held in Las Vegas, Nevada. The Mount will play host to this meet which will take place from January 10 to the 12. Afterwards, the Mount will compete in the Red Flash Invitational held in Altoona, Pa. from January 24 through the 26. In February, the Mount will participate in the Bowl for the Cure hosted by Mollo College from the 1-2. The James Brown Invitational will then be up on the schedule from the 14 through the 16 and it will be hosted by Morgan State. The third NEC-sanctioned meet will take place from the 22-23. Finally, in March, the Mount will compete in the USBC ITC Sectionals from March 13 through the 15. The Northeast Conference Champi-

onships will take place from March through the 22. NEC's will take place in Hamilton, New Jersey.

For men's and women's golf, competition has already begun! The men placed 11th out of 14 teams at the Turning Stone Tiger Intercollegiate which took place from September 1-2. The team finished with a score of 923. Michael Robinson was the Mount's top finisher with a score of 224 which was a tie for 23rd place. The men then finished in 15th place out of 16 teams in the Joe Feaganes Marshall Invitational which took place from September 9-10. The Mount scored 891 points and was led by Nacho Gomez who finished in a tie for 20th place individually. Then at the Hartford Hawk Invitational, the men finished in 15th place out of 16 teams with 321 points. Robinson again led the Mount with the lowest score of 77. This year, the Mount scored 300 points better than last year's showing at the invitational (621). On October 8, the Men will compete in the Gettysburg Fall Invitational in Abbotstown, Pa. at the Hanover Country Club. They will then travel to the Piney Branch Golf Club in Upperco, Maryland for the Stevenson Invitational on October 10. The men will round out their fall schedule with the ODU/OBX Intercollegiate held by Kilmarnock Golf Club in Powells Point, N.C.

On the women's side, their only tournament in October is the Chipewa Invitational hosted by the Birmingham Country Club in Birmingham, Michigan from October 21-23, but have already competed in events this past September. At the Roseann Schwartz Invitational in Board-

man Ohio, the women placed sixth out of six teams. Michaela Chung led the Mount with a 14th-place showing with a total score of 160. Then at the FDU Knights Invitational, the Mount finished in 10th place with a team score of 860. Chung again led the Mount as its top finisher with a score of 178 across two days of play to earn herself a 32nd place finish. It should be noted that last season, the Mount did not have enough members to qualify for a team score in any of their tournaments played so this season is already a step up from last!

Women's soccer is having a tough go around this season in non-conference play. The team dropped their first six games by a goal differential of 12-0 until they played American on September 15 which led the women to find their first win of the season with a 1-0 score. This was the women's first goal of the season. The women then started out NEC play with a match at home against the Saint Francis University Red Flash. The women lost the game 2-1 in double overtime. Maddie Tchou made the Mount's only goal of the game in the first half.

The men's soccer team seems to have finally found their groove after being reinstated as a Division I sport for the Mount in Fall 2019. The team started out 3-0 in September winning match-up against Winthrop (4-3), Bucknell (2-1) and Howard (1-0) before dropping their next three matches against Navy (0-1), against Army West Point (0-1) and against James Madison University (0-3). Already a step up from last year's two win season, the men's team looks to slowly build up their win total enroute to their first NEC Championship title in a while!



Women's soccer struggles to repeat the magic of last year's success, going 1-8 through their first nine games thus far.



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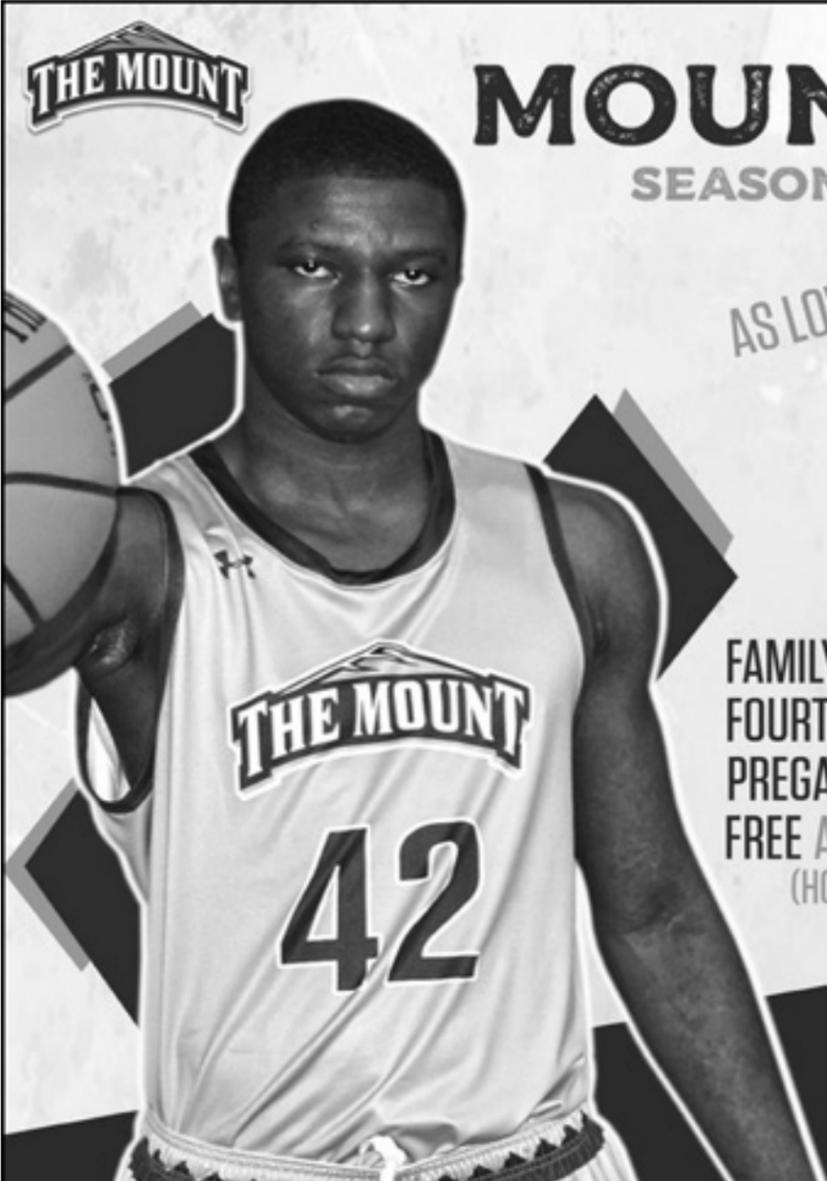
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# COMPLEMENTARY CORNER

## The Holy Man

Renee Lehman

Below is an ancient Zen story that provides modern day wisdom. It is called The Holy Man.

*Everywhere he went, the rich man heard about a holy man who lived on top of the highest mountain in China. It was said that the holy man's garments were spun from the finest iridescent silk, handed down from the wife of the Yellow Emperor. It was also said that his house was so grand even the trees surrounding it bowed down, and the effect of the sun reflecting brightly off its golden windows was almost too brilliant to behold.*

*The rich man's garments were fit for a king. His palatial home was painted in opulent colors and filled with expensive treasures. Still, he was certain that none of his belongings were as magnificent as those of the holy man. Night after night, the rich man lay awake in his hand-carved wooden bed, feeling envious of the holy man. So one day, he decided to make the long, difficult journey to meet the holy man himself.*

*The rich man traveled and climbed for weeks until he stepped foot on the top of the highest peak. He knocked on the door of a humble hut perched at the tippy top. "I've come to see the holy man," he said to the servant who answered. "He is here," the man said with a smile, and he invited the rich man inside.*

*As they walked from the first room to the second, the rich man looked around. Instead of golden windows, he saw an open, simple wood-framed window where three yellow warblers perched, eating*

*crumbs. He looked for the holy man, dressed in his robes of silk, but saw only the servant, with tattered sleeves and a long beard that nearly reached his waist. In a matter of minutes, the two men reached the back door and stood outside, where flowers bloomed in fragrant profusion and ancient trees swayed gently in the wind.*

*The rich man exclaimed, "What kind of trick is this? Where is the holy man? I have traveled a long way and demand to see him right now!"*

*"You already have," answered the holy man. "Yet you have not found what you are looking for. Learn to see with new eyes. View everyone you meet in life as a holy person, even if they appear plain and insignificant. If you do this, whatever riches you now have will be nothing compared to the treasures you will gain."*

### Thoughts about this story

This ancient story shows that the greatest challenges in life require us to overcome obstacles within ourselves, not outside of ourselves. In the story, the rich man was able to overcome a long journey of climbing up a mountain trail but did not attempt to move beyond his own ego.

Does this possibly remind you of Jesus? He was born an unassuming and humble carpenter's son. Or maybe this story reminds you of Martin Luther King's belief that we are all human and worthy of respect.

What about the thought that you can't judge a book by its cover? What about the thought that we see ourselves in everyone that we meet?

Every moment in your life is important. Why? Because everything is energy. All energy has consciousness. All consciousness has purpose. Therefore, every

action you take in life is significant. There is a meaning and a consciousness behind every event/experience/happening that takes place.

What about the fact that many people search outside of themselves for love, happiness, fulfillment, and healing? The truth is that all the answers that we search for are found within us, we just don't recognize it!

There is the Zen principle that if you feel love and respect for all people that you meet, you will receive inner peace automatically.

And finally, there is the scripture Proverbs 24:14, "Wisdom is thus for the soul; wisdom brings depth and substance to our souls which enables us to live a full and rich life." In this modern-day life, we live in a culture that seems to deemphasize the importance of wisdom. Is this because of all the distractions and the frenzied pace that we live, which doesn't seem to allow for deep thought and reflection? The answer could be, "Yes."

There was an article in The Wall Street Journal from 2000 written by Anthony O'Hare, who is the director of Britain's Royal Academy of Philosophy. In this interesting article he stated a basic premise: modern man hates solitude. "Whether it's your television, your PC, your laptop, your Palm pilot, your cell phone, your Walkman, whatever it is, modern people are in a desperate search for diversion." A desperate search for diversion. Diversion from what? He says, "So that they don't have to reflect on the important issues of life." And if you read this article, in the bottom line, he says this: "Modern men lead shallow lives. Modern man leads a shallow life." This does not allow for wisdom and depth to our soul – true richness!

The story of the Holy Man has been told and retold throughout the generations, reminding us that true riches come from deep within. Please pass this story along!



"Cleo an 8 month old kitten may appear plain and insignificant, but in the wisdom of the Holy Man story, whatever riches you now have will be nothing compared to the treasures you will gain by adopting her." For more information on Cleo call the Cumberland Valley Shelter at 717-263-5791 or visit them online at www.cvaspets.org

*"While wealth will be a capricious shadow to our lives, true riches lie in strength of character; that is infinitely harder to accumulate. It is the only gold that enhances our potential in terms of what we can offer the world."*

– Dr Salma Farook, What Your Soul Already Knows

*"Ordinary riches can be stolen; real riches cannot. In your soul are infinitely precious*

*things that cannot be taken from you."*

–Oscar Wilde

*"You are not lonely if joy is within you; not empty if truth is within you; not poor if love is within you; and not insignificant if God is within you."*

–Matshona Dhlhwayo

*Renee Lehman is a licensed acupuncturist and physical therapist with over 30 years of health care experience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.*

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# FITNESS AND HEALTH

## Muscle strain in today's inactivity

**Linda Stultz**  
Fitness Trainer/Fitness Therapist

Muscles are wonderful, mysterious, and necessary but sometimes demanding things. Having good muscle tone is what helps us stand tall, lift our children and carry life's daily demands.

As children grow they develop strong muscles just by running around, playing and doing everyday activities. Today we need to be sure they are getting enough movement and activity to keep those muscles strong since videos games, texting and watching TV have become a bigger part of our children's lifestyle.

Chest muscles can become very tight and cause symptoms that may make you think there is a heart problem. Tight muscles in the chest can cause pain and inflammation that is uncomfortable. You should always check with your doctor. In some cases a good massage may be all you need

to relieve pain and soreness of tight muscles. Today's lifestyle has brought about health problems that just ten to twenty years ago we never experienced. In the old days children were riding their bikes, playing ball with the neighbor kids and swinging on the playground. Our whole level of activity has slowed down to a rate that we are seeing more obesity, diabetes and overall fatigue in our children, which in turn carries over into adulthood.

Nutrition has also become a matter of concern. More and more children, as well as adults are eating fast food or processed food from a box on a regular basis because of the busy demands of work, sports practice and other activities in our lives. I know you have heard this many times but as adults and especially as parents we need to take a little time out of our busy schedules to show our children how to take care of themselves so they can keep up with the things they need to accomplish in life and

so they can do the things they enjoy as well. Nutrition and exercise are things we need to plan ahead for. Make it a family activity on one day of the week to plan the meals for the week, go shopping for the groceries and prepare as much as you can ahead of time. Chop and package the veggies and fruit in baggies so they can be grabbed and taken along easily. Cook enough for two nights and have the extra warmed up a few days later. Give the kids one day a week that they can choose what is for dinner and they can help prepare it. I know all of this takes extra time that we think we do not have but believe me, once you incorporate this into your schedule you will not only benefit from the healthier food and feel better but you will develop a closer family relationship with you children.

Now that the nutrition has been taken care of the exercise will fall into place if you include the family the same way. Let the kids pick an activ-

ity they enjoy and make it a family event. Once or twice a week is all it will take to develop a good habit that will improve the health and well being of the whole family. Everyone will enjoy being together and hopefully you will all want to add another day or two so you can spend more time together. Your muscles will thank you, after they get finished telling you that you haven't used them in a while. By that I mean, they may get a little sore and achy for a week or so but after that they will be stronger and leaner. Start slow and work your way up to a level that is challenging but not too strenuous that you cause an injury. Stretching, soaking in warm water and massaging the achy muscles will help them relax and take away some of the aches if you overdo it a little. The more you work your muscles the more they will become lean and strong and soon you will not have any aches after a good workout.

Make sure your children are doing light to moderate exercise because lifting too heavy or doing too much exer-

cise can cause more harm than good for growing children. Their muscles need to be used, but not abused since they are still growing. Children should never lift heavy weights in an exercise program, they are better lifting their own weight with pull ups, push ups or playing ball that will give them cardio as well as muscle strength.

Our muscles are a vitally important part of our body and even though they may ache at times we need to keep them in the best shape that we can so they are lean and strong as we age. Strong muscle tone can keep us going for years instead of finding ourselves sitting in the chair and having trouble getting up. Teach by example and you will benefit and enjoy, as much as your children will from a strong core and muscle tone. Call me at 717-334-6009 if you need help getting started or have any questions. Remember to keep moving, your muscles will thank you down the road.

To read other articles by Linda, visit the Authors section of Emmitsburg.net.

## What you need to know about interventions

**Aaron Olson**  
Narconon New Life Treatment

While the Center for Disease Control has not yet released the amount of overdose deaths in 2018, they predict it will be the first year since 1990 in which the number has decreased. It is speculated one of the reasons for this is the increase in the availability of Narcan. This is a positive trend and Narcan is now easily accessible at most pharmacies throughout the U.S..

However, in the event you do not have Narcan, we are offering a free guide on the steps to take to prevent an overdose death. Knowing these steps could help you to save a life.

Dealing with loved ones can be difficult sometimes and that only gets harder when they have a problem with drugs and alcohol. A big part of dealing with a loved one's addiction is getting them into treatment. But what if they are unwilling to go? Intervention is the next logical step, however what is an intervention and how you pull one off?

Contrary to popular belief, successful interventions usually aren't like the ones you see on TV. Interventions that are successful usually consist of several different techniques.

The first thing is to do your research on a treatment facility. Once you get someone willing to go to treatment it is imperative that they go straight in. When

someone is struggling with substance abuse they can waffle on the idea of treatment, so you must have the facility already picked out so there are no slows or stops on which facility.

Number two is building your team. An intervention can either be done by the family or by a professional interventionist. Since a lot of interventionists are ex-addicts themselves, they will have a point of reality with the addict, which may facilitate the reach for treatment. In some cases, the interventionist may decide to call in family members but that will be decided by the interventionist. Make sure any family or friends who are involved are all on the same page and have the same goal; getting the addict into treatment.

With everyone on the same page, you would then bring in the addict. Approach them kindly and at first try to get them to see how treatment will benefit them. Show them the website or brochure of where they are going. It is also a good idea to have someone ready to talk to them from the center to answer any questions they may have.

If this doesn't work, you should be prepared to bottom-line them. An example of a bottom line is, "If you don't go to treatment you aren't staying here anymore." If they run off and refuse to listen, do not give in. You must hold strong or they won't take it seriously. Even if they do run, most of the time they will come back and listen and

then agree to go to treatment.

If you have more questions or

want to find out more about getting someone into treatment, visit [www.narcononnewliferetreat.org/blog/intervention-101.html](http://www.narcononnewliferetreat.org/blog/intervention-101.html) or call 1 800-431-1754 to get help for your loved ones.

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# ASTRONOMY

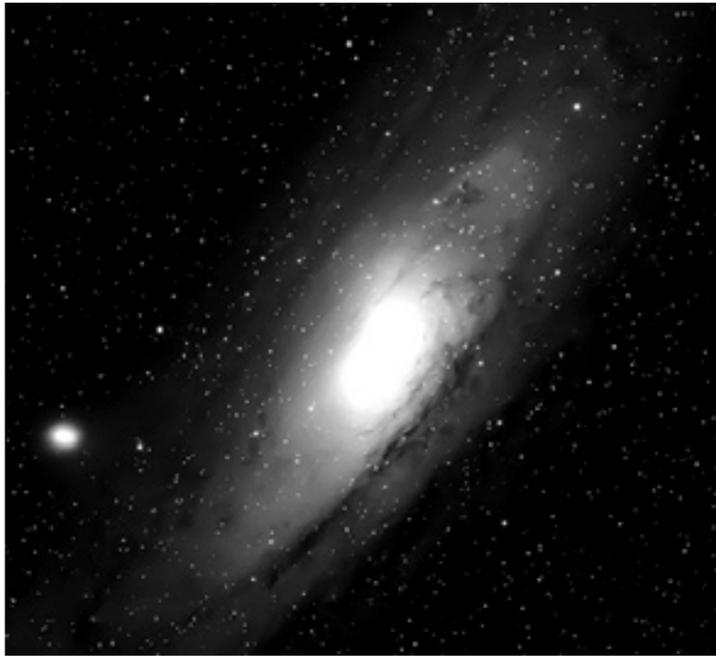
## The night sky of October

Professor Wayne Wooten

For October, the waxing crescent moon passes bright Jupiter on October 3rd. It is first quarter on October 5th, to the lower right of Saturn. Full moon, the Hunter's Moon, is October 13th. Last quarter is October 20th. New Moon is October 27th, which means that by Halloween, the waxing crescent moon will again be close to Jupiter right after sunset for a telescopic treat for the neighborhood kids, so get out the telescope and the Milky Way bars.

We can see the two inner planets, Mercury and Venus, low in the SW about 40 minutes after sunset on October 22nd. Venus will be to the right and much brighter; get a site that has a flat SW horizon to spot them. Mercury soon passes between us and the Sun on November 11th, a transit that will be visible from here. More on it next month! Venus continues to pull away from the Sun for the rest of 2019, getting higher and brighter in the western evening sky each night.

Mars returns to the dawn sky just before sunrise by month's end. Jupiter and Saturn are both well placed for observation in the southwest evening sky this month, but look for Venus to overtake Jupiter in the twilight in November. Jupiter in Ophiuchus will get lost also getting lost in the sun's glare by Thanksgiving, Saturn is



The Andromeda Galaxy is a spiral galaxy and the nearest major galaxy to the Milky Way. For years, astronomers have thought it the twin of the Milky Way, but a new study shows that our home galaxy is instead significantly warped - shaped like a Pringle.

still out in Sagittarius in the SW, but also will be gone by Christmas, leaving Venus the only evening planet by New Years.

While the naked eye, dark adapted by several minutes away from any bright lights, is a wonderful instrument to stare up into deep space, far beyond our own Milky Way, binoculars are better for spotting specific deep sky objects. For a detailed map of northern hemisphere skies, about September 30th visit the [www.skymaps.com](http://www.skymaps.com) website and download the map for October; it will have a more extensive calendar,

and list of best objects for the naked eyes, binoculars, and scopes on the back of the map.

The Big Dipper falls lower each evening. By the end of October, it will be only the three stars in the handle of Dipper still visible in the northwestern twilight. By contrast, the Little Dipper, while much fainter, is always above our northern horizon here along the Gulf Coast.

To the southwest, Antares and Scorpius also set soon after twilight, and will be gone by month's end. East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Saturn lies above of the pour spout now. Looking like a cloud of steam coming out of the teapot's spout

is the fine Lagoon Nebula, M-8, easily visible with the naked eye. This stellar nursery is ablaze with new stars and steamers of gas and dust blown about in their energetic births. In the same binocular field just north of the Lagoon is M-20, the Trifid Nebula. Many other clusters visible in binoculars as you sweep northward along the Milky Way, and are plotted on the sky map for the month.

The brightest star of the northern hemisphere, Vega dominates the sky overhead. To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear autumn evenings. To the east of Altair lies tiny Delphinus, a rare case of a constellation that does look like its namesake.

To the east, the square of Pegasus is a beacon of fall. South of it lies the only bright star of Fall, Fomalhaut. If the southern skies of fall look sparse, it is because we are looking away from our Galaxy into the depths of intergalactic space. The constellation Cassiopeia makes a striking W, rising in the NE as the Big Dipper sets in the NW. Polaris lies about midway between them. She contains many nice star clusters for binocular users in her outer arm of our Milky Way, extending to the NE now. Her daughter, Andromeda, starts with the NE corner star of Pegasus' Square, and goes NE with two more bright stars in a row. It is from the middle star, beta Andromeda, that we proceed about a quarter the way to the

top star in the W of Cassiopeia, and look for a faint blur with the naked eye. M-31, the Andromeda Galaxy, is the most distant object visible with the naked eye, lying about 2.5 million light years distant. It is a bigger version of our own Galaxy, which it may collide with about three billion years from now.

Below Andromeda is her hero, Perseus. In his hand is a star most appropriate for Halloween, Algol. This star "winks" at us for six out of every 70 hours, which Arabic astronomers centuries ago found spooky, hence naming it "the ghoul". We know today it is an eclipsing binary system, with the larger, cooler orange star covering 80% of its smaller, hotter neighbor during the "wink". At the foot of Perseus, the hero of "Clash of the Titans" is the fine Pleiades star cluster, the "seven sisters" that reveal hundreds of cluster members in large binoculars. This might be the best object in the sky for binocular users.

Winter will be coming soon, and in the NE we see yellow Capella rising. It is the brightest star of Auriga the Charioteer, and pair of giant stars the same temperature as our sun, but at least 100X more luminous and about 10X larger than our sun. It lies about 43 light years distant. A little farther south, below the Pleiades, orange Aldebaran rises. It is the eye of Taurus the bull, with the V shaped Hyades star cluster around it making the head of the bull. This colorful giant star is only 2/3 as hot as our yellow sun, but 44X times larger and at 65 light years distant, one of the closest of these monster stars.

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## Farmers' Almanac

*"Although September 11th was horrible, it didn't threaten the survival of the human race, like nuclear weapons do."*

— Stephen Hawking (1942-2018)

### Mid-Atlantic Weather Watch:

Fair and warm (1, 2, 3) with showers (4, 5); fair and mild (6, 7, 8, 9, 10, 11, 12) with rain, heavy in the northern part of the region (13, 14, 15). Fair and mild again (16, 17, 18, 19); hurricane from Atlantic, heavy rain, severe storms (20, 21, 22) turning fair and cooler (23, 24, 25, 26, 27); more showers, storms mainly in the south 28, 29, 30); fair and cool (31).

**Full Moon:** October's Full Moon with occur on Sunday, October 13th. The traditional name of October's Full Moon is Hunter's Moon because of the extra light it provided many Native Americans to extend their hunt for food into the early evening. It was also referred to as Moon Of Falling Leaves and Yellow Leaf Moon by the Cree Tribe because many of the trees lose the last of their leaves during the month and because of

the many leaves turning that color during October.

**Special Notes:** Fire Prevention Week is October 6-12 in 2019. Since 1922, the National Fire Protection Association has sponsored the public observance of Fire Prevention Week in commemoration of the Great Chicago Fire, which began on October 8, 1871 and is the longest-running public health observance in our country. Do your part by making sure all basic items such as flashlights, fire extinguishers, smoke detectors, and escape ladders are in place, functional, and ready to go if needed. And remember get your flu shots early this year!

**Holidays:** Yom Kippur begins at sunset on Tuesday, October 6th. Columbus Day is observed on Monday, October 14th, United Nations Day is celebrated on Thursday, the 24th, and Halloween falls on Thursday, October 31st.

**The Garden:** Shredding leaves, along with lawn clippings, dead plant stalks from the vegetable gar-

den make a fine addition to the compost heap. And try this simple trick: remove all large vines and spent plants from the vegetable garden. Mix 1 can of cola (not diet), 1 cup of dish soap, and ¼ cup of ammonia and add to 20-gallon hose end sprayer and fill to top. Saturate the layer of mulch that's left on top of the garden's soil and then say, "Good Night" until the next growing season!

**The Farm:** Best for planting root crops (26, 27); weeding and stirring the soil (22, 23); planting above-ground crops (1, 28, 29); harvesting all crops (7, 8, 9, 12, 13, 14); the best days for setting hens and incubators (5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21); the slaughtering and butchering of meat (1, 2, 3, 4, 27, 28, 29, 30, 31); transplanting (1, 2, 3, 4, 27, 28, 29, 30, 31); the weaning of all small animals and livestock (2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 30, 31); harvesting and storing grains (21, 22, 23, 24, 25, 26).

### J. Gruber's Thought For Today's Living

*"Before you insist on making yourself heard, make sure you have something of importance to say"*

# COMPUTER Q&A

## Network connections – what you need to know!

Aysë Stenabaugh  
Jester's Computers

Connecting to the internet seems simple enough, but in some situations, it might be helpful to know more about your connection. If you're using a hotspot or a connection that has a limited data plan you might want to setup a metered connection. If you're connecting to wireless networks and are connecting to the "XFINITY" you may not be connecting to the current wireless network. When you connect to a network you may need to change your network profile from public to private or vice versa. Not sure what that all means? Read on to gain an understanding of what this all means and how it might affect your internet speed and connectivity.

### Metered Connections

If you are using a hotspot or if you have a limited data plan through your internet service, a metered connection can help prevent you from going over your data limits. What is a metered connection you ask? When you set your connection to a metered connection you are limited what your computer is using the internet for. When you connect to the internet background tasks are happening, programs and your operating system perform updates and some applications run in the background and use your internet connection even if you aren't using them. By setting your connection as a metered connection you are telling your computer to NOT allow these background tasks to use your internet connection. This is recommended to use if you are using a hotspot or your cell phone to share your internet connection. It's important to know that setting a metered connection can prevent some actions from happening such as Windows updates. Sometimes updates are necessary for devices to work properly (especially printers) so if you have your connection set to metered and begin to have problems with programs or devices you might want to visit somewhere that you can use a high speed internet connection with no data limits, or temporarily switch your metered connection off while you resolve the problem.

To set a metered connection in Windows 10, click on your "type here to search box" in the bottom left corner of your screen, if you don't see the box click on your start button instead (the 4 square looking button in the far bottom left corner of your screen). Now type in network and you should see "network status" in the search results, click on this result to open your network settings screen. Then click on "change network properties", here you will have the ability to set your connection as metered.

### The "XFINITY" network

If you have a wireless device you've probably come across the Wi-Fi network called Xfinity. If you connect to this unsecured network (no password is required to connect) you will be prompted to log into

your Comcast account to be able to use the internet on the network. Once you connect to that network your device will try to automatically re-connect to that network anytime it is in range. What sometimes happens is you automatically connect to this network instead of your intended network. The Xfinity network is a throttled connection meaning you won't get the full network speed that you would on your regular comcast network. In Windows 10 if you are connected to the Xfinity network or have an Xfinity network within range, you can click on the wireless network connection (where you would normally connect) and then uncheck the "connect automatically" check box. If you are on a mobile device you can sometimes choose to not automatically reconnect to a network. If you can't find that option you can choose to forget the network, on an android device you will have to go to your settings, access network connections and press and hold until you see the forget network option. On iOS you can forget a network by going to settings, selecting Wi-Fi, and then pressing

the "I" or the info button beside the Xfinity network. There you will have the option to forget the network. You can always reconnect to the network again the next time you want to use it.

### Private V.S. Public Networks

When you connect to a wireless network for the very first time, your computer will ask you if you want to be able to see other devices on the network. It would be great if Microsoft was a little more straight forward with what exactly this means. When you are asked this question your computer is actually trying to determine if your network location should be set as "Public" or "Private". When you choose to not see other devices on your network you are setting your network to Public. That means that any other computers and printers on the network won't be visible, if you are using a printer that is not directly connected you won't be able to use it if your network connection is public. When you say yes you are setting your connection to be a private connection, meaning that you trust the network and want to be able to



see other devices on the network as well as allowing other devices to see your computer. This does NOT mean that others can automatically access your data, only folders that you have designated to be shared will be accessible by others on your network.

*If you are having trouble with your internet, network, or networked devices contact Jester's Computer Services for help. We offer both in-shop and on-site services. You can reach us at 717-642-6611 or on the web at www.jesterscomputers.com.*

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# UPCOMING EVENTS

**October 5**  
Frederick County Master Gardeners presents: "Fall into Winter: Decorating with Natural Elements." Learn how to use natural materials from your yard to artfully decorate your home for fall and into the holidays. Transform branches, vines, tree bark, fresh greenery, and dried fruits and flowers into elegant indoor and outdoor décor. Walk-ins are welcome if there is room. UME Office, 330 Montevue Lane, Frederick.

**October 5 & 6**  
38th Annual National Fallen Firefighters Foundation Memorial Service. The official national tribute to all firefighters who died in the line of duty during the previous year. Both the Candlelight Service and

National Fallen Firefighters Memorial Service are open to the community. For more information call 301-447-1365 or visit [www.firehero.org](http://www.firehero.org).

**October 6**  
Join Strawberry Hill's Wild Edibles Guided Hike - Featuring Wild Edibles Lady, Debbie Naha! Learn from a professional foraging instructor who is also a licensed nutritionist - a unique approach to appreciating wild edible plants. For more information call 717-642-5840 or visit [www.strawberryhill.org](http://www.strawberryhill.org).

Annual Seton Shrine's Pilgrimage for the Sea Services. We welcome everyone to join us for our annual Pilgrimage for the Sea Services, where we honor and pray for the men and women who serve our

country at sea. Saint Elizabeth Ann Seton was deemed the Patroness of Sea Services in the 1970s. For more information call 301-447-6606 or visit [www.setonshrine.org](http://www.setonshrine.org).

**October 8**  
Strawberry Hill's Nature Book Club at Strawberry Hill's Nature Classroom at 1537 Mount Hope Road, Fairfield. This month's book will be Buzz by Thor Hansun. For more information call 717-642-5840 or visit [www.strawberryhill.org](http://www.strawberryhill.org).

**October 12**  
Frederick County Master Gardeners presents: "Winter Clean-Up." What's the best way to start the spring season? Winter clean-up! Learn how and when to prune shrubs, including berries; what should be pulled and composted and what can stay in the garden over the winter; and hints for tool-cleaning and maintenance. UME Office, 330 Montevue Lane, (off Rosemont Avenue), Frederick.

**October 13**  
Music Gettysburg! presents Mendelssohn Piano Trio. "A program so lush, substantial and richly flavored you wanted to eat it with a knife and fork." For more information about this and other concerts in the Music, Gettysburg! schedule, visit [www.musicgettysburg.org](http://www.musicgettysburg.org), call 717-339-1334.

**October 17**  
Gettysburg Community Concert Association presents Berlin Counterpoint (Wind Quintet and piano). Their sparkling sound, homogeneous virtuosity and adventurous yet thoughtful interpretation is very much owed to this meeting of different cultural and musical backgrounds. Gettysburg Community Concert Association has been bringing outstanding musicians and performing artists to Gettysburg, for 76 years! We invite you to join us for this concert season. For more information visit [www.gettysburgcca.org](http://www.gettysburgcca.org).

**October 18**  
Grace United Church of Christ Bags and Bucks Bingo to support the Taneytown Food Bank as well as the raffles which support the Grace UCC and other Local Community Projects. The Bingo will be held at the Taneytown Firemen's Activities Building located at 49 Memorial Drive in Taneytown.. There is limited seating so please reserve early by calling Michelle at 410-756-2898 or Joan at 410-756-2043.

**October 19**  
Strawberry Hill's Bat Chat and Hike: Join special guest Ryan Davis as he leads you on a guided hike centered around bats! Ryan is the Alliance for the Chesapeake Bay's Program Manager for the Chesapeake Forests program. He focuses on forest con-

servation and restoration within the watershed in Pennsylvania, Maryland, and New York. For more information call 717-642-5840 or visit [www.strawberryhill.org](http://www.strawberryhill.org).

Elias Lutheran Church's: Swing Dance Date Night. Grab your partner and get ready to Swing the night away! Join us in the Elias dining room for Swing Dance Date Night. This fun, family-friendly, inter-generational community outreach event sure to be a hit. Bring your friends and family along and enjoy an evening of dancing or just sit back and enjoy the music. You are sure to be entertained. Refreshments will be provided or bring something to share. 100 W. North Ave., Emmitsburg. For more information call 301-447-6239.

**October 19 & 20**  
Catocin Furnace's Spirits of the Furnace - A guided night tour through the historic Catocin Iron Furnace and Village, with stops in historic structures and along the landscape. Refreshments will be available at the 1820 Collier's Log house. Kids can also make a craft. Bring a flashlight and wear shoes appropriate for walking on uneven terrain. 12607 Catocin Furnace Rd., Thurmont. For more information visit [www.catocinfurnace.org](http://www.catocinfurnace.org).

**October 20**  
7th annual Woodsboro 5K Run as part of the "Woodsboro Days"

**FALL FEST CAFE**  
**October 12th - 12 to 5 p.m.**  
EAT IN or CARRY OUT - St. John's Lutheran Church Parish Hall  
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(Take 15 N. or S., get off at Thurmont exit and follow Rt. 550 to Creagerstown.)  
(Take 194 N. or S., turn onto Rt. 550 at Woodsboro to Creagerstown.)

**Rocky Ridge**  
**Vol. Fire Company**  
**BINGO**  
**Saturday, November 2nd**  
In The Activities Building  
Doors Open At 5 p.m. - Games Start At 7 p.m.  
**\$500 & \$1000 Jackpots**  
at 57 numbers or less.  
**Price Changes**  
Food available by the Ladies Auxiliary  
13516 Motters Station Rd., Rocky Ridge, MD  
[rrvfc.rockyridgevfc.com](http://rrvfc.rockyridgevfc.com)  
Follow Us On Facebook

**TANEYTOWN HARVEST FEST**  
*Tails of Taneytown*  
**Pet Parade & Contests**  
11:30 a.m. - Registration \$5 Per Pet  
(Pets must be registered or will be asked to vacate the grounds)  
1 - 1:45 p.m. - Parade  
(Contests directly after parade)  
Winners will be showcased on stage!

Best Tail Wagger	Cutest
Best Kisser	Prettiest Eyes
Best Costume	Smallest
Owner / Pet Look Alike	Most Unusual
Best Barker / Noise Maker	Biggest

Proceeds benefit Carroll Co. Humane Society  
Please bring a donation of pet food

**Saturday, October 5th**  
**11 a.m. - 3 p.m.**  
**Memorial Park, Taneytown**  
**Come Join the Fun!**  
Pumpkin Painting  
Music Crafters  
Food  
Face Painting  
Kids Zone  
Barnyard Bingo  
Proceeds Benefit: Taneytown Sharing & Caring

SPONSORED BY: **TANEYTOWN** | **City of Taneytown** | **TANEYTOWN**  
Main Street | **PARKS & RECREATION** | **Chamber of Commerce**

For more information visit [www.taneytown.org](http://www.taneytown.org) or call Nancy McCormick at 410-751-1100

**55<sup>TH</sup> Annual National**  
*Apple Harvest Festival*  
**October 5-6 & 12-13 Held Rain or Shine**  
**Apple Desserts • Antique & Classic Cars • 300+ Arts & Crafts Vendors & much more!**

Upper Adams Jaycees Sponsors  
10 miles northwest of Gettysburg at Arendtsville, PA  
South Mountain Fairgrounds • 717-677-9413 or 717-334-6274  
Buy tickets at [appleharvest.com](http://appleharvest.com) • [Facebook.com/AppleHarvestFestival](https://www.facebook.com/AppleHarvestFestival)

member of **gettysburg** **WINE & FRUIT** trail



# UPCOMING EVENTS

Weekend. This year will see the race once again held in the beautiful Woodsboro Regional Park. The course will include a mix of paved and woods trails that include a challenging hill. Stay in town for other events to include Yard Sales and Flea Markets set up for the entire weekend. Race starts at 9 a.m. at the Woodsboro Regional Park, Intersection of Woodsboro Road & Council Drive Woodsboro. For more information call 301-676-5312.

**October 24**

Strawberry Hill's A Night for Nature at Boyer Cellars! Spend a relaxing evening enjoying locally-sourced hors d'oeuvres handcrafted by Chef Subarna Sijapati, a live auction, and

seasonal drinks with other nature lovers. Tickets are limited and cost just \$30 per person. Reserve your tickets online at StrawberryHill.org, or by calling 717-642-5840. To learn more about Strawberry Hill visit www.StrawberryHill.org.

**October 25**

Gettysburg Collage presents Voces8 - The British vocal ensemble VOCES8 is proud to inspire people through music and share the joy of singing. Touring globally, the group performs an extensive repertoire both in its a cappella concerts and in collaborations with leading orchestras, conductors, and soloists. Versatility and a celebration of diverse musical expression

are central to the ensemble's performance and education ethos. For more information visit www.gettysburg.edu/academic-programs/sunderman-conservatory.

**October 26**

New Oxford's Annual Harvest Day & Parade. The event includes: craft & food vendors, free kid's activities and an exciting parade that steps off from the New Oxford High School. Kid's activities will include face painting, pumpkin painting, a bounce house and more! For more

information call 717-624-2800 or visit www.newoxford.org.

**October 27**

Music Gettysburg! presents Keystone Brass Quintet - One of our favorite groups returns for a varied, delightful, virtuosic program! Music, Gettysburg! is a premier concert series featuring international, regional and local musical artists for the greater south central Pennsylvania region. For more information call 717-339-1334 or visit www.musicgettysburg.org.

**October 27 & 31**

Gettysburg Community Theator's The Rocky Horror Show live! It's back again! This is our 5th Annual production of the sci-fi horror inspired rock musical that inspired the cult classic film. Costumes and audience participation encouraged. This is a BYOB event. This performance is rated R. Contains mature language and subject matter and may not be suitable for all audiences. There is reserved seating. Please call our box office or order tickets online. For more information visit www.gettysburgcommunitytheatre.org.

**ROCKY RIDGE VOLUNTEER FIRE COMPANY**  
 **COUNTRY BUTCHERING & PANCAKE BREAKFAST**  
**Saturday, November 12**  
**6 - 10 a.m.**  
*(In The Activities Building)*  
**Orders Must Be Placed By November 7**  
*Orders Must Be Picked Up Nov. 12 from 6 - 10 a.m.*  
 To Place An Order Call: Paulette 301-271-4252  
 Cindy 301-271-4057 Gertie 301-271-4253 Helen 410-775-2758

**Choose When You Want To Play!**  
 **BINGO!**  
**Fairfield Fire & EMS**  
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 Great Food! Huge Jackpot!  
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 Bingo Starts @ 6:45 PM  
**TWILIGHT BINGO**  
 1st Friday Of Every Month!  
 Food! 3 Jackpots! Larger Payouts!  
 Doors open @ 5:30 PM  
 Bingo starts @ 8 PM

  
 8231-A Rocky Ridge Road, Thurmont  
**301-271-2379**  
[www.gracehammoravian.org](http://www.gracehammoravian.org)  
 Traditional Worship - 8:00 a.m.  
 Sunday School for All Ages - 9:15 a.m.  
 Contemporary Worship - 10:30 a.m.

**YARD SALE!**  
 Thurs. - Sat., Oct. 10, 11 & 12 - 8 a.m. - 4:30 p.m.  
 Food Sales: Fri. & Sat., Oct. 11 & 12 - 9 a.m. - 4:30 p.m.  
 Friday: Chicken Salad, Ham & Country Ham Sandwiches  
 Saturday: Soup & Sandwiches (including Fried Oysters)

  
**Turkey & Fried Oyster Dinner**  
 Friday, October 25 - 3-7 p.m.  
 Saturday, October 26 - 1-6 p.m.  
 Family Style - All-You-Can-Eat!  
**Adults: \$20 • Children 6-10: \$10 • Under 6 FREE**  
 Craft & Bake Table Available • For more info call: 301-271-2379

  
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\*On top of all other offers



**2019 Ford F-150  
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\$36,525**



Stock #9315 | MSRP \$47,025 | Store Discount -\$4,000  
Ford Customer Cash -\$4,750 | Ford Credit Bonus Cash -\$750  
Ford Trade-In Assistance -\$1,000  
Tax, tags, title, and doc fee not included. Photo does not depict actual vehicle.

**2019 Ford Ranger  
XLT Crew Cab  
\$33,295**



Stock #9367 | MSRP \$35,295 | Store Discount -\$1,000  
Ford Customer Cash -\$500 | Ford Bonus Cash -\$500  
Tax, tags, title, and doc fee not included. Photo does not depict actual vehicle.

**2019 Ford Transit  
Connect Van  
\$22,560**



Stock #9322 | MSRP \$27,060 | Store Discount -\$1,000  
Ford Select Inventory Cash -\$750 | Ford Customer Cash -\$2,750  
Tax, tags, title, and doc fee not included. Photo does not depict actual vehicle.

**2019 Ford F-250  
Super Duty 4x4  
\$36,479**



Stock #9400 | MSRP \$41,280 | Store Discount -\$1,800  
Ford Select Inventory Cash -\$750 | Ford Customer Cash -\$1,250  
Ford Credit Bonus Cash -\$1,000  
Tax, tags, title, and doc fee not included. Photo does not depict actual vehicle.

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**SHOWROOM HOURS**

**Monday - Friday 9AM - 8PM**  
**Saturday 9AM - 4PM**  
**Sunday CLOSED**

**Only 10 minutes from Emmitsburg**  
 - Take Route 140 East -  
 11 Antrim Blvd. Taneytown, MD | **(410) 756-6655**  
 CrouseFord.com

\*Vehicles are for illustration purposes only. Due to advertising deadlines some vehicles may be sold. Some buyers may not qualify. Price plus tax, tags & dealer processing fees. Credit must be approved. Dealer not responsible for typographical errors. See dealer for complete details.