

Emmitsburg NEWS-JOURNAL

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Former Mayor William 'Doc' Carr dies

Former Emmitsburg mayor and retired veterinarian William H. Carr passed away during the morning of May 22. The 84-year-old Korean War Era veteran, was born in Ossining, New York, 1928. Carr became mayor in 1992, after having served as a councilman the previous year, and retained the seat until 2002 when he declined to run for re-election.

The town experienced considerable growth under Carr through annexations which ultimately paved the way for the creation of four developments: Pembroke, Brookfield, South Gate, and Silo Hill. Town Council President Chris Staiger noted that, "Residential growth in Emmitsburg for the last fifteen years is a direct result of his towering influence over town government. For a decade, he set the course and most of us new residents would not be here if it was not for his policies."

Town Manager David Haller said, "I was a commissioner for a couple of months and then became town manager. Doc was the mayor then. We had a great time and we got along very well."

During the Carr administration, Haller stated, "We hired new water plant engineers and built the water plant on Crystal Fountain Road, created the water and sewer enterprise fund, and purchase 600 acres of additional water shed" among nu-

merous other accomplishments.

"I enjoyed working with Doc. We played golf once awhile together. We changed a lot of things while he was here," he said. Carr was a career veterinarian, and founded the Emmitsburg Veterinary Hospital in 1955 which he initially established to serve the farming community. Dr. Hugh Matthews, the current owner said, after learning of Carr's death, "He was a great man. He loved people. He certainly mentored me. I'll be forever indebted."

One of Doc Carr's last trips away from home was to visit his long time friends Drs. Gary Kubala and Julia Holland at their Littleton Vet Hospital. "Even though his time was close, Doc Carr still had a twinkle in his eyes." Said Dr. Kubala.

The News-Journal's The Retired Ecologist columnist William "Bill" Meredith, said, "Bill knew everyone in town, and most of the farmers and pet owners in a 20-mile radius, on both sides of the Mason Dixon Line."

Meredith was also one of Carr's "golfing buddies," recalling that, "We formed a golfing foursome with Wayne McCleaf and Paul Harner in 1998 when I retired. When Bill's health began to fail he continued playing as long as he could. I believe his last round was early in 2011. But he never gave up hoping for one



more round," he said. "His death leaves a big hole in my life. It will heal in time, but will never be replaced."

Carr also backed the re-establishment of a local newspaper, helping to pave the way for the Emmitsburg Dispatch under the leadership of Bo and Jean Cadle.

"His (effort) was the critical step in the iterations of the local news this community has enjoyed," Bo Cadle stated, which included supporting The Dispatch, and the Emmitsburg News-Journal. Carr made it possible for us to publish the paper for about two months after which we were able to pick it up from there." Cadle said.

Audrey Hillman said, "He was always very pleasant. He was a good animal person. Not too long ago I saw him standing at the post office holding a dog." Hillman said. "He

said a lady with a dog and a group of children wanted to go into the post office but couldn't take the dog. Carr offered to hold the dog outside until she was done. That was just the kind of person he was."

Among Carr's many accomplishments and activities, he sat on the board of the Thurmont Bank, and became president of the Maryland Veterinary Medical Association. He was a member of the Western Maryland Veterinary Medical Association, an elder of the Emmitsburg Presbyterian Church, a member of the Masonic Order and a member of the Veterans of Foreign Wars.

Dr. Carr is survived by his wife Chata, and four daughters. A memorial service will be held for Dr. Carr on June 2 at the Emmitsburg Presbyterian Church.

Lavender Festival holds 3-day event

The three-day long Lavender Festival, held annually at the Willow Pond Farm in Hamiltonban Township, will once again feature plant and lavender product sales, food prepared by a professional chef, and vendors.

The festival will be held June 15 through June 17.

The event, held at the 145 Tract Road farm, will also be providing a half dozen lectures each day on growing lavender and its medicinal and cooking uses along with four daily workshops. More than a dozen vendors are expected to set-up to offer their wares.

Admission is \$8 for attendees over 12 years of age. This year, more than 3,500 individuals are expected to attend the festival.

This will be the last year that the event will be a three-day festival. Beginning in 2013, the hosts will be cutting it back to one day to be held on the Saturday before Father's Day.

Tom Wajda, who runs the event with his wife Madeline, said, "We founded the festival about 11 years ago, and pretty well pushed it along while we were young-

er. None of us are getting any younger and next year we're cutting the event back to one day."

The event has been held at the Wajdas' Willow Pond Farm, located at 145 Tract Road, since its inception more than a decade ago when it was founded in 2000.

"The Lavender Festival will go on this year as it has in the past, as a three-day event," Wajda said. "It was decided to do one more three-day event in order to go out with a bang, not a whimper."

"The concept (the Lavender Festival) was our idea," Wajda stated. "We thought that it would be a great plant to introduce in the area, and we wanted simply for people to enjoy themselves for a couple of days."

While he and his wife are the backbone of the success of the event, they do not operate the show by themselves. "Manpower takes about 30 people a day to provide," he noted. "We have a lot of volunteers to go out and help us."

Attendance at the annual event generally brings in about 3,000 people during the three-day weekend. "We draw from a 50-mile ra-



The festival will be held June 15 through June 17

dus, and from other states such as Florida, Ohio, Michigan and New York," he said. "It's a very well-known event."

He described that the colonists introduced lavender, which is native to the Mediterranean, to the

American Colonies for primarily medicinal purposes.

For additional information regarding the Lavender Festival, visit the event web site at palavender-festival.com, or contact the Wajdas at (717) 642-6387.

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NEWS

2013 town budget unveiled

The Emmitsburg Board of Commissioners received the 2013 budget draft at their May 7 meeting, and will be composing a list of questions regarding the submission to be addressed by town staff.

Mayor Donald N. Briggs presented the proposed \$1,714,491 budget to the board of commissioners, stating that the proposal represents a 10.8 percent increase over the 2012 revised budget, which was approved by the board in the amount of \$1,547,022 going into last year.

Briggs said that the increase was "primarily attributed to the decision to annually transfer funds to the capital improvement fund for paving and equipment," and this year represents "the first time the town has provided funds for long-term replacement cost," instead of replacing equipment and making repairs on a "stop-gap" basis.

The proposed budget also includes a cost of living adjustment of two percent for town staff. During the approval process for last year's budget, Commissioner Tim O'Donnell expressed reluctance to include a COLA for the employees, but in the end, did vote for it along with the rest of the board members.

"Sometimes, as subliminal as it may appear, it is necessary that this budget reflect the commitment of the town government to provide a promise of community," the mayor stated, "...one where individuals, families and businesses can predictably grow and prosper even in these recessionary times."

The board took no formal action at the meeting on the budget proposal, which will possibly be approved in June.

If the budget is approved in its present form, Emmitsburg residents

will likely see a tax rate of \$0.4265 per \$100 of assessed real estate value, an increase in the current rate of \$0.36 per \$100.

However, most residents will actually pay about the same amount of money in property taxes as they paid previously because the value of most properties fell with the recent reassessment.

The board initially asked town staff to produce a budget based on the current tax rate of \$0.36, but at a subsequent meeting reversed that request, deciding to go with a budget based on \$0.4265.

Board President Christopher V. Staiger suggested at the May 4 meeting that the \$0.4265 rate is still not written in stone, and could be somewhat reduced if budget cuts were implemented as the review progresses towards final adoption.

Emmitsburg approves tax break

"Next time it might really have to go up (if a tax increase is not enacted in 2013)." - Mayor Donald N. Briggs.

The Emmitsburg Board of Commissioners reversed direction once again in the effort to adopt a budget for fiscal year 2013 at their May 21 meeting by officially adopting a previously rejected tax rate that essentially will amount to a tax break for many residents.

The current tax rate is 0.36 cents per \$100 worth of assessed

real estate value. The state Department of Assessments and Taxation (DAT) recommended a tax rate of 0.4265 cents per \$100 of assessed real estate value in order to maintain current levels of property tax collection.

According to (DAT), the drop in property values would result in a reduction of revenue for the town if it did not raise its real estate tax rate.

Following debate over both rates, the budget submitted by Mayor Don Briggs and town

staff on May 7 was prepared based on a property tax rate of 0.4265 as directed by the Board of Commissioners back in April.

However, on May 21 the board voted unanimously to adopt a tax rate of 0.36 cents per \$100 of real estate value after reducing or reallocating the proposed budget by \$120,000 - enough to avoid the need for a tax rate increase.

The reductions resulted from changes to staff expenses and contract and capital expenditure allocations. Two large one time ex-

Emmitsburg Area News Briefs . . .

Grant money to go to housing

The Emmitsburg Board of Commissioners voted at their May 4 meeting to apply for a \$100,000 grant that will, if approved, would be turned over to the developers of an affordable housing project in town.

The proposed project is being developed by Homes for America in a portion of the Saint Joseph's Provincial House, 333 South Seton Avenue, a building that historically once served as the headquarters of the Daughters of Charity's Southeast Province (also called the Emmitsburg Province).

The proposal calls for the creation of 31 one-bedroom units, with rents based on 30 percent of the rental applicant incomes, and 12 two-bedroom units, with a rent of \$700 to \$740 a month, in a wing of the Provincial House.

Vigilant Hose wants a county chief

The president of the Vigilant Hose Company appeared before the Emmitsburg Board of Commissioners at their May 7 meeting to explain the company's support for a county fire chief.

Vigilant Hose President Frank Davis told the town commissioners that his company would like to see Thomas W. Owens, current director of the county Division of Fire and Rescue, made the first county fire chief in Frederick County.

Under the current directorship system, Davis stated, "There is no single source for direction for operational policies and procedures. There is no (county generated) master plan."

A count ordinance creating the position of county fire chief has been proposed, but has yet to be passed. "A (county-wide) vote was taken with 16 (fire) departments voting against and ten in favor," Davis said. "Both the Vigilant Hose Company and the Emmitsburg Ambulance Company voted in favor

of the ordinance change."

Water/sewer policy now in writing

Emmitsburg water and sewer maintenance policies have finally been put in writing as the result of a policy document submitted May 7 by the town manager.

Policies governing what portions of a water and sewer line are covered by municipal repairs have been in effect for years, but were not reflected in any existing written document.

Town Manager David Haller asked the town Board of Commissioners at their May 7 meeting to change that, and adopt the policies to reflect actual town practices, which the board complied with unanimously.

The policies state that the town will only maintain, repair or construct the main or trunk lines of either system, which excludes the actual connection to customers unless the customer's lines are located in a verifiable right-of-way. Portions of the system not covered by the town are to be covered by the proper-



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penditures, state mandated storm water management mapping and joining the countywide communications network, will now be funded from the rainy day fund not the general fund. Commissioners were reluctant to raise tax rates to cover expenses that wouldn't repeat in future years.

Many Emmitsburg property owners will actually pay less in real estate taxes in 2013 as a result of the board's decisions.

While the tax rate for fiscal year 2013, beginning July 1, 2012, is now set, the Board will continue to finalize the revised budget at the June 4 town meeting.

ty owner or customer.

Farmer's Market set to start

The Ninth Annual Emmitsburg Farmer's Market will be open for business beginning June 15.

The market, located at 302 South Seton Avenue (next to

the National Fire Museum), will be open on Fridays from 3 to 6:30 p.m. through September 28.

Vendors represented will be selling fruits, vegetables, flowers, baked goods. About ten vendors attended last year's market.



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Fairfield Volunteer Fire Company holds open house

The Fairfield Fire and EMS held their annual open house in May to allow residents to meet local emergency responders and see the equipment they use throughout the course of performing their duties.

The open house was held at the Fairfield firehouse on May 20th.

More than 100 local residents and families attended the event under perfect skies accompanied by a light breeze. The event was designed to be both educational for all and entertaining for the young.

Fairfield displayed its entire fleet of fire fighting and medical transport vehicles, and the Biglerville Fire Company brought several units of their firefighting apparatus to the event as well.

Fairfield emergency staff provided fire truck and ambulance rides for attendees, and even allowed children to try and put out a mock burning house using fire department hoses. A wrecked vehicle was also on hand for rescue demonstrations.

Also attending to encourage people to become familiar with their equipment and operations was the crew of a LifeNet medical evacuation helicopter and one of their "birds."

LifeNet helicopters, also called air ambulances, provide transportation to individuals involved in near-drowning incidences, suffering from critical heart-related medical problems, or injured in accidents, as well as those in need of other emergency medical attention.

Another emergency service represented at the event was the Thurmont K-9 Search & Rescue unit. K-9 personnel sent two representatives to the Fairfield open house, along with two of their dogs, to demonstrate the use of canines in search efforts.

Thurmont K-9 Search & Rescue primarily serves Frederick and surrounding counties in providing "wilderness air-scent searches, as well as swift water rescues and building searches." The unit accepts donations, and more information about donating can be found at thurmontk9sar.org.

Carroll Valley Borough and Liberty Township police also attended the event to answer questions about law enforcement issues and equipment.



Fairfield Fire and EMS protects the lives and properties of some 8,000 residents of Fairfield and Carroll Valley boroughs and Hamiltonban, Liberty, and Highland townships, as well as assisting other

area fire departments as well. The company was formed in 1999 as the result of a merger between the Fairfield Community Fire Company and the Fairfield AmVets Community Ambulance Service.

Fairfield Area News Briefs . . .

Hamiltonban reviews road abandonment inquiry

The Hamiltonban Township Board of Supervisors considered an inquiry regarding the abandonment of a section of Knox Road at their May 1 meeting.

Rob Lefever, who resides on Knox Road in the township, raised the possibility of closing a section of the road to the general public, citing safety reasons and other concerns.

His hope is to privatize the road except to emergency vehicles and local residents in order to eliminate these dangers posed to him and other property owners along Knox.

Township Solicitor Matthew Battersby informed Lefever there was a process which needs to be followed in order to request an abandonment of a public roadway, beginning with the filing of

a petition to abandon it signed by the majority of the property owners along the affected portion.

Highland reviews water runoff rules

In an effort to comply with environmental regulations, the Highland Township Board of Supervisors reviewed their policies regarding storm water drainage at their May 8 meeting.

The Department of Environmental Protection (DEP) recently approved a blueprint for municipal storm water ordinances in Adams which had been drafted by the Adams County Office of Planning and Development (OP&D).

The county plan/model was developed as the result of a state mandate requiring counties to move away from multi-county, watershed-based guidelines (otherwise known as the Monocacy

Plan) to focus on watersheds located wholly or partially within the boundaries of each county.

Developing regulations in-line with the state-approved, Adams County model should not pose a problem for Highland Township. The model ordinance was based upon what Highland Township was already doing.

Regional fuel station bid approved

The Hamiltonban Township Board of Supervisors approved a bid at their May 1 meeting which paves the way for the construction of a regional fueling station.

The proposed facility will be located on the site of the new "township campus" slowly developing on the land adjacent to the present township office.

A bid in the amount of \$94,435 submitted by PWI, New Oxford,

was unanimously approved by the board. For the fueling station.

The township intends to approach neighboring communities to partner in the use of the fuel facility.

Highland reviews septic policies

The Highland Township Board of Supervisors reviewed septic systems policies at their May 8 meeting.

A contractor, currently working on a project in the municipality, questioned the township's requirement of quarterly inspections of new systems, when other states, such as Maryland and Virginia, only require annual inspections.

The supervisors cited safety concerns of new equipment and owner maintenance as reasons for their decision. The board's policy for new A&B septic systems is quarterly for the first year and twice a year for the second year of operation. After 2 years with no problems an exception can be requested for annual inspections

The board took no formal action on the issue.

Townships support wage resolution

More than a dozen Adams County townships have passed a resolution supporting legislation that would change the state's Prevailing Wage Act.

The Prevailing Wage Act, passed in 1961, sets minimum wage rates that must be paid to workers on public projects.

Bills currently proposed in the House of Representatives would raise the budget threshold of projects to which prevailing wage applies from \$25,000 to \$185,000. The bills would also establish a cost-of-living index to ensure that prevailing wage rates are adjusted for inflation.

The Pennsylvania State Association of Township Supervisors is encouraging all of its member townships to contact their legislators in Harrisburg to express support of the legislation.

Harney remembers fallen warriors

I think there is one higher office than president and I would call that patriot." - Gary Hart

Dozens of participants and attendees converge on the Harney Veterans of Foreign Wars (VFW) post May 27 in Harney to honor the community's and the nation's fallen soldiers.

The annual event is held to remember those "who gave all" during Memorial Day weekend.

The ceremony was kicked-off with more than a dozen members of the Maryland Chapter of the Patriot Guard escorting the VFW post honor guard to Mountain

View and Sunrise cemeteries where tribute was paid to the veterans buried at those locations.

Marine (retired) Sergeant Major Elaine May presented a prayer at each of the cemeteries, and Tina Grimes delivered an outstanding rendition of Amazing Grace.

The honor guard then fired a 21-gun salute at each of the cemeteries, with the Patriot Guard escorting the participants back to the VFW post.

Once the group was re-assembled at the post, the ceremony was presided over by VFW member and event organizer Frank M.

Rauschenberg amid concerns that darkening skies might threaten the event. However, the rain held off for the duration of the open-air ceremonies.

Following opening remarks by post Commander Albert Angell, each fallen warrior was mentioned by name accompanied with the ringing of a bell in tribute.

Member Iris Rodgers the performed God Bless America, as the US flag was raised then lowered to half mast, accompanied by the playing of Taps, played by Ken Strickhouser and Tom Williams.

The ceremony concluded with

a 21-gun salute fired by the post honor guard.

The post commemoration was subsequently followed by the local

VFW's Good Old Days, which featured food and beverages at costs reminiscent of prices of days gone by.

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NEWS

Fairfield Civil War event a success

Hundreds of spectators attended Fairfield Borough's commemoration of the 150th Anniversary of the American Civil War, the country's bloody second war of independence.

The 150th Anniversary commemoration was planned by the Fairfield Sesquicentennial Committee (FSC).

The two-day event was held May 5th and 6th, and it featured a variety of Civil War-related activities and lectures, as well as house tours, re-enactor encampments and battles.

More than 150 Confederate and Union cavalry and artillery re-enactors participated in recreating the Battle of Gettysburg-related fight that occurred just outside the borough in 1863.

Several hundred history and Civil War enthusiasts and families

attended the two-day event, despite the Fairfield event competing with numerous other events in the region.

Jack L. Inskip, chairman of the FSC, said, "The event went well. It was pretty well-organized." He said there were "very few problems."

The FSC members agreed at its May 17th post-event meeting that activities might have been established further apart from each other than it might have seemed during the planning stages, and that activities at future events would be more consolidated.

On May 5th and 6th, the event was open to the public at 8:30 a.m. On both days, attendees were provided with a chance to "Meet the Generals," visit the Civil War encampment, hear lectures on the war, or tour local historic

homes. Meals from the time period were also made available, along with wine tastings.

The majority of non-combat activities were held at the Fairfield Borough Hall and the Fairfield Inn. Battles were held on Saturday and Sunday, featuring cavalry and artillery engagements.

Next year represents the actual 150th anniversary of the Battle of Fairfield. The battle took place after Confederate General Robert E. Lee ordered several Virginia cavalry units to secure passage of the Hagerstown Road, leading to their arrival in Fairfield on a collision course with the 6th U.S. Cavalry.

The U.S. Cavalry was in the process of reconnoitering to verify reports that Confederate wagon trains had been reported in-motion in the area.

The battle produced a decisive



Confederate victory just outside the village, with Union forces suffering 232 casualties, more than 50 percent of their forces. Confederate casualties consisted of eight killed, 21 wounded, and five miss-

ing (<http://www.historynet.com>).

The FSC began planning for the 2013 150th anniversary event at their May 17, as well as for an upcoming Civil War marker dedication proposed for October of this year.

Sun shines on His Place's car show

The His Place car show established to raise funds for two local institutions held its third annual event May 12 on the grounds of the Mother Seton School.

Unlike last year's car show, the May 12 event was free of threatening rain, and was held beneath clear, sunny skies tempered with a mild breeze.

Bill Kuhn, III, owner and president of His Place, said last year that attendance was down at the 2011 event, likely the result of continually impending rain which hovered over the whole region literally putting a damper on area activities.

During this year's show, Kuhn was elated at the numbers of vehicles



Ben Sielaff showing off his restored 1965 Ford Fairlane

turning out, noting that the participants were several times that which had attended the 2011 event. Around noon he said, "We're pushing toward a hundred (vehicles). They just keep on rolling in."

The car show was not designed to be a money-making event, but rather to raise funds for the Mother Seton School and the Emmitsburg Osteopathic Primary Care Center.

In spite of last year's weather-stricken event, Kuhn managed to raise \$1,200 to \$1,500. As far as his goal for the May 12 event, he said he would like to see the event raise "as much as we can possibly get."

Dozens of vehicles displayed, in-

cluding cars, trucks and a vintage Vigilant Hose Company fire engine, covered a period of time from the antique to 50s and 60s hotrods.

Rows of vehicles lined-up with their hoods open looked like hungry alligators awaiting their feeding at a reptile sanctuary. The pampered automobiles and trucks presented a dazzling array of colors from the solemn blacks and grays of the Depression Era to the gaudy bright colors of the Age of Hot Rods.

Also featured was 1950s and 1960s music permeating the air, as well as a flea market offering an array of collectibles and wares (the collectibles-obsessed reporter picked up a still-sealed-in-the-original-package set of Accoutrements' "Horrorified B-Movie Victims" for and "irresistible" \$5.00).

Dating back to the '60s itself, His Place was founded in 1969 by Bill Kuhn, Sr. After having been established a repair shop, the business soon began to also become involved in the restoration of classic cars, especially Corvettes. Founder Kuhn, Sr. continues to serve as the His Place business advisor.

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June 7

Local Police Protection

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People are beginning to realize this; a feeling of safety, of protection is theirs. They realize that the law will be enforced and they are glad of it. It is what they pay for; it is what they have a right to expect, to demand.

And seeing the effort being made to uphold their rights-the efforts being exerted to give them what their charter and their ordinances call for, there is but one thing for all the citizens of Emmitsburg to do: cooperate with the authorities to make this community one that all they take pride in all respects as never before.

Officer Dukehart makes a splendid appearance in his new uniform. He's a very efficient officer and law-breakers will be wise to avoid.

Thieves at Work

Some person fond on a late luncheon appropriated a ham belonging to Mr. Breighner on Wednesday night around midnight. The kitchen of the Emmitt House was the scene of the depredation. Also on Wednesday, thieves attempted to enter the home of the Fraileys, but were frightened off by some of the occupants of the house.

Tramps in Town

They came merrily up the pike Tuesday-three young tramps-and they were ready to make merry in town. Something unusual suddenly arrested their attention. It was the site of two older members of their fraternity digging ditches. Upon inquiring

the newcomers discovered that their friends were working out a fine for cussing, drunkenness and disorderly conduct. Realizing at once that Emmitsburg was no place for gentlemen without visible means of support no further stop was made, and Gettysburg or some other towns further on is probably their place of temporary abode.

John White and Patrick West, two gentlemen from anywhere and everywhere, drifted into town on Friday last and in addition to obstructing the sidewalk at Hotel Spangler and uncorking a large and diversified assortment of profanity, told Officer Dukehart that they would use their own discretion about moving along, were taken into custody and permitted to rest awhile in the lockup. Saturday they were brought before Burgess Rowe who, as they failed to produce the necessary amount of their fines, gave them the choice of working on the streets or going to jail. They worked until Wednesday evening and took their departure for-somewhere.

June 14

Dances

Last Friday evening a very enjoyable dance was given in Spangler's upper house. The music was furnished by "Joe," a violinist and his partner, the harpist. Although arranged with a very short notice the dance was well attended. "Joe" and his partner spent the better part of Friday playing open air concerts all about town, accepting contributions for all who found their creations pleasing to the ear. On Monday evening a delightful dance was given by some of the young people of Emmitsburg. The Union Bridge Orchestra furnished music for the occasion.

Auto Kills Dog

"Grant," a large collie dog owned by the Patterson Brothers, of this place, was run over and killed by an automobile. The accident took place on the mountain near Blue Ridge Summit. "Grant" was a very valuable cattle rounder and its owners feel its loss greatly. We fear that this

may be the first of many dogs that will die at the hands of autoist who have no respect for others using the road.

Local Company Buys Hays' Patents on Acetylene Generators

The Emmitsburg Generator Company, incorporated and founded almost exclusively of local businessmen, has acquired the patent rights on the Hays' Acetylene Generators, so long and successfully manufactured by James T. Hays and Son. This company has made arrangements to build these machines on large-scale and already a force of men is engaged in this pursuit. The factory, under the charge of Mr. Thomas C. Hayes, one of the creators of the generator, at present is located in the Hays' building on W. Main St. Ground has been purchased for the site of a large factory which will be constructed as soon as the business has been thoroughly organized, and when that time comes employment is promised for these 25 men.

Interesting Sightings

A very interesting gasoline tractor passed through Emmitsburg on its way to Waynesboro. The engine was in International, owned by Joseph Spangler, who is taking it to Waynesboro to pullback a threshing machine. On Friday an automobile from Nebraska passed through town.

Improvements

Mr. Lansinger is repainting his home on East Main Street. Mr. Harry Hopp is having the cellar of his house, also on East Main Street, cemented. The stone crusher began work Wednesday morning and crushed 100 tons of stone the first day. Burgess Rowe intends to have crushed 500 tons, which will be used to repair and resurface the streets.

"Emmit" Strawberries

Mr. Slagenhaup, of Harney, left at the Chronicle office a box of strawberries that were not only delicious as to the taste but prizewinners for size. They were specimens of the now famous "Emmit" strawberry, which, according to legend, were

used in the first Strawberry Daiquiri and played a central role in the causing the great fire of 1863 that destroyed half the town. The berries, noted for their flavor, become even more flavorful when mixed generous amounts of dark rum, sugar and crushed ice.

June 21

Death of Daniel Adelsberger

Daniel Adelsberger died at his home in Baltimore on Saturday. He was 82 years old. The remains were brought to Emmitsburg on Monday and taken to the home of Mrs. J. M. Adelsberger. Mr. Adelsberger was well known in Emmitsburg. He was born here, and at one time was the proprietor of the Western Maryland Hotel, now the Hotel Spangler.

Saint Aloysius Society Meets

On Monday last, the boys of the Saint Aloysius Society held their annual picnic on the lawn of the St. Vincent's House. At noon the members of the society, 55 in number, sat down to a scrumptious dinner, after which they all repaired to the Fireman's Baseball Field where an exciting game of ball ensued. After the game came the athletic events. Those games and the winners were as follows: 100 yard dash for larger boys, Maurice Baker; 50 yard dash for smaller boys, Clarence Bowers; running high jump, Maurice Baker; running broad jump, Bernard Ott; three-legged race, Roy Gelwicks and Maurice Baker; sack race, Nimrod Fizzle. The days' program closed with a luncheon served at the scene of the dinner. The day proved to be the most successful in the history the society, and the boys are looking forward to a repetition of it in the near future.

June 28

Painful Accident

James Gelwicks met with a very painful accident on Saturday and for a time was in very serious condition. While working at a sawmill a piece of lumber stuck him violent-



Sketch of a Hay's Acetylene Generators

ly under the chin causing swelling and pressure on his windpipe that it made it almost impossible for him to breathe. He is slowly recovering.

Killed by Posse in Bank

Three masked men entered the citizens Bank at Mammoth Springs, Arkansas and robbed the bank while two others stood guard outside. The cashier was locked in the vault and the robbers took all the cash inside. For 10 days bank officials have known that an attempt would be made to rob the bank. In preparation the Sheriff had rounded up a posse and was hidden in the back room of the bank when the robbery occurred. As the robbers were leaving, the officers opened fire on them with Winchester rifles. One of the robbers, who was instantly killed, had 22 bullets enter his body. The other robbers were captured uninjured.

Improvements

Work is progressing on the floodwater sewer that is being laid on Frederick Street. Mr. Hoke is having a new cellar put in. The crossing between Mr. Hoke's property and that of the Patterson Brothers is being repaired. Mr. Warner has had a concrete pavement laid in front of his East Main St. property.

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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

From the Desk of County Commissioner Paul Smith

Understanding the County budget is somewhat difficult, and many people do not have the patience to try to understand it. Though this is not an exciting topic, I will share some budget information that is important to understand. The BOCC will vote on the FY2013 budget on June 7th.

The Proposed Budget. The proposed budget for FY 2013 is \$471,219,612—\$22 million more than for FY2012. This is due primarily to the following increases:

1. \$6 million for teacher pensions;
2. \$3.5 million additional funding to BOE;
3. \$7 million additional Fire Tax funding;
4. \$0.75 million to fund a new law making the County liable if firefighters get cancer;
5. \$0.5 million additional funding to FCC; and
6. \$11 million additional funding to County Departments (which includes pay increases)

Property Tax Revenues Are Down; Income Tax Revenues Are Up.

The County is able to meet these increased expenditures in spite of a \$19.5 million decrease in property tax revenues. Fortunately, this decrease has been offset by increased income tax revenues (up \$12.4 million) and by savings achieved through many actions taken to increase efficiencies and savings in County operations. In fact, the income projections for FY2013 are so good, that this budget includes pay increases for Fire & Rescue workers, Sheriff's Office and Correctional workers and the other County Government employees—this is the first time in the last few years that the County has been in a position to give raises. The BOE announced this week that it would also give pay increases to teachers and support staff. The one group that is not receiving any pay increases are the teachers and staff at FCC. The County should have provided funds for this.

Projected Deficits for FY2014 and FY2015. The County Finance office projects an \$8.2 million deficit in FY2014 and a \$16.5 million deficit in FY2015. Since

an \$8 million deficit is projected for FY2014, therefore we should hold on to the \$6.7 million proposed rebate and use it to reduce the projected deficit.

Fire and Rescue Tax Deficits. The County continues to face significant, recurring deficits in our Fire and Rescue Tax. The BOCC intends to address this soon.

Stormwater Retrofit Tax. The FY2013 budget does not include any funding for the recently passed law that requires 8 counties to levy a Stormwater Tax. We find several serious problems with this new tax—including the fact that it is not levied on all counties whose streams discharge into the Chesapeake Bay. It has not been demonstrated that the high cost of these retrofits will have any significant impact on improving the quality of water in the Bay. It is also unfair to for the State to assess financial responsibility based upon acreage rather than on population. And it is not fair to only require a few of the counties to pay to fil-

ter water going into the Bay. The County is considering whether to mount a legal challenge to this law. However, it does appear that the State is determined to require Frederick County to pay an estimated \$200 million for stormwater retrofits during the next 13 years (\$15.3 million/year)—that would be a cost of approximately \$65 per person per year for 13 years—or \$260/year for a family of four. In any event our current budget does not include anything to meet this prospective expense.

Unfunded Mandates from State and Federal Governments. This Board has done a marvelous job in trimming our County budget so that we have been able to avoid raising taxes. The majority of our remaining budget problems are due to unfunded laws and mandates that come down from the State and federal government.

Effect of the Presidential Election. Another factor that will hurt County tax revenues will happen following the election of

Mitt Romney as President in November. I do believe Romney will win, and I also believe that he will cut some of the programs that contribute to the enormous and continuing deficits that plague the federal government. President Obama's approach has been to borrow his way out of debt. This doesn't work for the nation any more than it works for an individual. The program cuts that I expect Romney to make are necessary for the federal government to begin to live within its means. But it will come with a short-term effect; it will increase unemployment—especially of government employees in Maryland.

Conclusion. For these reasons, I am expecting difficult economic times in Maryland for the next two budget cycles. It is my hope that there will be an economic upturn three years from now. Regardless of the length of time it will take to get to a balanced federal budget, America must do this, otherwise we will be on a path to follow Greece into insolvency.

From the Desk of Emmitsburg Mayor Don Briggs

May brought with it the presentation of the 2013 fiscal year budget to the Town Commissioners. Consistent with the last several years the town has to shoulder further reductions in state and local revenues. The budget as presented was 10.8% larger than last year. The increase is primarily attributed to capital account transfers. For the first time the town will put money aside for long term paving and equipment replacement cost instead of paying on a stop gap immediate needs basis. Annually \$65,000 will be transferred to a Paving Fund and \$45,000 into an Equipment Fund. Also one-

time expenditures of \$52,000 for storm water management mapping and \$11,000 to connect to the new County wide emergency radio system have to be paid as a budget item or from reserves.

Some uplifting financial news is that the town will refinance the \$5.4M bridge loan entered into last year for the construction of the new Wastewater Treatment Plant (WWP). The new loan is a line of credit that will save the town upward to \$100,000 over the next two years.

On Sunday May 27th the 2nd annual Memorial for Deceased Veterans ceremony was held. Spon-

sored by the VFW the events commenced at 11 am with a Post honor guard visit to every cemetery in the immediate area to fire a salute to those veterans who have passed away. Then back to the post at 2pm for a further tribute. No it's not just another three day weekend. Pause, if only for a moment, and give thanks to all of those who have sacrificed their lives and left behind often devastated families so that we could have what we have today.

On to June, the 14th is National Flag Day so on June 13th at 7 pm, the Francis X. Elder American Legion Post 121, will hold its retire-

ment of flags ceremony in Memorial Park.

Saturday June 30th is the annual Lions Community Day celebration. The EBPA, Knights and Masons are all kicking in. NOTE: The first block of Cedar Avenue off S. Seton Avenue at the Community Center will be closed between 8am and 4pm. Traffic will be rerouted.

Starting in July (hopefully) the town will expand its single stream recycling to include commercial throughput. The Drop off point is located at the wastewater treatment plant on Creamery Rd (east of US 15) 9am – noon the first and third Saturdays of the month. For the expanded service the town will receive a \$2,700 credit from the County.

Congratulations:

To all the graduating Mount students, thank you for being a part of our community and please come back and visit us.

To Jim Hoover who received the President's medal at the Mount commencement ceremony.

To Jimmy Click for his 20 years of service to the Town, THANK YOU!

To the reopening of the US 15 Welcome Center on May 26th. Thank you to our local legislators and the individuals who pushed and pulled this through.

To Maggie Myles a Catoclin H.S. junior who as a member of West Carroll Marauders rugby team played in the high school Nationals in Palo Alto, CA (Stanford University). The Marauders finished 6th in the nation. Maggie has been invited to the try outs for the Under 20 year old national team (the Eagles) in Glenwood, CO in June.

To the continued sprucing up efforts around town; home repainting on East Main, renovations on West Main and on S. Seton Ave.

And finally, to the completion of the resurfacing of East Main and the southbound ramp on to US 15...

Have a wonderful (extended) Memorial Day.



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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

From the Desk of Town Council President Chris Staiger

I hope everyone has been enjoying our spring! The annual carnival at Mother Seton School in May and the upcoming Community Day and fireworks on June 30 offer the chance to get out and about with your neighbors. The Town pool will be opening in mid-June, and, of course, our improved municipal parks are ready for you! Take advantage of these many opportunities to enjoy our great town!

Retired local veterinarian and former mayor, Dr. William Carr passed away in late May at the age of 84. While details of his life and accomplishments are covered elsewhere in this publication, it is worth remembering the tremendous influence Dr. Carr had in shaping the community around us. The forces he released and directed through annexation and the promotion of residential development throughout his decade in power continued after his de-

parture from town government in 2002 and are still being dealt with today.

On May 7, Frank Davis, President of the Vigilant Hose Company, spoke to the Town Council regarding the County Commissioners' proposal for a County-wide Fire Chief. Mr. Davis spoke in favor of this proposal, and although a majority of volunteer companies voted against it, he wanted to present his organization's thoughts on the 'facts versus the opinions' of the debate. While a county-wide fire chief would in some ways more centralize control, the benefits in planning, standardization, consistency, and oversight would help counteract the stresses resulting from our growing demand for services. The Frederick County Commissioners have yet to make a final decision.

Also on May 7, the town Board of Commissioners approved the application for a Community De-

velopment Block Grant (CDBG) in the amount of \$100,000 meant to support the Homes for America senior housing project at the Provincial House. This worthwhile project will give new life to underutilized areas of the massive building, bring some property onto municipal tax rolls, and provide additional housing opportunities for the Daughters of Charity as well as our larger senior community.

As discussed last month in this space, April, May, and June typically bring consideration of the next financial year's budget (set to begin in July). Annual budgets have declined every year from July 2009 through June 2012 – dropping \$200,000 or 11.7% from a high of \$1.7 million in 2008. Over this period, we have substantially reduced costs and elected to use our "rainy day" fund if major expenditures were required.

The original budget present-

ed at the May 7 meeting planned to raise the tax rate from \$0.36 to \$0.4265 per \$100 of assessed value while increasing overall spending back to 2008 levels. On May 21, the Board of Commissioners made funding modifications and reductions that allow us to maintain our tax rate while still adequately supporting the current and future needs of our community. The \$0.36 rate was officially adopted for the upcoming budget year on May 21, and the Board will continue to finalize the budget over the next couple of meetings. This revised budget is still slightly higher than last year due to funding increases in other areas such as payments from the county government to cover shared services.

Also on May 21, the Board considered a proposal from the Mayor and town staff to re-finance our existing loan funding the town's portion of the new

wastewater treatment plant's construction costs. Refinancing could save \$80,000 to \$100,000 over the remainder of the construction period. Staff was instructed to proceed with the effort and we hope to have a new loan in place by July that will cover our needs for the last two years of the project.

Finally, additional ordinance changes were made in May that will 1) make it easier for some residents with smaller lots to build garages or install carports, and, 2) may allow Village Zone based businesses to expand their opportunities. These changes were both in response to concerns raised in the community. Please continue to contact us if you have ideas to make our town a better place to live and work!

As always, I encourage your participation and feedback to your elected officials! Sincerely, Chris Staiger

From the Desk of County Commissioner Blaine Young

In 2008 in the United States, it was MoveOn.org. You will recall that this is the organization that took it upon itself to pass judgment on every candidate and issue that came before the voters of the United States to determine if they were liberal enough to deserve public office.

Its primary hero, Barack Obama, was elected President of the United States.

In 2012 in Frederick County, it is the Frederick County Teachers Association. They are now in the process of telling the voters of this county which candidates for the Board of Education are liberal enough to deserve election.

The teachers union has decided to make this year's school budget its issue of last resort. It wants a raise for its mem-

bers, during financial times in which very few of us are getting a raise, and most of us are happy to make as much as we made last year. On top of that the counties are now responsible for helping fund teachers pensions with absolutely any input in the plan.

To compound this, teachers in this county have done very well over the last decade, earning over 50% more today than they did 10 years ago.

As I have said before, I love the teachers in Frederick County. They are – on the whole – a hard working, dedicated and industrious group, and do much for our children, mine included. But sometimes you can't get everything you want, and unfortunately for many of us (including our teachers) this

is one of those times.

That is not good enough for the teachers union. It has unleashed the forces they can muster to criticize and denigrate anyone currently involved in the fiscal 2013 budget process. And it has gone beyond the school system's budget. Its minions are now attacking the county commissioners for the proposed \$100 rebate to homeowners in Frederick County.

It amazes me to read the Letters to The Editor people are writing in which it is stated that somehow – because the commissioners are considering giving back money to the taxpayers that it doesn't need right now – they are somehow "mean" and "heartless." This is the first time in my life I've

heard it characterized as being "mean" to give back something that was given to you, when you decide you don't need it.

Let me see if I can put this into perspective. Say I am going to the grocery store, and I offer to pick up a few things for you. You give me a list and \$50. I go to the store and I get everything that you need, but it only costs \$40.

When I come by your house and drop off the groceries, am I now "mean" and "heartless" because I give you the extra \$10 back? I think to do otherwise would be dishonest.

That's all the commissioners are talking about. Because of decisions that have been made recently during budget hearings and discussions, Frederick County is now in the enviable

position of having a projected surplus. In other words, we have more money than we need to provide the services that the county provides. Doesn't it just make sense that we give some of that money back?

Now, it is prudent to hold some of it for the proverbial "rainy day." And that's what is being done. The county is required by law to set aside five percent of its operating budget. But some of the surplus we have accumulated should go back to the taxpayers, and that is all that we have proposed. This was our promise when we ran for office and asked for your vote at least for the majority that got elected. A persons word must have value.

Public employees in Frederick County, including our teachers, work for the taxpayers. Taxpayers work hard for their money, and willingly hand over a good bit of it every year to the government to pay the salaries of our public employees. Public employee compensation must be fair, and any decisions made concerning that compensation must be deliberated fully, openly and dispassionately.

That is what is going on right now, in spite of what you may read in various newspapers and social media. Taxpayers come first, because without them who is going to continue to fund our government at the levels that we desire? If they don't pay their taxes, we would have much bigger problems than discussing whether the teachers should get a raise. And watch once again in the end at the last minute the Board of Education will mysteriously find a pot of money and raises or bonuses will be given.

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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

From the Desk of County Commissioner Marty Qually

During the campaign for County Commissioner candidates kept hearing consistent messages from citizens: the County needs to better communicate with the public, lower County expenditures, and streamline services to the tax payers. It's been five months and June marks the unveiling of a new Tax Services Department intended to meet these goals. Staff are rallying to the challenge and already suggesting ways to improve how we do business. Too often when we are asked to make changes we think that something is wrong. It is the fear of change that can paralyze us into inaction and accepting that the status quo. The citizens of Adams County, it's employees and elected officials do not want "good enough"; we want excellence. The County Commissioners do not see making changes as a reaction to failure but as an improvement on success and preparing for the future. We are creating a plan costs nothing extra today and creates fiscal savings for tomorrow. The new Tax Services Department will improve communication between staff and citizens, and will provide better service. As we move through this process we encourage feedback so that we can continue to improve services.

The Tax Services Department

was created out of a need to better coordinate the services of four related, but separate, departments: Tax Assessment, Tax Appraisal, Tax Claims, and Tax Mapping. Each of these departments are unique in their roles but in each there is enough overlap and duplication of services that a single department will result in efficiency and savings. At this time, the exact business map of the department is incomplete. When we began this process, we met with staff and gave them very broad guidelines: 1) No one will lose their job, 2) No new employees will be hired (newly created position will be filled by current staff) and 3) Current salaries will remain intact for at least six months. In essence the team stays the same, but the positions will change. Think of this as a football team that has four quarterbacks on the field at once but no wide receivers. In our case the owners (citizens) told the coaches (Commissioners) that something needed to be done. While some organizations would have hit the free market for a new team, we know we have a great team already, all we needed to do is rearranging the current players. The first part of the process was to appoint a new Tax Services Director, once completed then we allowed that Director to make recommendations on the formation

of the new department.

During the interview process it became clear that two individuals rose to the top. They were so committed to the reorganization that both agreed one should serve as Director and the other as Assistant Director. To have two equally qualified staff members willing to serve as an Assistant Director to the other was a credit to their personal integrity and commitment. Darryl Crum, Director of Appraising, and Barbara Walters, Director of Assessment were willing to support each other as Director of the new Tax Services Department. The entire interview team and County Commissioners recommended that both positions be created and the County Commissioners approved Darryl Crum as the new Director of Tax Services and Barbara Walters as the Assistant Director on May 30th. It is up to this team to provide a blueprint for the County Commissioners to begin creating the new Tax Services Department. Now that the Director and Assistant Director have been named their previous positions will be abolished. During the interview process both Barb and Darryl had a chance to review their operations in a new light and they provided great suggestions on streamlining the new Department. With no disrespect to either, most of their

suggestions were too technical to include in this article for fear that you would stop reading at this point, but rest assured their ideas are great.

I do, however, want to highlight two suggestions; first the cross training of staff to work on multiple projects throughout the year and second the creation of a single Tax Services front desk. Currently, Tax Appraising, Assessment, and Claims have busy and slow seasons. Some months Tax Claims is slow, while Tax Assessment is busy and vice versa. In another month Tax Appraising could use a hand with data entry, and from now on Tax Appraising will be helping Tax Assessment with Clean and Green inspections, etc. By working together we will be able to use staff time more efficiently and begin to increase work output. This will result in savings to the County. No matter how efficient we make County government, as more people move into Adams County our Tax Services Department will need to serve them.

The second idea being implemented soon, is the creation of a single front desk for the new department. Currently, citizens often bounce from one office to the other to receive the help they need. In each case a different staff member sees to their needs, but

too often the citizen leaves feeling that they ran the gauntlet. This doesn't mean that the staff were not helping them, just that few of us know the difference between Claims, Assessment, and Appraisal, so it is easy to go into the wrong office. In the future, one staff member at the front desk will be able to determine the needs of the citizen. Questions will be answered directly or the citizen will be efficiently directed to the person they need. In the end not only will citizens receive better service, but County staff will be able to remain focused on their tasks at hand.

The changes to the County Tax Departments are just the beginning of a new streamlined County government. Throughout our government we are creating teams to find solutions to our challenges and as Commissioners we are committed to maintaining a dialogue with County staff and not just creating top down directives. The most important resource in County government is the staff; they get the job done. If any County project is to succeed it will take the hard work and dedication of County staff. In seeing the leadership and teamwork coming out of the new Tax Services Department, I have no doubt this reorganization will be successful.

From the Desk of State Representative Dan Moul

As the end of Pennsylvania's fiscal year draws near, the General Assembly is busy with the state budget, and other legislation that it plans to address before the summer recess begins. The following is a broad overview of state news.

The hard work is about to begin on Pennsylvania's state budget. In February, Gov. Tom Corbett presented his \$27.1 billion budget plan. In May, the Senate responded with its own version of the budget, restoring some of the funding proposed to be cut under the governor's plan. The Senate budget projects a spend number that is more than \$400 mil-

lion higher than the governor's proposed plan. The deadline for a final budget is June 30.

Budget rumors include the possible privatization of Pennsylvania's system of liquor control. After expenses, liquor sales annually generate more than \$500 million for the state's General Fund, and provide about \$26 million in additional funding for Pennsylvania State Police liquor law enforcement, drug and alcohol treatment programs through the state Department of Health, and funding that goes back to communities that have liquor licenses.

On a related issue, a bill to allow out-of-state wineries to ship wine directly to Pennsylvania consumers was approved by the House Liquor Control Committee. The bill now goes to the full House for consideration. House Bill 845 requires out-of-state wineries to obtain a direct wine shipper license and to verify that those receiving their products are at least 21 years of age and are purchasing the wine for their personal use. Shippers must also collect Pennsylvania's 18 percent liquor tax and 6 percent state sales tax. Pennsylvania is one of 17 states that currently ban direct shipments of wine.

There is good news for those who had struggled to make sense of laws pertaining to Pennsylvania boroughs. Gov. Corbett signed legislation to overhaul Pennsylvania's Borough Code. The code, which dictates how boroughs are governed in the Commonwealth, was last updated 45 years ago. Incremental changes over the years made it inconsistent and difficult to follow. The legislation is the culmination of nearly a decade of work by state and municipal government leaders.

The House Education Committee has approved a bill that would extend the successful Education-

Improvement Tax Credit (EITC) program to public career and vocational schools.

The EITC program provides tax credits to businesses that contribute to an Education Improvement Organization (EIO) associated with a public or private school. The tax credit is equal to 75 percent of the business contribution, up to a maximum of \$300,000 per tax year.

House Bill 2319 would include public career and technical schools on the list of educational institutions that may be served by EIOs. Pennsylvania has 82 career and technical schools.

They're back... The state departments of Health, Environmental Protection and Agriculture have reported the early discovery of West Nile virus in mosquitoes in Berks, Dauphin and Luzerne counties. West Nile virus, which is spread to humans by mosquitoes who acquire the disease from the blood of infected birds, can cause encephalitis, an inflammation of the brain. Last year, six Pennsylvanians were reported to have contracted West Nile virus. The best way to prevent the spread of the disease is to eliminate mosquito breeding areas. Mosquitoes lay their eggs in stagnant water around homes, weeds, tall grass, shrubbery and discarded tires. For more information on West Nile virus and Pennsylvania's efforts to control it, visit www.RepMoul.com.

Blue Ridge Sportsman's Association

June Calendar Of Events

June 3rd - Bingo
 June 8th - Barn Shoot - Bar Bingo
 June 16th - Gun Draw Dinner
 June 22nd - Bar Bingo
 June 23rd - Barn Shoot (Wagner Super Shoot)

Coming July 12th, 13th & 14th CARNIVAL!

Thurs. - All-You-Can-Eat Wings \$6.99 - 5-8pm
 Fri. - Full Menu - 4-9pm • Daily Special 5-8pm
 Sat. - Breakfast - 7-11am • Lunch - 12-4pm
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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

From the Desk of Carroll Valley Mayor Ron Harris

This month, we celebrate our national flag and honor our fathers. National Flag Day is June 14th. Flag Day was officially established by the Proclamation of President Woodrow Wilson on May 30, 1916. On August 3, 1949, President Truman signed an Act of Congress designating June 14th of each year as National Flag Day. Be proud! Fly the flag that day. This year Father's Day will be celebrated on June 17th. Father's Day originated in 1909 when a woman named Sonora Dodd came up with the idea to celebrate her father who was born in June. She encouraged others to honor their fathers in June. It didn't become an official holiday until 1972 when President Nixon issued a proclamation declaring the third Sunday in June as Father's Day. I did come across a bizarre holiday to celebrate in June, the National Chocolate Ice Cream Day on June 7th. Could not find the origin of the special day. However, who cares! Be sure to celebrate the day with some chocolate ice cream.

One of our local citizens, George Fisanich, had the honor to be the guest speaker at the 7th Annual Junior Reserve Officers Training Corps (JROTC) Military Ball held in Gettysburg. Two hundred people were in attendance. George is a World War II veteran. He was assigned as an assistant gunner to a light machine squad in the 325th Glider Infantry Regiment, 82nd Airborne Division. He saw action in Germany and had the honor to march in the victory parade in New York City at the end of the war. George shared his wartime experiences and how he used the G.I. bill to pay for his college degree and made a career in the federal government. Thank you George for your service to our country.

Don't know if you are aware that at our next Borough Council meeting (June 12th) the Carroll Valley Comprehensive Plan will be presented for approval. Why the interest? A municipal comprehensive plan (MPC) by definition documents the municipality's goals, objectives and policies that guide the future growth and development within that community. As such, this Comprehensive Plan is a strategic planning document. It contains the implementation strategies (the changes) that are projected to be completed within 10 years. The process that is followed to approve the plan for action involves seven steps: (1) the Planning Commission present the draft plan to the public for comment; (2) the Planning Commission discusses and approves changes to the plan; (3) the Planning Commission recommends the final draft plan to the Borough Council; (4) the Borough Council distributes copies to the Adams County Planning Commission, adjacent municipalities (Fairfield Borough, Hamiltonban and Liberty Townships), and the Fairfield Area School District for review and comment. The review comments received from these entities are discussed and approved changes are used to edit the document; (5) Borough Council holds a public hearing on the final draft plan pursuant to a public notice; (6) Borough Council votes to adopt the plan by resolution; and finally, the Borough Council approves and publishes the Carroll Valley Comprehensive Plan for execution. We are at step #4. If you want to see what is planned for Carroll Valley for the next ten years, go to the Carroll Valley Borough website at www.carrollvalley.org and read the plan. If you have any comments, contact the Borough or come to the next

Borough Council meeting. The future growth and development in Carroll Valley is in your hands.

It's June. The weather will be warmer and with school ending more people, young and old, will be bicycling and walking on our trails. This might be a good time to take a look at our Pennsylvania laws regarding both. In Chapter 35, Section 3510 of the Pennsylvania Consolidated Statutes book, there is a law that requires all bicyclists age 12 and under to wear a properly fitted bicycle helmet every time they ride their bicycle. As a matter of fact, it is recommended that all bicyclists wear a safety helmet when riding a bicycle. Please note that a bicycle is considered a vehicle and therefore when riding on a roadway must be operated in the same direction as required of other vehicles on the roadway.

All bicyclists are required to use hand arm signals while on the road. Section 3507 mandates that bicyclists, who ride after dark, install reflective devices or lights on their bicycle. We know that pedestrians have the "right of way". But what are your responsibilities/duties regarding walking on our trails? Well, Section 3544 states that where a sidewalk is provided and its use is practicable, it is unlawful for any pedestrian to walk along and upon an adjacent roadway. Where a sidewalk is not available, any pedestrian walking along and upon a highway shall walk only on a shoulder as far as practicable from the edge of the roadway. Where neither a sidewalk nor a shoulder is available, any pedestrian walking along and upon a highway shall walk as near as practicable to an outside edge of the roadway and, if on a two-way roadway, shall walk only on the left side of

the roadway. Bottom-line, please follow these laws. They are for you and your family's safety on the road.

For us drivers, slow down when in the Valley. Watch out for the unexpected when it comes to people walking, jogging and bicycling on our beautiful trails.

I hope you are planning to attend our July 4th Celebration. It is being held on Wednesday, July 4th. Click on www.cvjuly4th.com to see all that is going on that day. There will be three live bands entertaining the people and they are: Niel & Shannon, Static Trees, Sprinkler Heads, and the Dyin' Eyer Brothers. The train ride for the kids is back again this year as well as a number of new children rides. They are all free. Checkout the website. There is so much to do in

such a short period of time. The evening ends with Fireworks being launched onto of Ski Liberty Mountain. Make plans to be there. If you want to see pictures of past July 4th events, go to www.ronspictures.net. Please consider buying a raffle ticket to support the event and possibly win the \$1,000 cash prize.

You are invited to attend the dedication of the new Veterans Pavilion in Carroll Commons on June 12th at 6:45 pm. Borough meetings to be held are: Planning Commission (June 4th); Public Safety (June 11th); Borough Council (June 12th) and Parks & Recreation (June 27nd). Please be sure to mark your calendar for our July 4th Celebration. If you have any questions, call me at (301) 606-2021 or email at mayor@carrollvalley.org.

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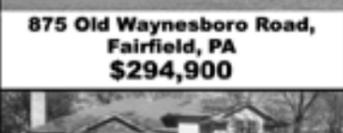
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Sunday, June 10th
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COMMENTARY

Words From Winterbilt

Shannon Bohrer

Taxes: more, less, flat, fair... I recently had a conversation with an acquaintance, someone I don't see that often but when we do meet, I enjoy our conversations. As usual, the topics included politics, taxes, elections, the TEA party and the PEA Party (People for Ethical America), the weather, medical ailments and getting old; the standard curmudgeon topics. My acquaintance—I'll call him Mike—is very conservative and was slightly annoyed about paying his taxes (this is also a common ailment with curmudgeons). It was a very lively and engaging conversation, and it made me think about my taxes. I don't think I am different than most people in that I don't mind paying my taxes, providing my share is fair and equitable.

After the conversation, I drove home and conducted a little research, reviewing my own taxes and examining what I could find on the internet. What I found was that my taxes this year, and probably for many years, were a higher percentage of my income than Mitt Romney and/or Warren Buffett's. From my perspective, that's a lot more than my share. To discuss this matter in

more detail, I convened a PEA party executive meeting. After a lengthy and involved discussion, all of the members present came to a decision, which may surprise a few people, since it surprised me. We decided to consider paying more in taxes, but only if—and it was a big “if”—certain conditions could be met. The conditions to be met are basically common sense and not unreasonable, at least from our perspective. However, our government may have a different perspective about the common sense part. As Voltaire once said, “In general, the art of government consist of taking as much money as possible from one part of the citizens to give to the other.” Our government does this with a tax code.

Anyway, the first condition is that the government publishes how much money it collects and where the money goes in a detail. A full, honest and open account is needed. Is there money being wasted? (Remember the GAO meeting!) I am sure that there is money being wasted and before we agree to pay more, we want the waste and abuse cleaned up. Congress has been promising for a very long time to clean up the abuse and waste in government, but I guess

they have just not had the time to do so. The publishing of this account would include the salaries of congress, their aids, benefits they receive, how much their medical insurance is subsidized and their retirement plans, etc. As citizens, we are shareholders, not unlike stockholders in a company, so it is only fair that our government give us a good accounting of where our money goes. We also want an account for the 2.5 trillion dollars that congress has borrowed from our social security fund. Where did it go? Maybe we should consider a class action suit against Congress—it would be nice to attach their salaries.

The next condition is that everyone must pay taxes. It has been widely reported that only 50 percent of individuals and only 60 percent of companies pay taxes. When individuals and corporations don't pay taxes, then those of us that do pay become responsible for paying more than our share. In his book *Common Sense*, Thomas Paine talks about the fact that the primary purpose of government is security. A very good argument is that everyone in this country benefits from the security provided by our military. Not only security from foreign entities, but everyone bene-

fits from public education, police and fire protection, roads to travel on, and the civil society that a government provides. The Pea Party realizes that the tax laws offer a lot of deductions for giving money to charities, business expenses, equipment depreciations and mortgage interest paid. The deductions are fine, providing everyone pays a minimum – period. If an individual and/or business creates so many deductions that they do not owe any taxes – then a minimum alternative tax kicks in. The congress had no problem creating a minimum alternative tax for the middle class, well let's extend that to everyone. And the minimum needs to be at least as high as my tax rate.

Another argument is that if everyone benefits, then charities and non-profits should be paying their share, rather than placing this burden on others. This may not be a popular idea, but responsibility should include everyone, even churches. I understand that many readers would be shocked at this suggestion, but are the charities, non-profits and churches benefiting from the government? It was recently reported that very popular religious dominations have been receiving federal money for social programs.

Organizations that don't pay any taxes are receiving money from the federal government? I am not anti-religious, nor am I anti-charity, but being responsible means that if you receive benefits from living in our society, you need to contribute. Period.

While taxing non-profits and churches may seem somewhat over the top to many of you, consider that our current debt of over \$15 trillion equates to about \$50,000 for each citizen. An important point is that \$50,000 is for each citizen, not each tax payer. One could make an argument that the very old and poor and the children in school make up half of our population, which means each tax payer is really in debt for over \$100,000. Of course not all eligible tax payers pay taxes, so if only 50 percent pay, then each of us that does pay really owes \$200,000— and that is a huge problem.

No, I do not want to pay any more in taxes than I already do, but I believe it is inevitable. What's not inevitable, at least I hope not, is that the responsibility of paying off the \$15 trillion is only placed on the individuals that pay taxes.

The PEA party conditions next continue month in Part II...

To read past editions of Words From Winterbilt visit the Authors' section of Emmitsburg.net.

View from the Track Transform

Kip Hamilton

Who knows what week it was May 20-26th? No, it wasn't National Week before Memorial Day Weekend Week. It was National EMS Week when we all stop to reflect on the Emergency Medical responders across the country who make a difference every day. When your loved one is lying unconscious on your kitchen floor and you don't know what to do, these are the folks who come when you call for help.

Fairfield Fire & EMS held their annual EMS Open House on Sunday, May 20th and invited the members of their community to come and spend a fun afternoon getting a close-up view of how they can help when you call. The situation at the Fairfield fire and ambulance companies is pretty typical for Adams Co., but for those of you from Frederick County, it might seem unfamiliar.

Unlike Frederick Co., which runs a county-wide Department of Fire & Rescue Services which is staffed around the clock by professional firefighter/EMTs and supported by the residents' tax dollars, the fire and EMS services in Adams Co. are almost 100% volunteer-provided.

Fairfield Fire & EMS is a volunteer department. In order to provide medical coverage during the day when almost all of the volunteer members are out of town at work, they have two paid EMTs who man a split shift covering from 6 in the morning until 6 at night. These paid crew members, however, are 100% paid for by the company's fundraising activities.

Many people don't realize that, unlike Frederick County departments, Fairfield receives no financial support directly from local income taxes what-so-ever. When you call 911 in Fairfield or Carroll Valley (or any of the other 3-4 municipalities that Fairfield serves) at 2:00 in the morning, the dedicated volunteers that you'll be glad to see when they arrive were all at home in bed when you called. This scenario played out about 1,000 times last year when they ran close to 800 ambulance calls and over 200 fire calls. They train. They equip. They stand-by. They run calls...all at no cost to the residents they serve. They rely totally on their fund-raising, donations and reimbursements for ambulance transports for their economic survival. Their service is a gift to their community.

Why do they do this?, you ask. We're not sure, really. But we're sure glad they do!

They are, however, experiencing the same problem that almost every other volunteer group is having to contend with, whether scouts, civic organizations, church groups...it effects them all, and that is a falling off of their new members.

Just as recently as 40-50 years ago, there was a strong sense of community and people volunteered to perform all manner of tasks for each other. Things were a lot simpler then. Typically, only one parent had to work outside the home; the jobs were closer to the home; there weren't as many demands on the family's precious time as we have now. People had the time, the energy, the mindset to pitch in with their neighbors to get something done. With regard to the fire department and ambulance companies, things were also very different than now; it was also much simpler for them then. If you knew which end of the hose the water came out or could get someone onto a stretcher, you were good to go.

These days, because of national standards for training and safety, the volunteers are trained to the same levels of proficiency as the professionals are...in some cases they go through the training academies together. As you might imagine, this represents a

tremendous burden to the volunteer today just in terms of training time. For example, the latest requirements to be trained as an EMT in PA will require 240 hours of instruction. This is a huge commitment for most people and for many, it simply is just not doable. If one does have the time, they'll then need to come up with the \$500 for the tuition and the gas money for the 60 or so roundtrips to the class. And, it is the same for the firefighters who are starting out, only there are more classes for them to take. It's no wonder that the departments across the country are having staffing issues.

But, volunteer emergency providers are vital to a community. Not to trivialize the valuable mission they perform, but If the ladies group at church has a reduction in members, there are fewer bake sales. If the volunteer fire & rescue company loses too many members, people can die.

No problem, you say. We'll just thank the volunteers for their years of dedicated service and replace them with a paid department like Frederick has. 'Sounds easy enough, but let's take a look at that. Currently Fairfield's annual operating budget is in the area of \$700K... and remember, it is a volunteer station. Their buildings are paid for. All of their trucks and equipment are paid for, except one, and they have a relatively small payroll. If you disregard

the two - four million bucks for the new station house and the two - three million bucks for the new apparatus and equipment, and the 1.5 million bucks annually to pay a 27/4 professional crew, just the \$700K alone represents an annual increase in resident's taxes of hundreds of dollars. The total bill to the Fairfield and Carroll Valley residents to replace the volunteers with paid crews is simply an economic impossibility...especially now in today's economy.

So what's the answer? The answer is to support our local volunteers! There are so many things they could use some help with that don't involve running into burning buildings! In fact, there is a long list on the “How YOU can help” tab on their website, www.FairfieldFire-EMS.org.

It's funny...our current government is involved in so many things they have no Constitutional authority to be doing, yet you could certainly put providing emergency services on the list of things they should be doing and in the case of Fairfield Fire & EMS, they're not!

So, in the spirit of National EMS week, please take a minute to recognize and support our dedicated volunteers and if you can make the sacrifice, join them in their service to their neighbors.

To read past editions of View from the Tract visit the Authors' section of Emmitsburg.net.

Pure OnSense

Thurmont's brief occupation

Scott Zuke

Thurmont is accustomed to drawing mobs of people now and again, but normally of the sort that are looking for handicrafts and pit beef at Colorfest. The May 18-19 G8 Summit, held at Camp David, brought in an entirely different crowd. I spent the weekend, like many other curious residents, observing the ramped up security through town, gawking at journalists and cameramen shooting B roll of our quiet streets, and of course, checking out the protesters who drove in from Baltimore and beyond just to be a little bit closer to the world overlords/corporate servants meeting up in the hills above.

Several members of offshoot Occupy Wall Street groups showed up Friday morning, convening behind McDonald's and painting protest banners for a march that never quite materialized. Some were from Occupy Baltimore, and others came down from Connecticut's Occupy New Haven. They traveled in small cars and a beat-up white bus that ran on vegetable oil. Their conversations amongst themselves oscillat-

ed between sharing "war stories" of other protests they had attended in Chicago or New York's Zuccotti Park, and discussing various political issues, from America's undeclared wars in Africa to Monsanto's use of genetically modified seeds. One guy drew a small crowd as he showed off a custom American flag with 50 corporate logos taking the place of the stars.

They convened in the shade to discuss where they should eat lunch. A couple of them had scouted the area nearby to find locally-owned restaurants, which they preferred over the corporate fast food chains. It was one of several occasions where the group organizers displayed a thoughtful respect for the town; At the larger protest the next day, they would keep an eye on the flower beds in the little square park in the town's central intersection to make sure no one was trampling the plants.

Unfortunately they did not think much of the town's residents. While being interviewed by the Gazette, one of the group leaders casually asserted that most of the people in Thurmont don't even know the G-8 is going on, or why it's here. I would argue that

we deserve more credit than that, but one can forgive their view since it was voiced a few minutes earlier by Commissioner Blaine Young, who drove up for a photo-op chat with the protesters and, in an attempt at being disarming, said that people around here are more concerned with where to get the best burger than with politics and international affairs. Thanks, Blaine.

At the larger demonstration on Saturday, local residents roughly equaled, and may have even outnumbered the protesters. They came out for the spectacle of an unprecedented rally in downtown Thurmont, but walking through the crowds I heard young people, old people, families, all talking about different political issues and showing eager interest in the visitors. Parents brought out their children to experience the assembly, and kids excitedly planned to tell their classmates the following week about what they saw. Thurmont may be pretty far removed from the stage of global affairs, but give the people credit for being inquisitive and welcoming.

The demonstration itself was intriguing. Between one and two hundred Ethiopians came into town on buses to protest American aid to their home country—not that we're giving too little, but that we're giving too much! More specifically, they were there

to protest US support of Ethiopian Prime Minister Meles Zenawi, who was at Camp David along with other African leaders to discuss food aid (Ethiopia is still struggling to recover from a prolonged drought in 2010 that left 10 million people hungry, according to the UN World Food Program). Meles and his political party have been in power since 1995, winning subsequent elections by large margins that suggest rampant fraud, and are a pervasive presence throughout the country, to the extent that people avoid speaking against the government in public for fear of being overheard by an official. Last year the watchdog organization Freedom House downgraded Ethiopia's rating from "Partly Free" to "Not Free" in its annual Freedom in the World survey, citing intimidation of opposition parties and a crackdown on independent media.

Perhaps the most interesting fact, given the circumstances, is that Ethiopia has banned street demonstrations since 2005, and routinely breaks up political rallies and meetings by opposition parties. Realizing this draws a stark contrast between the Ethiopian demonstrators and their counterparts from the Occupy movement.

While the Occupy members who came to town were cooperative and generally respectful towards police (some were more

paranoid than others), groups who marched through Downtown Frederick chanted anti-police slogans and shouted profanities. In Thurmont they hummed the Star Wars "Imperial March" theme as state troopers in riot gear filed away as the demonstration winded down. These are harmless and sometimes funny expressions of free speech, but they show a lack of appreciation for the freedoms Americans enjoy, compared to those who have faced true oppression. I'm sure most of them have been face-to-face with far more intimidating and less restrained riot control forces in the larger city demonstrations, so I feel like they would do well to acknowledge responsible police organization when they see it, and what we had here that day under the leadership of Sheriff Jenkins was as good as it gets.

In the broader scheme of things, the G8 protests in Thurmont may not amount to anything insofar as influencing politics or swaying public opinion, but as with the G8 summit itself, there's intrinsic value in bringing together people from very different backgrounds and locations so that they can break out of their bubbles, even if only for a couple days.

To read past editions of Pure OnSense, visit the Authors' section of Emmitsburg.net.

Down Under

The harmonious blacksmith

Submitted by Lindsay!
Melbourne, Australia

Sure there is music even in the beauty, and the silent note which Cupid strikes, far sweeter than the sound of an instrument. For there is music wherever there is harmony, order or proportion; and thus far we may maintain the music of the spheres; for those well-ordered motions, and regular paces, though they give no sound unto the ear, yet to the understanding they strike a note most full of harmony.
—Sir Thomas Browne, 1643

The motto of the American Academy of Arts is 'A great nation deserves great art,' which gives some idea of how one may assess the greatness of a nation; not by its politics, its religions, or its trade, but by the beauty and relevance of its many arts. The deepest places of humanity's mind are expressed thus, for all humanity has minds deriving from the same source, and express the sublime wellings in the only way possible - that is, through the arts.

When one set of people migrate or settle in a new land the heritage they bring with them takes root and remains in that new place, even if their descendants go elsewhere. That heritage is most often expressed in

writing, music, painting and all other art forms - for how else to leave a record of the values they hold dear, are comfortable with, and cannot deny? And if there are two groups that have this in abundance it is Australia and The United States of America.

Our many differences are almost trivial beside our common heritage, that of colonization, migration, independence, democratic government and freedom, with the latter the most highly prized attainment. Freedom of action, of thought, and of expression are the most valuable attributes of any nation, and are the things most vulnerable to attack, both from within and without. One major difference between our two nations, however, is that we have never had a civil war or one to gain independence, been threatened with annihilation, have been terrorized, or had our freedoms violently set upon - whereas you have.

But we have come close.

There's a remote part of New Guinea, that second largest island in the world just to the north of Australia, that has some of the most inhospitable and difficult terrain in the world. Running across the length of the land is a range of mountains called the Owen Stanley Ranges; the crossing of this range by

our troops in the second world war against Japan has become legendary. Called the Kokoda trail, It rivals the Gallipoli saga from the first world war in many ways, but had a far more significant role in our survival and the outcome of the entire conflict.

We had help, of course, help from your troops, from your supply lines, and your strategy, but it was mainly the Australian contingent that slogged their way over that range, losing many to the endemic fevers, the incessant rainfall, and total exhaustion. But they succeeded, forcing the Japs, who commanded the north of the island and all the seas beyond to withdraw, retreat, and lose face - and heart. For it was from that point that the U.S. Navy and our combined air forces scourged their navy and army, with all the battles that lay ahead now known to be winnable.

There's a piece in this edition of the News-Journal I want you all to read. The veteran profile is one I can relate to, and is one that would be salutary for everyone to understand in its wider perspective. The Australians and Americans worked together to turn back an army that seemed unstoppable, and they did it because, and only because they worked together. There was bitching but no breaking ranks. There was jealousy but no disruption to the effort. There were criminals on both sides, but the preparations went on unabated.

I recall my parents having Ma-

rines home to dinner - kids not much older than myself - and the joy on those faces to have a home cooked meal and a home-like chat I'll never forget. My mother never forgot the nylons, either. I liked these young men, thought they were so strong and adventurous, and became aware that a different accent did not mean a different set of values.

And they learnt from us, some vowing to return and settle in this country, some actually doing so. They were the ones who had not seen the war, even though they had been through it, but saw the world. Saw the array of humanity that was no different to their own. Different accents, different skins, differing religions and views on life, but human, easily led at times, hoodwinked just like us all, but beneath the exterior all had the same need to live in peace, work, love, and, except for a few misfits who wanted to rule the world, be prepared to sacrifice their comfort, future and dreams for the sake of others.

I had cousins who lost their lives in that war; most families lost someone, but the price had to be paid. It was paid not to establish anyone's notion of democracy, not to proselytise their idea of righteousness, not to assert national identity, but to safeguard the freedom that our nations had inherited, nurtured, and made the cornerstone of our way of life. Freedom that we want to share, freedom that is being whittled away from within at every turn.

I began by talking about art. All art has to be seen or heard for it to mean anything; those whose eyes are blinkered to see in only one way, the way they want and expect, are ill-informed and therefore ignorant - and prejudiced. Seeing things in foreign lands, looking at the people and customs there is an art in itself, one that can be learnt, one that needs to be explored. Else the preconceived ideas conceal the important things that are there, the things that are truly meaningful and instructive. Great art of this kind is truly the mark of a great nation.

In truth, there is no substitute for travel. Not just as tourists, oohing and aahing at the sights, but as human interested in others, willing to listen and learn, hoping to share the stories that everyone has, prepared to allow that our ways are not the only ones.

Most of us are lucky; we don't have to survive a war to get overseas, as our veterans did, but are free to go voluntarily, in peace (hopefully), giving and expecting tolerance from and to those we meet.

Hope to see you here sometime. We can beat out our thoughts on a blacksmith's forge, be in harmony, and hear the music of the spheres together.

Lindsay, being free to write from Melbourne, Australia.

To read past editions of Down Under visit the Authors' section of Emmitsburg.net.

PASTOR'S DESK

What am I supposed to do?

Pastor Gary Buchman
Emmitsburg Bible Church

As a pastor I have read a lot of books and articles about what God may be doing in allowing or even bringing adversity into our lives. Whether God brings it directly or allows it, we are reminded that life will have its share of hard times. Passages like Matt. 18:7; Luke 17:1; and John 16:33 remind us that Christians are not exempt. Romans 8:28 and other scriptures remind us that God is active in our affairs and has a good purpose for what we go through or experience. In fact, in my studies, I have discovered about 20 different things that God may be doing by allowing our hard times. I have read little, however, about what we are supposed to do in those hard times.

1. Pour Your Heart Out to God – It's okay to do that. He wants us to do that. Peter tells us to, "**Cast all our care on Him, for He cares for you.**" (1 Peter 5:7). Yell, scream, cry, tell Him how bad it hurts, how confused you are, how angry you are, how lonely you feel, everything. I promise you there will be no lightning bolts. Jesus cried from the cross, "**My God, My God why...?**" Jeremiah, David, Elijah, and others poured their hearts and complaints out to God. To cast all your care, means, all your care. It means to dump it all on His lap. He wants you to do that. Do you know why? Because He cares, just like you care for your children. That's why Jesus says, "Come to me, all of you who labor and are burdened and I will give you rest (Matt. 11:28-30; cp. Psalm 13). Pour it all on Him.

2. Be Still and Wait – Psalm 46:10 reminds us to "Be Still and Know that He is God." When you don't know what to do, stop trying to do something and wrap yourself up in God like you would a blan-

ket. That is what David tries to tell us in Psalm 27:14 and Isaiah tells us in Isaiah 40:31. Waiting is not inactivity; rather, it is the activity of entwining oneself with God, like taking many thin strands of string and twisting them into a rope. Use this difficult time to get to know God deeper, fuller, more intimately. This is a time to read the scriptures, especially the Psalms or the Gospel of John.

3. Recognize His Sovereignty and Worship Him – This is what Job did when He lost everything (Job 1:20), and David did when He lost a child (2 Sam. 12:20), they worshiped. Adversity has a way of reminding us that this is His world and not ours. We are merely stewards of His possession. We ourselves are His creation and therefore belong to Him. Isaiah and Jeremiah remind us that He is the Potter and we are the Clay. To worship is simply to bow the knee and acknowledge that we are His and He can do or allow as He chooses.

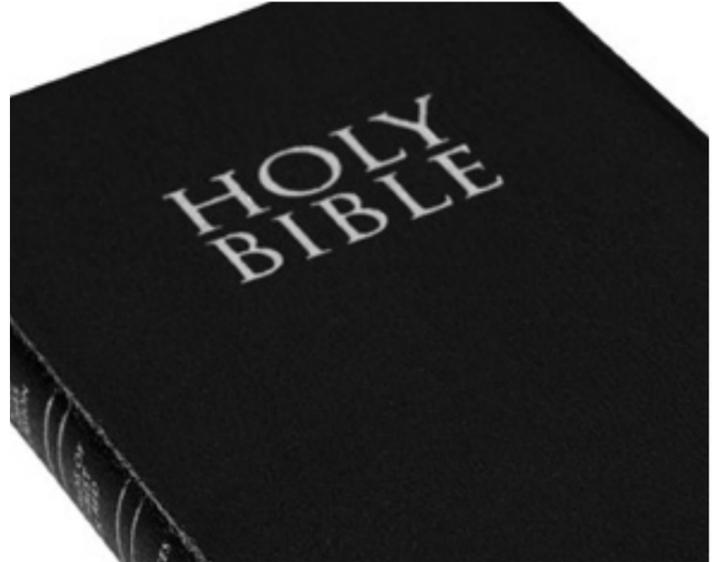
4. Remember He has a Plan - Even if I don't understand – One thing I want every Christian to realize is that God has a plan for the world and a plan for your life. God is preparing the world for the time when Jesus is going to return. Matthew 24-25, the Revelation and many others remind us of that. His plan for you is that you grow to be like Jesus in your character and conduct. That's exactly what Paul reminds us of in Romans 8:28-29. Everything He allows or brings into our lives is trimming away our old nature and to bring out His nature in us. And like a tapestry, the threads of our lives are connected to others so that what is happening in our lives may be so that other lives can be blessed and changed as well.

5. Believe His Promises – Adversity is a time to be still and to remember His promises. Promises are what give us comfort, courage,

and strength in our pain. Promises, like the one just mentioned, that He is working everything together for a good purpose (Rom. 8:28-29); that He is with us and in us, and He will never, ever, under any circumstances leave us (Heb. 13:5; Matt. 28:20); that He loves us and will never love us more or less than He does at this moment and absolutely nothing can change that (Rom. 8:35-39); and there are so any more that give us comfort.

6. Walk By Faith not By Sight – This is what God told Habakkuk to do when He didn't know what to do (Hab. 2:4) and He repeats that 3 times in the New Testament (Rom. 1:17; Gal. 3:11; Heb. 10:28). To walk by faith means to obey God because you trust Him regardless of the circumstances or consequences. To walk by faith means that when you don't know what to do, you do what you know to do; that is, keep on loving God with all your heart, and keep on loving people as Jesus loved you (Matt. 22:37-39). I will trust God even when I walk through dark and scary places, because He has led me and His way is always the right path. Isn't that exactly what Psalm 23:3-4 tells us? When you don't know what to do keep obeying God because you trust Him. The one who made the Red Sea open, and the Walls of Jericho come down will lead you right.

7. Give Up Your Will For His Will – This is a tough one and while it is similar to 3 and 4 above, I mention it separately because it is the conscious decision to entrust yourself and your circumstances to God's sovereign plan just as Jesus did in the Garden of Gethsemane. He prayed that if there were just some other way of redeeming man, please do it, "**never the less, not as I will, but as you will.**" (Matt. 26:39-42). We will be tempted to respond our own way and that often makes things worse.



Does He not tell us to pray that every time we pray, "**Thy will be done...**" (Matt. 6:10)? Being a Christ-follower involves this type of allegiance, for Jesus said, that to follow Him, one must, "**Deny Himself, Take Up His Cross and Follow Me**" (Matt. 16:24).

8. Focus on The Finish Line – This world is not our home, we are just passing through. All the pain and heartache that we experience is temporary. God has something better and permanent waiting for His children. It is the place that Jesus has prepared (John 14:1-3), and reserved for us (1 Pet. 1:4). It is a place of no more sorrow, or pain (Rev. 21:3-7). It is a place of peace, pleasure, and joy (Ps. 16:11). When Paul went through so much pain, it was his focus on the finish line that kept him going (2 Cor. 4:14ff; Phil. 1:21). It was David's hope (Ps. 23:6). Even Jesus, our Lord, endured the pain of the cross because He focused on the finish line (Heb. 12:2). This is our hope. Real hope is not wishful thinking; rather, it is confidence in the guaranteed promises of God.

9-12. The remaining 4 things I will only briefly mention at this time. **Resist the devil.** Satan will

do everything possible to tempt you to turn away from God and seek your own way or the world's way of responding. Don't give in. **Stay Connected to God's People.** Don't become a recluse. When we don't know what to do we may want to drop out, but it is now that we need the Body of Christ-His Church. We need the encouragement and comfort of others (2 Cor. 1:11; Heb. 10:24-25). **Forgive.** If your adversity is caused by others, you need to follow Jesus and forgive (Eph. 4:29-32). Finally, **Remember That You are not Alone.** There are others who are also experiencing what you are going through, or have come through it, and God is with you. The One, who experienced the rebellion of His children and the death of a Son, has promised to never leave you - you are not alone!

Having trouble knowing what to do? Give me a call at 301-447-6565 or email me at pastorgarybuchman@gmail.com. Better yet, stop by and see us on Sunday at 10:00 at the Emmitsburg Elementary School. We are currently in an 8 week study of Forgiveness. Until then, Walk in Faith and May the Grace and Peace of our Lord Jesus Christ be with you all.



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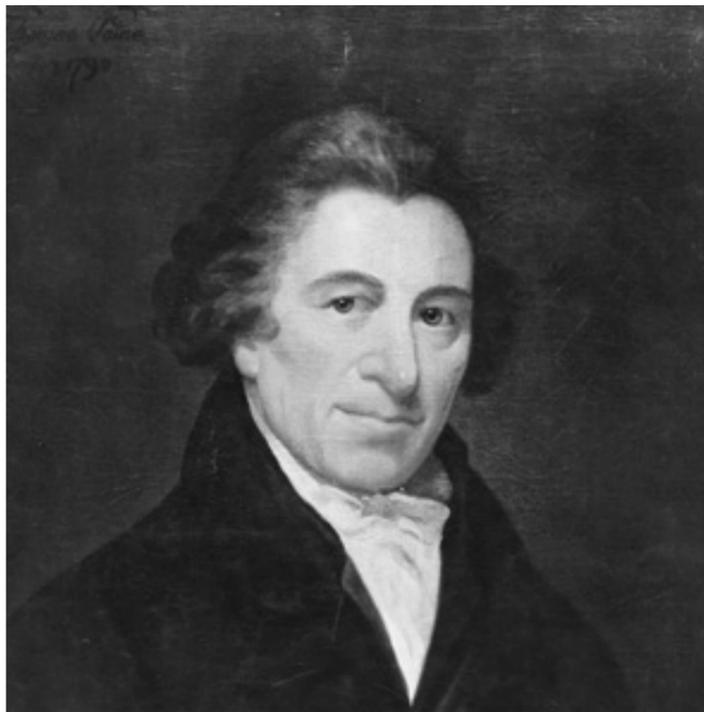
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THE BOOK OF DAYS

Thomas Paine



1/29/1737 – 5/8/1809

June 8

If Paine had died before passing the prime of life, his name might have been held in some respect among liberal politicians for the services he rendered to the American colonies in the crisis of their difficulties with the British ministry. What he did on that occasion is pointedly brought out in a work by Elkanah Watson, a New Englander, who gives at the same time a curious account of the personal appearance of this notable man. It was about the close of the war, when Mr. Watson was pursuing commerce at Nantes, that Paine arrived there in the Alliance frigate, as secretary of Colonel Laurens, minister-extraordinary from the Congress, and took up his quarters at the boarding-house where the narrator resided..

'I could not,' says Mr. Watson, 'repress the deepest emotions of gratitude towards him, as the instrument of Providence in accelerating the declaration of our independence. He certainly was a prominent agent in preparing the public sentiment of America for that glorious event. The idea of independence had not occupied the popular mind, and when guardedly approached on the topic, it shrunk with doubt, with peril, and with suffering. In 1776, I was present, at Providence, Rhode Island, in a social assembly of most of the prominent leaders of the State. I recollect that the subject of independence was cautiously introduced by an ardent Whig, and the thought seemed to excite the abhorrence of the whole circle.

A few weeks after, Paine's Common Sense appeared, and passed through the continent like an electric spark. It everywhere flashed conviction, and aroused a determined spirit, which resulted in the Declaration of Independence upon the 4th of July ensuing. The name of Paine was precious to every Whig heart, and had re-sounded throughout Europe. On his arrival being announced, the Mayor, and some of the most distinguished citizens of Nantes, called upon him to render their homage of respect.

I often officiated as interpreter, although humbled and mortified at his filthy appearance, and awkward and unseemly address. Besides, as he had been roasted alive on his arrival at L'Orient, for the ---, and well basted with brimstone, he was absolutely offensive, and perfumed the whole apartment. He was soon rid of his respectable visitors, who left the room with marks of astonishment and disgust. I took the liberty, on his asking for the loan of a clean shirt, of speaking to him frankly of his dirty appearance and brimstone odour, and prevailed upon him to stew for an hour in a hot bath.

This, however, was not done without much entreaty, and I did not succeed until, receiving a file of English newspapers, I promised, after he was in the bath, he should have the reading of them, and not before. He at once consented, and accompanied me to the bath, where I instructed the keeper in French (which Paine did not understand) to gradually increase the heat of the water, until "le Monsieur etait bien bouilli." He became so much absorbed in his reading that he was nearly parboiled before leaving the bath, much to his improvement and my satisfaction.'

The Battle of Bunker Hill June 17

On a hill eighty-seven feet high, once called Breed's Hill, but now known as Bunker Hill, on the peninsula of Charlestown, north of Boston, Massachusetts, rises a granite obelisk 220 feet in height, built to commemorate the first important battle in the American War of Independence.

Three distinguished generals. Howe, Clinton, and Burgoyne, with 12,000 veteran British troops, and a formidable fleet, occupied Boston. They were besieged by an undisciplined crowd of colonists, without arms, ammunition, supplies, or organization. On the morning of the 17th of June 1775, the British officers in Boston, and on the ships in the harbour, saw to their astonishment a breastwork on Bunker Hill, which had been thrown up in

the night, and was every moment growing stronger, so as to threaten their position in a serious manner. This was the work of about fifteen hundred Yankees, under Colonel Prescott.

No time was to be lost. The ships in the harbour and a battery on Copp's Hill opened fire; but those were not the days of Armstrong artillery. General Howe took 3000 infantry, and crossed over to Charlestown in boats to storm the works. It was a fine summer day, and the hills, spires, and roofs of the city were covered with spectators. Soon a fire, bursting from the wooden houses of the village of Charlestown, added to the grandeur of the spectacle.

General Howe was too proud of British valour to turn the works, but, forming his troops in two columns, marched to the assault. The Americans, who had little artillery, and no ammunition to waste, waited in silence until the British were within ten rods, and preparing to charge, when a sheet of fire broke out along their breastworks with such deadly aim, that whole ranks were cut down, and those not killed or wounded fled precipitately to the water-side. They were rallied, and advanced a second time with a like result. General Clinton, who had watched the progress of the battle from the heights of Boston, now came with reinforcements; some gunboats enfiladed the works, and a third attack, aided by a flank diversion, and the fact that the Americans had expended their small store of ammunition, was successful. The rebels were driven from their works at the point of the bayonet. Having no bayonets themselves, they fell sullenly back, fighting with the butts of their muskets. The British loss was about 1000 killed and wounded, out of a force of 3000; that of the Americans, 400 or 500.

It was a British victory which gave hope and confidence to the Americans, and has been celebrated by them as one of the most glorious events of their War of Independence.

Magna Charta June 19

The 19th of June 1215 remains an ever-memorable day to Englishmen, and to all nations descended from Englishmen, as that on which the Magna Charta was signed. The mean wickedness and tyranny of King John had raised nearly the whole body of his subjects in rebellion against him, and it at length appeared that he had scarcely any support but that which he derived from a band of foreign mercenaries. Appalled at the position in which he found himself, he agreed to meet the army of the barons under their elected general, FitzWalter, on Runny-

mead, by the Thames, near Windsor, in order to come to a pacification with them. They prepared a charter, assuring the rights and privileges of the various sections of the community, and this he felt himself compelled to sign, though not without a secret resolution to disregard it, if possible, afterwards.

It was a stage, and a great one, in the establishment of English freedom. The barons secured that there should be no liability to irregular taxation, and it was conceded that the freeman, merchants, and villains (bond labourers) should be safe from all but legally imposed penalties. As far as practicable, guarantees were exacted from the king for the fulfilment of the conditions. Viewed in contrast with the general condition of Europe at that time, the making good of such claims for the subjects seems to imply a remarkable peculiarity of character inherent in English society. With such a fact possible in the thirteenth, we are prepared for the greater struggles of the seventeenth century, and for the happy union of law and liberty which now makes England the admiration of continental nations.

Henry Clay June 29

After Washington, Jefferson, and Jackson, Henry Clay of Kentucky has been the most popular statesman of America. With an ordinary education, he made his way, first to distinction as a barrister, and next to eminence as a politician, purely by the force of his talents, and particularly that of oratory. His career as a statesman was unfortunately not quite consistent or unsullied, and hence he failed to obtain the highest success. In 1832 he was the candidate of his party for the Presidency, but was defeated by General Jackson, with only influence enough left

to quiet for the time the national discordances respecting the tariff and slavery, by what were considered judicious compromises? moderate duties, and a division of the unpeopled territory by a line, separating the free and slave states that should be found in the future.

In 1840 he might have been elected to the Presidency; but his timid party set him aside for General Harrison, who was considered a more available candidate. Later, he had the mortification of giving place to General Scott and General Taylor. In 1844 he was a candidate, but was defeated by Mr. Polk, who was elected by the party in favour of the annexation of Texas, and of going to war with England rather than give up the claim to Oregon, or what is now British Columbia, up to the parallel of 54° 40'. The party motto was, 'Fifty-four forty, or fight!' but after the election they accepted a compromise and a lower parallel. Disappointed in his ambition, mortified by the ingratitude of his party, Mr. Clay retired from the Senate in 1842, but was induced to return in 1849. His last public efforts were in favour of the slavery compromises of 1850.

Mr. Clay was tall, raw-boned, and homely, but his face lighted up with expression, his voice was musical, and his manners extremely fascinating. Few men have had more or warmer personal friends. His oratory possessed a power over his hearers of which the reader of his speeches can form no conception. It was a kind of personal magnetism, going some way to justify those who suspect that there is a mystic influence in high-class oratory. He was loved with enthusiasm. No man in America ever had so great a personal influence, while few men of as high a position have left so little behind them to justify contemporary judgments to posterity.

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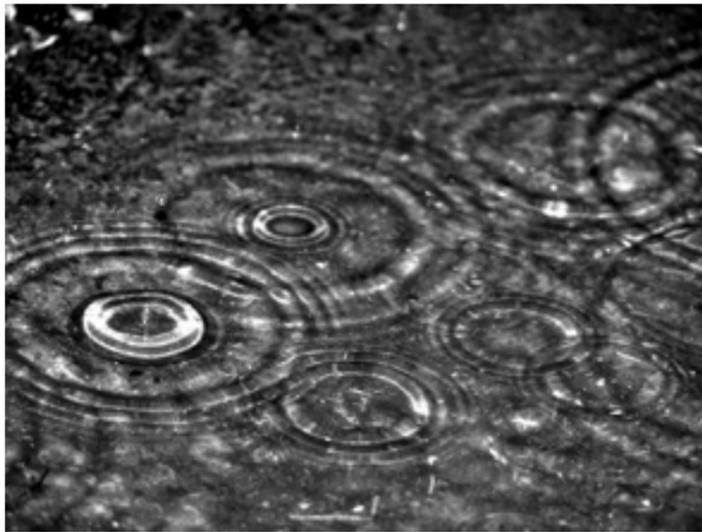
In praise of rain

Bill Meredith

“... for He maketh His sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.” *Matthew 5:45*

“The rain falls upon the just, And also on the unjust fellas, But mostly it falls upon the just, ‘Cause the unjust have stolen their umbrellas.”

—Cormac McCarthy, *The Stonemason*.



If I were Ernest Hemmingway, I could write something like “It was May, and dry. And then it rained.” I could stop there, call it my essay for June, and send it on to the Editor, and he would say I had captured the essence of reality with an economy of words that was the epitome of great literature. Unfortunately, I’m not, so I can’t, for he wouldn’t.

It’s hard to write anything interesting about common things, even when they’re important. Rain is like that. It’s one of life’s essentials... right up there with solar radiation, oxygen, food and love... but as long as it’s behaving normally, we take it for granted. The only time it makes the

news is when there’s a drought or a flood. It’s a bit like my wife; I really miss her when she’s away somewhere and I have to make my own meals.

Part of the problem with rain is that you can only talk accurately about it in the past tense. You can say with assurance that it rained last Wednesday, and if you wanted to go to the trouble, you could find records to show whether it rained the day you were born. But you cannot say with certainty that it will or will not rain next Wednesday. The Weather Channel will be glad to quote a prob-

ability for you, but they might get it wrong. Years ago when the Orioles were still playing in the old Memorial Stadium, we decided to take the kids to a game. There were a few broken clouds over Emmitsburg, but nothing really ominous, so we packed the car and drove to Baltimore. It got more overcast and drizzled a bit, and when we got to the old ballpark we found that the game had been cancelled, based on the local weather forecast; but when we got back home the sun was out again, and we heard later that there was nothing but a shower or two at the stadium. That was before they had invented the Weather Channel, but you get the idea.

If you want a better example, I can tell you with absolute certainty that it rained on September 14, 1966. I was in the process of completing my thesis research that summer, and I had built sev-

eral wire pens in Toms Creek for the crayfish I was studying. There was a severe drought that summer, and the creek stopped flowing; water remained only in a few shallow pools. One of the two crayfish species I was studying dug burrows down to the water level, as much as two feet deep in the stream bed, where they hunkered down and waited for rain; the other species apparently didn’t know how to dig, and they all dried up and died. Then, on September 14 we had 11 inches of rain. Emmitt Gardens was under water, several local roads were washed out, and my wire pens were carried off in the general direction of Chesapeake Bay. Luckily, I had collected enough data to prove my theory about the way the two species adapted ecologically to the local environment, so I got my degree in spite of the flood. In the 46 years since then, we have had four or five more cycles of drought followed by floods, though none quite as spectacular as the one in ’66. I am sure there will be more in the future, but I have no idea in which years they will happen. The crayfish don’t know either, but they’ve adapted; droughts and floods are part of their normal environment. It’s the pollution that they have to worry about.

Rain is more than a meteorological phenomenon; it is also a literary device, a metaphor that helps us understand our lives. It can be the great equalizer to the just and the unjust for St. Matthew, or it can be a vehicle for cynical humor for Cormac McCarthy. Gene Kelly sang in it; the citizens of Johnstown watched in horror as it broke the dam and de-



stroyed their homes. It can come in April and bring May flowers; it can come in June and ruin a ball game for Charley Brown. It can fall gently on our fields, as requested in the Irish Blessing, or it can flood our basements if the power goes off while the sump pump is running. At its best, rain can wash away the dust and cool the air on a hot summer day, and let you smell aromas you haven’t experienced since childhood. You can sit on the porch and watch it, and think of things that a poet would be proud to imagine; or, if the time is right you can walk in it with someone and fall in love. And if you’re lucky enough to have a tin roof on your house, rain can give you the best night’s sleep you ever had.

A few weeks ago articles in the local papers were alerting us that rainfall was below the annual average so far this year, and pundits were speculating that we could be in for a dry summer, with restrictions on water use. At that point we were about four inches below average for that time of the year. Then, late in May we got over two inches of rain in one day, a good, soaking Farmer’s Rain, steady but not violent enough to damage tender young plants. We got more over the next couple of days, until the ground was saturated; it drained off of the paved places until I expected to see gondoliers poling their boats down Lincoln Avenue. The lower third of our garden took on the texture and appearance of the Great Grimpin Mire, and for a few nights my wife was sure she heard the Hound of the Baskervilles prowling about in the woods behind the house.... But then things returned to normal, as they always have. Things dried out, the soil smelled fresh and felt warm on my hands, and I filled the rest of the garden with tomatoes and peppers. Maybe the summer will be too dry and everything will wither away; maybe it will be too wet, and things will rot. But maybe it will be just right, like Goldilocks’ porridge. As Grandma taught me, I’ll take whatever comes.

I don’t know if children nowadays learn the jingle about April Showers, or if they can sing “Rain, rain, go away, come again another day” before they’re old enough to go to school. I hope they do. And I hope they come to understand that even if “Into each life some rain must fall,” that’s not necessarily a bad thing.

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IN THE COUNTRY

Hawk medicine

Ranger Jen Miller
Cunningham Fall's State Park

The best part about being a park ranger is that each work day is unique and not entirely predictable. The unexpected can come in the form of the sudden appearance of strident wood frogs at the office pond or the urgent call for help from a visitor injured on a trail. Working with animals only seems to increase the odds of a day where nothing goes according to plan. Such a day was progressing in late August last year when I received a call from the office staff at Cunningham Falls State Park reporting that a hawk was stuck in a grill. "A grill?" I had just shoveled out the barbecue grills around the lake and saw no sign of a hawk. "Yeah, like the grill of a truck", they repeated, "down near the Catoctin Iron Furnace". What we discovered was almost indescribable. A man had been driving down Rt. 15 North at 65 mph when a hawk flew low across the road. Approaching the parked truck, I could only see the head and fully outstretched wings of a young hawk sticking out between the inch wide space separating

the front bumper and grill. The entirety of his body and legs were stuck inside the vehicle. And it was still alive. The driver, Ranger Brian Donovan and I quickly set about trying to free the bird. With parts of the grill and bumper pried and removed, I was able to pull the hawk out only to be rewarded with a fierce footing to the hand. Alive and feisty! My amazement over his survival dulled the realization that another unexpected turn of events had occurred. I would be spending the remaining portion of my day in the emergency room!

Unfortunately, a bird being hit by a car is not an uncommon occurrence. This is especially true for Red-tailed Hawks. These magnificent birds can be our touch stone to the natural world as they are often seen along highways in trees and on top of light posts. The development of roadways creates an ideal edge habitat for red-tails. An edge habitat is one with open fields that run along the border of a wooded area. The red-tail can nest and hunt along the forest edge and survey the grass from soaring heights for food. Red-tailed hawks dine on squirrels, mice, rats,

chipmunks, snakes, amphibians, and other small birds. Habitat availability is not the only reason why much of this prey can be found along roads. The addition of litter, including biodegradable items such as apple cores, increase the likelihood that small rodents will be there looking for an easy meal. This means that the hawks will also be there.

Both of our resident Red-tailed Hawks were hit by cars. Our smaller, pale male had a whole wing amputation and the larger, redder female is missing an eye and has healed from a broken shoulder. Red-tail females tend to be about 25% bigger than the males. This is a trend seen throughout the raptor world. Some believe this adaptation occurred to protect females during courtship and mating as raptors are known to kill their own or similar species due to competition. Despite potential dating hazards, red-tails do have a dynamic love life. Because of her size, the female can be selective about her life-long mate. Flying courtship behavior can be seen when the male and female hawks interlocking feet while flying high in the sky. The pair then tumbles



towards the earth. It is said that if the male lets go first, that the female will not choose him as her mate due to his cowardice. I'm not certain of the truth of this assertion but it seems fitting for such a bird.

Red-tailed hawks are common in Maryland. Despite their abundance, there are still numerous fatalities as they are hit by cars, shot, and poisoned by lead found in deer carcasses. In fact, the hawk we pulled from the vehicle in August had to be euthanized due to the severity of its injuries. What can be done? Disposing of trash and

recyclables properly saves the lives of countless animals and keeps the environment clean for all to enjoy. To learn more about red-tailed hawks and view a live Red-tailed hawk nest cam go to Cornell Lab of Ornithology All About Birds webpage.

Native Americans view the Red-tailed hawk as a totem or medicine that encourages one to see problems or struggles for what they really are. The hawk soars high above us and all our worldly issues. May this hawk medicine guide and be with you always.

Adopt a resident of the Scales & Tales Program! All donations are tax deductible. The Scales and Tales program at Cunningham Falls is solely funded by donations and fees generated from educational programming. This money goes to pay for medical care, staff salaries, turtle food, and perch materials to name a few things on our list! Please consider adopting or supporting one of our animals as a gift for a friend or family member.

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IN THE COUNTRY

Give 'em a brake!

Rusty Ryan

What animal is the longest lived species in the Mason-Dixon region but does not reach sexual maturity till nearly ten years? This same animal will spend most of its life in a home range of a few acres in size. As an adult, this animal is basically predator proof due to its physical attributes (a tough hinged shell) but at the same time cannot seem to survive a trek across our ever increasing roadway system. If you said the Eastern Box Turtle (Box Turtle) you should enjoy this article.

In the coming weeks and months many species of wildlife such as frogs, salamanders and turtles will be attempting a round trip suicidal trek across our roads in the hopes of breeding and laying eggs. As mentioned in a previous article on vernal pools, the local amphibians which commonly cross roads for breeding purposes are the Wood Frog and Spotted Salamander. These species are most commonly encountered during wet, warm evenings.

While the Box Turtle is not rare or endangered in the Mason-Dixon region, studies have shown that their numbers have been declining. The major reason for their decline is habitat loss and forest fragmentation. When the turtles preferred hab-

itat of wooded areas is developed (removed and/or broken up into smaller tracts), this results in more roads and more potential for collisions with motorists. Another problem that habitat loss and fragmentation brings is an increase in predation to the eggs in the nest. Raccoons and skunks can decimate turtle nests and both of these predators seem to adapt and coincide around humans.

Another hurdle that many species must deal with is the capture and relocation of species. Many wildlife species such as the Timber Rattlesnake and the Box Turtles have their own built in GPS system and they know their home range inside and out. If you remove one of these species from this "comfort zone" the species literally has a difficult time adapting to the new surroundings and simply is lost.

The decline of this and many species can also be attributed to the removal of a species from its home for the simple reason of having a pet. This pet thing can be taken to the next level where the turtles are captured and sold to the highest bidder for illegal pet trade. I believe many of us (including me) have been guilty of finding a box turtle or some other wildlife and taking them home as a pet.

What can we do?

Please don't take wildlife home as

pets and don't take wildlife from one area and release it to another area. Leave it be and enjoy the moment. If you wish to purchase a turtle or any other species, please make sure the dealer is reputable and always ask if the animal is "captive bred". It is illegal to sell E. Box Turtles in PA and Maryland.

In terms of road mortality issues, the easiest thing that we can do as motorists would be to drive with caution especially through known wildlife crossing areas. Unfortunately, motorists seem to be more distracted than ever and most folks are just plain in a hurry and speed limits don't mean anything. This lethal combination of speed and distractions is hazardous for wildlife.

If you come across a turtle crossing the road, please use extreme caution when pulling over. As much as I want people to help the turtle, I also wish for you to be considerate for other motorists when you're stopping along the roadways. If you wish to assist the turtle than pull safely off the road and put your hazard lights on. Proceed to catch the turtle and always release the turtle into a safe area and in the direction the turtle was heading.

What has been done to minimize wildlife mortality by vehicles?

Warning signs are a simple means of notifying motorists of a known travel



corridor for wildlife. We all have noticed the roadside signs meant to warn motorists of known deer crossing areas. The same can be and has been done to warn motorists of known salamander, turtle or frog crossings. If you are aware of an area that you've witnessed to be a high mortality rate for other species, you may wish to contact the local municipality or state highway department. With the proper permission, these warning signs can be effective in protecting wildlife.

Near Boonsboro, Maryland, it was observed that a section of roadway seemed to have unusual number of Box Turtle mortality. A barrier (fence) was installed parallel to the roadway along both sides of the roadway. When the turtles

make their trek towards the roadway, the barrier forces them to follow the fence which leads the turtles to a culvert (pipe) which provides safe passage under the roadway. This procedure was done to a nearly 2 mile stretch of roadway and by using trail cameras, the turtles and other wildlife have successfully survived the motorists. This technique utilizing physical barriers and special pipes is being used for many other wildlife species in the world.

Remember to give wildlife a better chance by being cautious and observant while driving. If we follow the tips mentioned above, we can make a difference by keeping these species moving in their intended direction of travel.

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IN THE COUNTRY

Where the love of nature begins

Kay Deardorff

How many of you like those great crab cakes from the Chesapeake Bay? How about fresh seafood from the Atlantic Ocean? Maybe you enjoy swimming in the clean waters on a beach at the Ocean. Well none of us would want to eat from or swim in waters that have been dirtied with litter or other types of pollution. Would you fishermen mind wading through streams and rivers that are questionable as far as their cleanliness is concerned? I'm sure that is not the case. This article will speak to you, in part, about pure, unpolluted water in our area and how it affects the waters CLEAN down to the Chesapeake Bay and into the Atlantic Ocean. OK, pun intended!

More and more people are becoming conscious of their health and the health of their environment. This includes our waterways that provide us with food and nutrients needed to maintain life. At Strawberry Hill Nature Preserve there are two streams, Swamp Creek and Middle Creek. 85% of Swamp Creek originates on the Preserve and runs into Middle Creek which flows through Fairfield to become part of Tom's Creek in Emmitsburg. That, in turn, meets the Monacacy River in Frederick which leads to the Potomac River in Washington, D.C. Continuing from there it connects with the Chesapeake Bay and finally empties into the Atlantic Ocean.

Drs. Hans and Frances Froelicher, founders of Strawberry Hill Nature Preserve, were concerned about that very fact. The couple came to the area shortly after they married in 1962. Hans was a retired headmaster of Roland Park Country School in the Baltimore area where Frances was also employed as a teacher. Searching for a place where Hans could fish and where Frances could swim, they discovered and purchased a rundown farm near Swamp Creek. Renovating the house and building a one-acre pond to be gravity-fed by the creek allowed them to enjoy the raw beauty offered to them as a retreat from their busy lives in Baltimore.

The Froelichers learned that the creek was being polluted with various types of litter and rubbish from neighboring homeowners. In order to eliminate this problem, they began purchasing surrounding properties to protect the water source and they named their estate Strawberry Hill. The vision was contagious as neighbors and community members began to also see the importance of protecting the fragile nature preserve on this northern portion of the Blue Ridge Mountains.

Frances was founder and executive director of Baltimore Citizens Planning and Housing Association (CPHA) with her husband, Hans, as the organization's president. Together they worked hard to tackle the city's housing problems. With their background labors, the Froelichers were no strangers to struggles facing them

as they fought for what they firmly believed was worth securing. Viewing their precious land as a wetland that was a fragile ecosystem, Hans and Frances were up to the challenge.

Pure, clean water wasn't the only thing the Froelichers found that needed to be preserved at Strawberry Hill. A botanist from the Maryland Natural Heritage program, D. Daniel Boone, visited Hans and Frances in search of the rare and uncommon flora and fauna making the Preserve their habitat. Once found were large purple-fringed orchids, marsh marigolds, and starflowers to name just a few of the plants that are indicators of a high quality natural area. Among the life found by the experts were 37 different kinds of birds and 23 different varieties of ferns. All of these species discovered in the area convinced the Froelichers that they had found a treasure in their precious Mount Hope respite home. However, Frances was adamant that the fragile environment needed to be protected and not turned into a public park.

Frances' 30-year experience as a "citizen city-planner and watchdog" in Baltimore prepared her as she and Hans promoted the vision they held for their home in Fairfield. Their goal was to preserve their beloved Strawberry Hill as a nature center where others could be educated about the love of

nature and the necessity of a clean watershed. This mission gave them a new focus on life. However, Frances knew the importance of passing on the passion to others and drawing from their support. Having secured up to 519 acres from the original 26 acres they purchased, she expressed her concern when she said, "I want local people to love it and maintain it." Her desire was "to get businesses and civic groups interested in environmental education." She wanted to prepare for the inevitable future when she would no longer be around to protect the preserve. She upheld a requirement that there "be a group here to maintain the land and educate the people. You have to have a presence on the site to be effective."

Intending to give operations of the Preserve to the Strawberry Hill Foundation, Mrs. Froelicher urged local people on the foundation's board of directors. She sought for leadership from the business community. Strongly moved with a sense of devotion to the preserve as well as a yearning to educate others and share her love of nature, she said, "I believe in public agencies and working with them. I know some people may not like what I have tried to do - how I've fought to preserve this land - but once land like this is gone or developed, it's gone forever. And then we've all lost something very precious."

Due to Frances' diligent work concerning the preserve, she was nominated for and won a state Take Pride in Pennsylvania award. Her first place honor was for the "best use of private land" category in 1989. Again in 1991 the foundation won the "Take Pride

in America" contest. Upon her death in 1995, it was reported that Frances was nationally known for her vision of a better world. Locally the community recognized her "as the women behind the only environmental center in Adams County".

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PETS LARGE AND SMALL

Sometimes this job really gets to me

Jen Vanderau
Cumberland Valley
Animal Shelter

Sometimes this job really gets to me. It makes my heart hurt how much I really wish the animals we care for could talk to us and understand language.

We had a Lhasa Apso mix here a few years ago who was just the dearest soul. He kissed absolutely everybody. He was young – maybe 10 months old – and just sweeter than punch.

He was perfect – and I mean perfect – to take to schools or visit with Scout troops. With the amount of children he smooched in this county, he should be engaged to practically every student in the district. Oh and he would ham it up for the kids by stretching out on the floor and I swear when the kids laughed, he knew they were getting a kick out of him and he'd roll around on purpose.

Tucker was such a love bug.

Well, it got to the point that because I had taken him so many places, he recognized me. It's amazing how fast these animals become attached to the people who care for them. Sometimes even just a car ride will be enough to have the animals looking at me as though I'm their caretaker or savior.

When they appear worried, I tell



Emma is a 9-month old Pitbull mix who is a very sweet girl. She's been out and about at various fundraisers and always has a fantastic time. She loves to be around other dogs and is looking for someone who wants to have some fun. Are you the right match for Emma?

them, "Nothing's going to happen to you. You're fine. No one's gonna hurt you on my watch."

Way, way back when I first started here, we had two Shih Tzus – one brown and one black – who were brothers and I took them with me everywhere. When we were in a building, I didn't even need a leash – they would just follow me. I'd tell them, "Boys I'm leaving are you coming with?" and they'd hop up from wherever they were to be

right on my heels.

Chewie and Gizmo were my boys (I still have pictures of them on my desk) and so was Tucker.

Tucker had learned to actually recognize my voice. Sometimes he spent his afternoons in the front office with the girls there and he loved it. He got to see the folks who came through to walk dogs or visit with cats or look for a new four-legged friend.

If I would come up to ask a question or get a paper or check on something, even if he couldn't see me, he could hear me talking and would start whining and barking. At one point, Sara said to me, "Oh my word, would you pick him up. He wants to talk to you."

I came around the counter and snuggled him. That's what he wanted.

Tucker got adopted on a Saturday. I remember hearing the news and truly, I was utterly overjoyed. I knew my boy wouldn't have to spend time in a kennel anymore – that he would have a bed and a home and be loved.

But it was actually a real bitter-



Mindy is a 3-year-old tabby girl with gorgeous green eyes. She's a quiet cat who can appear a bit shy, but if you approach her calmly she'll head-butt your hand, purr and love you. Mindy came to us as a stray so we don't know what happened to the tip of her left ear, but this sweetheart is going to make some lucky person a wonderful friend.

sweet moment.

I had to wonder, did Tucker understand? Did he wonder where I was? Did he wonder why he left the place with the nice people and the lady who would take him on car rides to visit children?

Did he understand that the shelter was only a temporary stop in his life? That the goal all along had been for him to leave with other people?

It's difficult, saying goodbye. For as much as adoptions are our goal, we become incredibly attached to the animals in our care and sometimes, goodbye is the toughest thing we have to say.

I wish animals could talk. I wish they could understand that they're leaving the shelter, not because we don't love them – indeed, it's because we love them so much. I wish they could know – really know – that we only want what's best for them.

Sometimes it feels like this job does the exact opposite of what it should. We care for these animals, fall in love with these animals, and yet they only spend a little bit of time in our lives. We prepare them to be best friends for someone else.

It really can be incredibly hard to open your arms and let them go.

And yet we keep going because we know there are more Tuckers and Chewies and Gizmos out there who need our help, who need peo-

ple to care for them during their transition in life, who need people to be there for them when no one else will.

Maybe we only get a few weeks with them or even a month or so, but I like to think that those moments count, that they mean something. I like to think that they meant something to Tucker, too.

It's better to have loved and lost than never to have loved at all, right?

I'll remember those brown eyes and happy kisses of Tucker's for a long time – and I hope with all my heart that my boy will be happy and loved for the rest of his life, even though he's living it without me.

As much as it hurts, sometimes goodbye is truly said with absolute love.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at cvasoc@imnernet.net.

The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 263-5791 or visit the website at www.cvas-pets.org. Animals available for adoption can be viewed at www.petfinder.org. CVAS also operates thrift stores in Chambersburg and Shippenburg. Help support the animals at the shelter by donating to or shopping at the stores.

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Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

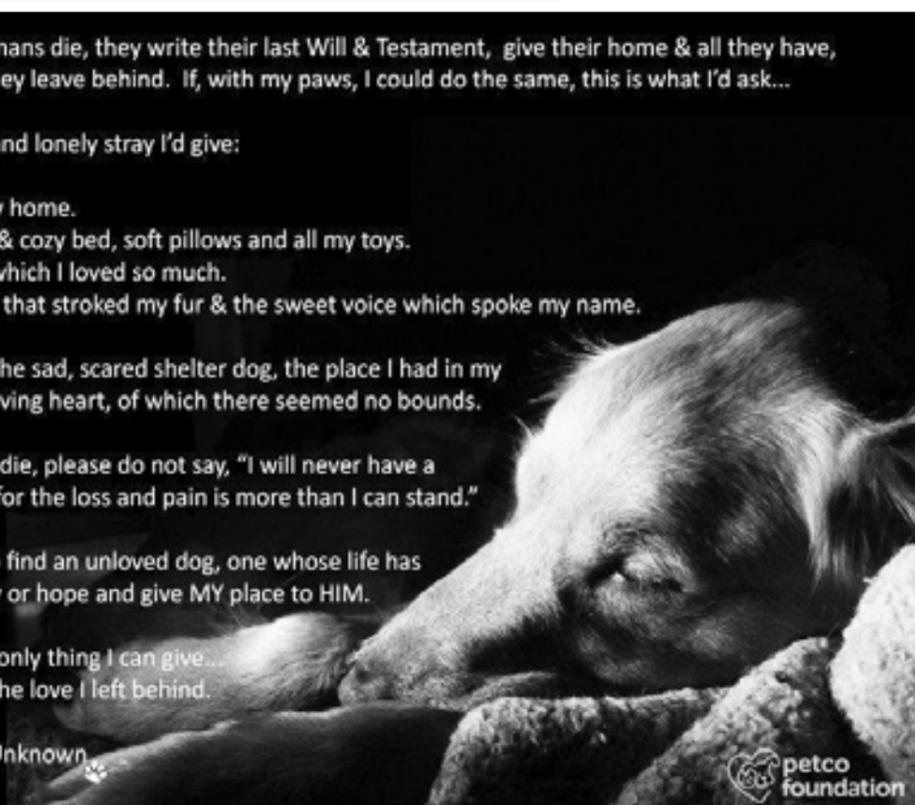
I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...
The love I left behind.

-- Author Unknown



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PETS LARGE AND SMALL

Trailer

Dr. Kimberly Brokaw
Walkersville Veterinary Hospital

Trailer a horse should be a very simple procedure yet I can recall numerous occasions where things have not gone smoothly. Many horses are injured while trailering. Many owners have also had bad experience while trailering.

Before taking your horse on the trailer, you should inspect the trailer. Bee's nests and other hazards need to be removed. The trailer should also be checked for rotten floor boards. I know of a couple of incidents where horses have fallen through the floor of the trailer while going down the highway. Obviously those resulted in catastrophic injury to the horse. After the trailer is determined to be safe, make sure it is hooked correctly to the trailer. One of my former neighbors forgot to hook and close the ball on the trailer hitch. It separated when they went over a bump and the trailer rolled down the hill and flipped while the truck continued straight ahead. Luckily the horse was only minimally injured and was small enough that it could be led out the through the person side door. Make sure that the trailer ties are safe.

I like to fasten the trailer ties to the trailer with a single strand of baling twine. I also like to use the trailer ties that have velcro in the middle of the ties. If the horse falls in the trailer or the handler forgets to unfasten the horse before unloading, the ties will separate without breaking the metal hardware. This avoids the possibility of the metal hardware flying through the air and taking out a horse's eye. If the trailer has a ramp, it should be covered with a nonslip surface. A horse who falls down the ramp every time he gets in or out, will not want to load in the trailer. Any manure should be removed from the back of the trailer before loading or unloading to prevent the horse or handler slipping in the manure.

After you have determined that your trailer is safe and is correctly hooked to your towing vehicle,

teach your horse to trailer well. The horse should not be afraid of the trailer and should willingly go in it. My horses are very easy to load. In fact if I leave the trailer parked with the ramp down where they have access to it, they will get in even if I am not there. After the horses are loaded, be sure you drive carefully and avoid sharp turns. If a horse falls while in the trailer, he may be injured or may refuse to load into the trailer again.

Having a trained horse that is easy to load is important for several reasons. First it means that you won't have to wake up hours early on the day of a show to make sure you have enough time to try and load your horse before the competition starts. You won't be the one who is left on the show grounds long after the show is over, still trying to load your horse. It also means that if your horse colics or injures itself so badly that he or she needs to go to a surgical facility, you have the option to take your horse there for life saving procedures.

Another plus is that when things don't go according to plan, your horse doesn't further complicate things. Having personally had a few trailering issues over the past 15 years from flat tires, to broken down trucks, it was always comforting to know that I could take my horse off the trailer on the side of the highway and load him onto a new trailer



Three-day event horses will load on trailers by themselves. It's the only way they can get away from their riders...

without having to worry that he would refuse to get in or spook and get hit by traffic.

If you can't teach your horse to load well, you should get a trainer to work with the horse. There is no shame in "contracting out" when you aren't getting the job done. Several years ago, my mother bought a 4 year old. He would dutifully follow her into the trailer, and then back out as she went out the escape door. The only way she could successfully keep him in the trailer was to have a second person who would fasten the butt bar of the trailer as she went out the escape door. After months of stopping cars on the street and asking neighbors to fasten the butt bar, she went to a trainer. The trainer advised her to tell the horse to self load, and showed her how to do it. In 20 minutes, the trainer solved the loading problem that had frustrated

my mother for months. Recently I was called out to treat a horse for injuries related to trailering. The owners had loaded the horse and were driving out the farm driveway when the horse panicked and tried to jump out of the trailer. Luckily I was near by and on the scene before the horse could injure itself too badly. I arrived to find the horse's head, neck, and right front leg out the back window. The back legs were in one of the other stalls partially suspended by the divider panel. Fortunately the trailer was a beautiful slant load in good condition and hence the divider supported the horse's weight, and the window didn't have any sharp edges. I was also pleased to see that the owners had not decided to get in the trailer with the panicking horse and get themselves hurt.

Extricating the horse was actu-

ally going to prove fairly easy and straight forward. First a large dose of sedatives was administered. This stopped the horse from panicking and permitted us to slide the head and leg back into the one trailer stall. Next the divider was swung around and the horse was pushed the rest of the way off the divider.

Surprisingly the horse was relatively unharmed. There were a few lacerations on the left knee, chest, and inside of the right leg. Those were cleaned, blocked, and sutured back together. I gave the horse some anti-inflammatories and it was trailered back to the owner's farm to recover. While the horse and trailer came out of the situation relatively unscathed, the unfortunate part is that this could have been avoided. Apparently the new owners had not been told that the horse had always been sedated for travel. Had they known that they could have done one of two things. They could have either spent time teaching the horse to trailer or two, sedated it prior to travel.

While there are many techniques for teaching a horse to trailer, the important part is that it learns to trailer safely. Some people can successfully teach the horse themselves. Others should call a trainer out to assist with trailering. Trailering is an important skill for a horse to know, not only for the health of the horse and the longevity of the trailer, but also for the safety of the owner.

To read other articles by Dr. Brokaw visit the Authors' section of Emmitsburg.net.

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THE MASTER GARDENER

What's bugging you?

Mary Ann Ryan
Adams County Master Gardener

And I'm not talking about your spouse! June is a busy time for insects and diseases in the landscape. Whether it's a vegetable garden, rose garden, or shrub border, this time of year we notice a lot more symptoms of plant disorders.

At Penn State Extension, we offer diagnostic help through our consumer horticulture program. Master Gardeners are in the office on Mondays and Fridays from 10am – 2pm helping folks with their gardening questions. I'd like to highlight what questions we may typically get during the month of June.

Bagworms: this interesting little caterpillar has a way of not being noticed until it is too late. These caterpillars hatch out in the spring, typically late May through early June. They begin feeding and the bag, their protection, gets larger and larger as the season progresses. Usually by the time we get a call about the cone-shaped things hanging on the trees that have apparently eaten the needles, it's too late to do much control, other than picking off the bags. The best time to control these insects is right after they have hatched, early June, with Ba-

cillus thuringiensis (BT) carbaryl, or imidacloprid - BT being the softest pesticide as well as organic, killing only caterpillars, and carbaryl being the harshest, killing everything, including beneficial insects, as it is non-selective.

Pine Sawfly, often seen in June, is another critter that you may notice after damage has been done. These caterpillars feed on many of the pines, most likely found on our mugo pines, Japanese black pines and scotch pines. They eat the needles, and are relatively good at camouflage! The insect overwinters in the egg stage, then will hatch out late April through May. By the beginning of June, these little caterpillars have chomped on the pine needles, leaving short nubs where the new needles should be. In the summer, the larval stage of this insect will pupate, turn to an adult and lay eggs by fall. The easiest control is to use an insecticidal soap or dormant oil when the larvae are active – May-June. They will very quickly drop to the ground to their death.

This time of year we get samples of magnolias that have a black coating on the leaves. This is sooty mold, a sure sign of magnolia scale. Left untreated, this ugly scale insect will kill a magnolia in short or-

der. The scales themselves are hard bumps located along the stems of the branches. As they feed, they excrete a sticky substance that the mold grows on. The mold is not the culprit of the dying plant, but a side effect of the scale. The eggs are laid in early fall, at which time the nymphs hatch and overwinter on young twigs. In the spring through summer, the nymphs feed, mature, mate and the cycle starts again. The best control of this insect is to use horticultural oil in late fall and early spring. Insecticidal soaps will also help to manage the early crawlers in September.

Leaf galls on maples are often noticed in early June. These are red, raised protrusions on the leaves that often cause us alarm. When noticed, a homeowner may think that the tree is diseased and needs to be treated; quite the contrary. The leaf galls are caused by mites. These mites overwinter in sheltered spots on the tree, like in the crevices of the bark. When the buds begin to swell on the trees in early spring, the mites migrate to these buds and begin to feed. As the tree comes into full leaf, the galls appear. Eggs are deposited inside the gall, and the life cycle begins again.

So here's the good news. The galls



Bees can be beneficial insects so be careful when using pesticides.

do not cause decline of the tree. They may look funny, or ugly, depending on who you ask, but they will not cause harm to the tree. So the best control for these little mites is to pick up the leaves as they drop to the ground. This reduces the amount of mites. That's it!

Often times, our pieris and azaleas begin to show a lack of green in the leaves. When looked at more closely, a person will begin to see that the leaves are actually showing stippling on the leaves, causing it to be pale. When you turn the leaf over, the underside will have dark spots on it, and often you can see a winged insect as well. This is the lacebug. This insect will overwinter as an adult, lay her eggs in May, and the nymphs begin feeding after hatching, only a few days after that.

They feed on the undersurface of the leaf, causing this pale, stippled coloration on the upper surface. This insect will kill a plant if left untreated. The best time for treatment is typically in May, and again in July through August, when the insects are actively feeding. Control measures include insecticidal soap, horticultural oil for a softer control, carbaryl, permethrin or imidacloprid for a chemical treatment. Remember, to always read the label before applying. Oils and soaps are temperature sensitive. Also remember that many treatments, as mentioned here, are broad spectrum, so even the beneficial insects will be killed.

Another treatment for lacebug on pieris and azaleas is simply to be sure they are planted in the right place. The lacebug will attach these plants when they are in full sun. Put the plants in part shade, protecting them from the afternoon sun, and the lacebug population will decrease greatly. What a great alternative to spraying!

Aphids, aphids, aphids! Seen on most plants, from herbaceous to hardwoods, and various times of the year, these little guys can really be pesky! Colors of green, black and red, these soft bodied insects will suck the juices right out of a plant! The good news is they are relatively easy to control. Spraying a hard stream of water will knock them down. Most oils and soaps will do the job too. Keep an eye out for these insects as well as the beneficial insects. Lady beetles are great feeders for the aphid, both the larval stage and the adult stage of the lady beetle. Get to know what they look like so if you see a larvae lady beetle, you'll know that the aphids are already being taken care of!

Low, groundcover-type junipers can show signs of browning this time of year. There are many problems you can have with junipers, from bagworms, to scales to twig blight. However, a very common problem with the low growers is quite simple: rodent damage. If you have entire branches dying back, but still have some green branches, start to look at the base of the plant. Lift the branches and see if you can find gnawing. Any bark no longer on the trunk? Unfortunately, there is very little you can do for this. After the damage is done, so may be the plant, depending on the extent of the gnawing. If the rodents have eaten all around the base, then the plant is girdled and not going to make it.

continued on next page

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Ladybugs are a beneficial insect and eat Aphids

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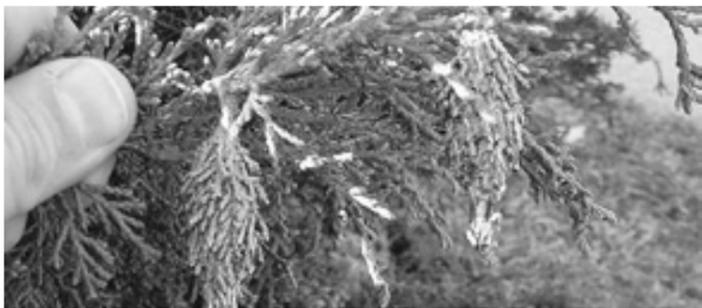
THE MASTER GARDENER

Here's the bottom line. Know your plant, be sure it's planted in the right location, and get to know the insects that can attack it. Understand the life cycle of the insect so your control methods are most effective. Get to know some of the beneficial insects that visit your garden. Just as the lady beetle eats the aphid, if you sprayed the aphid with carbaryl, you would not only kill the aphid but the lady beetle that's already eating it!

Also be aware of the insecticides that we use. Ask yourself what your alternatives are before reaching for that bottle. Is there something that can be done that will take care of the symptoms without spraying, like moving the plant to a location that suits it? And what does that insecticide do? Is it selective like BT, or a

generalist, like carbaryl? Also be sure to read the labels thoroughly before spraying. If it is a ready-to-use bottle, check the label for temperatures needed to spray. Soaps and oils can burn, so be sure you read the part that tells you how to apply the insecticide. If you are mixing the chemical, be sure you're not putting in two tsp., if it only calls for one. Too much can cause damage, sometimes just as much as not spraying at all. Follow the label. From application rates to how to apply are important to know so you are giving the best possible care to your plants, your environment, yourself and your family.

Ref: Woody Ornamental Insect, Mite, and Disease Management, Penn State University, woodypests.cas.psu.edu/factsheets



Throughout the summer you need to be vigilant of bagworms

The Small Town Gardener Clean up and clear out

Marianne Willburn

Parting with the various bits and pieces that make up the clutter of our lives is one of the most difficult tasks imaginable.

It is also one of the most freeing.

I have never been particularly good at minimalism. When I was in my twenties and the contents of my household should have fit inside a sea bag with room to spare, a move (of which there were many), necessitated garage sales filled with household items that belonged in the homes of people decades older than I. Once again we would settle, and once again I would nest.

I gave minimalism a shot somewhere around 1999 when a particularly grueling overseas move with a toddler in tow inspired me to rethink my need for cast iron cookware and Rudyard Kipling collections. But sadly, I slipped back off the wagon by the end of the decade and have been running from the hoarding demons ever since.

The development of my garden has only worsened matters.

Who among us – strong of heart and green of thumb – has the strength to refuse a plant when offered by a friend or relative? Heck, who among us has the strength to refuse a plant when offered by our local nursery at a heart-stopping deal?

But slowly, these little treasures mount up. And worse – they multiply. A one gallon Amsonia becomes fourteen four inch seedlings. A six inch pot of native Aquilegia becomes six feet of rattling seed pods. An innocent tuft of Stachys takes over the shade garden and starts stealing the Brunnera's lunch money. And those are just the ones we get in the ground. How many of us have plastic pot gardens sporting nursery finds, plant swap treasures and malicious-friend giveaways? How many of us have finally given up the thought of planting them and set up permanent sprinklers for long term care?

I am often fond of quoting the late Christopher Lloyd who always maintained that a dead plant was an opportunity – but I would have liked to have asked him, "What if the plant won't die?" For many of us, this final event is the only way we have any chance of making room in an overstuffed, over-weight garden.

But this doesn't have

to be the way it is. Over the last two weeks, I have screwed my courage to the sticking point and tackled the plant clutter that makes me grimace every time I take a long hard early morning look 'round my garden. It's tough to pull out a plant that is not doing well; but it's tougher to pull out a plant that has sent up a scruffy, solitary blossom like a peace offering to lay at the feet of Shiva the destroyer.

Nevertheless, I have begun to cull the herd.

Taking my cue from a number of gardeners over the years who have penned words of encouragement to those of us of a weaker temperament, I have started to renovate one or two areas of the garden that have taken advantage of my good nature for far too long. Not surprisingly, the experience of freeing up new space in the garden becomes somewhat addicting – bringing new thoughts and plans to mind as I ruthlessly uproot plans made long ago. Luckily I have a couple of friends with new gardens who are happy to take my offloads to make the process less painful.

Surely the point of the whole exercise of gardening is one of two things: beauty or production. If a shrub is meant to screen out your neighbor's assortment of faded garbage cans, but can't seem to pull itself out of the minor league after seven seasons in the ground, why have you kept it? If your strawberry bed produces a weak crop year after year because the variety wasn't quite as good as the catalog promised, why have you held on? Don't be afraid to make some changes; it's your creation after all, and no-one ever said that there weren't any do-overs in horticulture. Redo! Relinquish! Refresh!

But for those of you who can't bear to change your stripes, much less your plants, I suggest you change your moniker next time you have visitors staring at the higgledy-piggledy jumble that is your garden. 'Plant collector' sounds so much better than 'plant hoarder' doesn't it?

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CIVIL WAR HISTORY

Skirmish on the Catoctin Mountains

John A. Miller
Emmitsburg Historical Society

On September 13th, as the advance of Union army was marching upon the eastern base of the Catoctin Mountain many cavalry skirmishes erupted as they collided with the rear guard of the Confederate army. These skirmishes are some of the first major actions to take place in Maryland, as detachments of the Confederate cavalry, supported by artillery, guarded the approach to the Middletown Valley via the Catoctin Mountain. The Union cavalry was under orders to probe and locate the rear of the Confederate army.

On September 12th, 1862 Colonel Thomas Munford and his 2nd Virginia Cavalry, along with the 12th Virginia Cavalry were ordered to guard the Catoctin Mountain pass of Jefferson. Supporting them was Chew's Battery. The 2nd Virginia Cavalry and the 12th Virginia Cavalry were part of General Beverly Robertson's Cavalry Brigade. The other units that made

up Robertson's brigade were separated and acting independently. The 6th Virginia Cavalry was left at Centerville, the 17th Virginia Cavalry Battalion was on detached duty in western Virginia moving toward Berkley, and the 7th Virginia Cavalry was ordered to Harper's Ferry.

During the early morning hours of September 13th, General Alfred Pleasanton ordered the 6th Pennsylvania Cavalry, Rush's Lancers, under the command of Colonel Richard H. Rush, and a section of artillery to move from the Monocacy River to report to General William Franklin, whose 6th Corps was marching toward Jefferson. The 9th New York Infantry under the command of Lieutenant Colonel Edgar A. Kimball was ordered by General Isaac Rodman to support Rush's Lancers. Soon afterward, the remnants of the brigade that the 9th New York was part of, was ordered out.

General John Park, the Chief of Staff for General Ambrose Burnside, ordered the remainder of Colonel Harrison S. Fairchild's 1st Brigade

of General Isaac Rodman's 3rd Division, General Jesse Reno's 9th Corps to reinforce the 9th New York Infantry. The other infantry regiments that made up Fairchild's Brigade were the 89th New York Infantry commanded by Major Edward Jardine, and the 103rd New York Infantry commanded by Major Benjamin Ringold. Fairchild's Brigade also consisted of a battery of naval howitzers under the command of Captain James Whiting, which was Company K, 9th New York Infantry.

On September 13th, the Lancers moved out along the Jefferson Road. When they were approximately five miles west of Frederick, and a mile east of Jefferson they came upon a few Confederate soldiers. Early in afternoon, Rush's Lancers were waiting for their infantry support to come up. Colonel Munford's picketing force saw Union infantry marching upon three roads. Munford noted "The enemy advanced on Jefferson by the Point of Rocks road, on the main road from Poolesville, and by a road over a gap which intersects the road leading to Middletown about 1 1/2 miles from Jefferson."

Upon arriving at the eastern base of the Catoctin Mountain, it was reported that a small Confederate force was positioned to the front with artillery near the ridge, blocking Jefferson Pass. Colonel Munford, seeing the Union force, began falling back toward Jefferson. Chew's Battery was also reported as calmly limbering their guns and moving out toward Middletown. Colonel Fairchild confirmed that Munford's force had left their position, noting "Company B, of the Ninth New York Volunteers, was thrown forward to reconnoiter on the left, and reported the enemy as having left the position they

had occupied the previous night with three guns and a small cavalry force, and the road clear."

Upon withdrawing, Colonel Munford ordered the 2nd Virginia Cavalry to hold back the Union troopers, while he and the 12th Virginia Cavalry dashed for Burkittsville in order to protect and keep the roads open. There, along the Catoctin Mountain, the mounted and dismounted cavalrymen were used as sharpshooters while hiding in a ravine covered with brush.

The 9th New York Infantry followed behind Rush's Lancers, and within a few minutes, they deployed skirmishers. Company B took to the left of the road while three companies (C, H, and I) went to the right into the thickly vegetated woods. Within minutes, the Confederate skirmishers of the 2nd Virginia Cavalry under the command of Captain Holland fired. Private Charles Johnson of the 9th New York Infantry reported that he had heard at least a half a dozen shots. While the other companies of the 9th New York were held back in the reserve, Private David Thompson noted "Far up on the mountainside ahead of us we could see, in the fields confronting the edge of the woods that crowned the ridge, the scattered line of Rush's Lancers, their bright red pennons flapping gaily from their spear heads."

Within seconds, the mounted Confederate troopers charged into Rush's Lancers, forcing them back. While this was going on, the 9th New York located in the woods, became entangled and finally reached the summit of Jefferson Pass. Seeing the Confederate mounted force ahead, and not realizing that a handful of dismounted Confederates were near, the Union soldiers began to

scramble for a few minutes, resulting in a handful of Confederate soldiers being taken as prisoners.

By then the rest of the 9th New York Infantry was ordered into the woods. During the same time, Colonel Rush asked Colonel Fairchild for additional support. Colonel Fairchild detached two companies of the 103rd New York to support the skirmishers of the 9th New York that was engaged in the woods. The three New York companies were again pushing forward, and began descending the Catoctin Mountain into a cornfield just east of Jefferson.

As Rush's men began their reorganized advance, the 103rd New York went to support Captain Haseltine's company of lancers, who were skirmishing with Confederates near the road leading to Middletown. In the book "Annals of the Sixth Pennsylvania Cavalry," by Samuel Levis Gracey, he remembered that they "Came across a body of dismounted rebel cavalry in the wood. Although largely outnumbering his small force, he drove them into confusion, and made some prisoners. The enemy were armed with carbines, though our men only had the lance and their pistols, by one determined charge they succeeded in dislodging the enemy." Not able to hold, the 2nd Virginia Cavalry began to fall back.

Union troops of the 9th New York Infantry filled the streets of Jefferson. The naval guns of Company K were brought up and posted, but never saw action during the Jefferson Pass fight. In a line of battle, Colonel Fairchild was situated west of Jefferson with the 89th New York Infantry, and remained there until after sunset when orders came from General Jesse Reno for the brigade to return to Frederick. The next morning at 3:00 am, the brigade would be put into motion and arrive at Middletown by midmorning.

Toward the evening hours Munford took position along the Mountain Church Road and waited for the Union follow up to come, which never occurred. General Paul Semmes, who had a brigade posted at Brownsville brought them forward to Brownsville Pass, which overlooked Burkittsville. During the same time, General Semmes ordered Colonel William Parham's small brigade to Crampton's Gap. Union General William Franklin arrived at Jefferson that same evening with the advance of the 6th Corps.

By the end of September 13th, all focus was shifting ever so quickly to South Mountain. There along that mountain ridge, the first major Civil War battle would be fought in Maryland. Although the Battle of South Mountain hosted a larger number of soldiers and casualties, the actions of September 13th, 1862 deserve recognition and are just as important. The Union cavalry with horse artillery, supported by infantry had done its job. South Mountain was a consequence of those actions just as Antietam was a consequence of the Battle of South Mountain.

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VETERAN'S PROFILE

Staff Sergeant John Reaves, US Army

Kelly Conroy
MSM Class of 2012

Veteran. Husband of 67 years. Father of two and grandfather of three. Woodworker. Electrician. Faithful Christian. The list could go on and on . . . A mere description of Mr. John Reaves, no matter the length, could never fully describe this great man. His story is an inspiration for our nation today.

John grew up in Lake Mary, Florida as one of five children. In 1941, prior to the attack on Pearl Harbor, he joined the National Guard. He lied about his age to join. Following the attack on Pearl Harbor, his unit was called up and he was notified he "was in the army now!"

John spent all of 1942 and most of 1943 stateside in training with his unit, the 1st Battalion of the 32nd Division. One sunny afternoon during training in Fort Baine, GA, a friend showed John a photograph of his sister. John asked if he could write to her and his friend agreed. John soon was able to meet the beautiful girl, Betty, who lived near Fairfield, PA.

During the winter of 1943, John went to visit Betty, sans boots (as a true southern boy) and saw snow for the first time. He made a snowball and threw it at Betty's window. The window did not turn out to be Betty's window so the entire family found out that John had thrown a snowball at the window. It became a good family joke. Betty opened the front door anyway and helped John warm his feet by the fire.

A shot time later, John, along with the rest of his Division, was sent to what was clearly the "hell hole" of the pacific theater: Papua New Guinea.

The campaign on New Guinea is all but forgotten except by those who served there. Battles with names like Guadalcanal Saipan, and Iwo Jima overshadow it. Yet Allied operations in New Guinea were essential to the U.S. Navy's drive across the Central Pacific and to the U.S. Army's liberation of the Philippine Islands from Japanese occupation.

New Guinea, the second largest island in the world, extends nearly 1,600 miles just south of the equator. On the northern side, scene of most of the fighting, rainfall runs as high as 300 inches per year. As one veteran recalled, "It rains daily for nine months and then the monsoon starts."

Disease thrived on New Guinea. Malaria was debilitating, but dengue fever, dysentery, scrub typhus, and a host of other tropical sicknesses awaited unwary soldiers in the jungle.

The terrain was a commander's

nightmare because it fragmented the deployment of large formations. A morass of large mangrove swamps slowed overland movement. Monsoon rains of eight or ten inches a day turned torpid streams into impassable rivers. There were no roads or railways, and supply lines were often native tracks, usually a dirt trail a yard or so wide tramped out over the centuries through the jungle growth. Downpours quickly dissolved such footpaths into calf-deep mud that reduced soldiers to exhausted automatons stumbling over the glue-like ground.

Fed by the frequent downpours, the lush rainforest jungle afforded excellent concealment to stubborn defenders and made coordinated overland envelopments nearly impossible. Infantrymen carrying sixty pounds of weapons, equipment, and pack staggered along in temperatures reaching the mid-90s with humidity levels to match. U.S. and Australian troops, who fought side-by-side, faced a determined Japanese foe on a battleground riddled with disease and whose terrain made a mockery of orthodox military deployments.

For nine months, John lived in mud and water with insects in Papua New Guinea. He said that you had the choice to let it "wear you out or toughen you up." He said that he would dig fox holes at night to sleep in, but they would fill up with water by the morning. He wore the same uniform for weeks at a time and they were often more wet than dry. John claimed that, "Everybody had to watch out for each other."

In such rugged jungle terrain, however, a few determined men could slow down a division. Numerous streams cut the coastline into a swampy, muddy bog that impeded the Allied push. Japanese infantrymen dug in along key terrain dominating the obvious approaches. Ambush and sudden death awaited the careless or unlucky because it was often impossible to see more than a few feet into the undergrowth. This was John's life for almost 11 months.

After landing at Port Moresby, John, then a squad leader, moved with his unit to the North of the Island. For the better part of 1944, John participated in a series of bloody amphibious landings designed to isolate Japanese defenders. On July 25, 1944, shortly after landing at Hollandia, John's squad surprised a large contingent of Japanese trying to ford a river to attack the landing beach.

"We just opened fire on them for the shore. So many died the river turned red with blood. The bodies floated out to sea, only to return that night with the tide."

During July and August 1944,

alone, nearly 10,000 Japanese perished. Almost 3,000 Australians and Americans fell with them killed. Approximately 202,100 Japanese soldiers, sailors and airmen died during the New Guinea campaign. Allied losses totaled 14,000.

The battle casualties tell only part of the struggle fought out against nature in the jungle wilds. Men on both sides collapsed, exhausted from the debilitating tropical heat and humidity; soldiers shook violently from malarial chills or from a drenching in tropical downpours. Others simply went mad. For a while John and his squad ate leaves and grass to stay alive while the Japanese resorted to cannibalism, eating the flesh of prisoners and their own troops. This was a campaign so fiercely fought that few prisoners were taken and fewer survived capture.

With New Guinea "secured" John and his unit took part in the invasion of Morotai Island upon which the allies planned to build airstrips to support the invasion of the Philippines. It was on Morotai that John witnessed one of the first Kamikaze attacks of the war. A Japanese bomber loaded with gasoline hit the airfield, taking with it 26 US aircraft.

By late 1944, with the war in the pacific reaching a crescendo, John suffering from dingo fever, and what was left of his Battalion, were ship back to the States aboard a captured German liner. Decimated from the effects of tropical diseases that flourished in the warm, moist jungle they were in desperate need of medical attention and rest. They never saw action again.

The battle for New Guinea was the story of the courage of the Diggers (Australian troops) and GIs who could always be counted on to move forward against a determined foe. It was these ordinary Australian and American soldiers who endured the worst deprivations that the debilitating New Guinea climate and terrain could offer. It was the lowly soldier who was the brains, the muscle, the blood, and the heart and soul of the great army that came of age in the Southwest Pacific Area in 1943 and 1944. In one tough fight after another, they never lost a battle to the Japanese. Those accomplishments and sacrifices are forever his and deserve to be remembered by all.

Two months after John returned from the war, he and Betty were married. After the war, John worked in the Gettysburg Panel Company. He worked nine hours a day and then built a house for his family at night. He did almost all of the work himself even though he had never built a house before. John was an experienced electrician and



John Reaves and his future wife Betty

eventually opened an appliance store called Reaves Electric Co. in which his wife helped with bookkeeping.

John served a short term as the Town Mayor in Emmitsburg and is a long-time member of Elias Evangelical Lutheran Church.

John and Betty have been married for 67 years and live in an apartment in Emmitsburg. They still finish each other's sentences.

Details of the Battle of New Guinea courtesy of the US Army Archives.

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Chronicles of Emmitsburg

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Interesting Facts About Early Times

Customs and Amusements, Now Almost Forgotten, Recounted by Oldest Inhabitants

Part 5 of many

Interview with Bennet Tyson

What inspiration Emmitsburg's ancient ones would furnish for an essay on "The Art of Growing Old." A man, like sound liquor, should become mellow with the years. Not acrid and harsh, not cloudy and dull, but radiating. The cheerful light and the bland atmosphere of good wine. Mr. Tyson is no exception.

Mr. Bennet Tyson was born on January 4th, 1832. His shrewd, merry blue eye is undimmed; his mind works, as it always did, with mathematical accuracy; his step is confident and jaunty. Only last year he performed feats of climbing when he was working on the steeple of St. Joseph's Church, way up under the belfry, which made the spectators hold their breath. It is a safe bet that he could almost any time put many a lad of half his years to the bad if it came to a day's swinging of the hammer or shoving the plane.

When the Chronicle reporter had been introduced and his mission explained, the cigars were lighted, and when the benevolent odor of tobacco had filled the room, Mr. Tyson was asked to tell the famous story of his father running away to Lockport in the early twenties.

"That happened before I was born, but it is a true story," said he. "My father was born in Baltimore in 1804. He came to Emmitsburg in about 1818 and was apprenticed to John Barry the shoemaker. He didn't get ahead as fast as he thought

he deserved, so he ran away. He was finally traced to Lockport, N.Y. How he ever got there I don't know. Barry sent a man named Mansfield to bring him back.

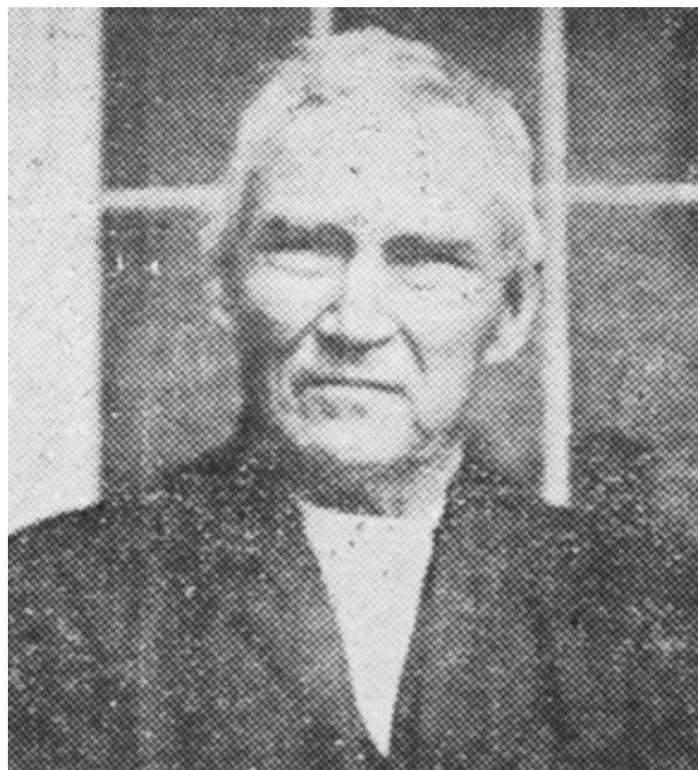
It is 250 miles from Emmitsburg to Lockport as the crow flies, but Mansfield walked and I guess he thought it was nearer 400 miles. He got a map and drew a line between Emmitsburg and Lockport, took the direction with pocket compass, and set out on his march through the trackless wilderness. He carried his kit of shoemaker's tools so he could work his way and he set out with only a lump of corn pone for food. A man named McFadden started with Mansfield but he only got as far as Poplar Ridge. He wasn't much of a traveler. Well, somehow Mansfield got to Lockport. The Erie Canal was building at that time and my father was on the works. He willingly agreed to return so they made the journey back on foot. I sometimes wish my father hadn't come back. Then maybe I wouldn't have been born into this wicked world," said Mr. Tyson, with a twinkle in his eye.

Apprenticeships

"It might have happened in a worse place than Emmitsburg," said the reporter. "That's true," said he. "I guess things turn out for the best. My father served his time out with Barry and I reckon he was glad enough to get back home." "Did you ever run away when you were an apprentice?" Mr. Tyson was asked.

"No I have had no adventure," said he. "I was apprenticed to Shorb and Miller, carpenters, being regularly bound out for five years. I was indentured in 1847. I got nothing but keep and clothes. They treated me well and, let me tell you, they taught me something about the business. A boy learned his trade right in those lays and he knew what work was, too. When I was free, I earned as much as \$11 a month and worked from dawn to dark; that was the rule. In the summer, that meant from 4 A.M. to 8 P.M.

I remember one job at Diehl's Mill down Taneytown way. The boss would call me at two o'clock in the morning and we walked five miles to the place. We worked as long as we could see to hit a nail. Then we tramped back. On Saturday afternoon we quit at five o'clock and went home to cut wood for the next week's fires."



Bennet Tyson

Old Games

"You can see that men who work as hard as we did hadn't much time to play games, and I don't remember much about them. Long bullets were one. The player had a long leather strap, one end of which was fastened about his wrist. An iron ball would be rolled up in the strap and with an underhand swing of the arm, it was pitched ahead of the player. An expert could send it several hundred yards along a

straight road. It was generally played along the public roads and I knew of one game that lasted to Taneytown. The side that got the ball there first won; that was all there was to the game."

A simple game was played that may have been the origin of baseball. There was a batter, a pitcher and a few fielders. All that I can remember about it is that the pitcher tossed the ball to the batter and if he struck a fly and it was caught, he was out. They didn't run bases and there



The old Black's Tavern (The current day Emmit House)

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HISTORY

were no strikes. The only way to get a batter out was to catch him out.

Out towards Poplar Ridge there was a racecourse. The land now belonged to the Frailey's. That was long before my time, but I used to hear my grandmother talk about it. They would have scrub horse races and all kinds of gambling games: sweat, roulette and others. Everybody would get drunk and stay drunk for week; I have heard my grandmother say."

Life in general

"As for the cost of living, the necessities of life were cheap and plentiful. I have known whiskey to sell as low as eighteen and three-fourths cents a gallon and tobacco in proportion. Flour I have bought as low as \$3.50 a barrel before 1850, and fresh pork for three cents a pound.

I never had but one attack of illness. I was down with intermittent fever in 1842. They thought I was going to die but I fooled them and I have never been sick a day since."

It should be said for Mr. Tyson, who is not given to blowing his own trumpet, that for many years he has been Emmitsburg's leading builder. He erected the Academy building, refectory, kitchen and the big infirmary at the Convent, as well as St. Euphemia's school buildings and the Emmitt house.

He built the Presbyterian Church and rebuilt it after it was destroyed by fire. He erected many private dwellings. As he modestly lays, nothing he has ever built has fallen down but everybody knows when he put up a building it was done right.

He never had a technical education, but he can work out the most complicated plans with mathematical exactness. Father Hayden told The Chronicle reporter how on one occasion, Mr. Tyson helped St. Joseph's Church out of a serious difficulty. It was when the new organ was bought. The old one weighed one thousand pounds, but the new one weighed ten times as much.

An architect from St. Louis said the loft would have to be rebuilt to carry the additional load. The builders of the organ said the same. The situation was turned over to Mr. Tyson, who contrived a plan by which the organ could be carried safely without rebuilding the loft. He did the work out in his shop, and so accurate were his calculations that every timber went to its place with hardly a stroke of the saw. Not only is there no vibration, but also, in Mr. Tyson's opinion, the loft would support twice the weight it does now. That is the kind of a mechanic Mr. Tyson is."

Early Taverns (Interviewee unknown)

"Mr. -- you are one of the old 'boys' and can no doubt tell of many interesting things in connection with the early days of Emmitsburg," said The Chronicle man to a well-known and highly respected citizen of the town, who is too modest to allow his name to appear in print.

"Yes, I can be counted among the old timers and can well remember many things about Emmitsburg about which later generations know little or nothing. When I was a small boy there were

no hotels in Emmitsburg; they were all taverns then. The first to assume the more pretentious title was Mrs. Agnew's tavern, which occupied the present site of the Hotel Spangler.

It was a famous old hostelry and many noted people were its guests. I once heard Francis Scott Key, author of our national anthem, make a speech from its porch. General William H. Harrison stopped there on his presidential campaign tour in 1840, and General Harney, of Mexican War fame, spent the most of one summer there.

Mrs. Agnew had a great reputation as a caterer and entertainer. The patrons of Saint Joseph's Academy and Mount St. Mary's College made her place their home during commencement season, and some of them remained for many weeks to enjoy the mountain air and the good cooking for which Mrs. Agnew was noted.

Thomas Welsh, a sedate middle-aged gentleman, was Mrs. Agnew's right-hand man about the hotel. It was said of him that he never laughed and only smiled about twice a year- when the first summer boarder came in June and when the last one left in September."

"Won't you tell The Chronicle readers about some of the other taverns, Mr. -- ?" asked the man behind the pencil.

"Well," said the kind old gentleman with a smile and a twinkle in his clear, blue eyes, "another of the old-time taverns was Black's, located where the Emmitt House now stands. It was much patronized by teamsters from over the mountain who hauled flour, ground by country mills in Washington County, Maryland and Franklin County, Pennsylvania to Baltimore, returning with loads of store goods or German emigrants for the West. It was a sight to see one of these teams of six splendid Conestoga horses, great Louden wagons and the teamster as he mounted his great saddle horse, cracked his black snake whip, drew his line on the leader, and started off with bow bells on every horse. He felt as big and proud as the conductor of a modern Pullman train.

Obituary

Albert "Wayne" McCleaf, age 85

Albert Wayne McCleaf, age 85, of Emmitsburg, Maryland passed away peacefully Tuesday, May 15, 2012 at his home surrounded by his loving family. Born September 1, 1926 in Waynesboro, PA, he was the son of the late Albert William & Elizabeth Amelia Eiker McCleaf. He was the husband of Josephine Welty McCleaf, his wife of 57 years.



Wayne served his country proudly from November 15, 1944 to October 1, 1946. He was a Demolition Specialist and a qualified Paratrooper in the United States Army, where he earned a Good Conduct Medal, Asiatic-Pacific Theatre Ribbon, Philippine Liberation Ribbon, Army Occupation Medal and the World War II Victory Ribbon.

Wayne was a faithful and dedicated employee of the United States Postal Service, working as a rural mail carrier for the Emmitsburg Post Office for 26 years. He was a member of Elias Evangelical Lutheran Church in Emmitsburg. During retirement, he enjoyed family barbeques and gatherings, playing golf, working in his yard, watching baseball, football, NASCAR and golf tournaments on his big-screen TV while relaxing in his recliner. He was an avid Baltimore Ravens fan. Wayne will always be remembered by his family as a devoted and loving husband, father & grandfather.

Surviving in addition to his wife are daughter, Valerie Ryder & husband, Dave, of Littlestown, PA; son, David McCleaf & wife, Terri, of Woodboro; brother, Jack McCleaf & wife, Anna Marie, of Columbia; grandchildren, Bryan Ryder of Frederick, Erin Markin & husband, Chris, of Cambridge, Jennifer Ryder of Emmitsburg, and Shaina McCleaf of Boonsboro; great-grandchildren, Kaia Ryder and Isabel Markin; as well as several nieces & nephews.

Funeral services were held at Elias Evangelical Lutheran Church, 100 West North St, Emmitsburg, MD with the Rev. Jon E. Greenstone officiating. Interment was at the Emmitsburg Memorial Cemetery.

In lieu of flowers, memorial contributions may be made to Hospice of Frederick County, P.O. Box 1799, Frederick, MD, 21702 or to Elias Evangelical Lutheran Church, P.O. Box 465, Emmitsburg, MD, 21727.

It was not unusual to see eight or ten teams go through town together. The charges for the wagons and taverns were not at all extravagant: an eleven-penny bit (twelve and a half cents) for a square meal, and three cents for a drink. The menu was not like that of the Waldorf-

Astoria, but it was good and substantial, and those who partook had appetites to match, which is the chief requisite after all."

"How about traveling in the early days, Mr. --, did the people make many trips then?" asked the reporter.

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COLD WAR WARRIORS

Cold War fallout

**Commander John A. Murphy,
USN Ret.**

**Captain Edmond D. Pope,
USN Ret.**

I moved to Gettysburg, Pennsylvania in 1990 to teach Russian at Gettysburg College. For me, the Cold War was over. Or, so I thought. Then, as the Soviet Union officially disappeared on New Year's Eve 1991 my phone started ringing off the hook with requests for Russian language work. First, some translation work and later simultaneous interpreter work at meetings and multi-day conferences. In the U.S. and overseas. There was a very active dialogue going on between the former Cold War rivals. The Russians were looking for work and the Americans were looking for "deals" - and new ideas. I should have seen it coming. It happens after every major war. Former adversaries adjusting to

the new world around them. Once I really got involved... I thought "This is what the wild west must have been like. No rules. Just cowboys (on both sides) running around... looking for gold!" 1992 and 1993 are indelibly etched in my memory. Also, the rest of the '90s for different reasons. It was like a "courtship" began in late '91 and early '92 that was followed by marriages in 1993 and 1994. Some endured and others fell apart. Now... twenty years later, we can see what happened in the 90s, but are not sure how the story is going to end. Anyway, here is the beginning - from my perspective.

The Flood Gates open - In the Spring of 1992 I was asked to do some "Russian language work" at the Navy's Office of Naval Research (ONR). They were being bombarded with requests from the former world of Soviet science and technology to sponsor scientific projects. The requests came from a diverse world of top Soviet sci-

entists and engineers working at places known and unknown in the west. At major, Soviet universities, institutes with factories, individuals, friends of earlier émigrés, and new Russian "buzziness" ventures (i.e. Informal side-walk "business" ventures). They understood the meaning of "buzziness" about as well as they pronounced it. From places that were in "closed" cities (to foreigners and to most Russian citizens) and at facilities that had no names - just Post Office Box numbers. This was the dark world of Soviet, secret, military-industrial research, development and manufacturing. Many of the scientists who sent the requests were top names in the world of Soviet science.

Ed Pope Comment: We had vast files on many of them from our own intelligence collection efforts of the past, but these people were never allowed to travel anywhere that would give us access to them. Our initial thoughts were that this flood of world-class talent was a new counter-intelligence operation contrived by the KGB (State Security) and GRU (military intelligence) so we took extra precautions in dealing with them until we soon realized that they just wanted to work with us. In many cases, probably from their own KGB-GRU intelligence collection operations, they knew far more about us, our laboratories, funding, organizational structure and methods than we could have imagined. (A case in point - During my 3rd trip to Russia - in a meeting with a group of very senior scientists in Moscow, I informed them that I had accepted a position at Penn State University. The immediate response was "Oh, wonderful, you are going to the Applied Research Laboratory")

Many of these top Soviet institu-

tions had lost their funding support from the former Soviet Union (FSU) and Russia was not stepping up to pick up the tab. They were on their own. World class scientists who were trying to keep their highly educated and talented staff employed. I began working in an ONR office known as the Science Opportunities Program (SOP) in the Spring of 1992. Under Captain Edmond D. Pope, USN - a senior, Naval Intelligence officer who was on his "sunset tour" after being diagnosed with a rare form of cancer.

I could see that Ed and I thought alike in many ways. The office staff began referring to us as being like "two kids playing with their favorite toys" when working with the "opportunities" that were flooding into the office on a daily basis.

Ed was a dynamo. A "16-balls in-the-air" kind of guy who was ideally suited for the SOP program. He was a blend of huckster and technical guru. He had a natural instinct for the real and the phony proposals coming into ONR. Just what the Navy needed. My job was to translate the stuff and data base it for him.

He was preparing for his first trip to Russia in the Fall of 1992. As a former Naval Attaché to Sweden, Ed was in his element when traveling to closed cities such as Nizhny Novgorod or Murmansk or top, former Soviet institutes in Moscow or St. Petersburg. He was a class act and I sensed that the Russians liked and trusted him. He came back from his first Russia trip with his bags filled with 'goodies'. Sure there were work proposals and sample materials, but more importantly - it was the Soviet mementos that everyone in the office really wanted. It was like Christmas in July. Soviet flags, military hats, KGB insignias, Russian binoculars and night vision devices. Then in early '93 Ed asked me if I wanted to go on a trip with him - to St. Petersburg and Moscow. I jumped

at the chance. Finally, after 45 years of studying the Russian language and culture... I was going to see the place for myself.

My first trip to Russia - In May 1993 I boarded a Finnish Air flight in Helsinki - bound for St. Petersburg, Russia. As we crossed over the Russian coast I snapped away with my Canon camera until I was told to stop... by the Finnish Air stewardess. "Please! That is not allowed!" I thought sure I was going to be handed over to the KGB when we landed, but several young Russians sitting nearby laughed and said "Forget about it. Take all the pictures you want. This is the new Russia." I felt a little better, but still was nervous when I was met by a group of Russians at Customs who escorted me to a dark blue, mini van parked at the terminal's entrance. Then they said "Captain Pope sends you greetings. We are to take you to him for meetings already in progress at the Krylov Institute." Now I was in hog heaven. Riding through the streets of St. Petersburg. It was GREAT to really get a chance to use my Russian. Then we pulled up to the Krylov Institute - Russia's historic, shipbuilding and design bureau. It could trace its roots back to the time of Peter the Great in the 18th century. Before I knew it... I was entering the Krylov's executive conference room and there was Ed Pope with a bunch of Russians and a couple of American businessmen (i.e. "cowboys").

I was introduced to the Krylov's legendary Director - Professor Valentin Pashin and his senior staff. Also a couple of guys who I was to see many times over the next year - security officers from the KGB, (or SVR, or GRU or FSB ?) or some other acronym. Who cares? This was the new Russia. Forget the old Soviet "baggage".

Ed Pope Comment - In a meeting at the Krylov in the late '90s, I was told that one Vladimir V. Putin - a young



Edmond Pope at Tchaikovsky's grave in Alexander Nevskiy Cemetery, St. Petersburg.

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COLD WAR WARRIORS



John Murphy in the area of the Krylov Institute submersible laboratory where submersibles undergo pressure testing to determine the maximum survivability for submarines and research vessels at deep ocean depths. Murphy explains, "If it bursts, we have failed!"

KGB officer- had begun his career at this very Institute and often attended meetings where we now sat.

All seemed to be going quite well when I arrived. Of course, they were two drinks ahead of me. Ed Pope was literally "holding court" and was the obvious center of attention. "Just like back at the office!" I thought. He was telling stories of his days as a Naval Intelligence officer in Sweden. They loved it. This was so much fun that I decided to get into the act myself. I told a story of my own from the Cuban Missile crisis. Of the prosecution and surfacing of a Russian FOXTROT submarine that the Krylov Institute helped design. How, when challenged to give us the ship's name - the Soviet Captain responded. **КОРАБЛ** All the Russians went into hysterics as a Russian interpreter explained to the Americans that **КОРАБЛ** was the Russian word for SHIP. I thought this was amusing during the Cuban Crisis and again on this - my first day in Russia. Then, ten years later I heard the other side of the story - the Soviet side. In a Russian book published in 2002 we learned that our aggressive pursuit of this particular FOXTROT nearly ended in WWII. The Foxtrot's Captain was so rattled by the depth charging he received ... that he was ready to order the firing of his nuclear torpedoes. Until his officers convinced him otherwise. A story I am glad I didn't know in 1962 or at the Krylov in 1993.

Following the St. Petersburg meetings I accompanied Ed Pope to Moscow. We took the overnight train (the famous "Red Star" or Krasnaya Zvez-

da) and arrived at Moscow's St. Petersburg Station on Komsomol Square at 7 AM. We took a cab through central Moscow via the Kremlin to the President Hotel (formerly the "Oktyabrskaya") on the Moscow River. As we passed through Lubyanka Square - Ed played tour guide and pointed out the site of KGB Headquarters and the infamous Lubyanka prison. Also, the site of the former Felix Dzerzhinsky statue (KGB pioneer) which had been torn down by irate citizens the year before.

The cab driver and Ed had a good chuckle about the dark history of this square. Little did we know that Ed would get to see the inside of Lubyanka prison and become a resident of the equally infamous Lefortovo prison a few years later. But that is another story.

Ed planned to travel to the formerly, closed city of Nizhniy Novgorod after a brief stop in Moscow. This gave us plenty of time for some informal meetings with several Russian and western business contacts in the luxurious President Hotel's lobby. We were told that this was a Communist party hangout during many, major Soviet Conferences and Congresses. I could just see the Party leadership and Congress delegates relaxing in this very lobby ... after a hard day at the Kremlin.

We also saved some time for tourism. We made the obligatory visit to Red Square, Lenin's tomb, the Kremlin and GUM (the State or Main Department Store). Then it was on to the "new Arbat" market at Izmailovo. A real "people place" if ever there was one. Now I knew where Ed was getting most of his Soviet-era trinkets.



Director Valentin Pashin presents Krylov gift emblem to John Murphy.

During our time in both St. Petersburg and Moscow I sensed that the average citizen was really enjoying life. Also, there were some not-so-subtle signs of change. ... such as the huge, colorful, "Marlboro Man" billboard looming over Nevskiy Prospekt (St. Petersburg's "Fifth Avenue"). I was struck by another sign of "creeping capitalism" in St. Petersburg - the small, portable kiosks that were spread throughout the city. They were filled with everything you needed on a daily basis. The "St. Petersburg Times", cigarettes, water, coke, vodka, candy, a chuck of cheese or sausage, a slice of heavy black bread and the latest edition of "The New York Times" or "Playboy". All - thanks to the visionary Mayor of St. Petersburg - Anatoly Sobchak.

However, Ed and I were also sobered by the sight of so many bullet and shell holes in the walls of the beautiful buildings along Nevskiy Prospekt-compliments of Adolph Hitler in WWII. When I returned two years later ... the kiosks were gone. They had been replaced by "mom and pop" stores in almost, every neighborhood. I thought "This is the way it was in America in the early 20th century - about the time the USSR was being created. First, came the "huckster wagons"; then the neighborhood "mom and pop" stores, and next (I thought) will come WallyMart!" At the "mom and pop" stores you could buy everything that you could in the kiosks, but they also had fresh fruits and vegetables. That never happened under Communism. Under Communism, the stores were usually empty. The change was looking good and the people were beaming with hope for better things to come.

I noticed, the average citizen on the street in Moscow and St. Petersburg went out of their way to smile and be friendly. One cab driver told me "We talk to each other now. In restaurants, in bars, cabarets (bistros) and on the street. We never did that before. It was dangerous to talk informally. Like I am talking with you. A year ago we would not have done this. Things are changing." Obviously, on the street, but what about in the world of the former, Soviet military-industrial complex?

New Thinking For A New Day

The Russians Ed and I met in '92 and '93 were pretty upbeat. Hopeful... optimistic... excited! They were opening their "closed" institutes and factories to foreigners. They needed new partners. They sure weren't getting work from their own government. And of course, on our side, there were plenty of "cowboys" out there looking for "deals". I can recall an American businessman riding on a bus to the Krylov institute loudly discussing a "major deal" he was about to close with the Director of a closed institute in Severomorsk (Murmansk). I thought "Most know that the guy sitting up in the front seat is KGB....the times are a changing but "loose lips (still) sink ships." I guess I was not as comfortable with this new "glasnost" (openness) as some. And yet - I saw many top Soviet-era scientists and industrial leaders who seemed to be buying it. Yes, they had been involved in super secret Soviet work, but that was



John Murphy at Lenin's Tomb, which was the site of many May Day parades during the Cold War and is still a tourist attraction.



Capitalism thrives outside GUM Department store, where a rock band plays on an outdoor stage as John Murphy purchases a Russian book from a young merchant in Red Square.

then and now was now. They showed a jaundiced attitude towards KGB-types and their obsession with security. "They put stamps on everything". Both the KGB types and the super scientists saw themselves as Russian patriots. One was locked in the methods and thinking of the past while the other (the scientists) saw themselves as looking to the future - without all of the constraints of the past.

A new chapter in the long history of Mother Russia was being written before our very eyes. How would it end? We would soon see... as Russia and the world proceeded towards the millennium.

That is another story - the Cold War's Fallout-Part 2.

Authors - John Murphy is a retired Navy Commander and Editor of the Cold War Warriors column living in Gettysburg, PA. He is a former Russian professor at Gettysburg College and member of the Gettysburg Borough Council (1991-2007).

Edmond D. Pope is a retired Navy Captain and former Naval Intelligence Officer. Following retirement from the Navy he was employed by Penn State's Applied Research Laboratory. He was accused and convicted of espionage by the Russian government in 1999. More about his adventures in Russia can be found in his book "Torpedoed" and at his Web site <http://edmondpoppe.com/>. Edmond Pope currently lives in State College, PA.



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STAGES OF LIFE

Mom's Time-out

Motivation means something different to everyone. A motivation is anything that influences us or drives us; an incentive. Even in a single household there are many different motivators at work. These motivations, if we can figure them out, can be extremely helpful in parenting. The problem, as I see it, is figuring out what motivates each of the members of my household, in-

dividually and also if there are any family motivators that everyone would agree on.

The family motivator, at least in our case, seems to be simple. My family loves to go to Disney. From the minute we return we start saving to go again. When the money is saved that is when we go back (at least for the time being). That is one part about motivation that

I neglected to mention...it changes. But for now what motivates my family as a whole it Disney. They will take a little extra change and put it in the Disney Bank; they will change their tune about something if it might negatively affect our Disney savings. For example, when my kids were constantly asking to stop at MacDonald's for sodas I put it in Disney perspective for them. "Let's

say we got sodas for 5 of us every day of the year," I continued, "that would equal about \$2920 a year". When I explained that this would cover more than half of the cost to go to Disney they weren't as motivated to get those drinks anymore. One day I know this will no longer mean as much to them. As they get older their motivations will change, as they do for all of us.

Through my life my motivations have changed greatly. I am way more motivated by the care and happiness of my children now that they are part of my life. Before kids the thought of children had no motivation for me at all (as most of you know it was merely a concept of sheer terror). As my hobbies change so do my motivations. At this point in my life I am very motivated to find time to scrapbook and be able to afford my scrapbooking supplies. A few years ago it might have Longaberger and Tupperware. My husband on the other hand has gone from golf to seminary. He would give up a lot of extras to be able to afford the latest set of seminary books. So you see, as your interests change so do the things that motivate you.

The kids are a little more difficult to pinpoint sometimes. For my oldest I know the consequence of losing video games is a great motivator but a little more unusual, but just as affective, would be the loss of his Kindle/books. Talk about having mixed emotions as a parent when the thing that makes the best punishment for your child is READING! My second son is way more social, so what motivates him is time with his friends. Whether it is a school dance, or a little basketball, or just having one friend over, he needs to be social. For my daughter who is almost 8 it is truly hard to say. Her motivations change daily if not every minute. One minute a particular doll is what she can't live without and then it is a stuffed animal. She is always motivated to spend time with my husband or me...ALONE! I guess when you have 4 kids time alone with Mom or Dad is a true commodity. The, just turned, 5 year old is motivated by Barbie and bacon. Yup it's odd but totally true. Barbie dolls, Barbie movies and anything that has bacon on it, in it, or just BACON!

When I take into consideration what motivates my kids, it can make life in our house a lot easier. If I place these motivators in front of the kids as an incentive then they are way more likely to accomplish what task is tied to that incentive. It is a simple concept, tell the little one to clean her room and we will have B.L.T.s for dinner and you have a reasonably clean room. Now, she may have offered her sister her best Pillow Pet for the evening to get her to clean the room instead, but it's clean. This is all the ideal scenario of motivating my kids. In an ideal world I explain to the kids that if they accomplish A, B and C then they will get X, Y and Z. This theory works really well most of the time. The rest of the time reality sets in and our hectic lifestyle turns these motivations into consequences and mostly likely disappointments (yes and tears). Then after crazy mommy breaks loose we all calm down and I realize that the motivation system works way better than the consequence system. This is not to imply that consequences aren't important, they most definitely are very important. It would just be nice if I could always start with the motivation system and be proactive instead of resorting to the reactivity of the consequences.

The bottom line is, even when our motivation system is working top notch, something always changes when the kids' motivators are switched to something new. Another key point to remember is, when you assign the motivator as a consequence you have lost that motivator for a period of time. What I mean by that is when I take video games from my son for a week as a punishment; I can't use the video games to motivate for that week. Unless the video games were removed for an undetermined amount of time, until such time that he brings up his grades, or keeps his room clean, etc. Like most things involved in raising children, it is a cycle and you have to learn to ride it out and adapt. But also like most things involved in raising children, sometimes you just have to learn to enjoy the ride!

To read past editions visit the Authors' section of Emmitsburg.net.

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<p>Thursday, June 14th Sticktime Platters: Fried Chicken, Fish or Crab Cake</p>	<p>Friday, June 15th Bob Plunkert & Real Country Platters: Fish or Crab Cake</p>	<p>Saturday, June 16th Iron Ridge Bluegrass Platters: Hot Roast Beef Sandwich Fish or Crab Cake</p>

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A TEEN'S VIEW

The value of a college education



Danielle Ryan

With the ever seemingly rising prices of attending college, sometimes I have to ask myself, "is college really worth the cost?" In today's society, my generation is expected to attend college and receive at least a bachelor's degree. Most employers nowadays even look for their potential employees to have a master's degree. Not only is a college degree expected, but many businesses expect their future employees to have some working experience in the practice that they are applying for. This all seems well and fair, but I, as well as many other college students all over, am asking myself if this expectation really is fair.

Many colleges and universities across the United States are raising the price of tuition every year. You must also realize that this price fluctuation is not the only one out there for college students. Gas prices are continuously rising, which in itself causes an increase in more basic needs such as groceries. When the price of gas rises, many items bought at a grocery store must also rise because they require transportation to the grocery store which of course requires the use of gas.

Just the price of living is also rising. Renting an apartment or house seems to be costing more every year as well. Landlords must raise their rent prices because prices

all across the board are rising also, so they need to be able to maintain their own costs as well.

With all of these expenses rising every year, it is no wonder why some of us are questioning our education. I know that I have questioned my education many times, but it has always led me to understand the value of the education that I am receiving. With these rising costs, it seems that it is even more important to take a college education more seriously and hold it to a higher value.

Some would think that if this was the chosen path for a student that said student would take it serious and understand the value that the education holds. Unfortunately this is not always the case. When I began going to college, I expected there to be a very large amount of students that had to pay for their own education. After just a little while, I found that there was a large group of students that were not paying for their education, but had parents or other family members who were paying the bills.

I do not want to speak for every person who has parents that are paying for their education, but I will say that from my observations, it seems that there is a less-

er value put on a college education that arises from these students. I have noticed that some of the students that are not paying for their own education generally care less about their own success while in college. Their grades become less important and they hold their social activities to a higher standard than their education. I have seen many students that I know are not paying for their own education become careless with their class attendance and tend to push bad grades aside as if they did not exist.

If anyone has ever had a class with an adult student, you may have noticed how dedicated that adult is to their education. Adult students are taking their education very seriously, and seem to end up doing better than non-adult students sometimes. Even with a family and a job, these adult learners always seem to manage to take their education seriously because they value the education. I think that a large reason for this is that they are personally responsible for the payment of this education. Adult students are not reliant on parents to provide them with the education.

As I mentioned earlier, work experience seems to be another quality that employers are looking for.



The good thing is that most colleges offer their students experience opportunities such as internships, on campus jobs and even classroom-oriented experience. When I say classroom experience, I mean that many students receive some amount of practice while they are involved in a class. Most all schools offer science laboratories for their students that allow them experience in more hands-on, practical experiences. When science is involved, there is almost always a guarantee that some lab work will be required, which serves as some experience. I also know that agriculture related, or medical-related degrees perform hands on ex-

perience with people, animals or plants. For instance medical students must complete a certain number of hours in clinicals, where they are out in the field working in an environment similar to that which they will be experiencing when they are employed.

I definitely think that it is important for college students to take their education seriously. Some may not see the value that it holds at the moment, but in the future they will be grateful for the education that they have received.

To read other articles by Danielle Ryan visit the Author's section of Emmitsburg.net.

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JUNE 9TH - INSIDE OUT

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SCHOOL & LIBRARY NEWS

Emmitsburg Elementary

Our school year is coming to an end. We had an unexpected year of no snow days or late arrivals. The only disruption to the scheduled continuous instruction was the day off for the G8 Summit. There are several activities planned for the last weeks of the school year.

We are excited to host a Career Day for our fourth and fifth grade students. Mrs. Fawley, school counselor, does an amazing job of recruiting community members to volunteer to present to our future workers. The volunteers explain the roles of their job as it relates

to academics and Character Counts! A wide-range of occupations and careers will be available for the students to learn about during the presentations. We are especially glad that FCPS students from the CTC, Career and Technology Center, will be on-hand to talk about their fields of study in high school.

Another exciting event for the fifth graders is the annual picnic to celebrate the culmination of their elementary school years. The students and their teachers, Mr. Satterlee and Ms. Kearchner enjoy the day at the Com-

munity Park. The fifth grade parents provide food and games for the students. The PTA provides a special cake to honor our fifth graders. It is a wonderful day for these terrific students. We will be sad to see them leave.

However, they will have memories to keep forever in their EES Yearbooks. On June 7th, we will have a special yearbook signing time for all students. We will also have our 3rd annual year-end celebration with Rita's Italian Ice. The students love the icy treat and they enjoy writing their names in each other's yearbooks. This is a great way

to prepare for the last day of school.

The final day of school is Friday, June 8th. It is a two-hour early dismissal day for students. The children will be bringing home their last report cards of the year and a school supply list for next year. Staff will be in the building on Monday, June 11th, if there is a question about a report card. If a child does not attend school on June 8th, the report card may be picked up from the office. Please be sure that all financial obligations have been met so that your children may receive their report cards.

We will continue to register students for Pre-kindergarten and Kindergarten; as well as new students, throughout the summer. Pre-K stu-

dents must be 4 and K students must be 5 on or before September 1st of this year. The summer office hours will be 8:00 am to 4:00 pm Monday through Thursday. The school will be closed on Fridays. The exception is the week of Fourth of July. The school will be open regular hours and closed on Wednesday, July 4th.

Before we know it, we will be back for the 2012-2013 school year. The first day of school is Monday, August 27th. We will have a Meet-the-Teacher the week before school begins. A letter will be mailed home in August. We hope everyone has a great summer!

Good things happen at Emmitsburg Elementary every day.

Fun at the Emmitsburg Library

School is almost out, pools everywhere are opening up and the temperature is quickly climbing, there's no doubt about it—summer is almost here. While many look forward to summer for its warm temperatures and fun vacations, it can often be a time of boredom for children and teenagers alike. Fortunately, the librarians of the Emmitsburg Library, have planned for this impending boredom, and are willing and ready to help one and all stave off the boredom through various programs and activities.

First and foremost we will be

holding our annual Summer Reading Program for those aged birth to eighteen years old. This program is designed to encourage participants to read and participate in various events over the summer. Unlike previous years, in addition to keeping track of the number of books you've read over the summer. There are two separate programs, one for those aged birth through fifth grade—Dream Big Read!, and one for those in sixth grade through high school—Own the Night.

We also have a challenge going on this year in conjunction with the Summer Reading Program called Read it and Dye. I, Stephanie Long,

have vowed to dye my hair pink for a month if the tweens and teens of the Emmitsburg Library read more minutes than they did last year. Last year the tweens and teens read 44,295 minutes over the summer. If the tween and teens read 46,800 minutes, this year, I will dye my hair pink for a month.

Signing up for the Summer Reading Program at the Emmitsburg Library or fcpl.org/summer

Upcoming Events in June

Summer Reading Program is in full swing so stop by the library to sign up, get your gameboard, and check out this year's prizes!

June 9 @ 2:00 pm
Summer Reading Kickoff Event with

Magician Dean Burkett
A magical start to summer with Dean Burkett. Enjoy an entertaining, audience participation magic show for all ages. Be ready to be amazed!

June 14 @ 5:00 pm
Geocaching in the Neighborhood, Teen Program
Using a GPS we will hunt down various geocaches in Emmitsburg and seek out the treasure each cache holds.

June 16 @ 11:00 am
Camp Out at the Library, Children's Program
Join us around the campfire for an hour of stories, crazy games, crafts, and fun as we "camp out at the library".

June 18 @ 4:00 pm
Comic Book Kaboom Club
Join other comic crazy teens to discuss, enjoy, and even create your own comics.

June 23 @ 11:00 am
Dream Big with Roger Lindsay
Join magician Roger Lindsay and Prop, the magic bunny as they amaze and amuse in this show loaded with audience participation. You never know what surprises await you!

June 28 @ 5:00 pm
A Summer Murder Mystery, Teen Program
It was a hot day when the murder took place in the library. It's up to you and a cast of character to solve the crime and bring the murder or murderers to justice!



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Nature stories and traditional campfire songs with professional storyteller Roger Troxell and musicians Brent and Patty Progecena.

July 19
The Nocturnal Sky Above
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August 16
The Wetlands Wake Up at Night
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SCHOOL & LIBRARY NEWS

Mother Seton

Did you hear that? If your windows are open, as they probably are with all this gorgeous weather we're having, you might have heard some weird noise. Nope, it didn't come from Site R. It was the collective sigh of students, staff, and their families as we close out the school year. Never fear—it was a sigh of contentment and gratitude!

We have had another fabulous year at Mother Seton School. Our fall was packed with fun events: the Fall Fest, Family 5K Fun Run, Breakfast with Santa, Holiday Bazaar, and our annual Christmas Program. Our very own Art Angels, led by art teacher Carolyn Myers, won the Grand Prize in a Christmas Card Contest sponsored by Gettysburg Outlets. And three of our students took home First Prize for their particular grades in the Knights of Columbus "Keep Christ in Christmas" Poster Contest.

The New Year ushered in many more blessings for our school. During Catholic Schools Week, we welcomed family, alumni, and area clergy in appreciation for all their support. The highlight of the week's events was the opening of the Mother Seton Learning Center, which provides expansive academic, social, and consultative support and is staffed by a certified reading specialist, guidance counselor, and special education teacher. We hope to expand services offered in the coming years. Catholic Schools Week culminated in our Annual Community Spaghetti Dinner and Open House, for which we would once again like to thank all those who came out to support us and to our sponsors.

We are proud of our talented school community and grateful that they have been recognized in various ways this year. Our music teacher, Cheryl Carney, was honored with the Friends of Catholic Education Teacher Award. 5th grade teacher Elizabeth Vines was chosen as MSS Teacher of the Year from the Lions Club of Thurmont. But the excellence didn't stop there! Nine of our students placed in the VFW's "Patriot Pen Essay Contest", including Anna Eyler who went on to take 3rd place for Maryland District 7. Samantha Mariano placed 7th in the Archdiocese-wide Spelling Bee, while Stephen Hochschild took home top prize in the Frederick County Spelling Bee. 7th grader Alex Dumm was one of only 100 students statewide chosen to take part in Maryland Geography Bee. Tommy Laudani and Kim Ahlers placed 1st and 2nd, respectively, in the Thurmont Lions Club "Know Peace" Poster Contest. Our very talented writers, artists, and musicians showed their stuff on Young Author's Night

and Fine Arts Night. And hopefully you didn't miss a chance to meet some of the world's future preeminent scientists at our annual Science Fair.

Thanks to a special grant from the Ladies of Charity, our 5th and 6th graders were able to take part in a Book Club, each receiving a hardback copy of the *Invention of Hugo Cabret*. Meanwhile, our annual Have A Heart Basketball Game (teachers vs. 8th

things about MSS: Penny Power Week raised over \$5000 for our school technology fund; the 8th grade collected over 20 boxes of food for the Seton Center; the Lenten Rice Bowl project collected several hundred dollars for Catholic Relief Services' overseas missions; and the Walk-a-Thon raised over \$3000 for the Daughters of Charity's hot lunch program for school children in Lebanon. We are blessed to have so many generous hearts among us!

Did you get a chance to join us for some springtime fun? We



Mother Seton carnival was a great place for one father to teach his daughter how not to drive.



The car ride was enjoyed by just about everyone, with one exception...



...This is the exception.

graders) raised \$630 for the DePaul School in Manipur, India. The charity of our school community is one of the truly special

had our First Annual Bull Roast this past March, with entertainment and enough down-home cookin' to feed an army! Con-

gratulations to all those who participated in one of the many Bingos we held this year—love that new Vera Bradley bag you won! Perhaps we saw you at the annual carnival last month, braving the raindrops for some fried dough and karaoke, or sunning yourself while in line for the Scrambler. (I apologize for the tantrum you might have witnessed when I had to tell my kids no more carnival goldfish! Don't worry, I just plied them with more cotton candy and all was forgotten!) Wherever we might have met, I just want to

say THANK YOU for all your support!

Yes, this mom and my fellow parents, children, teachers, and staff are all now taking a deep breath and a little break before we start getting in gear for the fall. We promise to have even more of that school spirit that makes Mother Seton School so special. To paraphrase Phineas and Ferb, "This could possibly be the best year ever. But the forecast says that next year will likely be a million and six times better."

We'll see you then!

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FOUR YEARS AT THE MOUNT

Sophomore Year

A brand new beginning

Kyle Ott

Summer is finally here! Congratulations to all Mount St. Mary's students on what I hope has been a truly successful and fulfilling year for every one of us, and a special congratulations to two of this paper's senior writers and editors, Kelly Conroy and the newly commissioned officer in the U.S. Army, Julia Mulqueen. Both of you have been a tremendous example to all of us, and you are most certainly on your way to amazing things! All of our recent graduates and those who have journeyed through a truly enlightening year at the Mount have begun to think back on the kind of year it's been and the impressions that we have made or the legacies we have left.

It truly is a strange thing to think that just last month we were at school, worrying about finals and how on earth we were going to pack our dorm rooms up for the long ride home. Nine months ago I made a similar change, packing everything I had ever owned into the back of my parents' minivan and waving goodbye to the small town in which I had grown up, leaving behind ev-

erything that I had ever known for sure along with it. I made a huge change by deciding to live on campus at Mount St. Mary's. Everything was different. To start with, I shared a room with someone I had never met, an experiment that I'm pleased to say worked out extremely well. Even scarier than the one person I had never met before were the two thousand people on campus that I had never gotten the chance to meet. My high school had around four hundred people, so being surrounded and living amongst five times that number was a little disconcerting at first. However, as I look back on the kind of fears that I had, I can honestly say that I'm glad I overcame every one of them and seized the college experience. That strange person who happened to live with me turned out to be a pretty cool dude. And my favorite memory of orientation week at Mount St. Mary's was staying up until four o'clock in the morning with someone I had just met, debating mankind's search for fulfillment and the meaning of truth. Those two thousand plus people became less of an intimidating statistic and more like a call to adventure, a chal-

lenge that I became incredibly eager to accept. Because of those people and the opportunities they've presented me, I have been able to do so many cool things.

When I think back on all the amazing people I've met and the random adventures I've had, one memory sticks out in my mind: the night of the least-haunted haunted trail ever. It was a brisk day in late October and I was sitting in Origins of the West class waiting for our esteemed teacher Dr. Rupp to come in. While we were sitting in class, I struck up a discussion with my friend Claire, a girl who I had met that year through my work with the Office of Social Justice. Over the course of our conversation, she mentioned that she and a few of her friends were going to the haunted trail in nearby Frederick. As we continued to talk I asked in passing if I could go, and surprisingly enough she caught the question and responded with a genuinely enthusiastic "Yes!" And so it was later that evening that my friend John Powers, Claire, Claire's friends and I were piled into a tiny car and on our way to the haunted trail. What transpired next was a blur of "scary" characters, girls shrieking and the satisfying thud as John and I high-fived. As we entered the gate we were approached by two demonic clowns, Buttons and Bubbles, whose de-

ranged makeup jobs and strange antics scared the girls. John and I in the meantime were busy laughing at Button's terrible jokes, dancing awkwardly with Buttons and taking as many pictures of them as possible. As the walk continued, we goofed around with the "monsters." During a short stint through a dark cornfield, we were ambushed by a group of possessed scarecrows. Deciding this would be a great opportunity for singing, John yelled out an on-the-spot parody of "Party Rock Anthem" by pop artists LMFAO. Before I realized what was happening, the scarecrows who had been terrorizing us moments before joined me in song, stumbling over made-up verses, until we almost left the cornfield, forcing them to shamble off to their hiding places and wait for less interesting prey.

When I think back on this year at the Mount, it is definitely those moments of fun such as the haunted trail that come to mind. It's not that they were life defining or truly deep in a spiritual or emotional sense, but they represented the kind of quirky spontaneity that has defined my first year at college. Moving away had not only thrust me into college but also into adventures that would come to characterize my life at the Mount. So it is with much happiness and also a little longing for past adventures that I look back

on this year.

It seems almost fitting then that the drastic change that occurred during the beginning of my college experience would re-occur at the end. I had no idea that over such a short period of time I would come to have so many people around me who are suddenly such integral parts of my life. As if the brief period of stress known as finals week was not bad enough, I had to say goodbye to the people that had become my life and the world surrounding it. Gradually, I watched as my brothers on Pang Three returned home to keep up their good-natured shenanigans in a familiar setting. Francis and John packed up their belongings and drove south, back to their families in Maryland, and my best friend, Jake, returned to Virginia. I distinctly recall sitting with him in his empty room as he was about to leave and saying, "I'm not sure what to do with this." And to be honest, I meant it. For nine months, the Mount was my home, and I felt like I was leaving it all too soon. But as summer continues, I know that the Mount isn't going anywhere (literally or figuratively), and I'll be able to return to my friends, my second family, and a host of untold adventures. Until next time, I'm Kyle Ott; won't you sit and read for a while?

To read other articles by Kyle Ott visit the Authors' section of Emmitsburg.net.

Senior Year

Three down...one to go

Samantha Strub

Three years down...one to go. How is this possible? Where did the time go? I'm a senior? In a year I'm going to be finished with undergraduate classes and be on my way into my career.

Moving into my final year has been a bittersweet experience. I'm grateful that I will be completing college and starting as a language arts teacher. I'm excited and nervous to be embarking on my internship in the fall, when I will be teaching in a classroom full time. In the back of my mind, however, I feel sad that soon I will no longer be on this wonderful mountain I have called home for the past years. There are so many memories and experiences that I have had at the Mount that I'm not sure if I'm ready to let go.

This past year has been one of the best. Being an upperclassman comes with its perks, and my junior year has been unforgettable. There have been so many wonderful memories, sometimes associated with schoolwork and sometimes not. There have been many crazy, silly moments and quite a few sleepless nights due to mountains of schoolwork and to simply living out the college lifestyle with friends.

Most of our nights were spent doing homework or working. Even though we were studying, my friends and I still have countless memories of having fun un-

til the early hours of the morning, working on general homework as well as big projects, papers and portfolios. During these intense homework nights we were trying to focus but continually got distracted by funny things like socks which would turn into inside jokes, such as "Socks are for your feet, silly!" When these jokes came out, we were on the floor laughing instead of getting work done. The inside jokes grew as the semester went on and my two friends Kristyn and Amanda and I came up with a solution to the homework and lesson-plan dilemma. We made half-hour or hour-long goals of things that we wanted to accomplish within that time frame. It became somewhat of a competition between us to see who reached her goal first. These sticky-note goals worked wonders for keeping us on task and focused on our work. Even though we were doing homework, we still made those late nights enjoyable and memorable.

Living in the apartments on campus compared to the dorms that we were used to was a new, upperclassman adventure too. There is more space, but that doesn't necessarily mean that you will always get along. Being free to have your own bathroom that you share with your closest friends is a nice change from the communal bathrooms that freshmen and sopho-

mores have to share with a hall of at least thirty people. There have been times when two or three people wanted to take a shower at the same time, but then you compromise and work out a schedule of when each of you will shower so everyone is happy. With my insane schedule this year, it has been a lifesaver to be able to cook in my own kitchen. Though somewhat small with a very old stove, that kitchen has been incredible this semester. I was always getting home so late either from work or practice that I missed the regular dinner time. Being able to cook something simple or eat leftovers was such a relief and I ended up saving money.

Some of my most treasured memories from this past year are when my roommates and I had cooking and baking parties on the weekends. We cooked a huge meal, invited our friends over and had a feast. We always ended up cooking some sort of pasta dish, chicken, spaghetti and meatballs, garlic bread, and salad. We had to invite our other friends over to help us eat the mountainous meal that we created. The guys especially were always grateful and would help us clean up and promised a cookout when they would supply the meal. I'd say that is a pretty fair trade, don't you think?

The times when the guys repaid us with the burgers and hot dogs that they promised were always relaxing. The guys cooked and the girls lay out in the sun while either reading or doing homework. The burgers and hot dogs were always delicious, and the best part was the guys cleaned up as well while we lay there watching them. The guys

also surprised us by making us a late breakfast/early lunch one weekend. We had a delicious brunch of pancakes and sausage. However, they ended up burning the pancakes so I had to take over because they were not making pancakes correctly, but it's the thought that counts, right? The pancakes were saved before all of them were burnt; more batter was made, and we still turned out a feast. That was a wonderful and delicious way to start out our morning and our weekend.

The sweetness of baking days always outdid the cooking—well, once we got the hang of the oven and stopped burning the brownies. Do not laugh—that oven is not like the ones that we have at home, as it is much older, and it took some time to get used to. By the end of the semester we had the oven down to a science, but until then it took a little while to become friends with it. Needless to say, the apartment was meant to be full of savory smells, but those scents held off until we got a handle on the oven. Once that was accomplished, the burnt odor went away, and delicious smells of cookies, cakes and brownies replaced them.

Having been so busy the past two semesters, I'm not sure what to do

with myself. I have this thing called free time. I do not know what that is anymore. What am I supposed to do with myself? Soon, I will have that question answered for me as I move into my senior year, begin my internship and finish my undergraduate classes; right now, though, I'm still struck with the fact that I have nothing that I really have to do. It is weird, but I'll definitely get in much-needed reading time as well as time to hang out with my friends.

The up-coming year always seems to be in the back of my mind. I'm now a senior. I'm in my last year. It is time to make even more memories that will last a lifetime as well as making sure I'm studying my hardest. I need to make a bucket list for my senior year; it is going to have to be an amazing year, which will happen if my friends have anything to say about it. I know that it will be challenging, especially with my internship, but I have decided that I'm ready for the challenge. So, here goes nothing.

Bring it on, senior year!

To read other articles by Samantha Strub visit the Authors' section of Emmitsburg.net.

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THE GRADUATE

Bright places where boom bands are playing

Kelly Conroy
MSM Class of 2012

“You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose.” These lines are taken from Dr. Seuss’ book, *Oh, the Places You’ll Go*. This book is a popular graduation gift that features Dr. Seuss’ humorous verse. I received a copy for my high school graduation, but Dr. Seuss’ words definitely applied to my life again this year.

Cap—check. Gown—check. Tassel—check. Honors cords—check. Favorite miraculous medal—check. High heels (but not too high to cause a tumble across the stage) —check. On May 13th, 2012, I walked across the stage and graduated from Mount St. Mary’s University. As soon as my name was called, I didn’t hear the speaker or the crowds. It was all a blur and I barely remember thanking Dr. Powell or turning to take a photo. And then it was over. I had no more papers or exams. No more late nights of studying, meeting in the library for group projects, or going to a professor’s office hours.

And there was so much more to college than just classes. I competed on the Division I tennis team and pushed my body hard physically and mentally every day on the courts. I played in many exciting tennis matches with my doubles partner and took spring break trips with the team to Florida to play matches. I was involved with campus ministry and went to an athlete Bible study. I also lived with four girls who became my sisters. We learned how to cook five meals at the same time in a tiny kitchen and agree on the showering order for the day.

Graduations come with a flood of memories. I remember coming to the Mount from Florida my freshman year and experiencing one of the biggest snowstorms ever seen in Maryland. I thought it was a usual

yearly occurrence. Students swarmed the quad and a huge snowball battle erupted. I learned what “table-topping” meant, that snow makes an interesting sound when you step on it, and that cotton gloves just don’t do the trick. My Dad had joked that during the winter, the school would string a rope from the cafeteria to the dorms so that students could easily find their way during a snowstorm. That year, I actually looked for that rope—only to realize that it didn’t exist!

Sophomore year I learned that striving to do well can be painful. I lived in the historic Terrace dorm building. My room had been newly renovated and had a great view of the main part of campus. It also was located just in front of the steps that lead up to the National Shrine Grotto of Lourdes. A couple of my friends and I thought that running up the steps would be good conditioning. It was more than good conditioning . . . it was painful conditioning.

After my sophomore year, I skipped to my senior year. I had extra college credits from high school so I was able to graduate from college in three years. Switching from a sophomore to a senior was very strange. Suddenly I was receiving emails about job fairs and graduate school programs. My parents started asking me about what my next step would be after graduation. *OH NO*, I thought to myself, *the REAL WORLD!*

I am not the only one in my family having a graduation this year. My younger sister Mary Grace graduated from John Paul II Catholic High School in Tallahassee, FL. I was able to attend her graduation the weekend after mine and see familiar faces from my alma mater. My youngest sister, Teresa, also graduated from eighth grade. Her middle school years are over and she is more than ready to attend the high school where all three of her older sisters have gone.

“Your poor parents,” people keep telling me. I smile and nod—three graduations is a lot of festivities for one year! “But that’s not all,” I reply, “my older sister is also getting married in June.”

We are all starting new chapters

in our lives. Mary Grace will be attending the music school at Florida State University and moving into dorms for the first time. She is already searching the Internet for cute bedding and fancy door-hanging mirrors. Teresa will have to get used to high school lockers and playing high school sports. I hope that none of her teachers call her by one of her older sister’s names, but chances are that someone will because it’s a very small school. Erin will be moving to a new state with a wonderful husband. She will be a part of a new family and will even have a new job.

It didn’t seem as scary for me to graduate when I wasn’t the only one in my family experiencing change. My sisters are more excited about their next steps than they are sad about leaving their old ones. One of my Mom’s favorite Scripture passages helped me to accept graduation: “There is an appointed time for everything, and a time for every affair under the heavens. A time to be born, and a time to die; a time to plant, and a time to uproot the plant. A time to kill, and a time to heal; a time to tear down, and a time to build. A time to weep, and a time to laugh; a time to mourn, and a time to dance (Ecclesiastes 3:1-4).”

The Scripture passage helped, but now it’s time to reveal a truth. For me, the most exciting thing about being a graduate is . . . not really being a graduate. I will be coming back to the Mount next year as a Graduate Assistant in the Communications Office. I will be working towards my Masters in Business Administration with a concentration in Marketing and I will also be able to play my fourth year on the tennis team.

I really couldn’t ask for a better situation. On graduation day, I was able to walk across the stage with a smile. I was proud of what I, and others, had accomplished during my undergraduate years. When other students started crying saying goodbye to some of their best friends, I was able to keep a smile (and only tear-up a little). I knew that I would be coming back to the Mount, so my last days as an undergraduate weren’t so sad.

Change will come even though I am coming back to the Mount.



I will not be taking undergraduate classes. I will not be living in undergraduate housing with my old roommates. I will have to adjust to working and to taking night classes and doing even more of the work outside of class time. I don’t know all of the challenges that I will face or the joys that I will experience. I don’t know what people I will encounter and what friendships I will deepen or form for the first time. I have looked at the Mount (literally and metaphorically) that I call my second-home from many different views, but I know I will get another perspective next year.

Sometimes my thoughts drift back to Commencement day. I’m surrounded by some of the most privileged people in the world—my classmates. We are a part of a very small percentage of the population that has earned college degrees and we are proud to raise our glasses and make a toast, “To the Mount!” Some of my peers have gone on to medical school and law school or become teachers and religious priests and sisters. Some of them are still in what Dr. Seuss would describe as “the waiting place,” where people are “waiting for a train to go or a bus to come, or a plane to go or the mail to come, or the train to go or the phone to ring, or the snow to snow or waiting around for a Yes or No or waiting for their hair to grow.”

Even after one stage of life is com-

pleted, the next right step is not always obvious. The “waiting place” is very difficult. My friends are waiting to hear back from employers about jobs and internships. They are waiting to see if their parents will help them with graduate school tuition. They are waiting for inspiration with ideas for their next steps. Some of my friends who have made decisions are waiting to see how those decisions play out in their lives.

I have hope for myself and my fellow graduates; so does Dr. Seuss: “Somehow you’ll escape all that waiting and staying. You’ll find the bright places where Boom Bands are playing.” I’m not sure what Boom Bands are. I think I’d like to find them though. Their name suggests that they are loud and exciting. Perhaps Boom Bands are confident in what they are playing, and I know I want to be confident in what I am doing.

But even more than being confident in what I am doing, I want to be confident about *how* I am doing it. The steps to the Grotto taught me that lesson best—sometimes it can be challenging to see results. I want to put all of my effort into my work so that I can take pride in giving my best. I hope that this Graduation enthusiasm remains with me all next year.

To read other articles by Kelly Conroy, visit the Authors’ section of Emmitsburg.net.

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THE SECOND LIEUTENANT

Life as a fresh butter bar

2nd Lt Julia Mulqueen, US Army
MSM Class of 2012

Just a few weeks ago, I marked the day of my commissioning as a second lieutenant in the Army. Four years of my life would soon culminate with me taking the Oath of Office. The morning of my commissioning, I felt almost as giddy as I imagine a bride does on the morning of her wedding day. I couldn't believe the day had finally come. I would soon be a lieutenant. No longer would I be a cadet. Seven of us were to be commissioned that day. At 11am, we sat down on the stage in Delaplaine Fine Arts Center. We listened intently to our speaker, General Churn, as he offered us words of wisdom and advice as we prepared to enter our new careers in the Army. After he spoke, each of us stood up individually to take the Oath of Office. Because my dad was also an officer in the Army, he was allowed to administer the Oath to me. We both remained composed until the very last words "so help me God." He said the words, I repeated them after him, and then we both cracked. Tears rolled down our faces, and he wrapped me in a tight hug. When I sat back down as Lieutenant Mulqueen, I looked at my friend Ashley, and she silently mouthed the words, "We did it!" to me. It was true. We finally did it!

Sunday, May 13th brought our graduation day. It was absolutely gorgeous outside! Myself and the six other newly commissioned lieutenants had our dress uniforms on under our gowns. I felt like a disguised super hero! The graduates soon walked up the aisle and took their places. My foot tapped nervously from the moment I sat down to the moment I stood back up again to walk across the stage.

As per Mount protocol, all seven lieutenants walked off of the stage after receiving our diplomas toward a back hallway in the PNC Sports Complex instead of going back to sit down. In the hallway, the seven of us quickly changed out of our robes and put our dress uniform jackets back on. Then, President Powell called us up onto



the stage. He thanked each of us and announced our names, saying the Mount was so proud of us. We stood fiercely at attention as the crowd erupted with applause and stood on their feet. I couldn't believe it! It was incredible seeing how much the Mount community really appreciated our willingness to serve. It was also incredibly humbling.

I returned home with my family after graduation was over. For me, my actual career in the Army was to begin just one week after my commissioning and graduation. I used the week to visit my grandparents, the rest of my family, and my friends so I could say goodbye to them. It felt as if I were in a dream-state. How could it be that I would leave home in just a few days?

And how short those days were! It was soon time for me to start my time in the United States Army as an active duty transportation officer. Of course, before I was able to leave home, I had to pack everything I would need for the next four months into my tiny, horizon blue MINI cooper. This was a little bit of a challenge, considering I had countless Army combat uniforms, physical fitness uniforms, boots, running shoes, regulation socks, and patches to pack. On top of that, I needed some cloth-

ing for my time off-duty, as well as other amenities like my computer and books to sustain me during my time in Virginia.

Like any good leader, I packed my car a couple days in advance so that when the time came for me to leave Pennsylvania I was ready to go. Well, at least I was physically set. Mentally, I was in another world. On Sunday morning, I looked at my parents and my brother. Surprisingly, we were all able to remain dry-eyed. I had thought I would surely cry, but seeing the brave faces my family wore helped me to keep it together as I hugged them and then climbed into my car.

I dug my GPS out of my purse, and while doing so, I found a little scrap of paper tucked in the bottom of my bag. I picked it up and read it. It was a note from my mom, and it said, "Remember--there is no crying in baseball, violent crimes or BOLC! Love, Mom." I smiled reading the note, knowing she was right. I was in the Army after all! And she was just the woman to give me advice. She is chief of violent crimes in our county in Pennsylvania. Of all the people I know, she has one of the toughest and most thankless jobs. So I knew she was right. It would do me no good to cry or mope about leaving my family.

Instead, I had to look forward to what was to come.

What was to come consisted of Basic Officer Leadership Course. This is a course that all newly commissioned second lieutenants attend. Each person attends a specific course based on his or her branch. In my case, I had to report to Fort Lee, Virginia because I was assigned to the Transportation Corps. Fort Lee is just a little over 300 miles from my house, so I would be able to drive my car down on the same day that I had to report. My orders stated that I was to report not later than 2pm.

As I waved goodbye to my family, my insides churned. I knew that I was setting out on a new chapter of my life, and with that knowledge came nervousness and sadness about leaving my family. But, I remembered the note I had just read from my mom and promised myself I wouldn't cry. So instead of crying, I sang loudly and unabashedly as I drove my car down to Virginia.

The drive was pleasant, and I stopped a few times to stretch out and grab chow. Soon enough, I made it to Fort Lee. My hand shook as I reached into my purse and extracted my military identification card so I could get on post. My eyes widened as I looked around Fort Lee and took in my

surroundings. This would be my new home for the next four months. I could not believe it. For the first time in my life, I had come onto a post for my job, not because I was following my dad somewhere for his job. This was the start of my career. I drove to the Army Logistics University on post to sign in from leave, and with that signature, I began my time on active duty.

The next stop was Army lodging. Fort Lee, as the center for logistics, has many people staying on post at any given time, so there was no room for my BOLC class. However, the Army makes the transition from college student to officer very easy. The lodging office had already coordinated rooms for us off-post. They gave us government vouchers for our rooms, and with the vouchers in hand, we drove just a few miles north of Fort Lee to our hotel rooms. I crossed my fingers that we would have upgraded hotel rooms with kitchens, and luckily we did. My friend Sarah and I checked into the extended-stay hotel and walked up to our rooms. We each looked into our rooms and could not believe our eyes. Each room had a kitchen with a fridge, stovetop, microwave, and dishwasher. They also had a living room with a flat screen television, a pullout couch and a desk. The bedrooms each had a second flat screen television. The countertops in the bathrooms were granite. The artwork on the walls was tasteful and attractive.

In fact, as I write this article, I am sitting on my queen-size feather bed complete with down comforter and six down pillows. This is the life! Today was my second official day of BOLC. Currently, we are simply in-processing. In-processing consists mostly of paperwork. Yesterday, we filled out our paperwork to begin getting paid, as well as our emergency information paperwork. We also received numerous briefs on everything from the medical facilities on post to lodging to sexual harassment prevention. Today, we received more briefs, and we visited medical. At medical, we rolled up our sleeves to receive shots and have blood drawn. I felt brave as I sat and watched the medic shoot three shots into my arms, and I felt like the Army was officially initiating me.

Tomorrow, we must report to the Army Logistics University at 4:30 am. That means a wake-up call of about 3:30 am for me. Last year at this time, I might have shuddered knowing I would spend my second real week of summer waking up early in order to receive training. Yet, as I sit and type this now, I can't think of anything else I'd rather be doing. These next few years as a lieutenant will be my best years yet. I just know it!

To read more articles by Julia, visit the Authors' section of Emmitsburg.net.

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COMMUNITY NOTES

A tribute to the dads, pops, poppops

Jacqueline Fennington
MSM class of 2010

No matter what you call him, a father is there for you to love you and care for you as his own. Every father is different but loves you all the same. He may not have that gentle touch like mom or a good way with words, but he finds a way to express his love to you, a way that is his own and a way that only you know. A father's love helps mold us into who we are.

Not only have I had a wonderful father love me unconditionally and two PopPops shed all their loving wisdom on me, but I also now have a father-in-law who welcomes me with open arms and cares for me as part of his own family. As if that is not enough, I have the incredible joy of watching my own daughter grow up with a father who loves her endlessly and cannot wait to spend every second of every day with her to shower her with his love. I know the feeling and she is one lucky girl.

From the time I was three years old, my father, Dave, has taken care of me as if I were his own biological daughter. Without an ounce of hesitation in his body, he adopted my sister and me when he married my mother. Throughout the years, Dad has loved us more and more every day. If it were not for a silly piece of paper that says differently, I would say he is without a doubt my biological father. I inherent particular traits from Dad that certainly make it seem that way. I may not have his eyes, nose or hair color, but we love others the same way, share many common interests and ironically enough we are both left-handed. Everyone says it, especially on Father's Day, but I still feel like I have them all beat when I say, "My Dad is the best!"

When I was little, Dad and I did typical father-daughter things together, but my two favorite things were our drives to school listening to classic rock (thank you, 102.9 MGK)



and the home improvement projects. Dad is notorious for home improvement projects, but more notorious for injuring himself during such projects. Let's just say Dad likes to live on the edge; that is the only explanation for his many injuries. I was not around for the "bigger-injury projects," so I like to think that I was somewhat protective when I was involved! When he did have an injury in my presence, however, Dad's first response was always, "Don't tell your mother. She'll make me to go the ER." I stayed loyal to his wishes even though sometimes I thought he should go to the hospital, too. I may have squealed once or twice, but only for the sake of his well-being.

Now that I am older, Dad is still here for me in similar and other ways. When Sean and I moved into our first place together, both Dads were there to move us (plus an army of people) and helped us make our place a per-

fect combination of the two homes we were accustomed to. Now that we are on our own, we both call on our Dads countless times for little reminders and tips of the things they have mastered through experience. Whenever I have a question, Dad has an answer. When I am down in the dumps, Dad lifts up my spirits. No matter the occasion, Dad is there for me. I love the man he is and I am thankful and blessed to have him in my life. Letting me go when I got married may have been difficult for Dad, but he did it with a smile on his face knowing that I will always be his number one fan and knowing that I was in good hands.

And now we have little Lucy... When I first told Sean we had a baby on the way, he was thrilled and said what a blessing it was. His reaction made me even more excited than I already was, mostly because I was excited to share the experience with

him. Sean could not wait to be a dad and share his life with a new baby.

A father and baby have an incredible bond that is so unique and precious. A mother-baby bond is practically innate because they are physically attached for nine months. This physical attachment is what helps the baby recognize the mother instantly. The father-baby bond, however, is established over time through other ways and the baby miraculously recognizes him without that physical attachment for nine months. When I was pregnant, Lucy would respond to Sean whenever he placed his hand on my belly and she would follow his hand wherever it went. He loved her from the moment we found out about her and she grew to know him and love him before she was even born. Within a few months, Lucy really let us know she loved us by lighting up with a huge smile whenever one of us entered the room.

Eight months later and we are waking up to the sweetest little voice saying, "Dadadadada," every morning over the baby monitor. If we wait a few minutes before going in to get her, Lucy will really let us know she is awake with a, "Daaaaaaaaadddd," followed by a sharp, "DaDA!" With that cue, Sean pops up and attends to his demanding daughter.

All parents find their own niche of

parenting that is usually just a slight variation to their spouse's way. Sean and Lucy have special things they do together that make their relationship unique from Lucy and me. We each have our own bedtime routine, our own way of feeding Lucy and ways that we interact with her and get her to laugh. Sean started doing "Blastoff" with Lucy when she was two months old and now whenever he counts down from, "Three, two, one..." she lights up, excited for what is to come.

When we first heard Lucy give little giggles we would find anything to get her to laugh and then do it repetitively. I would make silly sounds with my mouth and Sean would say, "Yeah, yeah, yeah, yeah." Lucy would always laugh, without a doubt! The things you do as a parent never seem as ridiculous as they are until thinking about it after the matter. However ridiculous we may be, we have one very happy baby!

Throughout relationships, we all develop our own personal way of loving each other. We are blessed to have such unique love from fathers, grandfathers and people who are "father-figures" in our lives. Happy Father's Day to all the dads out there!

To read more articles by Jackie, visit the Authors' section of Emmitsburg.net.

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ARTS

Gettysburg Arts Festival

From June 8 to 17th, the Gettysburg Festival offers more than 100 events covering the genres of music, art, culinary, history, and much more. There is truly something for everyone, but if you are having a hard time deciding where to start, here are some suggestions:

Top 10 Must See Events

1. Bridging the gap between blues, rock, soul, gospel and a touch of jazz, the Robert Cray Band is sure to light up the stage! Five-time Grammy Award winner Robert Cray brings the blues to Gettysburg on opening night Friday, June 8.
2. Blues, Beer & BBQ featuring Shemekia Copeland makes for a perfect summer evening, full of smokey BBQ, cold beer and the sizzling voice of Shemekia Copeland. The June 9 party will start with a special cooking

demo by the one and only 'Biker Billy', a vegetarian, Harley riding, entertainer who loves all things hot and spicy!

3. FREE and open to all, the Art Market features two days of live music on the Festival Main Stage, along with a wonderful collection of artisans and crafters displaying and selling their work. Enjoy delicious Festival food from top local vendors and cold beverages from the Festival Bar.
4. Kicking off History Meets the Arts on June 14, the Edible Art Tour is a Festival favorite. Tour local galleries to experience nationally known artists showcasing fine art and top area chefs showcasing fine food.
5. 'A Step Back in Time' is this year's theme for Children's Arts Fair – a free, fun-filled day of crafts, music, games, art, mag-

ic and much more – for kids of all ages!

6. Don't miss Broadway's Next H!T Musical – a fresh, creative improv troupe that creates a full-fledged Broadway style musical, completely off the cuff using suggestions from the audience. Cap off the fun with the decadence of a chocolate reception featuring artisan chocolates, pastries, coffees and chocolate martinis. Broadway and bonbons - a winning combination!
7. The White House Dinner is sure to be remembered by all who attend! Hosted by the Eisenhower Foundation, special guest Susan Eisenhower will talk about her memories of the White House during her grandfather's administration, then Walter Scheib, White House Chef for the Clinton & Bush administrations, will discuss his experiences in the President's house while you enjoy an extraordinary dinner and fine wines.
8. An exciting combination of traditional and contemporary brass bands, the All American Brass Picnic this year includes Athena Brass, an all-female band. Enjoy outstanding picnic fare from quality food vendors plus the Festival bar featuring beer, wine and other beverages.
9. Become a "Redhead," as the fans of Red Molly are called. On Saturday, June 16, this trio will combine gorgeous a cap-



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- ella ballads, bluegrass-tinged folk and a touch of jazzy western swing all done up in three-part harmonies.
10. Then Sings My Soul: Songs and Spirituals from the American Experience is an uplifting, glorious musical journey that will satisfy your soul. Featuring mezzo soprano Cheryse McLeod Lewis closes the festival on Sunday, June 17 with this event to honor America's treasure trove of Civil War spirituals and inspirational Broadway favorites.

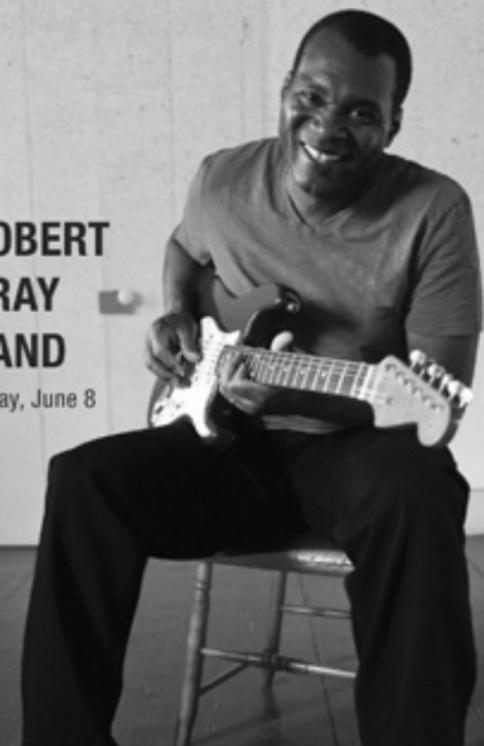
This is just a taste of what makes the Gettysburg Festival a highlight of summer in Central PA. For specific information about these events, and 90 more on the festival schedule, go to Gettysburg-festival.org

The Gettysburg Festival is a non-profit organization dedicated to the mission of celebrating American arts, culture and cuisine against the historic backdrop of Gettysburg, Pennsylvania. For more information, including ticket purchase, visit GettysburgFestival.org or call 717-334-0853.

★ ★ ★ ★ ★ ★ ★

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JUNE 8-17 2012



ROBERT CRAY BAND
Friday, June 8

CELEBRATE AMERICAN ARTS, CULTURE AND CUISINE

Enjoy a blues-themed opening weekend pairing five-time Grammy Award winner Robert Cray with the heir-apparent "Queen of the Blues," Shemekia Copeland. The culinary lineup, designed by former White House Chef Walter Scheib, features a White House Dinner. Explore charming downtown gallery events or visit the surrounding countryside where Fringe Festival events showcase the community's flair for the arts.

HIGHLIGHTS INCLUDE:

music

- 6/8 Robert Cray Band \$25/\$35/\$48/\$60 or the VIP Package \$150 per person/\$250 per couple
- 6/16 Red Molly \$20/\$26/\$32 "Caramel harmonies" – *Boston Globe*
- 6/17 Then Sings My Soul: Songs & Spirituals from the American Experience \$18/\$24/\$30

culinary arts

- 6/9 Blues, Beer & BBQ Featuring Shemekia Copeland \$65 combo/\$25 concert
- 6/16 White House Dinner and Conversation with Former White House Chef Walter Scheib \$100

visual arts

- 6/14-6/17 History Meets the Arts in downtown galleries Free admission
- 6/8-6/17 Adams County Arts Council (ACAC) Juried Art Exhibition, in partnership with ACAC and Schmucker Gallery at Gettysburg College Free admission

theater/comedy

- 6/15 Broadway's Next H!T Musical \$28/\$35/\$44 "Hilarious" – *The New York Times* | Chocolate on Broadway for dessert \$25

FOR MORE INFORMATION ON THE FESTIVAL'S 100+ EVENTS, PLEASE VISIT GETTYSBURGFESTIVAL.ORG OR CALL 717.334.0853

music ★ culinary arts ★ theater ★ visual arts ★ children's arts

Mount summer events

Carolyn Shields
MSM Class of 2014

Mount Summer is in its third year running. Several events and programs have been planned for the benefit of not only Mount students on campus during the months of June, July, and August, but also for the local community. Camps, institutes, and concerts targeted for all ages will quickly fill up your calendars this summer.

Chris Weber, the director of Mount Summer, stated in an interview in May that he'd like the community to know that in addition to summer courses open to undergraduates, several programs are open for people of all ages as well.

"We have a lot of new programming this year," stated Weber. One of the biggest programs that will run July 19th-20th is Grandparent's Uni-

versity. This unique overnight experience is shared between grandparents and their grandchildren. Together, they will attend classes that range from the chemistry found in kitchens to facts on creepy crawlers, technology, and much, much more! They will be encouraged to share stories together during breaks and will be offered a picnic for lunch on the side of Mary's mountain. Don't miss your chance to spend two fun packed days with your grandchild, so be sure to register by June 25th!

Another new program that Mount Summer is offering this year is a branch off of our most popular program: CSI Advanced Camp. Offered after the weeklong Basic CSI camp, this is a more intense camp that applies extensive skills to analyzing a crime scene. Instructed by a former FBI Crime Lab Supervisor and a current Crime Scene Unit Supervisor,

these two camps provide hands-on experience in the criminal justice system. The CSI camps are offered for people ages 14 and up. Sign up soon because this camp is filling up the most quickly!

Another hands-on camp for the tweens and teens in the area is the bold CRUX Adventure Camp. Led by the Mount's Outdoor Adventure staff, this camp offers rock climbing, caving, canoeing, hiking, and a high ropes course. All equipment is provided. Get your kids active this summer and let them sample the area's greatest adventures!

Also, one of the most popular events held by the Mount every summer is the teen-gear Catholic Live. This event is a full twelve hours of witness talks, live music, and adoration. This year's guest speaker is Luke Vercollone, a player for the Richmond Kickers in the U.S Soccer League.



The popular daylong Project Discovery camps are running once again with new programs. Weber said, "Project Discovery [includes] sessions for learning Spanish, exploring Science, Technology, Engineering and Math (STEM), and a living history of pivotal Civil War battles."

But kids don't get all the fun this summer! Mark your calendars for the dates for the two free Movies Under the Stars: The Muppets (June 8th) and Wrath of the Titans (July 6th).

"Last year's Mount Teacher Institute brought nearly 100 teachers onto the Frederick Campus for updating and certification. We doubled enrollment in our Project Discovery enrichment camps for children, and our first CSI Camp was so successful that we just had to bring it back again. Participation in our summer academic sessions continues to grow each year, as both Mount students and visiting students from other colleges take classes to get ahead, catch up, or lighten their load," Weber said.

It's easy to see how Mount Summer is expanding with new programs, as well as bringing back the popular ones. One such one is the free concert offered every Wednesday night. The Mount hosts talented musicians and bands on the plaza. The biggest hit last year, Judd Bolger, will be returning on July 18th. Come early for this one—last time it was standing room only! Also showcased this summer are two Mount students: Solia Bickersteth and the Mount St. Mary's Lab Band. Other musicians include those in genres of jazz, rock, country, and much more. The string of concerts begins on Wednesday, May 30th from 8-10pm. For a lineup, check out the Mount Summer webpage listed at the end of this article.

A free jazz clinic, a conference on Catholics and the Death Penalty, the second annual Teacher Institute, the third Scripture Institute (both institutes fill up really quickly) and much more will keep you and your family occupied during the long, hot months of summer.

"Through camps, conferences, institutes, concerts, and more, we are striving to make the Mount a

summer destination for fun and enrichment for the entire community," said Weber. "I am eager to meet students and members of the community...on campus for our events. Our classes, programs, and special events bring many of the same people back year after year, and we greet new faces as well. Summer at the Mount has a totally different look and feel. It is very rewarding to see the summer experience grow, and to share it with others."

One of the benefits of having a university in town is that most events are never far from home. To find out more information, feel free to drop by Chris and Angie's office on the third floor of Bradley Hall on the Mount campus. They will always welcome you with a smile. Or for your convenience, send Angie an email at summer@msmary.edu or call 301-447-8329. For registration deadlines, summer session information for undergrads, age requirement for camps, and other details, visit www.msmary.edu/summer.

This summer, get in touch with your inner artist. Classes for adults start in June!

Using Colored Pencil on Dark Surfaces
TUES 6/5-26 • 9:30-11:30am
\$85 (nonmembers \$95)

Jewelry for Your Garden
SAT 6/9 • 1-3:30pm & SAT 6/16 • 1-2:30pm
\$47 (nonmembers \$48); mats \$20

Make Your Own Art Journal
SAT 6/9 & 6/16 • 9:30am-12pm
\$57 (nonmembers \$65); mats \$25

Thai Cooking
MON 6/11 • 5-8pm
\$32 (nonmembers \$36); mats \$23

Panorama & Landscape Photos
TUES 6/12 • 6-8:30pm & TUES 6/19 • 6:30-8:30pm
\$48 (nonmembers \$51)

"Simply Pretty" Ring
THURS 6/14 • 5:30-7:30pm
\$21 (nonmembers \$24); mats \$15

Thin Crust Pizza
MON 6/18 • 6-8:30pm
\$27 (nonmembers \$30); mats \$15

Printing Digital Photos
MON 6/18 & 6/25 • 6-8pm
\$43 (nonmembers \$46)

Wines for Summertime
THURS 6/21 • 6-8:30pm
\$27 (nonmembers \$30); mats \$20

Baking 101
WED 6/27 • 6:30-8:30pm
\$21 (nonmembers \$24); mats \$8

Photo Journey & Formal Tea
MON 7/9 • 2-5pm
\$32 (nonmembers \$36); mats \$20

Art in Motion Dance (6+)
SESSION 1: 7/9-12 & 7/16-19
SESSION 2: 8/6-9 & 8/13-16
JUNIOR-LEVEL 4-6 • TEEN-SENIOR 6-9 • J-level \$133 (nonmembers \$144) • T-level \$200 (nonmembers \$210)

Watercolor 101
WED 7/11-8/1 • 9:30-11:30am
\$81 (nonmembers \$85)

Introduction to Acrylic Painting
WED 7/11-8/1 • 1-3pm
\$85 (nonmembers \$85); mats \$80

"Simply Pretty" Charms
WED 7/18 • 6-8pm
\$21 (nonmembers \$24); mats \$15

Market Fresh Cooking 1
THURS 7/26 • 5-8pm
\$37 (nonmembers \$36); mats \$20

Market Fresh Cooking 2
THURS 8/2 • 5-8pm
\$37 (nonmembers \$36); mats \$20

Introduction to Wheel Throwing
THURS 8/2-23 • 6-8pm
\$65 (nonmembers \$65); mats \$30

Fused Glass Sun Catchers
SAT 8/4 • 10am-12pm
\$27 (nonmembers \$24); mats \$10

Introduction to Adobe Photoshop
MON 8/6-27 • 5-8pm
\$179 (nonmembers \$143)

Intermediate Digital Photography
TUES 8/7-28 • 5-8pm
\$85 (nonmembers \$85)

Working with Oils
WED 8/8-29 • 5-8pm
\$129 (nonmembers \$143)

Stained Glass Sun Catchers
SAT 8/11 • 10am-12pm
\$27 (nonmembers \$24); mats \$10

"Simply Pretty" Bracelet
WED 8/15 • 5:30-8:30pm
\$27 (nonmembers \$30); mats \$11

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SATURDAY, JUNE 2

Live Music & Entertainment Beer & Wine tent

11:30am-1pm US Naval Academy Electric Brigade

1:30-2:30pm Points West

3-4pm US Army Jazz Ambassadors Dixieland Band

4:30-5:45pm The Swingin' Swamis

6:30-8pm US Air Force Max Impact

Childrens Area

10am-2pm Kidz Art

11am-2pm NSD Musical Petting Zoo

2-6pm The Lucy School

2:30-4pm Mr. Jon

Other Events

3pm Free literary workshop with Matthew Pearl on the Terrace at the C. Burr Artz Public Library. For reservations call 301.600.1630

Delaplaine Visual Arts Center

10am-2pm International Children's Films

10am-5pm PBS Movie: Plein Air, Painting the American Landscape

12-5pm Paper Art Activities

12-5pm Hot Glass Society Demos

3-5pm Reception: Annual Juried Exhibit

7pm Author Reading: Matthew Pearl

Cultural Arts Center

7pm "Drunk Nuns, Sober Spirits and other Storytelling Misadventures" with Andy Offutt Irwin

9:30-11:30pm Fuzzy Match

SUNDAY, JUNE 3

Live Music & Entertainment Beer & Wine tent

12-1:30pm US Navy Country Current

2-3:15pm The Blues Vultures

3:45-5pm Frederick Rock School

Childrens Area

11am-2pm Young Rembrandts

2-5pm Urbana Art & Soul

Delaplaine Visual Arts Center

11am-3pm International Children's Films

11am-5pm PBS Movie: Plein Air, Painting the American Landscape

12-5pm Paper Art Activities

12-5pm Hot Glass Society Demos

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MOUNT SPORTS

Mount men's golf wins NEC

Elizabeth Puleo
MSM Class of 2014

For the first time in program history, the Mount St. Mary's University men's golf team won its first Northeast Conference (NEC) Championship on Sunday May 6, 2012. The team then headed to Gandover Resort in Greensboro, North Carolina for the NCAA Men's Golf Championships from May 17-19.

Along with winning the Conference Championships, Kevin Ellison, Devin O'Grady, Tonny Aizpun, and Danny Michalek all finished in the Top 7 and were named to the All-Tournament team. Coach Kevin Farrell, who also played for Mount St. Mary's from 2004 to 2008, was also named the NEC Coach of the Year.

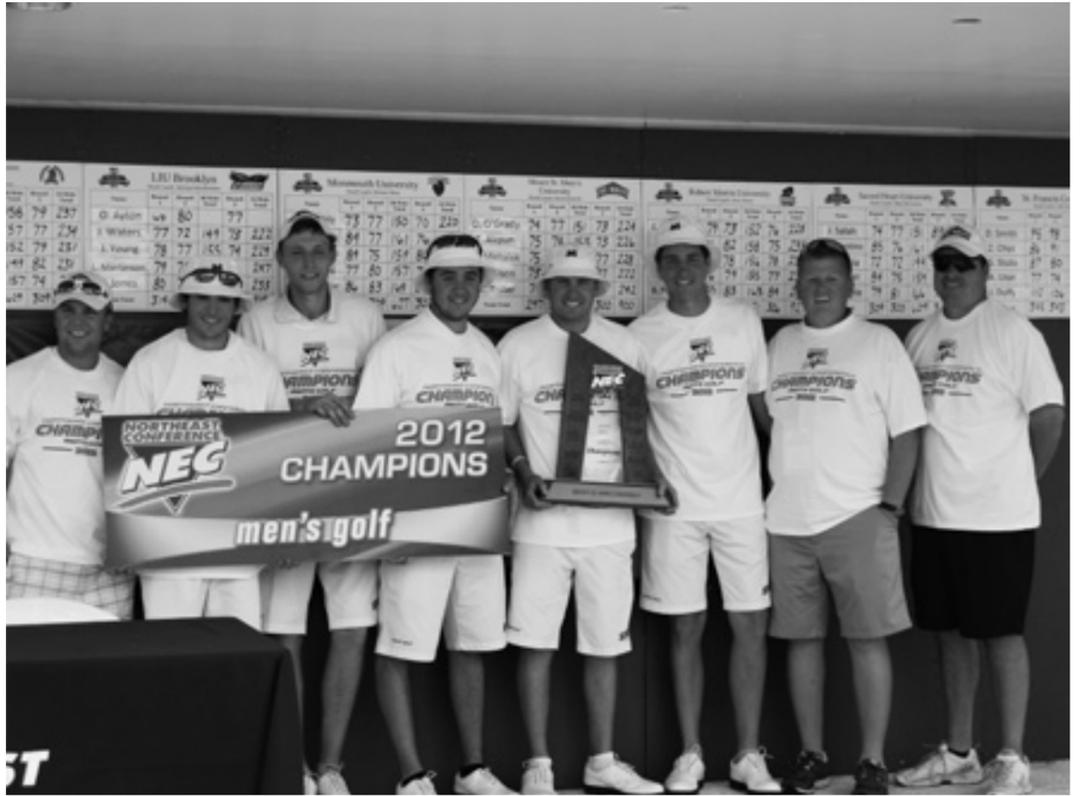
Ellison placed third with a score of 222 after carding a 77 by hitting a double bogey the fourth and bogeying three more holes. O'Grady followed closely behind Ellison, coming in fifth place with a score of 224. O'Grady, who is only a sophomore, finished the championships with a one-over round of 73 in the final round. After placing ninth in the conference last year, this is the second straight year that O'Grady finished in the Top 10, becoming the fifth golfer in Mount St. Mary's his-

tory to be placed in the Top 10 twice, along with Coach Kevin Farrell. Aizpun, who came in sixth place with a score of 226, also shot a 73 in the final round. He began the event by shooting a three-over round of 75. Behind him in seventh place was Michalek, with a final score of 228 after shooting a birdie on the fifth hole and seven bogeys.

Not too bad for a team who began their 2011-12 season in early September by finishing in 11th-place out of 12 teams during their opening event at Turning Stone Intercollegiate. The Mount finished the first day of the event in sixth place but after a disappointing second day, they were bumped down to 11th place.

In their second match, the Maryland Intercollegiate, they placed 10th, appearing to still be struggling as their opponents outplayed them. However, freshman Ryan Triller did show some promise and had a good day, shooting rounds of 74, 71 and 73, earning himself a three-round score of 218 and 32nd place.

It was not until the third match that the Mountaineers seemed to be on their way up, finishing second at the Rehoboth Beach Invitational with much thanks to Devin O'Grady, who came in fourth overall and carded a one-over round of



Mount St. Mary's men's golf team grabs their first NEC title.

71 in just the first round. He continued by carding a career-low two-under round of 69 to end the event with a one-under total of 141.

The Mount continued to advance as they took first place at the ECAC Championships, which marked a huge accomplishment for the team. The Mountaineers had not won a first place title since 2007 during the Mount St. Mary's Fall Invitational.

Ellison, who proved to have a successful day, hit a 73 in the first round and a 70 in the final round. He carded a 143, earning the lead by one stroke and going on to win the event. Ellison also became the first Mountaineer since 2003 to single handedly win an event.

Next up for the Mount was when the men headed up North to Hopewell Township in Western Pennsylvania, where they competed in the Holiday Inn Pittsburgh Airport Colonial Classic. This event was the final match of the fall season. It was Michalek this time who came through for Mount St. Mary's, leading them to a second place finish. During the Holiday Inn Pittsburgh Airport Colonial Classic, Michalek shot 74 twice and held a total of 148, earning third place overall.

In late February, Mount St. Mary's started their spring season by heading down to Florida where they com-

peted at the Gary B-CU Invitational. The Mount placed eighth out of thirteen teams at the event. Ellison excelled during the invitational, entering the final round with a score of 145 after carding a 76 in the first round and 69 in the second round. In the final round, he carded an 82, finishing in 20th place with a score of 227.

Following the Gary B-CU Invitational was the Lonnie Barton Invitational in Savannah, Georgia in early March. At this competition, the Mountaineers came in fifth place. However, Tonny Aizpun stood out at the event because after competing individually, he claimed fifth place and ended the invitational being ranked the top golfer to represent Mount St. Mary's at the tournament. Aizpun earned a total score of 153, shooting an 80 and a 73 in the final round. The invitational gave him a chance to grow as a player and assist his team.

Devin O'Grady emerged again in the Towson Fireline Invitational helping the Mount St. Mary's men's golf team secure a ninth place finish. O'Grady posted a 75 in the first round, making program history by scoring a five-under round of 67 and then carding a 76 in the final round. He ended with a two-over total of 218.

The Mountaineers then returned

to their home course to host the MSM Spring Invitational in early April. The Mount St. Mary's men's golf team earned third place as Ryan Triller placed second, carding a pair of 72's and scoring a 76 in the final round, ending with a score of 220. Also carding excellent numbers was Michalek. He posted two 74's and a 73 in three rounds, earning a total of 221, taking the place right behind Triller.

Next was the Navy Invitational. This was the last major match before the NEC Championships. The players must have known that this was their last invitational to work on their skills because they all brought their best to the table. The Mount St. Mary's men's golf team took 13th place with Michalek and Aizpun placing in 38th, both scoring a total of 155. O'Grady closely followed them with a total of 156, then Ellison with a total of 158, and Triller with a total of 162.

The Mount St. Mary's men's golf team concluded their season by playing in the NCAA Men's Golf Championships from May 17-19. They played against 13 other teams, including George Washington, who they faced earlier this year in the Navy Invitational. With the talented golfers they have, Mount St. Mary's has proved to be a very worthy opponent.



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MOUNT CREATIVE WRITERS

Life of joy

Megan Kinsella
MSM Class of 2013

Author's note: This is in no way a completely true story, but some characters, places, and events are based off of true events from my childhood growing up in Allentown, Pennsylvania. A very happy, blessed childhood it was indeed, and I want to thank all who made it so.

The minute I step over the threshold, I can tell that they've gotten everything wrong. She would absolutely hate it if she was here, and I know that for a fact. Everyone sits straight-backed in the old wooden pews, most weeping silently to themselves, some whispering to each other while dabbing their noses with soggy Kleenex. A morbid melody drones through the organ pipes as the old church slowly fills. The roses look alright, but they permeate the small room with a heavy, oppressive odor that makes me feel sick. Daisies and sunflowers would have been a much better choice. The color of the day is black: straight black dresses and black laced hats, black curtains preventing the afternoon sun from streaming through the beautiful stained glass windows, a black tapestry draped over the casket that slowly makes its way down the aisle, guided by solemn-faced pallbearers wearing black suits. I look down at my jeans and fresh white undershirt, knowing that she would appreciate the gesture. I wore my pink Converse sneakers, too because they were her favorite. She told me once that I was the only boy she ever knew who could pull off that color and retain every ounce of my manhood.

Father Mark slips out from one of the side doors next to the tiny altar and the congregation rises to their feet, all in one, sad, liquid motion. The hiccupping woman sitting next to me begins to sniffle uncontrollably, so I offer her my handkerchief, which she graciously takes, thanking me with a depressing blink of her large, wet cow eyes.

Since I heard the news of her death, I haven't been able to cry. I'm not saying that I don't miss her— Lord knows I miss her terribly. My immediate emotion when mom called to tell me was disbelief. My mind simply couldn't conjure an image of her body lying still in a hospital bed, cold and lifeless. She couldn't be gone, there's no way. But sitting here, looking at the plain wooden casket, imagining her energetic little body resting peacefully inside, it finally makes sense. She's gone because she was ready to go. She wanted to. She always did whatever the hell she wanted, when she wanted to do it, and her death was no exception. I smile to myself as a wave of memory washes across my mind,

erasing the dark church and silent mourners.

* * *

I was 13 when I saw her for the first time. Dad had just been reassigned and we were in the process of moving from Los Angeles to Allentown, Pennsylvania. To say that it had been a long trip would be an understatement, especially since my two little sisters Haley and Emma had caught wind of the Billy Joel hit "Allentown," and proceeded to chant it for the entirety of the three day drive. Finally though, we turned off I-78 and began winding our way through the suburban streets of Salisbury Township. I always sat in the back and held my head between my knees because riding in cars made me nauseous, and two squeaky 6-year-old voices on either side of me didn't help the matter, so when my mom slammed on the breaks and my forehead collided with the back of her seat, I couldn't help but rattle off a few choice expletives that made her gasp and my sisters laugh nervously. When I looked up to see what had caused the disturbance, my jaw dropped into my lap.

An old lady was dancing across the street in front of our Station Wagon, throwing her arms in the air and wagging her head back and forth. She turned and waved eagerly and smiled, peering through extra thick coke-bottle glasses which made her eyes look like huge moons, completely unaware of the fact that she had almost been run over by our luggage-laden automobile. Moving like a willow tree blowing in the wind, bending her long arms gracefully in circular patterns as she hopped and danced along, she wore matching green sweatpants and a crew neck sweatshirt, with flashy white walking shoes on her little feet. Large headphones spanned the expanse of her white afro, which bounced up and down as she walked. Mom stared at her, open-mouthed and terrified, and Haley and Emma fought to get a good look as she passed by the window. She continued to wave vigorously, and as she waltzed past she yelled "MERRY CHRISTMAS!" at our closed windows. It was the middle of June.

Mom muttered something to the effect of "Crazy old wig," and continued driving. We pulled into our driveway a few minutes later and when I stood up to stretch out my legs, I surveyed our new home. It was a nice house, although quite plain, mostly brick with some white siding, navy blue shutters, and a little concrete stoop leading to a red front door. A big willow tree stood proudly in the middle of the front lawn, and the girls ran to play under its hanging branches, screaming and giggling the whole way. I walked to the end of the driveway and looked up and down the street at the cookie-cut-



ter houses and the trees that lined it on either side that cast the street into a deep, sleepy shade.

Finally, my eyes fell on the house directly across from ours. It seemed confused, not really sure of itself. Half of the façade was painted a soft pink color, while the other half was speckled blue and white, with the two halves coming together at a neon green front door. An ancient Voltswagon Beetle was parked in the driveway, covered in twenty-years-worth of dust and dirt, its tires completely flat, and a flashy red Harley Davidson hog stood next to it. The front lawn was completely overgrown, the grass rising about three feet high and giving off the impression of a miniature suburban jungle. A three-legged, life-sized figurine of a deer hid among the grass, peering out at me, and an army of about twenty or thirty lawn gnomes adorned the expanse of grass along the sidewalk. And then there were flowers, oh boy were there flowers! Daffodils and cornflowers, daisies and gardenias, irises, lilies and hyacinth. Everywhere around the house there were little explosions of blue and purple and yellow and pink—in the grass, around the crooked mailbox, in flowerboxes underneath the large, un-curtained windows.

I peeled my eyes away from the house at the beckoning of my mother, who had begun lugging boxes and bags out of the car. I made one trip into the empty house and on my way back out to the car I saw her white curls bouncing along down the street toward me. She was still dancing and hopping, and she waved at every single car that passed. Some drivers beeped and waved back, while others drifted to the opposite side of the road and stared straight forward, intent on not catching her eye. When she reached the sidewalk in front of the house across

for another two months, I had a lot of time on my hands and no one to spend it with—unless you count my parents, who were both too busy for me, or my sisters, who were both too annoying. With that being said, I spent a lot of time outside, reading or skateboarding or destroying the girls' chalk towns.

One oppressively hot day in July, the kind of day that plasters your clothing to your body in uncomfortable places, I was sitting on the curb in front of our house, trying to stay cool in the shade and eating an orange popsicle. The neighborhood was quiet, every sound muffled by the heavy air. Suddenly, from somewhere very close, I heard a soft "Pssst!" I quickly looked around, frustrated that I had let one of the girls sneak up on me without realizing, but there was no one in sight. The heat must be getting to me, I thought to myself, but as I got up to retreat to the cool confines of the air-conditioned house, I heard it again.

"Psssst!"

Standing at the end of the driveway clutching my orange popsicle, I must have looked ridiculous, slowly turning a full 360 degrees, searching the space around me for signs of a possible perpetrator. I wandered out into the middle of the street to get a better look around. And then, even louder and more urgent this time,

"PSSSST!"

It came from the other side of the street, from her side.

"Hey, you! Up here!"

I looked up, and there she was, perched daintily on a branch of one of the shade trees lining the street. She was wearing tight, black spandex shorts and a pink tank top, knee and elbow pads, and a shiny silver bike helmet, the patches of frizzy hair sticking out on either side entangled with pieces of bark and small twigs. Keeping one arm wrapped around the trunk, she waved madly at me and grinned, showing every single one of her large teeth.

Part 2 next month

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Part II: Grapefruit

Sharon Racine

I didn't start liking grapefruit until my sister introduced me to the fresh version of the fruit (not the odd-tasting pre-packaged juice version) a few years ago. Though the fresh fruit was still tart and a little bitter, I found the juicy citrus flesh to be refreshing and pretty delicious. And I felt better eating it this way, rather than forcing down a glass of juice made from concentrate. To me, that doesn't sound even remotely appetizing.

Like most citrus, I knew that grapefruit was healthy, but I never really took the time to research exactly what those health benefits are. When I heard a story on the local news that grapefruit was a potential mosquito repellent, I was immediately intrigued. Mosquitoes are my summertime arch nemeses, and I figured if there was a way to keep them away using grapefruit, I would have to research this mysterious fruit further.

According to this April, 2011 news story (re-capped on Newser.com), a chemical called nootkatone found in citrus fruit and certain Alaskan trees works wonders against mosquitoes [and other types of insects]. "If you've had a grapefruit, you've consumed some nootkatone," reports

one scientist. In a demonstration, the researcher stuck a nootkatone-coated hand into a jar full of mosquitoes for five minutes, and didn't get a single bite. Instead, the mosquitoes flew in the opposite direction. This fact in itself has me buying grapefruit every week at the grocery store. With summer just around the corner, this is one hypothesis I'm willing to test.

Aside from allegedly repelling bugs like a superhero, grapefruit provides a serious dose of well-being when consumed in its whole-fruit or freshly juiced form. Available in red, pink and white hues, grapefruit is rich in many nutrients, including vitamin C, the fiber pectin, and the cancer-fighting antioxidant lycopene (also found in tomatoes). Grapefruit has also been shown to reduce cholesterol, and its low glycemic index makes it an ideal component of any diet plan. It may also help to prolong your youthful glow: the fruit contains large quantities of spermidine, a simple polyamine that is necessary for growth and aging.

With mosquito-repelling, cancer-fighting and anti-aging properties, grapefruit is a superfood entirely in a league of its own. To add some of its goodness to your diet, toss your glass

of grapefruit-juice-from-concentrate and try some of the fresh-grapefruit recipes below.

*Grapefruit recipes below courtesy of AllRecipes.com

Broiled Cinnamon-Honey Grapefruit

Ingredients

1 medium grapefruit
2 teaspoons honey
1 dash ground cinnamon

Directions

Cut each grapefruit in half. With a sharp knife, cut around each section of the fruit to loosen. Place face-up in a baking pan.

Drizzle each half with 1 teaspoon honey; sprinkle with cinnamon. Broil 4 inches from heat for 2-3 minutes or until bubbly. Serve warm.

Toasted Quinoa Salad with Grapefruit, Avocado and Arugula

Ingredients

1 cup quinoa
4 cups water
1/4 teaspoon salt
1/4 cup dried cranberries
1/4 cup fresh lime juice
1/4 cup olive oil
2 teaspoons honey
2 cloves garlic, minced
1 teaspoon minced serrano pepper
1/4 cup chopped fresh mint
1/4 cup minced cilantro
1 shallot, minced
1/2 cup arugula

1 pinch salt and black pepper to taste
4 cups baby arugula leaves, washed and dried
1 avocado - peeled, pitted and diced
1/2 grapefruit, peeled and sectioned

Directions

In a dry skillet over medium heat, toast the quinoa until it has a nutty aroma. Remove from heat, rinse and drain in a fine mesh strainer. Bring water to a boil in a saucepan, add salt, and slowly add toasted quinoa. Cook until tender and the outer rings appear on the grains, 15 to 20 minutes. Strain through a fine mesh colander. Place in a large bowl to cool.

In a small bowl, combine cranberries, lime juice, olive oil, honey, garlic, serrano pepper, mint, cilantro, shallot, and arugula. Stir into the cooled quinoa and add salt and freshly ground pepper to taste. Place 1 cup of baby arugula on each salad plate. Top with quinoa mixture, avocado, and grapefruit.

BBQ Pork Salad with Summer Fruits and Honey Balsamic Vinaigrette

Ingredients

4 cooked pork chops, sliced
8 cups mixed greens
2 nectarines, cut into 12-wedges each
1 grapefruit, segmented
2 avocados, cut into wedges

16 cherry tomatoes
1 tablespoon salad oil
2 tablespoons slivered, toasted almonds
salt and black pepper

Honey Balsamic Vinaigrette:

2 tablespoons balsamic vinegar
2 tablespoons honey
1/2 tablespoon Dijon mustard
2 tablespoons mayonnaise
1 teaspoon chili powder
1 teaspoon salt
1/2 teaspoon black pepper
3/8 cup salad oil

Directions

For the Vinaigrette: In a blender, combine all ingredients except oil. Blend at medium speed for one minute. Next, with blender at medium speed, pour oil very slowly into blender. Add salt and pepper.

For each serving, toss 2 cups greens with 2 tablespoons dressing, top with 4 cherry tomatoes, 1 sliced pork chop, 1/2 avocado, sliced in wedges, 1/2 nectarine sliced in wedges, 1/4 grapefruit segments. Drizzle with more dressing and sprinkle with toasted almonds. Serve immediately.

Grapefruit Bars

Ingredients

2 cups all-purpose flour
1 teaspoon baking soda
1 teaspoon ground cinnamon
1/2 teaspoon salt
3/4 cup shortening
1 1/2 cups packed brown sugar
2 eggs
3 tablespoons fresh grapefruit juice
3 tablespoons grapefruit zest

Directions

Preheat oven to 350 degrees F. Lightly grease a 9 inch square baking pan.

Combine flour, baking soda, cinnamon and salt and set aside. In large bowl, cream together shortening and brown sugar. Beat in the eggs, then add in grapefruit juice and zest and blend well. Gradually blend in flour mixture. Bake for 25-30 minutes or until lightly colored on top. Set pan on a wire rack to cool. Frost with plain, lemon or orange icing and cut into bars.



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COMMUNITY NOTES

Lions Club Community Day schedule

The Lions Club of Emmitsburg is hosting its 40th annual Community Day celebration on Saturday, June 30, at the Emmitsburg Community Park. This year will be a multi-organization community effort, with proceeds going to the Emmitsburg Little League. The theme for this year's celebrations will be "Our Community: Pulling Together."

The day will be filled with games, food, community program and music. The highlight and conclusion to this fun filled day will be another spectacular fireworks.

The First Frederick County Invitational Antique Fire Apparatus Muster is a gathering and exhibition of antique fire apparatus that served (or still serves!) in Frederick County. Rigs attending may be hand-drawn or motorized; some are privately owned while some still are owned by fire companies. The apparatus will be on the museum grounds from 1-6 PM, then will participate in the Community Day parade. The 1821 "Old Lady" hand pumper will be operated by the public at 1:30, 2:15, and 3:45, near the museum. The museum will be open at 10 a.m., until parade time.

Civil War Living History Encampment - Soldier, civilian, and medical impressions by Civil War reenactors at

the Farmers Market site. Musket-firing demonstrations at 11 a.m., 1 p.m., and 3 p.m. The public is encouraged to visit the encampment site, and ask questions. Re-enactors will also participate in the parade.

Fun Ride with the Deputies - Two events at 1:00 - Bicycle riders age 5-9 (parents, too) may ride around town with the Emmitsburg Community Deputies or riders ages 10-17 (and parents) can take a 7-mile ride. Start/End at Community Pool on Lincoln Ave. Helmets required. Free T-shirt for each participant.

Schedule of Events:

6:30 - 10:00 am Breakfast at the Firehouse on Main Street.

10:00 am - 12:30 pm - Games including tug of war, egg toss, three-legged race, balloon toss, watermelon eating contest, fishing rod casting and more.

10:am - 12:00 pm - Registration for the Emmitsburg Car Show. Entry Fee: \$10.00

10:00 an until sold - Emmitsburg Lions BBQ chicken dinners at the Pavilion in the Community Park. Soft drinks, spring water, ice cream sandwiches, hot dogs and hamburgers are also available until 10 pm.

10:00 am until Fireworks - 50:50 tickets sold at the Lions tent. Proceeds go toward Lions Community Projects.

12 pm - 9 pm - Music in the parks with local musicians.

12 Noon - 7 pm Community Pool Open Free to the Public 12 Noon - 7 Pm

12:30 pm - 2 pm - Race Painting

12:15 pm - 12:45 pm - Horseshoe Registration closes

Emmitsburg Car Show Public Judging from 1 PM - 4 PM

1 pm - Horseshoe Contest. Entry Fee \$5.00

1 pm until? - Bag & Horseshoe Contest

1 pm - 3 pm - FREE Ladder Truck Ride courtesy of Vigilant Hose

1 pm - Sheriff's 5 mile youth and adult Bike Ride.

6 pm - Parade Sponsored by EBPA

7 pm - Evening Program - Introduction of Scholarship Winners.

9:45 pm - Annual Fireworks

Donations for Community Day fireworks

Denise Etris

We are lucky in Emmitsburg to have a great fireworks show each year to end Community Day. We don't have to drive in heavy traffic, or pay parking, or take the Metro to be able to create family memories. People can walk and even sit in their own yard to watch the annual display. Many small towns have had to stop their fireworks due to the poor economic climate and climbing rates for fireworks over the past 6 years. 6 years ago the Lions Club was faced with an increase from \$8,500 for a 15 minute show to \$10,500 for a 10 minute show with smaller shells (smaller fireworks).

As Lions Fireworks Chairperson, I was able to negotiate a contract with Schaffer Fireworks for a 15-18 minute show, larger displays and less money. Since then we have been able to keep the cost the same. Each year the Lions have been able to have the fireworks due to the generosity of the business and individuals in town. However, due to hard economic times, the amount of donations have been steadily decreasing.

Last year the Club had to take money from the administrative fund to pay the fireworks bill. As much as the Lions want to continue the traditional display we cannot continue take money earmarked to provide eye exams and glasses and other requests for assistance from the Community.

Sadly, unless we have financial support from the Community this could be the last year for fireworks at the end of Community Day. I am asking those who want to continue with this tradition, those who enjoyed the fireworks year after year, to show your support, help the Lions and donate to the Fireworks display. We are experiencing the same hard times as everyone else so we really appreciate any help.

Donations, can be sent to the Lions Club, given to any Lions Club member or donated at Community Day. Just some loose change or a few dollars may make the difference of losing a wonderful tradition or keeping it.

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COMPLEMENTARY CORNER

Healing foods Part 1

Renee Lehman

"Let food be your medicine and medicine be your food."

—Hippocrates, 400 BC

When you hear the word nutrition what comes to mind? In Western medicine terms, you may think of calories per serving, grams in a serving, grams of protein, fat, and carbohydrates in a serving, and the percentage of recommended daily allowance for vitamins/minerals. In Traditional Chinese Medicine (TCM) terms, nutrition deals with the observable effect of the food on the internal organs, and your body/mind/spirit. All foods are seen as having certain effects on our Qi (pronounced "chee") when they enter the hu-

man body. The Nei Jing (pronounced "Nay Jing") Classic of Internal Medicine compiled over 2,000 years ago, may be the first known Chinese writings on the dynamic relationship between health and food.

This is the first article in a two part series on Eating for Healing. This article will review specific Traditional Chinese Medicine principles and foods that nourish the basic substances of the body. For example some foods are warming, some are cooling, some are moistening, and some are drying to the body. Part two will discuss foods that are healing to your specific organs of the body.

Traditional Chinese Medicine Principles and Nourishing Foods

As a reminder, TCM deals with balancing the flow of the natu-

ral vital energy, or Qi which flows through all living things. This Qi flows through the body on specific pathways called Meridians, and is essential for health. When the Qi is balanced, moving smoothly, and in sufficient quality and quantity, health and wellness are promoted. When the Qi is unbalanced or blocked in any way, disease or dis-ease, will occur. This dis-ease may show up as symptoms on a physical, mental/emotional, or spiritual level.

To nourish our Qi:

1. Chew your food well to release its nutrients more easily. This will ease the stress on the digestive system.
2. Eat cooked foods. This will decrease the amount of energy that the digestive system needs to digest foods. Therefore, more of the energy from the foods will go to building your Qi.
3. Eat organic food because it has more vital energy than genetically modified food.
4. Eat fresh foods, especially fruits and vegetables (cooked, not raw).
5. Avoid excess fluids with meals, overeating, skipping meals, and eating while working.

Blood is a more dense expression of Qi. It is generated and moved around the body by the power of the Qi, and it mutually reinforces the strength of the Qi. Blood moistens and provides nourishment to our organs, bones, muscles, tendons and skin. It gives us substance and vitality. Just think of phrases like "hot-blooded", "cold-blooded", "full-blooded", etc.

To nourish our Blood:

1. Eat foods that are sweet, sour, and salty in flavoring; these strengthen the blood.
2. Avoid or limit intake of sugar, alcohol, fats.
3. Eat dark red and black foods: kidney beans, black beans, cherries, dates, beets, black sesame seeds, and red grapes.

4. Eat dark green leafy vegetables, grains, meat, eggs, legumes, tofu, molasses, and seaweed.

Essence is the inanimate substance that creates the vital force that gives rise to life itself. Essence is partly inherited from your parents. It can also be accumulated by storing the nourishment available from the quality of your lifestyles (for example, the foods that you eat, your balance of work and play, and the quality of your sleep, etc.). If the essence is strong, a person's constitution is strong. If the essence is weak, a person's constitution is weak and more susceptible to illness.

To nourish our Essence:

1. Eat foods rich in vitamins, minerals, amino acids, and trace elements. For example, seeds, algae, bone marrow (meat stock for soups), ghee (clarified butter), almonds, and bee pollen.
2. Avoid or limit alcohol, caffeine, recreational drugs, and food preservatives.

Traditional Chinese Medicine understands that everything in the universe consists of Yin and Yang energies. One could not exist without the other, for each contains the essence of the other. The Yin/Yang principle contains the principle of interconnectedness and interdependence. If you sit back and look at everything in the natural and man-made world, you can see how everything is connected (sharing each other's essences). For example, the proper amount of rain, sun, and warm weather is important for strawberries to grow. The strawberries are harvested and transported to a processing facility, and then delivered to the store where you can buy them. If there is not favorable weather for growth, the strawberry crop will not be as plentiful. You will have to pay more to buy strawberries to eat. Will you still buy the strawberries? Everything along this food supply chain is connected and can affect everything.

Yin can be seen as the earth, stillness, coolness, darkness, and stabil-

ity. Yang can be seen as sky, activity, warmth, brightness, and change. In the human body, Yin can be described as rest/relaxation, sedating, soothing, and digestion of food. In the human body, Yang can be described as action, being ready and alert for movement, and readying ourselves for fight-or-flight responses.

To nourish our Yin and Yang:

1. Yin: Eat foods that are rich in vitamins and minerals, such as seaweed, fish, seeds and beans, fruit and vegetables. Eat grains like wheat and oats. Eat more vegetables and less animal protein at meal time. Avoid stimulants like coffee, hot spices, and alcohol.
2. Yang: Eat foods that are warming. For example, red peppers, roasting vegetables, warming spices like cayenne, black pepper, cinnamon, and ginger. Limit cooling foods such as bananas, watermelon; so eat dried fruit which is warmer in nature.

Finally, the body is just like any other ecosystem. It has its own Climate that is affected by the internal environment of the body, and exposure to the external environment. These climates are described in terms of weather: Heat, Cold, Dryness, Dampness, and Wind. Often times, undesirable climates arise internally as a result of poor lifestyle choices such as diet, excess work, too little relaxation, chronic emotions, too little rest, or chronic stress.

To nourish our Body's Climate:

1. Eat more warming foods in winter and more cooling foods in summer. In dry climates we need more moistening foods, in damp climates eat more drying foods.
2. Warming foods are similar to the above mentioned foods that nourish Yang.
3. Cooling foods include fruits and vegetables. Avoid or limit caffeine, alcohol, fried and fatty foods, and sugar.
4. Moistening foods include oats, rice, barley, melons, apples, bananas, and mung beans.
5. Drying foods include rye, scallions, onions, turnips, aduki beans, alfalfa sprouts, endive, and dandelion. Avoid foods that create dampness, including dairy, fatty meat, fried foods, sugar/sweeteners, wheat, alcohol, and concentrated foods such as concentrated orange juice.
6. To clear wind (which can show up as vertigo, headaches, muscle spasms, and tremors), eat foods that nourish the Blood.

Resources used for this article include: Recipes for Self-Healing by Daverick Leggett and his website <http://www.meridianpress.net/>, and A Natural Guide to Weight Loss That Lasts, by Nan Lu, OMD.

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

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FITNESS

Keep Moving Arthritis vs. Exercise

Linda Stultz
Fitness Trainer/Therapist

You don't have to be older to suffer the aches and pains of Arthritis. It can hit anyone at any age. There are so many studies out there, sometimes it is confusing to know which one will help you. The best thing to do is check with your doctor. Since he knows you and your medical history, he can steer you in the right direction. I know several people that have had joint replacements and other surgery to correct their problem.

Many doctors today recommend exercise before surgery to see if it can help elevate the pain and eliminate the need for surgery or exercise to strengthen the surrounding muscles to help with the recovery time

if surgery is necessary. I'm so glad that the medical doctors sometimes send patients for physical therapy before turning to prescription medicines or surgery.

Exercise can be the answer for some people and if you are like me I would much rather try something like exercise instead of taking a pill that may have side effects. Don't misunderstand, I realize medicine is sometimes the answer to our health problem, but it may not be the only answer. Diabetes, high cholesterol, high blood pressure, depression and other conditions may be improved or even eliminated with exercise and I think very worth the time and effort of trying before turning to a pill.

What works for one person doesn't always work for another.

When you try something new, give it a chance. Don't give up after just a few days or even a few weeks. The body has a natural way of healing itself, if given a chance and a little help now and then. Keep trying new things and you just may find the one that works for you.

Speaking of trying new and different things. Try "EXERCISE". Exercise is not new. In fact, it is one of those natural ways the body takes care of and repairs itself. The new part comes in because in today's world, so many people are too inactive and do not get the exercise they need. Many people think they get enough exercise from their jobs or taking care of the kids. Heaven knows that keeps you busy, but it is not the kind of exercise the body needs to keep those body parts moving in their best capacity.

We all need to set aside a little time, at least 3 times a week for exercise. Everyone, especially old-



er people, need to keep those legs and arms moving. Take a walk, do arm circles, lift a can of beans over your head. You don't have to do a long workout to achieve helpful benefits, just do a little each day. Meet a friend, take a walk, talk over the day's happenings and lift a little weight.

Exercise is the hope of our future. Computers are great, but they don't keep our bottoms from broadening and they don't keep our legs moving.

Remember, keep moving, you'll be glad you did.

Please contact me with any questions at 717-334-6009.

Fitness Matters

Inga Olsen
Anytime Fitness
Personal Trainer

Question: I have a few friends encouraging me to buy organic. There are obviously two sides to every story, so I'd love to hear your take on the pros and cons of organic foods.

Answer: There is definitely an ongoing debate about whether you should eat organic foods or not. Some say eating organic is a no-brainer because of the potential ingestion of hormones, antibiotics, pesticides and other dubious additives found in conventionally grown foods. On the other hand, some argue that organic foods are similar in nutritional quality, yet they cost more and aren't all that accessible. Here's the real deal. Although it's true that organic foods are more expensive, there is a legitimate reason for the added cost. More care, time, and money go into growing organic crops, and those costs are typically passed on to the consumer (much like products in other industries). Even if they are more expensive, many folks would argue that the added cost is worth it because organic foods are healthier for you. Though this may seem logical, there really isn't a lot of research to back up this claim. Several studies tout the benefits of eating more fruits and vegetables regardless of how they're grown. If the nutritional quality of the food doesn't sway you, there's also this idea that organic farming is better for the environment. This may be true, but you need to remember to buy locally-grown foods. If you happen to live in California, but your organic produce is grown in Florida, you're doing more harm than

good from an environmental perspective. Bottom line—if you can afford it, and you can buy local, go for it! If you do decide to make the switch, focus on purchasing these foods first: peaches, apples, sweet bell peppers, celery, nectarines, strawberries, cherries, lettuce, imported grapes, pears, spinach, and potatoes. These are known as the "Dirty Dozen" and generally have the highest concentrations of pesticides. You should also get in the habit of washing your produce thoroughly before eating!

Question: I just joined Anytime Fitness, but I'm a little lost as to what I should be doing. Someone suggested getting a personal trainer, but they can be pricey. Is hiring a trainer worth it?

Answer: Absolutely! The right personal trainer can literally transform your life. They're there to educate, motivate, and inspire, and frankly, that's worth its weight in gold. From goal setting and proper exercise form to program design and diet advice, trainers will have the answers. But that's not even the best part. Trainers offer accountability, friendship, and a much-needed support system as you embark on your wellness journey. Let's face it—we all struggle with getting to the gym now and then. But trainers can make working out a lot of fun, and they can challenge you consistently, which will ultimately get you better results. Look at it this way...if your car needs to be fixed, you take it to a mechanic because they know what they're doing. The same can be said for your body. Take care of it as best you can, and if you need help, seek out an expert at your local club. Just make sure they have solid credentials, and a strong background in fitness, kinesiology, strength and conditioning, or sports medicine.

About the author: Inga Olsen is the

Club Manager and NSPA Certified Conditioning Specialist and Nutrition and Weight Management Specialist at Anytime Fitness in Thurmont. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.

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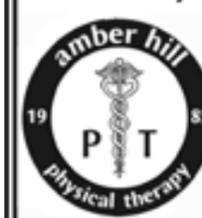


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ASTRONOMY

The night sky of June

Professor Wayne Wooten

The BIG EVENT for June 2012 is the transit of Venus in front of the sun on the afternoon of Tuesday, June 5th. This rare event will not occur again in our lifetimes; it will be 127 years before the alignments of Earth and Venus again cause Venus to appear to move across the visible disk of the sun.

For June 2012, the Moon will be full, the Honey Moon, on June 4th, so the two weeks finds the moon waning in the morning sky. On the 11th, the last quarter moon passes is high overhead at dawn in the morning sky. The waning crescent moon passes 1.4 degrees north of Jupiter in the morning sky on June 17th, and 2 degrees north of Venus on the 18th; note how fast Venus has moved from evening to morning sky!. New moon occurs on June 19th. The beginning of summer occurs at 6:07 PM CDT on June 20th, the longest day of the year, with about 14 hours of daylight for the Gulf Coast. The waxing crescent moon passes five degrees south of Mars on June 26th, and 6 degrees south of Saturn on June 28, one day after the first quarter moon.

High up in the southern sky is the most beautiful planet, Saturn, just northeast of Spica, the brightest star in Virgo. Saturn's rings are now open about 12 degrees; they will continue opening up wider until 2017, when they are tilted 27 degrees toward



Venus will be transiting in front of the sun on June 5th.

us and the Sun. You may also see some belts and zones on the planet's disk. The largest, Titan, will be seen in any small telescope, but others will need larger scopes to spot.

The winter constellations are being swallowed up in the Sun's glare, but you might spot Sirius low in the SW as June begins. Sirius vanishes into the Sun's glare by mid-June, and this sets the period as "Dog Days", when Sirius lies lost in the Sun's glare. In reality, Sirius is about 20x more luminous than our star, but also lies eight light years distant, while our star is eight light minutes away from us.

The brightest star in the NW is Capella, distinctively yellow in color. It is a giant star, almost ex-

actly the same temperature as our Sun, but about 100X more luminous. Just south of it are the stellar twins, the Gemini, with Castor closer to Capella, and Pollux closer to the Little Dog Star, Procyon. By the end of June, all the winter stars, like Sirius, are vanished behind the Sun.

Overhead, the Big Dipper rides high. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west.

If you drop south from the bowl of the Big Dipper, Leo the Lion rides high. Note the Egyptian Sphinx is based on the shape

of this Lion in the sky. Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Edmund Halley.

Spike south to Spica, the hot blue star in Virgo, then curve to Corvus the Crow, a four sided grouping. It is above Corvus, in the arms of Virgo, where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years away from us. Much closer, in the back yard of our own Milky Way, is the closest globular cluster, Omega Centauri. It is faintly visible to the naked eye directly below Corvus, and is a telescopic treat at our June gazes about ten degrees up over the Gulf. This huge cluster is now suspected of being the surviving remnant of a dwarf galaxy, like our deep southern companions, the Large and Small Magellanic Clouds,

but with most of its gas and dust long ago stripped away by repeated passes through the disk of our own Galaxy.

To the east, Hercules is rising, with the nice globular cluster M-13 marked on your sky map and visible in binocs. While not as close as Omega Centauri, it is much higher in the sky, and also one of the top telescopic sights in good sized scopes. Several other good globular clusters are also shown and listed on the best binoc objects on the map back page.

The brightest star of the northern hemisphere, Vega (from Carl Sagan's novel and movie, "Contact"), rises in the NE as twilight deepens. Twice as hot as our Sun, it appears blue-white, like most bright stars. Its constellation, tiny Lyra, looks like a parallelogram just south of Vega, but was the harp of Orpheus in Greek legends.

In the southeast, Antares rises about the same time as Vega does, in the brightest of all constellations, Scorpius. Antares appears reddish (its Greek name means rival of Ares or Mars to the Latins) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit!

Almanac

"A father is a guy who has snapshots in his wallet where his money used to be"
—Unknown

Mid-Atlantic Weather Watch: Fair and very warm (1,2) with severe STORMS (3,4). Fair and hot (5,6) with showers and STORMS, some severe in the northern part of the region (7,8,9,10,11). Fair and hot again (12,13) with more showers and severe STORMS (14,15,16,17). Cooler with yet more severe STORMS from the north (18,19,20). Fair and warm (21,22) turning cloudy and very warm (23,24,25,26,27). Fair and not so warm (28,29,30).

Tornado Watch: The Hagerstown Town and Country Almanack sees some tornado activity in the Mid-Atlantic Region from June 1st to June 4th.

Full Moon: June's Full Moon will rise Monday, the 4th at 6:12 AM EST. It has been referred to by many Native American Tribes as the Full Rose Moon because roses bloom at the beginning of the month. It is also called the Straw-

berry Moon because the first strawberries of the season become ripe for the picking at this time.

Special Notes: Summer officially arrives with the Summer Solstice on Wednesday, June 20th. June is graduation month for many students so be sure to honor your "favorite student" with a special gift or a memorable event. On a historical note, Secretary of War, Edwin M. Stanton signed the special order designating a site in Arlington, Virginia as a military cemetery on June 15, 1864. Also, in June of 1924, the US Congress granted citizenship to all American Indians.

HOLIDAYS: Flag Day is celebrated on Thursday, June 14th so be sure to fly Old Glory with pride! And don't forget to remember your father on his day, Father's Day, which falls on Sunday, June 17th in 2012. Do something really nice for the "old man" like breakfast in bed, an outing to his favorite sporting event, or a special dinner out.

The Garden: Lawns should get 1.5 inches of water a week. If Mother Nature is stingy, water deeply once or twice a week but NOT daily. Here's a good tip: spray the underside of your mower with a thin coating of vege-

table oil to prevent grass from sticking. Watch for insects; wash them or pick them off plants before they can lay eggs and multiply. Use fungicide where diseases usually are a problem, especially on roses. Transplant when the rainy season starts. Prune flowering shrubs after their flowers begin to fade. Continue to pinch flower up until the beginning of July. Deadhead and remove fading leaves from spring bloomers. Remove fallen fruit from below tress to prevent insect egg laying. Remember that working in the garden when plant leaves are wet can help spread many diseases. Wait until the foliage is dry before walking through the garden. Watch for insects; wash them or pick them off plants before they can lay eggs and multiply. Check the underside of rose leaves for rose slugs. Watch for scale infestations on Euonymus and pachysandra. Remember, if you cut flowers for fresh in-door arrangements early in the morning, they will stay fresher and more vibrant much longer.

J. GRUBER'S THOUGHT FOR TODAY'S LIVING

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COMPUTER Q&A

Facebook 101

Aysë (Jester) Stenabaugh

You almost can't go anywhere and not hear someone say "I'll Facebook you" or "send me a message on Facebook." Perhaps you have Facebook and maybe you have been "poked" a few times. For some of us, Facebook is as essential as our email, and we use it to keep up with news, events, and the lives of family and friends.

Privacy Disclaimer: There are settings you can set in Facebook to make your posts and profile visible only to certain people, however, you should be aware that any information online can be compromised. Be aware of what you are putting online. Never give your location or personal details to strangers and make sure you keep that information private.

Setting up a new Facebook

When you visit Facebook for the first time, you will be required to provide an email address and some basic personal information such as name, date of birth, etc. If you do not have an email address you can get a free address online, I recommend Gmail. You will need to have an email password so make sure you know that password before you sign up with Facebook. Also you will need a password when you set up Facebook. DO NOT use a password that will be obvious such as: password, 1234, a birth date, anniversary or something that is obvious like a pet's name. As a general rule, if you share information on Facebook it's not a good idea to use anything related to your password. You will also have the option to select a profile picture. If you don't want people to see you, you should not choose a profile picture unless you plan to make your profile and pictures private from those who are not your friends.

Protect your Privacy

The first thing you should do is to setup who is allowed to see your information and what they can see. To do this you will have to click on the arrow next to "Home" in the upper right hand corner of the Facebook page (you must be logged in to see this). Clicking the arrow will produce a drop down menu and you can then click on "Privacy Settings." In the menu you will see a variety of settings but don't get overwhelmed. Each setting gives a description and is easy to understand. First you must set your Default Privacy. When you post pictures, a "status" or a message for your Facebook audience (I say audience because if you have everything public people who aren't your friends can see your status), these people will be able to see it. You can choose from:

Public: Everyone who visits your page can see.
Friends: People who you ac-

cept friend requests from can see.
Custom: Here you can select certain people to block from seeing as well as other custom settings.

Other settings on the page give you the following options:

How you connect with people: Lets you select who can search for you, send you messages and send you friend requests.
Timeline and Tagging: Lets you set options for what is visible on your timeline (Facebook page). You can set who can post on your timeline and who can see your friend's posts on your timeline. You can also decide to review pictures that people tag you in as well as several other related options.

Apps, Games and Websites: You won't use many of these settings at first but later you will be able to control which applications can access your Facebook information. Here you can change what information applications can use from your profile. I recommend editing these settings if you don't want applications to have access to personal information such as pictures, your city, and your birthdate. Another setting to look into is public search. If you do not want people to be able to search for you publicly (not to view your

privately set information), you will want to disable public search. Limit the Audience for Past Post: If you have been using Facebook with public settings and would like to set OLD posts to the same settings you are currently using, you can use this to manage past post visibility. Blocked People and Apps: Here you can manage people and applications that you have blocked. If you want to unblock someone you will have to come here to view blocked people. You may find that you get many application requests from friends and also you may want to block an app, you can do that from your timeline as well as here by searching for an app name and later you can decide to unblock it. You can also do that from this menu. You can also block app invites and even invites from certain friends here.

Now What?

Setup your profile: Add some photos, edit your information, and get familiar with the layout of Facebook. **Find some friends:-** If your friends are on Facebook, they are just a search away. Type a name in the box at the top of the page to search for someone you know. When you get to their page, send them a friend request if you want to be able to interact on Facebook.

Look at your News Feed: Just click the Facebook button at the top left corner of the page and you will see all the posts you and your friends are sharing. Send a friend a message: Type your friends name in the search box at the top and click on them to visit their page. From here you can click the "send a message button" and send them a private message, (this will not be visible in the newsfeed).

Notifications

Whenever someone friend requests you, sends you a message, tags you in a photo, mentions you in a post, or comments on any of your posts or images, you will receive a notification. If you are on any Facebook page, you will see three little images next to the Facebook logo in the top left corner. If you have a new no-

tification, you will see a red box in the corner of the notification telling you how many notifications you have. The first box is for friend requests, the second for private messages, and the third for all comments, tags and other notifications and they will be highlighted in red.

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Big changes

Andrew Wivell
Wivell Homes, LLC

Frederick County will begin enforcing the 2012 International Energy Conservation Code (IECC). Frederick County's required enforcement is a result of Governor O'Malley signing the Code into Law earlier this year. As of this writing, Maryland is the only state to have adopted the 2012 IECC.

The IECC was introduced in 1998 to develop energy efficiency guidelines in the construction industry. Using 2006 as a baseline house, the IECC has a stated goal of a 30% improvement in energy conservation of new construction by 2012 and a 50% improvement by 2015.

The IECC address energy efficiency in both commercial and residential construction. It focuses on such areas as energy usage, cost savings, and conservation of natural resources.

The IECC periodically (every 2-3 years) produces/updates its guidelines for energy efficient construction. Currently, the construction industry is operating under the 2009 IECC.

Here is a summary of the changes to the 2012 IECC as compared to the 2009 IECC for residential construction. The changes and requirements for commercial construction are different. For the purpose of this article, I am only looking at our region of the country since requirements vary based on southern or more northern climates. According to the International Code Council, Frederick County, MD is in Region 4.

Insulation - The "R" value of the exterior wall insulation must be R-20 or greater. Of course, no one makes a R-20 insulation and the R-21 high density insulation (that will fit in a 2 x 6 wall) is about 30 - 40% more expensive than the common R-19 fiberglass batt insulation. Good luck with

this one! The IECC code does allow a R-13 or R-19 batt insulation if you also use a Styrofoam sheathing. The Styrofoam thickness varies based on the R-value of the batt insulation that you are using in the wall.

The minimum insulation for flat attic ceilings is R-49. The exception to this is if you can get R-38 all the way to the exterior of your top plate without compaction (this is accomplished with a raised heel condition if you are using roof trusses). If you can do this, then you can still use R-38 in the whole attic. R-38 is the current attic minimum insulation.

Windows - The allowable U-factor has been reduced from .35 to .32 for vertical windows. The U-factor for skylights has been reduced to .55. The solar heat gain coefficient (SHGC) - which I will not explain here) has also been reduced in the 2012 IECC. The total glass area also cannot exceed 15% of the total finished floor area. If it does, you must have offsetting "credits" somewhere else in the home.

Heating, Ventilation, and Air Conditioning (HVAC) - If you are using



a forced air system, the air loss at the air handler must be 2% or less. A programmable thermostat is required. The initial settings on the programmable thermostat must be, for heating: 70 degrees at wake-up with a 8 degree set back at night and during the day; and, for cooling: 78 degrees with a 7 degree set back during the day. In plain English, the Feder-

al Government is mandating the initial settings on your thermostat. Presumably, in the hopes that you can't figure out how to change the settings in order to be comfortable. This would, undoubtedly be categorized as a "waste" of energy.

HVAC - The 2012 IECC states that if you have a building so tight that you have fewer than 5 air changes/hour (ACH), then you must install a whole house ventilation system to bring in outside (fresh) air. But, the IECC is also mandating that you MUST build the envelope so tight that you cannot exceed 3 ACH. Therefore, you must now do the ventilation system in all new homes.

The obvious question at this point is "how do I know how many ACH's my house has?". You will find the answer to this question when you pay for and perform the now mandatory blower door test. A blower door test is a machine that temporarily replaces the front door. It has the ability to pressurize (bring air into) and depressurize (take air out of) the house. The machine measures the house's ACH during the test.

Homeowner Information - Builders or design professionals must complete and post a certificate that includes results from duct system and air leakage tests in addition to current requirements for insulation R-values, window U-factors and SHGC's, and heating equipment type and efficiency. This certificate is to educate both the initial buyer and any future homeowner.

Project Costs - The additional energy requirements are estimated to add about \$1,800 to the average mortgage while producing savings of about \$600/year. In total, the additional requirements of the 2012 IECC will add about \$4,500 to the cost of the average single family home. Note: While I cannot provide the source to back up this data, this information was provided by a International Code Council member at a seminar that I attended at FCC on May 23, 2012.

There are many factors to consider to maximize the enjoyment of your construction project. You should start by selecting a Contractor that is current on local building codes. If you are considering building a Custom Home or Renovating your home, please visit our website at www.wivellhomes.com, or call me at 301-748-5344 to schedule an appointment. If you are considering the construction of a custom home, please contact me prior to obtaining your blueprints.

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UPCOMING EVENTS

WEDNESDAY EVENINGS

Mount St. Mary's Jazz at the Fountain - This year's lineup is excellent. Featured groups include some of the Mount's talent, folk music, rock, blues, and jazz. All concerts are free and open to the public, so bring your family, neighbors and friends. All performances are held rain or shine. To see this year's lineup and for more details go to www.msmary.edu/summermusic or call 301-447-8329.

FRIDAY AND SATURDAY EVENINGS

Hauser After Hours. Live music featuring acoustic artists through full bands provide rousing entertainment. Hauser Estate Winery, 410 Cashtown Road, Biglerville. For more information visit www.hauserestate.com

June 2
Tom's Creek United Methodist Church all you can eat breakfast.

June 4 - 10
Woodsboro Volunteer Fire Company Carnival.

June 7 & 14
Bike Night at Sanders Square, Fairfield. Come show off your ride or just come to look at all the styles, shapes and colors of the bikes that show up. Join us for good food, ice cream camaraderie and hopefully sunshine.

June 7 - 9
6th Annual BarnArt exhibit - Part of the Gettysburg Fringe Festival. This exhibit will feature Adams County

Barns at the Historic GAR Hall, 53 E. Middle Street, Gettysburg. For more information call 717-659-8827 or visit www.HGACOnline.org.

June 8 - 18
The Gettysburg Festival - a comprehensive 10-day arts festival presenting world-class artists and performers in a variety of free and ticketed events. The festival celebrates American creativity in all genres of the arts, including: Music, Theater, Visual Art, Culinary Arts, Children's Programming. For more information visit www.gettysburgfestival.org.

June 8 - 11
Lead Scene East Car Show - Oakside Community Park, 2880 Table Rock Road, Biglerville For more information call 757-587-0905 or 717-253-6332 or visit www.leadsceneeast.com.

June 8
Strawberry Hill Nature Preserve's The Nature of the Gettysburg Battlefield - The Snakes of Devil's Den. This is the first in a 4-part family-friendly summer series to be held at the Amphitheater on the Gettysburg Battlefield located along Southwest Confederate Avenue. These campfire programs run from 8:30 - 9:30 pm. For more information call (717) 642-5840, or visit www.StrawberryHill.org.

June 9
Saint John's Lutheran Church Fried Chicken and Country Ham Dinner. 8619 Blacks Mill Road, Creagerstown.

June 10
Strawberry Hill Nature Preserve's Wild Edible Garden Walk. Join us as we scout for wild edible plants full of nutrition and free for the pickin'. We'll meet at the Nature Center and go on a walk to identify and even try some of these plants. For more information call (717) 642-5840, or visit www.StrawberryHill.org

June 11 - 18
Taneytown Volunteer Fire Company Carnival.

June 14
Flag Day Retirement Ceremony at Emmitsburg Memorial Park sponsored by the Francis X Elder American Legion Post

June 15
The Carriage House Inn presents - Billy Finch's Gettysburg, The Musical. This musical combines clever and historically accurate verse with popular melodies sung by the familiar voices of Frank Sinatra, Dean Martin, Sammy Davis Jr, Johnny Cash, Elvis, Ray Charles and more. For more information visit www.carriagehouseinn.info.

June 15 - 18
Eleventh annual Pennsylvania Laverender Festival - See story on Page 1 for details.

June 16
56th Annual New Oxford Antique Market & Craft Show. Antiques - Homemade Crafts - Food. On Center

Square & Streets of Historic New Oxford Free Event to the public!

Thurmont Little League & Babe Ruth 1st Annual 5K Race & Fun Walk - Mount St. Mary's Waldron Stadium at the PNC Sports Complex - All proceeds will benefit Thurmont Little League and Babe Ruth. Registration begins at 7:30am. The race begins at 8:30am. The cost is \$20 per person. For additional information contact: Lisa Lowry, (301) 447-2171, lisamlowry@gmail.com

Rain Garden Workshop organized by the Frederick County Office of Sustainability and Environmental Resources to be held in Catoctin Mountain Park. Residents can register for the Rain Garden Workshop by contacting Nicole Robinson at NRobinson@FrederickCountyMD.gov or call 301-600-1306.

1st Annual Taneytown Wine and Art Festival - Located in downtown Taneytown.

Pond hopping! Strawberry Hill Nature Preserve's welcomes the entire family to participate in a family-friendly summer Saturday. Come and see all four as we pond hop from one to the other! We'll bring along some nets and buckets to take a sample of the water and see if we can find any other pond hoppers. Preregistration is preferred. For more information call (717) 642-5840, or visit www.StrawberryHill.org.

June 19
Summer Shaker sponsored by the Taneytown Chamber of Commerce at Wantz Chevrolet.

June 19 & 21
Strawberry Hill Nature Preserve's presents An Evening of Art Making with Jack Handshaw, the potter of Hobbit House Pottery! Learn how to make a redware clay vase using natural materials to press into clay. For more information call (717) 642-5840, or visit www.StrawberryHill.org.

June 22
Safe Kids Program will be having a carseat safety check At Wantz Chevrolet in Taneytown to schedule your appointment call (410)876-4448.

June 24 - 29
Tom's Creek United Methodist Church Vacation Bible School. Tom's Creek Church Rd. (off Rt 140 between Taneytown and Emmitsburg). Bring your children ages 4 thru children going into 6th grade to...

June 30
Emmitsburg Community Day - see article on page 41 for details

7th Annual Mountaintop Heritage Days in Blue Ridge Summit, PA and Cascade, MD. The multiple events are open to the public and will include the following. A number of the community churches, fire departments, and the Sons of the American Legion will be providing a wide selection of scrumptious food. Mountaintop Heritage Days is a key fund-raising activity for these non-profit organizations. For detailed schedule with times, entertainment names, and activities visit www.onemountainfoundation.org.



Summer Sizzling Deals!

20 lb. Bag Ice
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Jubilee Foods would like to wish all the best to the following employees and children of employees on their **2012 Graduation!**

Congratulations Class Of 2012!

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TRICIA WIVELL Fairfield High School	KURT WANROW Fairfield High School	ABBY GRECO Catoctin High School

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Mount Ticket Office, 301-447-5700.

The Box Office will open at 12:30 p.m.

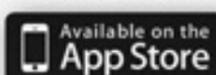
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SUMMER CALENDAR OF EVENTS

WEDNESDAYS AT THE FOUNTAIN— ANITA THOMAS QUARTET *June 6, McGowan Fountain*

A native of Sydney, Australia, Anita has performed various genres of music all over the world. She has played for musical theater and stage shows with swing groups, big band and various local and international artists performing jazz, rock, blues, and gospel. Now a Maryland local, Anita gives private lessons and performs regularly with her own jazz quartet.



MOVIES UNDER THE STARS— THE MUPPETS *June 8, Echo Field*

Walt Disney Pictures; Directed by James Bobin, Rated PG. 98 minutes; 2011

On vacation in Los Angeles, Walter, the world's biggest Muppet fan, and his friends Gary and Mary from Smalltown, USA, discover the nefarious plan of oilman Tex Richman to raze the Muppet Theater and drill for the oil recently discovered beneath the Muppets' former stomping grounds.



WEDNESDAYS AT THE FOUNTAIN— DIXIE HIWAY BAND *June 13, McGowan Fountain*

Celebrating more than 28 years of playing the kind of music that makes people feel good, Dixie Hiway spans over 50 years of music in their show—including classic country and rock, southern rock and blues, modern country, light jazz and bluegrass.

WEDNESDAYS AT THE FOUNTAIN— SHOWCASING THE MOUNT'S OWN SOLIA BICKERSTETH *June 20, McGowan Fountain*

Solia, a junior at the Mount, has become a well-known musical force on campus. With vocals akin to Colbie Caillat, a lyrical prowess comparable to Sara Bareilles, and a style all her own, Solia commands the stage with the grace and poise of a life-long performer. According to Solia, "music is a way of life. It can't be taught. It must be felt and must never be ignored"... something she acknowledges every day. Come out to see one of the Mount's own home-grown talents! The Lab Band will perform music from popular repertoires including jazz, funk and rock as well as original compositions. You'll enjoy prepared to enjoy a diverse program that channels the chilled state of students in the summer.

WEDNESDAYS AT THE FOUNTAIN— BOB LARSON, CODY LEAVEL AND MATT WOLFE TRIO *June 27, McGowan Fountain*

Shenandoah University seniors, and soon-to-be graduates, Cody Leavel (sax and vocals) and Matthew Wolfe (guitar), are excited to be performing with their professor and mentor, Bob Larson (piano) for an evening of jazz standards and original tunes. The trio performs regularly in various groups in northern Virginia, but this will be a special night of music making before they part ways.

See the complete list of summer events
www.msmary.edu/SummerEvents